

Friday 30th July 2021

Established 1948

Newton News

Incorporating The Newtonian - Newton Aycliffe's Free Community Magazine

Editorial and Advertising contact: paul@newtonnews.co.uk - Telephone: 01325 300212 - www.newtonnews.co.uk



New Play Area for Woodham

See page 2 for full story

Special thank you to your Newton News Sponsors:

SHAKE 'N' CAKE



PAUL HOWELL
MP for Sedgefield



New Infant Play Area for Woodham



Great Aycliffe Town Council is proud to announce that the new infant play area at Woodham Park is now open and ready for use during the school summer holidays and beyond.

The Mayor of Great Aycliffe, Mrs Sandra Haigh, was on hand with Carl Robinson, the Council's Chair of Recreation, to officially open the area. The Mayor said "It's a pleasure to be invited to open this new play area. The families using it today clearly appreciate the range of different new equipment, all of which looks great fun. I hope this facility will bring the local residents years of enjoyment".

The redevelopment of this play area demonstrates the Council's continued commitment to the play facilities, parks and green spaces it owns around the parish; in the past few years play areas have been developed/redeveloped at Cobblers Hall and Aycliffe Village, with significant investments to safety surfacing at the Town Park, Moore Lane and St Oswald's Parks.

More information regarding the numerous parks and play areas available in Aycliffe and managed by the Town Council are available on the website www.great-aycliffe.gov.uk

ROC Group Director Scoops Major Care Award

An ability to motivate colleagues and recognise their achievements, innovative service delivery solutions and a strong track record of excellence - these are some of the reasons why ROC Group director Sally Bishop has been named Care Employer of the Year in the North East finals of the Great British Care Awards.

The Newton Aycliffe based group specialises in services to children, young people and vulnerable families and has over 120 employees.

Its portfolio includes children's homes, special supported accommodation for young people transitioning to independent living, supervision of contact between children in care and family members and outreach with children with disabilities. It works with partners, including local authorities, throughout the region.

"I am absolutely delighted to win the award but it's really the whole team who go the extra mile every day who are the real winners," said Sally.

Judges were looking for a candidate who excelled in translating a commitment to care into excellent service delivery. ROC Group has three consecutive CQC Outstanding ratings to its credit as well as an Ofsted 'Good' children's home and Investing in Children Gold membership.

"As an organisation we live and breathe our core values which include listening to staff, providing great training and opportunities for career development and recognising and rewarding what they achieve," said Sally. "As a result we have a motivated workforce and receive positive feedback from social workers, clients and other partners."

In addition Sally is a trustee of ROC Solid, an award-winning supported housing charity which works in Co Durham and Teesside. It was started by co-directors Derek and Dorothy Butler in 2007 and it works with vulnerable families, care leavers, young mothers and babies, women leaving prison and people recovering from drug and alcohol abuse.

Sally was one of nine people to be shortlisted for the awards night at the Grand Hotel Gosforth Park in Newcastle. She will go on to compete for the national award in Birmingham later this year.

Photo: Regional Care Employer of the Year Sally Bishop, pictured centre holding her glass trophy, with colleagues at the North East finals of the Great British Care Awards in Newcastle.

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Memory Walk Raises over £1700 for Charity



Dear Sir,
Three of us have recently completed a Charity Walk - taking the long trek from Scarborough to Whitley Bay to raise funds for the Solan Connor Fawcett and Young Lives vs Cancer, (formerly CLIC Sargent), in memory of my niece, Emily Cook, who sadly passed away in 2017 with a rare brain cancer known as D.I.P.G. We spent six days in gruelling heat, walking along the most beautiful coastline Britain has to offer, making memories and recalling memories we had with Emily. I would like to say a massive thank you to everyone for their huge and very generous support that helped us get through the walk. There are so many to mention and you know who you are. We have a Facebook page called 'Emily's Memory Walk' and are still accepting donations, which currently total over £1700. **BE A WARRIOR NOT A WORRIER!**
Michael Colin Kipling



Two Aycliffe Schools Earmarked for Building Upgrades under National Scheme



News that two County Durham schools are set to benefit in the second round of the Government's School Rebuilding Programme has been welcomed by the local authority. Sugar Hill Primary School and Woodham Academy, both in Newton Aycliffe, are among 50 schools across the country to have been selected by the Department for Education (DfE) for investment through the £1 billion scheme. Both schools will now be considered for a major rebuild, partial rebuild or refurbishment, with the Government expected to make its decision early next year following a feasibility study. Once agreed the work could take up to three years to complete. Durham County Council has welcomed the investment and will work with DfE and the

schools to offer support and guidance where needed. Cllr Ted Henderson, the council's Cabinet member for children and young people's services, said: "We are delighted that two County Durham schools have been selected for the second round of the School Rebuilding Programme, as this represents a significant investment in the learning environments of our children and young people. "As with any investment, this will involve considerable change for staff and pupils and so we are committed to supporting both schools to ensure their needs are met and to secure the very best outcomes for all involved." Located in Sheraton Road in Newton Aycliffe, Sugar Hill Primary School is overseen by the local authority. Headteacher Paula O'Rourke said: "This has come as a huge surprise to us, but I look forward to seeing what this will look like for Sugar Hill. An enhanced environment can only lead to better learning outcomes for the children and an improved workplace for staff. It will also help to improve the area for the community we serve." Woodham Academy is located in Washington Crescent in the town and is part of the Eden Learning Trust. Headteacher Andrew Bell said: "We are delighted to hear that Woodham Academy is receiving funding from central government, in order to provide a building which our students, staff and families deserve. We are rapidly expanding and the future looks very bright."

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A Town with No Bank

Dear Sir,
When I moved to Newton Aycliffe in 1992 we had TSB, Midland, Abbey National, Halifax, Darlington Building Society (in the Thames Centre), Barclays and NatWest banks as well as the Post Office.

29 years later we have a Halifax with no front counter, just cash machines, and a TSB which seems they can open and close as and when they like.

I visited TSB on Monday 26th July and Tuesday 27th July, on both days they were closed with a notice on the windows stating their opening times, the website says temporary closure. Has the TSB turned its back on the town?

Yes, you can pay money in and out of the Post Office for most banks, except the NatWest and TSB envelopes take no cash, no change, cheques only.

It is not convenient for my wife to get on a bus and go to put money into the nearest TSB bank which is in Darlington, as she is in a wheelchair. Buses will not let electric scooters on board, but they will let electric wheelchairs on, but only one at a time, this means if you are towards the end of the route, as we are, and somebody is on the bus in a wheelchair already, you have to wait for another bus (we have experienced this numerous times).

No wonder the shops are leaving the town, as they can't put money in and get cash out. At first they were blaming the internet, now they are blaming Covid, but when will it all end, when it turns into a ghost town?

We have been with TSB since 1979, I am now looking for another bank to transfer my money to, but with all the banks closing it looks like it's going to have to be the Post Office.

I have tried to contact TSB but all I am getting is the answer machine, or if they do answer all they can say is they "don't know when the temporary closure will reopen". I'm sure I will be speaking on behalf of other people on this matter.

A Resident of Newton Aycliffe

Play Café Pops Up Again

The Play Café Project has at last restarted its pop-up Café events within Newton Aycliffe. It started nearly three years ago, with funding from several sponsors and a Grant from the seven County Councillors at that time, via the GAMP.

These pop-ups are a great help for families who find it tricky to balance the demands of everyday life in school holidays. Whether it's a shortage of food, a child or adult with health issues, emotional / mental well-being at a low ebb or even the result of the Pandemic – no matter the reason, key family workers and school support staff can make a referral for support from Play Café.

On Monday 26th July volunteers popped-up a Let's Get Moving session at NAYCC opposite TESCO. Big thank you to Beki Metcalfe, centre manager, for brilliant organisation and hosting us. Also to Shirley, Tesco Community Champion, for fresh fruit for our family lunch. Play Café has adopted



Healthy Activity & Healthy Food standards, as far as possible, for the summer support programme.

Huge gratitude to our current active volunteers for their time and enthusiasm for the project. They go above and beyond to help children and their carers enjoy a happy school holiday!

Referrals welcomed from support agencies and other family workers.

Text or Tel: 07565 134194

email: aycliffeplaycafe@gmail.com

Find us on Facebook

From Helping Hands to Knit and Natter

Dear Sir,
Often when a Councillor gets involved it's usually because there is a problem to be sorted, but every now and then you get the opportunity to get involved with a community based project, not to fix it, but to lend a hand and help promote the great service it provides.

Lifeline Community Action is one such group who took the time to get in touch and after spending an hour talking to Corrin and Carol/Cath about the great work they do, I was more than happy to offer my time and support to help raise awareness of the various invaluable services Lifeline Community Action provide in the town.

These include:

Helping Hands Project – providing items such as bedding, small kitchen items, cleaning and toiletries to people in need.

Children's Blessings Project – providing items such as cots, baby clothes, baby toiletries, nappies, pushchairs and many other items to those in need.

Covid Cleaning Packs – providing basic cleaning packs to care homes, schools, families in isolation, foodbanks, etc.

LCA Job Club – Providing support to people looking for employment, support can include updating CV's, preparing for an interview, job searching and confidence building.

School Uniform Scheme – Pre-loved school uniforms, available for anyone who needs help.

Knit & Natter, Tuesdays from 10am-12 noon, ran from the LCA Community Hub within the Thames Centre – places must be booked.

Further activities and classes are to be set up in the coming months and anyone wanting further information can contact Lifeline Community Action at the The Acorn Unit, St. Clare's Church, St Cuthbert's Way, Newton Aycliffe, Co. Durham DL5 5NT.

Facebook: Lifeline Community Action
Phone: 07936 431262 or Email: officiallifelinecommunityaction@gmail.com
and by checking out their website: www.lifelinecommunityaction.co.uk

Cllr Phillipp Hawkins

Exciting Promises to Solve the Town's Problems

Dear Sir,
The Town Council has made three important and exciting decisions in July's meetings, when the Independent ruling group adopted three Liberal Democrats election promises for action by the Council.

1. Can you remember Liberal Democrats Cllr Nev Jones' election promise to do something about parking? On 14th July he and Independent Cllr Hawkins took a motion through Council to set up a 'Parking Issues Working Group' which will invite residents to identify areas they consider to have a parking problem, identify the land-owner, liaise with DCC and livin, and try to come up with a solution to each one.

2. You will also remember Nev Jones' promise to regenerate the Town Centre. On 14th July he and Independent Cllr Ken Robson took a second motion through Council to set up a 'Town Centre Regeneration and Development Working Group' with the MP, DCC, the Town Centre Owners and the government to look at "all aspects and possibilities of regenerating and developing the Town Centre".

3. Finally, on 21st July the Independents and Liberal Democrats amended a Labour motion and set up a special working group, called the 'Passion-For-Every-Penny Working Group', charged with proposing new money saving opportunities relating to the Council's existing services, which can result in a reduction in Council Tax - by doing this they put into motion Liberal Democrat Cllr Michael Stead's proposals before the election.

For a Town Council to take on three such ambitious commitments all at once is amazing, and every resident in the town must look forward to seeing it achieve these Liberal Democrat promises to solve the town's problems.

Name and address supplied.

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**** Updates from MP Paul Howell at 12noon weekdays ****

SATURDAY

9-10am	Eurovision Show	Simon Harding
10-12am	Moderation	Jack & Garvey
12-2pm	Kitchen Floorfillers	Caz Bojangles
2-4pm	Weekly Edition	Paul Baker
4-6pm	Motown Session	A DJ
"The Saturday Night Experience" Sponsored by Bengal Lounge Indian Restaurant & Takeaway		
6-8pm	Evening Session	Jimjams
8-9pm	Rock the House	Carl Booth
9-10pm	Retro Trance Mix	OZ-DJ
10-12am	Drum 'n' Bass Show	MC Supa
12-1am	Night Club Session	A DJ

SUNDAY

9-10am	Church Service	Xcel Centre
10-11am	Yesterdays Music Today	Alan Brown
11-12pm	Random Reiki Master	Phil Hawkins
12-2pm	Dave's Sunday Brunch	David Ringer
'Blues Show' Sponsored by Whitehouse Funeral Service		
2-4pm	Bear Blues Show	Colin & Monica
4-6pm	Folk/Celtic/Rock Show	Steve & Col
6:30-8pm	Jazz Time	Mike Dixon
8-10pm	Classic Soul Show	Kev Sowerby
10-12am	Easy Sunday	Al Smart

* MONDAY to FRIDAY DAILY

10-12am	Golden Years	Paul Baker
12-1pm	A to Z of Pop (Mon, Tues & Wed)	Richard Smith
12-1pm	Call Me No 1 (Tues & Thurs)	Richard Smith
1-2pm	Memory Lane	Colin McNeillie
2-4pm	Afternoon Aycliffe	Paul Baker

MONDAY

'Through the Decades' Sponsored by McDonalds Newton Park

6-7pm	60s Show	Karl Simons
7-8pm	70s Show	Peter Rush
8-9pm	80s Show	Gary Avery
9-10pm	90s Show	Dave Graham
10-11pm	00s Show	Producer Dan
11-12am	Teens Show	Andy Fittes

TUESDAY

6-7pm	Mystery Year	Paul Baker
7-8pm	Around Town with	Phil Hawkins
8-9:30pm	Jazz Time (R)	Mike Dixon

WEDNESDAY

6-7:30pm	Joey's Jukebox	Joey Collins
8-10pm	Alternative Aycliffe	Gaz n Alby

THURSDAY

6-8pm	The List	Colin McNeillie
8-10pm	BeatRoote	Graeme Roote
10-12am	Rock Night	Jonny Goldsmith

FRIDAY

'Weekend Warmup' Sponsored by Shake n Cake

4-6pm	Weekend Warmup	Dan Calum
6-8pm	Techno Trance Mix	PVR Studios
8-10pm	6th August - Nathan Abbott - Dance	Classix
12-1am	Night Club Session	A DJ

Check our website for full schedule

www.ayclifferadio.co.uk

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LISTENING OPTIONS:

Free App (all formats), TuneIn, Alexa, Radios Online, Internet Radio, Online Radio, RadioGarden, Radio Box, StreamFinder, Deezer, Radio Shaker



Celebrating Local Emergency Services

Local emergency services were invited to Aycliffe Town Centre on Saturday 24th July to display their vehicles and talk to local residents. The central mall was buzzing from 11am to 2pm as residents talked to the Police, Fire Brigade, Air Ambulance and St John Ambulance as well as enjoying entertainment from Aycliffe Radio, the carnival kiddie rides and a face painter, a great time was enjoyed by all.

On Saturday 31st July, between 11am and 2pm, over 20 local sport clubs will be setting up a stall, some to demonstrate their activities, others to talk to residents - all in the hope of getting Aycliffe residents to join their organisation.

Attending the sports day will be Football, Rugby, Cricket, Archery, Axe Throwing, Water Polo, Swimming, Karate, as well as performances by:

Infinity Dance Company	11.10am
Athena Dance Academy	11.45am
McAdam School of Dance	12.20pm
Zanshin Karate	12.55pm
Nemesis Cheerleaders	1.30pm

Times approx,
Weather dependent



Awesome Aycliffe Art

(or From Art UK to Aycliffe Art), by Elaine Vizor, Arts

Art UK launched its Public Sculpture Project (2018) to photograph all UK art outside with a digital catalogue online (<https://artuk.org/about/sculpture-project>). Covid thwarted this work, which ends soon. Photographer Elaine Vizor works this area, has photographed many artworks but says there are more. Highlights for Elaine have been collaboration with Teesdale sculptor Phil Townsend. Phil's stone carved relief of Aycliffe Angels and Aclet in Bishop Auckland were the starting point for this. They covered Phil's sculptures across County Durham, Teesdale in particular, and created Art UK's first volunteer Sculpture Trail. Photographing David Mach's Train in Darlington was another highlight and also being the photographer to contribute images for Joseph Hillier's 'In Our Image'. Manufactured by Aycliffe Fabrications, it is still County Durham's tallest sculpture and a favourite with Elaine. Newton Aycliffe has many other sculptures, some hidden in plain sight. Before Covid Elaine had contributed images of Brian Russell's 'Orchid and Butterfly', sited in the wildflower meadow by the railway platform; Paul Lewthwaite's 'Building On Building Up' outside Greenfield School and Peter Furlonger's 'Peace' Memorial, sited at St. Clare's Church.

A highlight, this side of lockdowns, was returning to Newton Aycliffe to capture more outdoor artworks, namely those on the Great Aycliffe Way. This provided opportunities to explore the route, alone or with friends. Elaine found members of the public very friendly, some asking about photography, others providing invaluable local information, sculpture locations, history or a perception about a piece. We all interact with artworks differently and sharing diverse views is enriching. Elaine has photographed Sleeping Deer, Newt, Ladybird, Bug and Mushrooms, more Mushrooms and the elusive Dragonfly. All can be seen on Route 1 of the Great Aycliffe Way. (A map can be obtained from the Council Offices). Sleeping Deer is easily missed in shade off the path. Similarly, Ladybird is colourful but nestled in a grassy corner. Children would enjoy keeping eyes peeled for these. Dragonfly is elusive as high up a tree. Elaine said she would not have found this without directions from two knowledgeable local ladies she met on the walk. It's an ideal time to explore, seek out sculptures and maybe say, as a friend of Elaine, newly discovering artworks said, 'If only there were more!'

Elaine will be exhibiting at Greenfield Arts Gallery from 16th September 2021 to 26th October 2021. Please visit to see photography created 'With or Without' a camera.

For more information contact: info@greenfield-arts.co.uk



NASSA 2021 AGM

After a very difficult 18 months we are at last getting back to somewhere near normal. We did not have an AGM in 2020, due to the lockdown. We are holding the 2021 Annual General Meeting for Newton Aycliffe Scout Supporters association on Thursday 26th August at 7.00pm and all current members are invited to attend.

Please arrive early as doors will be closed at 7.00pm prompt.

All current memberships have automatically been renewed for 2021 and NASSA would like to say a big thank you to all the people who have supported us through these difficult times.

Thank you.

Yours sincerely

Karen Gray (committee member)

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SYD HOWARTH COMMUNITY SERVICE AWARD

Nominate a community minded individual

The Howarth family, in memory of Syd Howarth, MBE, are offering the residents of Newton Aycliffe the opportunity to nominate an individual who has excelled over the last year. The nominees must be from Newton Aycliffe and the winner will receive a plaque and £250 to go towards their own or another local charity. Those nominating must give the name and address of the nominee along with reasons why this individual should win (up to 250 words). Closing date for nominations is 31st August 2021, at which time those that were nominated will be published in the Newton News and the Howarth family will choose the winner. The winner will be awarded their prize on Thursday 21st October 2021 (Syd's birthday).

Entries to be sent via email to:

paul@newtonpress.net

or posted to:

**Paul Howarth
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St. Cuthberts Way
Newton Aycliffe
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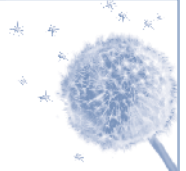
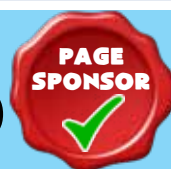
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All Disabilities Matter Group Support Local Charity

A health and wellbeing charity has received a donation from a disability and mental health support group.

Pioneering Care Partnership (PCP), have received a generous £200 from the All Disabilities Matter group to support their Options service, dedicated to adults with learning and physical disabilities. Both the PCP and the All Disabilities Matter group are based in Newton Aycliffe and the funds will support Option's adult day service members with fulfilling and engaging sessions.

Jackie McFadden, Founder of the All Disabilities Matter group, said: "All Disabilities Matter is for anyone of any age or background who has any form of disabilities, mental health issues, or there for anyone who just wants or needs to chat, so nobody has to feel alone anymore, especially at night."

"The group was set up by myself and Anne West, who used to be a carer for my daughter, we are both proud to help local organisations who do great work supporting people across Newton Aycliffe, and so we were delighted to raise £200 for Options."

"We know how keen the Options members are to use this money for engaging trips and activities once restrictions allow." Options supports over 70 adult members with independent living skills, knowledge, informed choice, equality, and control in their daily lives.

Carol Gaskarth, Chief Executive of PCP, said: "Jackie and the team at All Disabilities Matter did a great job fundraising at the Family Funday whilst also raising awareness about disability."

"They're really passionate about what they do and keen to work in collaboration, which fits well with PCP's ethos."

"After a year in lockdown, some of the Options members have returned to the Centre and some continue to access online sessions."

"We can't wait until the group can come back together and have an extra special treat thanks to the funds kindly donated." Options is PCP's longest running service and has been supporting adults since 1998 when the Pioneering Care Centre (PCC) in Newton Aycliffe opened its doors. Annmarie Pearson who works for PCP's Options attended the family fun day fundraiser in aid of Options to lend a helping hand.

To find out more about Options, visit www.facebook.com/optionsatpcp

Visit PCP's social media channels.

PCP's Facebook page - www.facebook.com/PCPandCentre PCP's Twitter and Instagram @PioneeringCare

If you would like to find out more about PCP generally or to support our work please contact: Jenny Lee, Senior Marketing & Media Officer jenny.lee@pcp.uk.net

Shine Community Choir Singalong



Shine Children's Community Choir invites all existing members and any who would like to register for their September start to come along on Saturday 7th August at 11am, to join in a summer singalong with the team and featuring special guest, singing councillor Nev Jones.

Free ice creams / lollies for everyone as we sing away the blues and sing in happier days. This choir is for boys and girls aged from 5 years of age, no membership, no fee - just lots and lots of fun and unlimited health benefits - so come along and join our choir family.

There will also be a choir tombola to help raise funds for Shine Choir. Please do come along and show your support. You will find us outside of St. Clare's Church, Newton Aycliffe.

Any queries please contact Helen McCormick, Email: helen-mccormick@hotmail.com

LOOKING FOR A NEW SPORT OR ACTIVITY?

Find out more on

Saturday 31st July 2021
Aycliffe Town Centre
11.00am to 2.00pm

Football • Rugby • Swimming • Archery
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Displays By:

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(G)In the Making . . .

Almost 500 years ago, there lived a physician called Dr Conrad Gesner. He was a Swiss doctor who did more than treat people. He also spent a lot of time doing scientific research, and was pretty accomplished at distilling. With the author of this article being both a doctor and distiller, the attraction of reading more about him is perhaps obvious to see.

It turns out that in 1559 he published a treatise called (The Treasure of Euronymus). In this, he wrote many recipes, amongst which were the spirit distillations of juniper based concoctions, i.e. gin. The botanicals numbered into the 20's within one recipe and up to 44 in another.

Gesner wrote that his recipe was "a most noble water of virtues worthy to be preferred before silver and gold". Interesting he said this, given that nutmeg and many other spices and botanicals were in fact much more valued than gold in such times. The sort of botanicals included: grains of paradise, sage, fennel, nutmeg, pepper, cubeb berries, cardamom and almond. Truly amazing as we are still using all of these ingredients nowadays.

Not long after he wrote this treatise, it was translated by a Morpeth born gentleman called William Turner in "A New Herbal". This focused his local trees and botanicals and juniper was noted in that it "grows plenteously... in the bishopric of Durham and Northumberland..."

Juniper was considered to be a medicinal plant in days of old. It was felt to be good at stopping such things as nosebleeds, convulsions in childbirth, treating oedema (swelling of the legs) and asthma, in days of old. Nowadays we have more efficient options.

Poignantly, Dr Gesner was alive during a pandemic (The Bubonic Plague aka The Black Death). The similarities between Dr G and the author therefore continue, given our current pandemic. I hope this is where they stop though, as sadly, the disease killed him in 1665 so it appears that juniper wasn't very good at stopping the black death for poor Dr Gesner!

Cheers

The Herbal Gin Company

Summer School at Greenfield Community College

Our new Year 7 cohort at Greenfield Community College have had the chance to learn more about the school and take part in a creative summer school this week.

Supported by Greenfield Arts, the groups have worked alongside filmmaker Laura Degnan, artist Paul Theo Murray, Mad Alice Theatre Company and have been supported in core subjects. School staff and practitioners were able



to put the students at ease whilst they became accustomed to their new surroundings and had an opportunity to learn new skills and build confidence. The students enjoyed a range of creative activities including English, Maths and Science and learned more about the attributes that will help their learning experience such as creativity, collaboration, responsibility, reflection, and resilience. Students also received three workbooks to take home to support reading, writing and maths to prepare for their new start in September.

The young people responded well and were thrilled to work with staff and professional facilitators. It was lovely to see the response and newfound confidence which will help prepare them for the autumn term. The summer programme has been a valuable and enjoyable way for students to prepare to continue their academic journey, preparing for the next step and forming lasting friendships.

The summer school forms part of an extended transition programme led by Assistant Headteacher Ms Davies. "It has been really valuable to support our students as they move to Greenfield Community College in such a creative way, thank you to all of the staff, artists and practitioners involved for making it such a great week".

Greenfield Community College is a Specialist Arts and Science school and is committed to providing opportunities to support students to reach their full potential. To find out more about our school please visit our website or contact us by email for more information contact@greenfieldschool.net

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“Sing out Strong” for your Wellbeing

New Mental Health Choir to launch in Newton Aycliffe

Sing out Strong is the world's biggest mental health choir - an inspirational organisation which provides opportunities for people to improve their wellbeing through singing and there is a new group coming to Neville Parade Methodist Church Hall on September 6th from 1-2.30pm.

Sing out Strong (or “SOS” as it's fondly known by its members) started life as a UK family of choirs for mental health and wellbeing, back in 2019. When the first lockdown hit the country, there were 6 choirs on the English/Welsh border, each meeting regularly to enjoy music, friendship and mutual support.

When the COVID-19 pandemic closed down the in-person groups, Sing out Strong switched to running free, online choir sessions available to anyone and everyone, being the first UK group to “go virtual”. Since then, there have been 7 unique projects featuring everything from original charity singles to famous, classical works, and the organisation has gone global, working with 11k singers in 100 countries. The culmination of the virtual choir was a feature on the BBC in May 2021, coinciding with the UK opening up once more.

The Founder and Principal Conductor of Sing out Strong is Emma Rowland, a professional choral conductor with PTSD with anxiety and depression. Emma set up SOS as a safe place where people could come and sing for their wellbeing, but also could be open about their mental health or if they were just having a bad day.

Because of Emma's own experiences, mental health and wellbeing are included in everything at SOS; all material is upbeat and positive and relaxation exercises are included at the beginning and end of every rehearsal. Sing out Strong also organises Wellness Days where choir members can try new wellbeing activities. Additionally, all choir leaders are trained in mental health safeguarding.

Now that the UK is out of lockdown, Sing out Strong is expanding throughout the UK, bringing its own unique ethos of singing for wellbeing to even more singers. There are 26 choirs planned for launch in the next few months, covering all of the country from Cornwall in the South to Aberdeen in the North and Norfolk in the East. As well as raising awareness of mental health and singing together for fun and friendship, the choirs will come together regularly for spectacular fundraising galas in aid of mental health charities.

Sing out Strong prides itself on being totally inclusive, in fact, SOS is totally “Singclusive”! Choir fees are capped, free places are offered for carers, additional support is made available for disability or learning needs and nobody is ever auditioned, put on the spot or expected to join in or perform.

Founder Emma Rowland said: “When I was diagnosed in 2018, it was my music that kept me going and helped me focus and move forward. Now I want to pass on this support network to others, as I know, from personal experience, how singing and social inclusion can make you smile - even when you think you may never smile again”.

For more information or to join a Sing out Strong choir, visit www.singoutstrong.co.uk/choirs email hello@singoutstrong.co.uk, or find SOS on Facebook @ SingOutStrongWellbeing.

A Big Thank You

To everyone who donated to our Macmillan Craft Sale.

Thanks to Pat, June, Lucy and Jack for helping. £380 was raised for Macmillan. Valerie.

Don't forget you can come and join the Knit & Natter Club at St Elizabeth's, Woodham, every Tuesday 10am to 12noon.

Walking the Ward

Dear Sir,

Last Friday afternoon I spent a couple of very productive hours in the company of Cllr Neville Jones as we walked our Neville ward in the glorious sunshine. Using a detailed street map, kindly provided by Paul Howarth at the Newton News, we put our time to good use picking up two full bags of litter which included discarded face masks and several bags of dog feces which some considerate dog owner had simply thrown down onto the public footpath. Litter doesn't just appear as if by magic, we are collectively responsible for dumping it on our streets and then expect others to clean up after us and until we start taking personal responsibility the situation will never improve.

While we were out we took the time to stop and talk to a number of people and some even wanted to show us around their homes and discuss some ongoing issues needing our attention. We also made a point of taking numerous photographs of damaged street signs in need of repair, as well as damaged road side fencing needing to be replaced. All of this information was marked on the map and then photographed before being forwarded to the relevant department at Durham County Council for their attention.

The ward walk will take place on a regular basis so we can not only record and report issues but also monitor if and when the repairs are being completed. If Cllr Jones or I are contacted regarding areas of concern on the Neville ward we will both make every effort to arrange a site visit to listen to the concerns and assess the situation to see what can be done and who are the appropriate officers we need to contact to deal with the situation.

Cllr Phillip Hawkins

Cllr Neville Jones

Charity Shop Calls Out for Help from Local Community

A local charity shop in Newton Aycliffe is appealing for donations and volunteer help from the local community.

The YMCA store situated in the Thames Centre sells clothing, furniture, bric a brac, electrical items and books.

And, with demand at an all-time high, staff are now asking for more donations to help keep up with requests from local people.

All money raised by sales in the YMCA shop goes towards funding support for young people in need, both locally and across England. Wendy Teague, Shop Manager, said: “YMCA is proud to be at the heart of every community in which it works and we're no different at our Thames Centre shop. We love being here in Newton Aycliffe and we want to support local people as best we can, as well as show off just how great high street shopping really is.

“This is why we are asking for local people to donate any old and unwanted items to our store. All money we raise will go towards supporting young people in YMCA services and every penny really does count. When our customers donate to us there is the added benefit of helping the environment, less waste going to landfill.

“We sell everything from sofas to children's toys. Please get in touch if you think you can help.”

If you have furniture you would like to donate we can arrange collection. If you want to bring large items to the shop we would ask you to ring us first as space is restricted.

In addition to appealing for donations, volunteers are also needed to help out at the shop on Monday to Saturday. No previous experience is needed.

Wendy Teague said: “Volunteers are so important to YMCA, particularly in our local shop.

“Anyone who can support us, even for just an afternoon or one day a week, will be making a huge difference to our store and the lives of the young people we support.”

If you wish to volunteer or donate items to YMCA's store, please call 01325 321580 or pop in to speak to staff directly.

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Leaders Ask For HS2 East “Green Light”

A cross-party letter has been sent to the Prime Minister by leaders in the North and Midlands “calling for the Government to publish an Integrated Rail Plan which recognises freight’s vital role in local, regional and national economies by committing to the delivery of the Eastern Leg of HS2”.

The joint letter to Prime Minister Boris Johnson comes from Cllr Ben Bradley MP, Conservative Leader of Nottinghamshire County Council and MP for Mansfield, and Cllr James Lewis, Labour Leader of Leeds City Council. Supported by MPs across the North East, Yorkshire and the East Midlands, it asks the Government to “give HS2 East the green light to move to the delivery and implementation stage as soon as possible”.

The letter explains that “rail freight is vital to the eastern regions” and describes HS2 as “the best opportunity to create a substantial increase in capacity for rail freight in the UK”. The two leaders stress the importance that freight, transport and logistics play in the national economy and recent challenges, explaining how:

- The rail freight sector carries over £30 billion worth of goods per year, with the industry contributing £870 million per annum to the UK economy
- Half as many freight trains now use the rail network compared to 15 years ago
- Critical pinch points from the East Midlands to Newcastle currently constrain conventional network at capacity.

As passenger numbers begin to recover from the COVID-19 pandemic, providing increased capacity and capability for rail freight will be just as important. The letter explains the environmental and traffic congestion impacts due to lack of UK freight capacity:

- The entire HS2 network will create space on the existing rail network for up to 144 extra freight trains every day, with each freight train taking up to 76 HGVs off the road (potentially up to around 3.9 million journeys in total).

- Rail freight uses 76% less carbon compared with the equivalent road movement, which is especially important as Net Zero regulations compel businesses to reduce their carbon footprint. Although the benefits of this will be felt across the country, there would be an extremely positive impact across the North and the Midlands where our industries have such a significant reliance on freight, transport and logistics.

Highlighting the impact on North East England, the letter describes how the importance of rail freight is vital to the UK’s eastern regions and cannot be over-emphasised because capacity on the East Coast Mainline is currently constrained to just six passenger trains per hour north of Northallerton due to the lack of upgrades to reroute freight.

The Eastern Leg of HS2 is pivotal by creating additional capacity on our existing routes to better connect supply chains, support the economic recovery and our efforts to ‘build back better’, while enabling net zero carbon targets to be achieved.

Cllr James Lewis, Leader of Leeds City Council, said: “The Industrial Revolution was led from Leeds and the North of England by exporting our goods to Britain and the world. Rail freight adds £870 million a year to the economy but today track congestion restricts freight and passenger services, and is pushing millions of unnecessary HGV journeys on to our busy roads. That is why we ask the Prime Minister again to give the green light to the eastern leg of HS2 that will cut carbon and increase freight by rail across the whole UK.”

Conservative MP for Sedgfield, Paul Howell MP said: “County Durham is a manufacturing powerhouse essential for North East England’s status as the UK’s net exporter. That is why freight matters across the North, the UK and to the world. Bottlenecks on the East Coast Mainline don’t just restrict passenger journeys north of Northallerton they cost industry vital trade and clog up our roads, and this will only get worse as we need to cut carbon to remain competitive. The Government is committed to levelling up our country so let’s get on with HS2’s eastern leg and let our communities thrive.”

Great Aycliffe



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Application forms can be obtained by telephoning 01325 300700, e-mailing info@great-aycliffe.gov.uk or from the Council’s web site www.great-aycliffe.gov.uk

Closing Date: 12 Noon Monday 9th August 2021

Shortlisting: Monday 9th August 2021

Interviews: Friday 27th August 2021

For further details or an informal discussion about the post, please contact Louise Downton on mobile 07968 379009 or by email at louise.downton@great-aycliffe.gov.uk.



Weekly Hog Blog

Apologies for the absence last week, it has been busy recently with some very small, poorly babies coming in needing critical care, Angel and Bonnie from Lorraine and Gaynor, Annie from June and Ian, they need more time here to gain weight because they are still too small to release as are most of the others. Harmony came in at 73 grams, she can go home soon, thanks to Pat and Lesley for bringing her in some weeks ago, she is almost 500 grams now and what a lady she is!



Also, my thanks go to Sue and Peter of School Aycliffe, there was no room here so Sue has been hand rearing the smallest little hog so far. Being a retired Vet and Vet Nurse this baby couldn’t be in better hands. We often share ideas and, little ones need certain things that I already have fortunately, she is a mere 21 grams, less than an ounce.

Thank you to all who have donated towels, etc; Roz for some wonderful stuff, I will put them on my Facebook page because they are too nice for a car boot sale, for example Mickey Mouse and a Mamas & Papas Rocking Horse. Please take a look.

Can I also mention that we are still seeing little hedgehogs out in the day, please make sure your children don’t touch or hurt them. They have so many enemies in the wild already, if they are rescued and brought here they will hopefully be released somewhere safer. It’s more important to give them their freedom out of harms way, entrapment and captivity, cruelty etc, they are endangered, protected and anyone who is found to be causing them unnecessary suffering can be prosecuted under the wildlife act schedule 6, as per government legislation.

Maxine

Planning Application for Incinerator Plant

Dear Sir,

The application is for an incineration plant at Merchant Park, Heighington Lane. If approved, the plant will treat clinical and hazardous waste. Although the technology to be used provides for the capture of carbon emissions arising from the process, the applicant acknowledges that toxic emissions will end up in the environment and local people are very concerned about the incinerator being sited so close to farms, housing, businesses and schools. Hundreds have now lodged objections against it. Quite naturally, some objectors wish to address their concerns directly to Councillors at the Durham County Council Planning Committee meeting. However, our understanding is that DCC only allow 5, possibly 10, minutes for objectors to do this. That is 5-10 minutes in total, and not for each objector. We understand that the Planning Committee Chair has discretion to extend the time allowed, and we call upon him to do so. There was very little consultation relating to this application – very few householders were notified. It seems fair and just, therefore, that DCC now remedy that shortcoming and allow time for objectors to address the Committee in a meaningful way.

Yours faithfully
Eileen Brewis

Music Society

The third concert in Bishop Auckland Music Society's 2021 Concert Series will take place on Friday, 20th August at 7.30pm in the Methodist Church (opposite Bishop Auckland hospital), when Katherine Bryer (oboe) and Irena Radic (piano)



will perform works by Poulenc, Schumann and Rachmaninoff amongst others. Katherine completed her degree at the Royal Academy of Music in 2017, continuing her studies on the Academy's Master of Arts course, graduating in 2019. She has appeared with orchestras including BBC Symphony Orchestra, Philharmonia Orchestra and London Philharmonic. Tickets: £14 from Brotherton's Music (opposite Morrisons) or Brian Varley (01388 606075). Tickets: £16 payable on the door.



Tel: 01325 790580 - Email: paul.howell.mp@parliament.uk

The last week before recess started with us meeting some of the potential broadband providers for the difficult to reach areas like the villages near Killerby. We are working with all agencies here, but progress is frustratingly slow. I later joined the Northern Research Group meeting where Gavin Williamson, Secretary of State for Education, spoke to us. This was followed by a call with Neil O'Brien, Neil is the Prime Minister's advisor on Levelling Up. The challenge with Levelling Up is that it means different things to different people and whilst I agree with some of the criticism that a joined-up message is important, I also believe that we need to "get on with it". It therefore feels right to me that actions like the Restoring Your Railways initiative (for example – the reopening of Ferryhill Station and the Leamside Line) and the relocation of government departments (for example - Treasury North in Darlington) will clearly form part of this agenda and should be acted on as soon as possible.

BEIS meeting this week was with Kwasi Kwarteng, Secretary of State for BEIS who was joined by Chris Pincer, Minister of State for Housing, for part of the session. We first discussed the future of Liberty Steel and then decarbonisation of heating in homes. We then had the AGM for the Left Behind Neighbourhoods APPG that I chair, this is a short, largely administrative, meeting where we confirm the officers going forward and the finances for the last year.

I joined a meeting of MPs with the Chair of the BBC where we covered everything from regional news to BBC bias and the licence fee. I had an interview with Radio Tees on Thursday to discuss the Levelling Up report that the BEIS select committee had published, being part of the Select Committee that published the report and in the Northern Research Group made me very well placed to comment.

An interesting session last week was one Richard Holden, MP for North West Durham, and I had about how devolution could work for County Durham. As you know the Tees Valley has a Metro Mayor, as does the North of Tyne but Durham doesn't, and questions need to be asked as to how we resolve this. We also had a call with Health Minister, Jo Churchill, to discuss the rising Covid cases in the north east. Whilst no extra restrictions are being mandated further surge testing support is being introduced and particularly for the higher case areas, like Newcastle and Redcar, people are being encouraged to travel less.

Back in the constituency meant on Friday I could get out and about but first I had a call with Jo Farrell, Chief of Police, and her team for a monthly update. Later I had a meeting with residents from Morden and Bradbury in Morden Village Hall as well as

going to Hurworth and holding a surgery in Hurworth Grange. Next, we'll be in Ferryhill at Dean Bank and on 6th August we will be at Woodham Community Centre. If you want to join us, please email my office for an appointment.

Saturday saw me at a Hutton Henry Parish Council meet and greet event. The Parish Council had arranged for as many elected representatives as they could to make themselves available to meet the public. Whilst Hutton Henry as a village is not in my constituency, the Parish includes Station Town which is. This meant that as well as the local Parish councillors and County Councillors you had two MPs present. I left this in time to join the Blue Light event in Aycliffe Town Centre, next Saturday has another event in the Town Centre, this time over 20 local sports groups will be there, please join them if you can, I certainly will. On the way home I called at Moor Lane where the Newton Aycliffe CC - 2nd XI team were doing well against Guisborough. I left after the first innings but later found out they had won, a fantastic effort from a very young team.

Sunday found me calling at Middleton Lodge Retirement Home near Middleton St George and later at Nunstainton Stud near Ferryhill. The stud had an open day raising funds for a long serving member of staff, Lauren Belt, who has been chosen to ride in a British Horse Society (BHS) charity race at Wetherby at the end of October and must raise funds for the BHS. It is for the 'Changing Lives through horses' campaign' which is a programme for children and young adults who have diagnosable mental health disorders.

Covid cases in the area are high as I said earlier, it is important that we are all sensible about the freedoms we have back. Remember the mantra of Hands Face Space and Fresh Air still makes sense even if it's not mandatory. The encouraging news is that as I write there are early indications that the third wave is starting to level off and that despite high infections the numbers in hospital remain very low, and of those admitted who had been vaccinated the vast majority were not there much more than one night, with increasingly fewer fatalities. Whilst Covid clearly remains dangerous for those not vaccinated we need continue to encourage everyone to be vaccinated as the vaccine is certainly delivering in terms of saving lives and is the best hope for us all to become more confident that we will get out and about more.

For now, stay safe, respect the virus but try and engage with friends and family as much as you feel safe doing and we will all start to feel the benefits the vaccine program is delivering.

Paul Howell

Member of Parliament for Sedgefield



Paul Howell
Member of Parliament for Sedgefield

paul.howell.mp@parliament.uk

Telephone: 020 7219 6385

Aycliffe Office: 01325 790580

N.A.F.C. REPORT

New Season Arrives

After a gap of nine months, competitive football returns on Saturday when Newton Aycliffe commence the 2021/2022 season with a trip to Billingham Town. The Newtonians will be hoping for a full, uninterrupted, season having seen the last two campaigns curtailed. Colin Stromsoy's side performed strongly in those two part-seasons & will want to build on that record for the new season.

The Ebac Northern League Division One has seen three departures with Stockton Town, Hebburn & Shildon having being promoted under the FA's restructuring exercise. They have been replaced by Crook Town, Redcar Athletic & West Allotment Celtic who have been promoted from Northern League Division Two.

Aycliffe begin their League campaign with two away fixtures - Billingham Town on Saturday 31 July and Bishop Auckland on Tuesday 3 August. The first competitive match of the season at the Beaumont Landscapes Stadium is on Saturday 7 August when Thornaby will be the visitors to Moore Lane as the Emirates FA Cup gets underway.

Colin Stromsoy has retained the majority of the squad that have served him well over the last two seasons, however, there are a few additions including experienced ex-Spenmymoor defender Chris Mason.

Newton Aycliffe FC fixtures July/August - subject to change.

Please check www.newtonaycliffe.co.uk for latest details.

31/7	Billingham Town	Away	3.00pm	Div 1
3/8	Bishop Auckland	Away	7.45pm	Div 1
7/8	Thornaby	Home	3.00pm	FA Cup
10/8	Newcastle Benfield	Home	7.45pm	Div 1
14/8	Consett	Away	3.00pm	Div 1
17/8	Seaham Red Star	Away	7.30pm	Div 1
21/8	West Auckland Town	Home	4.00pm	Div 1
24/8	Crook Town	Home	7.45pm	Div 1
28/8	Guisborough Town	Away	3.00pm	Div 1
31/8	Sunderland Ryhope CW	Away	7.30pm	Div 1



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Craft Fair

I have organised a craft fair with 20 sellers to be
held on Saturday 7th August from 1pm - 4pm at
Neville Parade Community Centre.

This is in aid of Junction 7 who will be providing
refreshments on the day.

ADMISSION IS FREE

Depending on the success of this I intend to
make this a two monthly event supporting up to
three different Aycliffe only charities.
Let's all get together and put Aycliffe on the craft
fair map.
Carol Payne

Seaside Trip

New Friends New Places have seats left
for our trip to South Shields on Sunday 8th
August. Leaving Wilkinson's bus stop at
9.30am and Stephenson Way Cemetery at
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Triple Gold for
Philip Wilcznski

Sedgefield 75 had six swimmers who qualified
for the Northumberland & Durham Festival
of Swimming held at the Sunderland Aquatic
Centre on the 24th and 25th July.
Swimmers competing were Evie Weston,
Tom Curran, Emma Price, Filip Wilcznski,
Charlie McEwan and Mateusz Wilcznski. Evie
competed in the 200 Fly, 200 FS, 100 Breast,
100 Fly and the 400 Freestyle. She took Gold in
the 400 FS and Bronze in the 200 Fly.
Tom competed in the 50, 100, 200 and the
400 Freestyle and the 200 Backstroke. Final
placings in the 100 Back and the 400 Freestyle.
Emma competed in the 100, 200, 400
Freestyle. The 200 and 400 IM and the 200
Backstroke, she took the Gold medal in the 200
FS and Bronze in the 100 Free.
Filip competed in the 100 and 200 Backstroke,
the 100 Fly and the 200 IM. He took Gold in the
100 and 200 Backstroke. Gold in the 100 Fly
and Silver in the 200 IM.
Charlie competed in the 50 Freestyle and the
100 Backstroke.

Mateusz competed in the 100 Backstroke.
The preparation for all the competitors had
been less than perfect, as a result of Covid,
with some out for ten days prior to the
competition. That said they all gave their best
on the day and turned back some superb
performances.
Medal tally: Five Gold, One Silver and Two
Bronze plus one very proud and happy coach.
Sincere thanks to all who provided cover
throughout the weekend. A special thank you to
GAMP for their grant to the club to enable us to
rebuild after Covid.
This has enabled the club to reinstate the Adult
Training session. This will now take place on
Monday evenings 7:00 to 8:00pm starting 2nd
September 2021.
A new development group is to start on Sunday
1st September 2021 from 4:00 to 5:00pm.
This is for young swimmers 9+ who wish to be
involved in competitive swimming. They must
be able to swim 50 meters and be confident in
deep water. Essential that they have swimming
goggles that fit really well.
The first three weeks will be free.
The coach for both groups will be John Moore,
Chief Coach, Sedgefield 75 ASC.

Licensing

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30th July 2021

Sudoku

6			2					1
			6		9			
				1				7
						7		8
4		8					9	
3	2						6	
			4			2	8	6
	5		9	3				
	1			2				

Aycliffe Cricket Club Scoreboard Report

Newton Aycliffe Cricket Club's 1st team, sponsored by Franks the Flooring Store, lost by five wickets away at Darlington 2nd XI in the NYSD 2nd division. After electing to bat first Aycliffe were bowled out for a well below par 180 after 45.3 overs. Michael Howe (sponsored by Yvonne and Bob Wood) top scored with 37 at a rate of a run a ball, Sam Telford also batted well scoring 33 from 38 balls and opener Luke Telford worked hard for his 24 runs off 61 balls. In reply, the homeside reached their winning target of 181 for the loss of five wickets and with 3.5 overs in hand, George Slatcher was the pick of the Aycliffe bowlers taking 2 for 39. The 2nd team, containing eight junior players and with an overall average age of just 17, pulled off a remarkable two wicket victory at home to high flying Guisborough 2nd XI in the NYSD fourth division. Electing to bowl first Aycliffe restricted the visitors to 150 for 8 from their allotted 40 overs thanks to some tight bowling from both Thomas Dearden, who took 3 for 29 and captain Joe Teasdale (2 for 25). In reply, 14 year old Dearden then opened the batting and scored a career best 38 from 63 balls, including six boundaries. 15 year old Owen Smith (sponsored by Tri-Tech Ltd) then took over and scored his first senior half century finishing unbeaten on 54 from 55 balls, hitting nine boundaries in the process. In a very tense finale, Smith's heroics enabled Aycliffe to edge over the winning line, as his side finished on 151 for the loss of eight wickets and with more than eight overs in hand.

The U13's hosted top of the NYACC league Hartlepool and were defeated by just 15 runs despite a creditable all round performance by the team. The visitors batted first and scored 100 for 4 in their allotted 20 overs with Aycliffe's AJ Wild, Tom Norman, James Evans and Trent Telford all taking a wicket apiece. In reply, Aycliffe were restricted to 85 for 8 in their 20 overs and there were some good performances with the bat from Alfie Spensley, who top scored with 17 runs, Trent Telford scored 14 not out and Ollie Paylor chipped in with 11 runs. The U13's also travelled to Norton in the NYACC league and were easily beaten by eight wickets. Aycliffe were asked to bat first and scored 89 for 5 in their 20 overs thanks to an excellent unbeaten 31 off 35 balls, including six boundaries, from captain

Will Dearden. Other good contributions came from Alfie Spensley (12 from 12 balls), Will Moffatt (11 from 19 balls) and Trent Telford (10 from 10 balls). In reply, the homeside comfortably reached their winning target in the 12th over despite the efforts of AJ Wild who took both of the wickets to fall for 14 runs.

The fledgling Newton Aycliffe senior ladies team put in another good performance, but still lost by five wickets at home to Chester-le-Street in the County Durham League. Special mention must go to Amanda Norman, who top scored for Aycliffe with 8 not out and also to Ashley Kell, Natasha Grainger, Tina Masterman and captain Alex Paterson who each took a wicket during the visitors innings.

Photo: 15 year old Aycliffe batsman Owen Smith after his match winning unbeaten half century against Guisborough



Obituary

James Alliston
(Gym)



16/06/44-23/07/21

Passed away in hospital after a short illness. Devoted Husband to his late Wife Edith; loving Father to Neil and Clare; proud Grandad to Isaac, Tilly, Hattie and Ben and a special friend to many. Services will be held on Friday 6th August at St. Mary's Church, 11.30 and Coundon Crematorium at 12.30. Celebration will follow at Moore Lane Sports Club. No flowers, donations to the British Heart Foundation.

Elfriede Smith
(Frieda)

Peacefully, in hospital, on 16th July 2021, aged 87 years. Loving Wife of the late Jim; dearly loved Mam to Ronnie and the late Karmen; also a devoted Grandma, Great Grandma and good friend to many. Funeral on Monday 2nd August 2021. Would friends please meet at 12.30pm for Service at Wear Valley Crematorium. Family flowers only please, donations, if so desired to Dementia UK.

NEWTON NEWS

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In Memoriam

Audrey Cullerton

31st July 2020

Nana, people have told me that time is a healer, but as the time goes on I seem to find it just as hard to face the fact that you are gone. You will never be forgotten, because every day I shed a tear, but that's only because I love you and wish you were still here. Forever in my heart. Samantha xxx
Missed by all, thought of every day and will never be forgotten. Love from Glynis, Wayne, Gem, David, Katie, Nicky, Payton, Finley, Jayden, George and Louie xxx

Sue Gourley



We were together over 42 years, it's two years on the 3rd August that you were taken from us. We only have great memories to keep of you and no one can take those away. Love you now, as I did when we first met. Loving Husband Colin, Daughter Emma and Son Shaun.

Yvonne Robinson

Passed away on 8th August 2016
May the winds of Heaven blow softly and whisper in your ear how much we love and miss you and wish that you were here. From Sister Marie, Raymond and family

Birthday Remembrance

Lester Stephen Atkinson

29th July 1953
For your Birthday in Heaven

Birthdays in Heaven, decorations of gold. Where the years come and go and you never grow old. Where you celebrate with angels and past family there, with no illness in sight, just love everywhere. So we don't need to worry how your birthday was spent, 'cause you are safe in Heaven and our wishes are sent. Though we know you are safe, even though you are away, we love and miss you a little more today. Happy birthday. Love, Sue, Stephen, Kelly, Michael, Eden and George xxx

Births

Harvey & Allen

Congratulations Joe and Charlotte on the birth of your beautiful daughter 'Pippa Rose' born on 17th July 2021. Love always, proud Grandparents, Mick and Kath Allen xx

Congratulations

Audrey and Ken Pratt



65th Wedding Anniversary
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RUNNING CLUB NEWS

We start this week with a look back at the 'Run Like A Legend' Mile Time Trial event which took place in Durham on Friday, 16th July 2021. Fastest for the Club on the day. Over the classic mile distance, was John Surtees in 4:56, and he was followed by John Firby in 5:19 and Paul Dalton in 5:25. Peter Tennick continued his recent good form with a sharp 6:06 mile.

Jayne Rudd was first home for 'Team Rudd', recording a time of 8:41, with Mother-in-Law Sandra finishing in 9:24, and Sister-in-Law Marie coming home in 10:29.

Wednesday, 21st July 2021 saw the running of the popular Willow Miner Trail Race. After initially making your way through Houghall Woods, just outside Durham, the course covers 5.7 miles of beautiful trail through woodlands and nature reserve. Brett Lambert completed the undulating route in 52:43.

Club Championship points were up for grabs on the following evening at the Sunderland 5K Road Race at the Silksworth Sports Complex. Fastest for the Club on the night and setting a new V55 Club Record for the distance was Floyd Jones in a time of 18:07. Floyd was closely followed by Gareth Kyle in 18:19, which represented a new Personal Best (PB) for Gareth. Andy Talbot completed the race in 18:42, and in doing so finished second in his Age Category (M60), and also improved his own Club Record in the same Age Category.

In his first official 5K race, Peter Tennick recorded a great time of 21:07, with Trevor Needham not too far adrift in 21:45. Alan Wilks continued his return from injury, finishing in 23:26, with Carley Coope continuing her recent good form, recording a new PB for the distance in 25:10. David Stothard completed the race in 26:16.

On Saturday, 24th July 2021, parkruns returned in England, and the Club had 27 runners participating in events across the North-East. At Sedgefield parkrun, Robert Young and Sarah Gill each recorded a new parkrun PB, of 20:15 and 26:55 respectively. At Darlington South Park parkrun, Peter Tennick posted a new parkrun PB of 21:34, whilst at Hartlepool parkrun Carley Coope recorded a new parkrun best of 25:37. Over at Hackworth parkrun, Martin Sedgwick recorded a new parkrun PB of 22:41. It was also pleasing to see so many Members taking on volunteer roles at parkrun over the weekend.

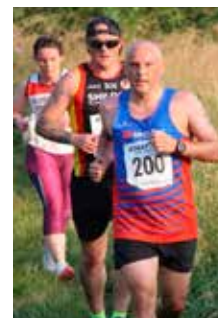
The big race for Members on Sunday was the Redcar Penguin 5 Mile Road Race, which also served as the next race in the Club Championship. Unfortunately, a road accident, shortly before the scheduled race start time, resulted in a slight shortening of the course (to 4.75 miles NAD - Near As Dammit!), however Members still gave it their best in hot conditions. First home for the Club, in a time of 27:04, was John Firby. Andy Talbot's was the next blue and red vest across the line, finishing in 29:22, which was good enough for first place in his Age Category (VM60).

Stuart Joyce completed his run in 32:21, with Trish Kay following him, finishing second

in her Age Category (VF60), in 39:12. David Stothard got his second race of the week done and dusted in 42:06, and he was followed by Jayne Rudd, who had an excellent run completing the race in 46:09. Eve Doe's recent hard work paid off with a great time of 48:57, and Sandra and Marie Rudd enjoyed the race running together, both finishing in a time of 61:14.

Carley Cooper was the Club's sole representative at the Trail Outlaws' Durham Coastal Trail Half Marathon on Sunday. The race set on the Durham Coastal Path, is particularly challenging, but scenic, and punctuated throughout by a tough series of descents and ascents. Carley completed the undulating run in 3:42.

If you have any queries about the activities of Aycliffe Running Club, please visit our website www.ayclifferunningclub.org.uk, or contact the Club's Secretary, Donna, at ayclifferunningclub@gmail.com



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