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Friday 9th August 2019 First Published in 1948 and still FREE

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## TEAM WARRIOR OFF TO A FIGHTING START



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Funding from Great Aycliffe and Middridge Partnership (GAMP) has been used to help Team Warrior Taekwondo Club get off to a great start in their newly refurbished training facility. The funding secured through Great Aycliffe and Middridge Partnership (GAMP) via the Neighbourhood Budget allocations of County Councillors Atkinson, Iveson, Clare, Howell, Hopper, Adam and Durham allowed the club to purchase a range of new equipment and essential items. The new equipment will be used by all members of the club and will benefit greatly to their training in preparation for future competitions and gradings.

The funding the club has received has allowed them to successfully operate from their new facility on the Aycliffe Business Park, which will in turn contribute significantly to the club sustainability. Chris and Michelle Howarth, Instructors of Team Warrior TKD Aycliffe and the lead on the project said, "We would like to say a massive thank you to everyone involved in funding our project. We feel very fortunate to be able to hold our sessions, not only in our new training facility, but more importantly on a fully matted floor. The 20/20 body armour has been a great asset to our younger students, helping them to build confidence and perfect their techniques as they try to score points whilst sparring one another. The feedback from all of our students has been very positive and we are very grateful." For further information on the club and its activities please check the website www.teamwarrioruk.co.uk

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## SUMMER FETE

St. Clare's Care Home are holding their annual Summer Fete on Saturday 10th August from 12noon to 4.00pm. There will be live music from a ukulele band, vintage cars, craft stalls, cake stall and refreshments will be on sale.

There will also be games for the children and the local police and fire engines will also be supporting us. Please come along and join in the fun.

## BUTTERWICK MIDNIGHT WALK



Butterwick Hospice invites you to our 2019 Moonlight Ribbon Walk for a second year in a row.

On Saturday 14th September from 7.30pm we will walk and watch as the Blood Moon rises!

After a huge success at Raby Castle last year we are returning for a second year. We are asking everyone to come together to celebrate the life of their loved ones. We are asking all ages and abilities to join us as we trek the fantastic 5k route around the back of Raby Castle.

The walk will begin at 7.30pm, we will walk 5km around the stunning Raby Castle, around the lake and up through the hills. There will be markers around the whole route, a front walker and a back walker. The walk will end as the sun sets and we will return to the beautiful Walled Gardens of Raby Castle.

Adult tickets are £13.50, children under 16 are £8.50 and under 2's come along for free. We have a 'family ticket', which includes two

adults and two children's entry's, this ticket will be £40, with a saving of £4. You will receive a medal and a little surprise on the night for your ticket price.

We are asking any participants to just try their best with fundraising and sponsorship, you will receive a pack with a sponsor form when you register, there are also online platforms, Virgin Money Giving and Just Giving, which you will also receive information about in your entry pack.

We are asking our walkers to get dressed up on the night! Dress bright and fun as we celebrate the lives of the ones we love!

You will receive a ribbon in your pack, please write the name of your loved one on this ribbon and wear it as you walk!

We cannot wait to see you all there on the night.

If you would like more information please call us on 01388 603003 or visit our website to book your tickets now [www.butterwick.org.uk/events](http://www.butterwick.org.uk/events)

## KIERAN'S 21ST

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TICKETS AT [WWW.KIERANSLEGACY.CO.UK](http://WWW.KIERANSLEGACY.CO.UK)

ROF 59, NEWTON AYCLIFFE  
AUGUST 10TH 7:30 - 11:30

## SNOOKER LEGEND NORTH EAST APPEARANCE

A FIVE times world champion will be sharing his life on and off the green baize, at a special event in Gateshead this September.

Ronnie O'Sullivan will be bringing his one-man show, A Sporting Life Story, to the Lancastrian Suite, Gateshead on September 27 where he'll talk about the game that made him famous – along with screenings of some of his most memorable moments.

The sportsman will share a no-holds barred look at his life, from the early days of century breaks at just 10-year-old through to his record 19 major wins, the 147 breaks and his 1000th century break. "At this event we hear it all," said a spokesman for organisers, Sporting Life Stories in association with Snooker Legends.

"The Rocket is one of sports true characters and at this event he'll be as relaxed and open as you'll ever see him. "Anyone who attends will be able to see and hear the real Ronnie."

Following his talk, the audience will get the opportunity to ask their own questions of the sporting star. The event starts at 7pm and tickets are £35 which includes category A seats and the opportunity for a picture with the player or £30 for entry only.

Tickets are available by contacting [www.mjksportsevent.co.uk](http://www.mjksportsevent.co.uk) or calling 07932 724462.

## SCHOOL REUNION

Did you leave The Avenue Comprehensive in the Summer of '89? Then why not join us for a reunion?

at the RAFA Club, Newton Aycliffe  
on Saturday 7th September 2019  
from 7.00pm

Please come and join your old school friends for a catch up and disco.

Further information contact  
Andrea on 07905 166475



## CHARITY NIGHT

in aid of Great Aycliffe Cancer Support Group  
(supporting cancer patients and families around the north east)

'Ocean' + 'Photo Disco'  
at Elm Road WMC, Shildon  
on Saturday 24th August, 7.00pm

Tickets only £3.00 each  
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## The Phoenix Club Newton Aycliffe

### AUGUST ENTERTAINMENT

**Friday 9th - "LGBT Night"**

Plus Drag Bingo - £5.00 entry

**Saturday 10th** - a tribute to **"Cliff Richard"**

and great solo artiste **"Lynni Larkin"** - £4.00 on the door

**Sunday 11th - "Karaoke & Disco"** FREE (Afternoon)

fab solo artiste **"Stenna"** - £1.00 Entry (Evening)

**Thursday 15th - Line Dancing**

with Colin Mes - £3.00 entry

**Friday 16th - Karaoke & Disco** FREE entry

**Saturday 17th** - a fabulous duo **"Remember When"**

and great solo artiste **"Jason Roberts"** - £3.00 entry

**Sunday 18th - Bingo** Selling at 11.30, start 12noon til 1.30pm

Then a tribute to **"Oasis"** and **"The Jam"** £4.00 on the door  
solo artiste **"Richie C"** (Evening)

**Thursday 22nd - Line Dancing**

with Billy Davies - £3.00 entry

**Friday 23rd - Charity Night for Noah**

£5.00 per ticket, on sale behind the bar

**Saturday 24th** - duo **"Park Avenue"**

and great solo artiste **"Blake Daniels"** £3.00 entry

**Sunday 25th - Karaoke & Disco** FREE Entry (afternoon)

Great solo artiste **"Paul Anthony"** £1.00 Entry (Evening)

**Thursday 29th - Line Dancing**

with Derek Darby - £3.00 entry

**Friday 30th - Karaoke & Disco** FREE Entry

**Saturday 31st** - two fabulous solo artistes **"Jacey Taylor"**

and **"Declan Thomos"** £3.00 entry

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## THE TURBINIA

### \* Saturday Night Live \*

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**Saturday 10th August - "1 0 1"**

We are pleased to welcome back one of the Tubs favourite bands, who play a great mix of modern and classic rock. Tracks covered by Led Zeppelin, Killers, AC/DC, Kings of Leon, Lynyrd Skynyrd, Kieser Chiefs, Nirvana, Razorlight, Pink Floyd, Green Day and many more.

Davy's Rock Page Review: "All in all, a great night with a great atmosphere and a lot of people dancing, so if you want to hear newer covers with a good mix of older rock 1 0 1 deliver."

**Saturday 17th August - "Dakota"**

Covering songs by Chilli Peppers, Oasis, Green Day, Killers, Blink 182, Metallica, U2 and much more.

**Saturday 24th August - "Sticky Fingers"**

Every Friday is Open-Mic/Buskers featuring some great local talent, players welcome

For more information on bands go to  
[www.turbiniapub.co.uk](http://www.turbiniapub.co.uk) or 313034  
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## Bank Holiday Quiz Night

Come along and test your quiz knowledge this August Bank Holiday at The Pollards Inn, Bishop Auckland. Sunday 25th August 2019 - Only £7 per person, includes quiz entry and a home cooked meal.

A fun packed night of laughter with friends and family!

Get into your teams (max. of 6 per team) and compete to become our Quiz King or Queen! Doors open at 7pm. For more information or to book, please call Kathryn on 01388 603003 or visit [www.butterwick.org.uk/events](http://www.butterwick.org.uk/events).



## Free Community Fun Day

You can also enjoy a ride on the Aidsensfield Bus and much more.

**Yes it's all FREE.**

Also attending will be local charities and health groups such as Wellbeing for Life, Dementia UK and Stop Smoking.

Tesco have kindly supported this event by supplying hot dogs, ice creams and pop corn and a couple of members of staff, so we can sell these at 50p each.

So why not come on down and enjoy a great day out with the family? Come for a few hours or stay all day.

This event has been supported by Livin, GAMP, Durham Constabulary, Tesco, The Phoenix Club, Great Aycliffe Town Council, Rotary Club and Greenfield Community College.

**Thursday 15th August  
Greenfield  
Community College  
10.00am to 3.00pm**

Thursday 15th August will see the return of Horndale Community Association's popular **FREE** Community Fun Day.

Visitors can enjoy seeing Sheep, Goats, Rabbits and other furry animals; Snakes, Lizards, Monkeys, Spiders and other Creepy Crawlies.

They can go on a bouncy castle, inflatable slide, tea cup ride, trampolines and pony rides. There will also be **FREE** face painting, Professor Nincompoop, Police, Army, Fire Brigade displays and hopefully the Aerial Platform Engine will join us again where you can go up in the platform for a small charge which goes to The Fire Brigade Benevolent Fund.

## CREAM TEA AFTERNOON IN AID OF PARKINSONS

Dear Sir,  
I was diagnosed with Parkinson's in 2004 and, thankfully, am still well. Since retirement I have held several fundraising events including a Black Tie 60's Night as well as learning to sail a yacht around the Isle of White. I was also persuaded to start painting.

My two daughters and I are holding a 'Cream Tea' event in my garden at 3 South View, Heighington on Saturday 17th August between 2pm and 5pm.

There will be some stalls but also the showing of over 50 original paintings, we are hoping to sell some of them on the day (as we have no more wall space to hang them).

Profits from the event will be going towards research into a cure for Parkinson's.

Entrance is £3.00 which includes a cream scone and tea/coffee.

All Welcome.

Jill Thompson

## REME Receive New Banner



The SWD (South West Durham) branch of the REME Association were pleased to receive their new REME family pop-up poster from our Regimental Headquarters based in Wiltshire, which

will be proudly on display at future events to help the membership grow. The branch meets at 8pm on the last Wednesday of each month in the Scout Centre, Bluebell Way, Newton Aycliffe.

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## 874 MILE WALK IN AID OF ALZHEIMER'S



Elliott Harnett and his friend Tyler Mason Thomson-Raw, both aged 22, from Newton Aycliffe, and attended Woodham Academy. Together they are attempting a walk from John 'O Groats to Lands End in aid of Alzheimers Research UK, as Elliott's Grandma, Marj Hornby, has dementia and vascular arterial disease.

Our home has long been a place where many of Elliotts friends would gather, and she is well known to them all, Tyler is pretty special, fund raising alongside Elliott, for his Grandma.

They have watched her deteriorate, and this has affected Elliott deeply, as it has us all.

Elliott and Tyler have set up a GoFundMe page giving people the opportunity to sponsor them on this epic walk, they can also be found on Facebook (known as a JOGLE!-John @ oGroats/LandsEnd), there are also collection boxes in McColls, Simpature, which is where Tyler works (McColls have been very supportive of their effort) and Neville Parade and also at our home at 7 Bede Crescent.

Elliott said: "As of August 1, I will be walking from John 'O Groats to Lands End, (874 miles) with my good friend Tyler Thomson-Raw,

for Alzheimers Research UK. As most of my friends and family are aware, my Grandma suffers from Vascular Dementia and this is my motivation for doing this fundraiser. Watching someone you love slowly deteriorate and become less capable and confused with each passing day is soul destroying, and the stress it puts on the family is, at times, almost unbearable."

"I wouldn't wish this illness on anyone, and I certainly don't want my own children to endure what we as a family are currently going through, so I want to go out and do something positive to help make a difference."

Tyler's mother, Sharon, cares for Grandma on a day to day basis, with Elliott, and it is difficult, there are so many aspects to her dementia, which at times they all struggle with. What she knows is that we keep her safe, she is secure in her environment, and we keep it real. Sometimes it's hugely frustrating, but we laugh, a lot, and she is still Grandma/Mum.

If anyone would like to donate, the link on GoFundMe is "Walking the Length of Britain for ARUK" or any of the above mentioned options.

It would be awesome if our little community could really get behind these two amazing young men.

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# First Year Success for SING IT DIVE INTO FUN THIS SUMMER



Those looking for splash-tastic activities to keep kids entertained this summer need to look no further than their local leisure centre. There are plenty of activities on offer at Durham County Council leisure centres this August - from snorkelling to learning to swim, there is something for every child to enjoy. Swimming crash courses and skill improvement sessions help children build their confidence in the pool. Children will take part in a

week of swimming lessons focused on developing their swimming skills and stroke techniques. The courses cost £23 per week and are available at Chester-le-Street Leisure Centre, Consett Leisure Centre, The Louisa Centre at Stanley, Newton Aycliffe Leisure Centre, Teesdale Leisure Centre and Woodhouse Close Leisure Complex. For children interested in discovering what is beneath the water, fin and snorkelling sessions teach the basics of swimming with fins and snorkels and are available from £3.60 at Spennymoor Leisure Centre, Newton Aycliffe Leisure Centre and Teesdale Leisure Centre. Holiday pool timetables mean there is more time for swimming pool fun sessions. Suitable for all ages, the family sessions, featuring rafts and floats, are a great way to keep the whole family entertained. For little ones aged up to



eight-years-old sessions take place in the small pool and for older children in the main pool. The sessions are available at all leisure centres with a pool. Normal admission charges apply. Disney fans can blast off with Buzz, Woody and friends with Toy Story themed swimming sessions, inspired by the magic of Disney storytelling. Each session will feature a host of much-loved characters and ten fun-packed activities perfect for the whole family, from the Alien crane game to Jessie's Lasso fun. Suitable for children aged three to 11 the sessions cost £4 for one adult and one child and any additional children pay £1 each. They are available at The Louisa Centre at Stanley and Spennymoor Leisure Centre. Young people aged between two and six can join Brock the Badger and his friends for Ready, Set, Splash sessions, which include 30 minutes of instructor-

led fun and 30 minutes of free play. The sessions are available at Newton Aycliffe Leisure Centre and Woodhouse Close Leisure Complex. They cost £4 for one adult and one child and any additional children pay £1 each. Older children, aged from eight to 14, can take on pool based inflatable challenges to see who can make it to the other side without getting wet. Available at Chester-le-Street Leisure Centre, The Louisa Centre, Newton Aycliffe Leisure Centre, Teesdale Leisure Centre, and Woodhouse Close Leisure Complex. Normal admission charges apply. Kaye Stephenson, Durham County Council's principal aquatics manager, said: "Whatever the weather, our wide range of pool activities provides a fantastic way to keep your family healthy, happy and active this summer." For more information visit <https://www.durham.gov.uk/leisurecentres>

## Film Show

### "Crazy Rich Asians"

The "Feel Good Film Show" at St. Clare's Church on Tuesday 13th August features the 2018 romantic comedy "Crazy Rich Asians" starring Constance Wu, Henry Golding, Gemma Chan. New Yorker, Rachel Cho, travels with her boyfriend, Nick, to his friend's wedding in Singapore and meets Nick's family. The only thing crazier than love is family.

**Everyone is welcome, please come and enjoy.** Tea and coffee are served at 1.00pm, included in the £2.00 admission. The film starts at 1.15pm and a variety of chairs are provided for your comfort, and tables so that you can bring a spot of lunch to eat while you enjoy a great film in friendly company. For further details ring Ric Hargreaves 01325 316755.



**Rose Lodge of Carers Way, Cobblers Lane, Newton Aycliffe, DL5 4SE is opening their doors on Wednesday 21st August to celebrate National Senior Citizens Day with a Coffee Morning from 10.30am. All welcome for a coffee and natter.**

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## SYD HOWARTH COMMUNITY SERVICE AWARD

### NOMINATE A COMMUNITY MINDED INDIVIDUAL OR ORGANISATION

The Howarth family, in memory of Syd Howarth, MBE, are offering the residents of Newton Aycliffe the opportunity to nominate an individual or organisation, who have excelled over the last year. The nominees must be from Newton Aycliffe and the winner will receive a plaque and £250 to go towards their own or another local charity. Those nominating must give the name and address of the nominee along with reasons why this individual or organisation should win (up to 250 words). Closing date for nominations will be 31st August 2019 at which time those that were nominated will be published in the Newton News and the Howarth family will choose the winner. The winner will be awarded the prize on Monday 21st October 2019 (Syd's birthday).

Entries to be sent via email to:  
paul@newtonpress.net  
or posted to:

Paul Howarth  
Newton Press  
Blue Bridge Centre  
St. Cuthberts Way  
Newton Aycliffe  
DL5 6DS

## ROCK ADEMY



Following on from their recent success performing School of Rock and Grease, Woodham Academy are delighted to be launching their Performing Arts Academy next year. This will be open to all students within the school and will give them the opportunity to take part in sessions for stage and set design, sound and lighting, instrumental skills and drama. The instrumental skill sessions will be run by an external provider called Rockademy. Rockademy have a team of staff who

specialise in working with students in small groups in order to develop their ensemble skills. The sessions are open to all students, regardless of their instrumental ability, and aim to develop skills on guitar, drums, piano and as a vocalist. All instruments are provided by the music department, but students are welcome to bring their own if they wish. Students will be rehearsing in preparation for their performance of the Disney hit High School Musical next February.

# DIVE in

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People like Mandy, pictured here, use the Hydrotherapy Pool to relieve pain and to regain their independence.

**WE NEED YOUR HELP**

We need your help to completely redevelop our 20 year old Hydrotherapy Pool, which is in desperate need of refurbishment or the Pool will have to close.

The pool is available to everyone without the need for a GP referral, with your support we can keep providing this vitally important therapeutic service.

Your donation will help us to:

- Double the size of the original pool
- Provide improved lifting and hoist equipment
- Provide larger and better equipped changing rooms

Visit [www.diveinPCP.co.uk](http://www.diveinPCP.co.uk) to find out how you can help

Pioneering Care Centre, Newton Aycliffe, DL5 4SF Tel: 01325 321234

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Health, wellbeing and learning for all



## Husse Pet Food Opens in Newton Aycliffe



The Husse Pet Food franchise has expanded its locations to the South West County Durham region, with its newest location being homed to Newton Aycliffe's Lyn and Baz Elkin. The business acts as a distributor of the Husse (pronounced Hoo-say) super healthy premium pet food, a Swedish brand with over 32 years of experience in the animal diet industry. The Newton Aycliffe pair have begun their new journey less than 3 months ago, choosing to focus on the animal dietary care area, with Baz trading in a career of over 20 years in childcare and Lyn working part-time in accounts, they are now excited to focus on their newly found passion. "Having looked at many franchises over a period of time, we kept coming back to the Husse franchise. We did a lot of research into the pet food market, and being fussy about what we feed our own pets, we realised that no other pet food business has the same hands on caring attitude that Husse has. We believe that we are a company that actually cares what your pet eats and this is reflected in the Husse ethos, using only the highest quality, human grade ingredients which is also GMO free." Whilst the business mainly offers quality food catered for our canine and feline friends, some equine products are also available. General food is

not the only option though, with alternative choices being on offer which can accommodate your animals dietary needs. These consist of weight loss and gain options, allergy aware selections, and even ones which contribute to general health improvement. The two pet nutritionists provide free check up services, which allow your dogs to be monitored and given free sampling of products which they feel will benefit your pet. Free advice is also provided, allowing you to make well informed decisions on your animal friends needs. The general benefits of using these services is that the changes made allow you to receive a tailor made diet, with free home delivery and on hand pet nutrition advice. Although it's still early days with this new endeavour, the Aycliffe chain has already garnered a good number of customers in its South West Durham area which covers all of the main towns such as Newton Aycliffe, Darlington, Bishop Auckland and Crook, with free delivery of sampling on offer, provided feedback of the products is given. The duo plan on launching an official business opening towards the late summer, including a dog show and games for everyone to enjoy. More information and answers to any queries can be found through lyn@husse.co.uk

## Funding Boost to Help Combat Holiday Hunger

Thousands of youngsters are set to benefit from a £150,000 funding pot aimed at combatting holiday hunger when children are not at school.

Durham County Council's Poverty Action Steering Group has been allocated the money from the Government's New Burdens Funding scheme for holiday activities with food from now until September 2020. Building on work already underway across the county, £140,000 will be divided between the council's 14 area action partnerships (AAPs). This will then be allocated to schemes that provide opportunities for youngsters and families to socialise, be active and learn new skills, while tucking into healthy meals and snacks.

The remaining £10,000 will be made available for countywide projects led by the VCS Alliance, the council's One Point Think Family, culture and sport, and education and skills services and NHS Harrogate; and District Foundation Trust's health visiting and school nursing teams.

The school holidays can be a challenging time for many families, with increased costs, childcare difficulties and no access to free school meals resulting in some youngsters going hungry. The impact for children living in poverty returning after the school holiday has also been shown to be detrimental to educational attainment, health and wellbeing.

In 2017/18, more than four million children in the UK were living in poverty; this equates to nine children in a class of 30. In County Durham, approximately 21,000 children (24 per cent) live in poverty, and 18 per cent live in low-income households.

Poverty harms children's health and damages their futures, but also impacts on society, costing the UK £30 billion per year.

The Holiday Activities with Food group is part of the council's Child Poverty Working Group and aims to eradicate child poverty in County Durham. The group will work with the AAPs and other local partners to ensure the new activities not only meet each community's need but leave a lasting legacy.

This will be achieved by incorporating the following key themes:

- Healthy eating – tasty and nutritious food will be served, simple, affordable recipes will be shared and support will be available on budgeting
- Benefits of physical activity – encouraging the daily mile and promoting the use of walking and cycling routes in County Durham
- Financial wellbeing – access to information about fuel poverty, benefits and welfare checks and



opportunities to sign up to credit unions

- Parent/carer support – access to information on what help is available, how to access it and where to turn for additional advice
- Adult learning – access to information about local courses

Cllr Olwyn Gunn, Cabinet member for children and young people's services at Durham County Council, said: "We know the school holidays can be a challenging time for families, with parents and carers facing the additional expense of keeping youngsters entertained and fed throughout the day. Our aim is to support families to ensure every child has

access to the opportunities they need to reach their potential."

Cllr Angela Surtees, the council's Cabinet member for social inclusion, said: "By allocating this funding through our AAPs, we can work with communities all across the county to identify and support projects that will make an immediate difference while reducing stigma and helping bring about lasting benefits."

The AAP funding will be allocated to enhance existing or planned projects during the summer, Easter, Christmas and half-term holidays up until September 2020 and will go through a robust appraisal and monitoring process.

## BETHANY HOUSE FAMILY FUN DAY



A wonderful day bringing our residents, family members, friends, staff, volunteers and people in our community and surrounding areas together.

The home was decorated with a homemade banner, bunting, and a residents art gallery.

Canvas pictures were placed onto branches of our beautiful almond tree and placed around our home grown yellow sunflowers and orange marigolds for all to see and admire.

The art pictures had been created during our arts and crafts sessions and the

flowers grown from seeds during our indoor gardening project.

Plenty of fun, laughter and meet & greets on the day with our surprise guest 'Stuart' the Minion.

We would like to thank everyone who attended our Family Fun Day last Saturday, especially our Mayor, Mrs Mary Dalton, the Police and Fire Brigade, stall holders, volunteers, residents families, staff, friends and the Public - without you ALL, we could not have made such a brilliant day and created happy memories for our residents.

## GAMP NEEDS YOU!

Great Aycliffe & Middridge Partnership has two public representative vacancies on the partnership board.

This is an exciting opportunity for local residents from the partnership area (Great Aycliffe and Middridge), with a keen interest in the local community to join a dynamic and proactive board, who have successfully delivered a number of projects throughout the area since our formation in 2009.

The public representative role itself isn't onerous; in terms of time commitments, there's a requirement to attend a board meeting every two months, and preferably to have input to at least one of our Task & Finish Groups if you can, but really it's about sharing your valuable local knowledge and being passionate about your community – helping

to make a difference in our area.

To become a public representative on the board you must live, work, volunteer or study within the partnership area, and you must be over the age of 16.

Brian Riley, GAMP Coordinator, said; "The work of the partnership is driven by the support and enthusiasm of the Board. The public representative vacancies represent a good opportunity to become directly involved and make a difference in our local community."

If you're interested in applying, please contact the office for an application pack:

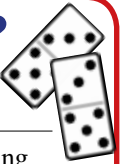
Email us: [gampaap@durham.gov.uk](mailto:gampaap@durham.gov.uk) or

telephone: 01325 327441

The closing date for applications is 5.00pm on Friday 20 September 2019.

## 5s & 3s - Retired?

or may be a keen player looking for a new group, with a bit of time on your hands



Here at the RAFA Club, our once thriving 5s & 3s School is looking for new members to join us in a relaxed and pleasant atmosphere. We meet every Monday, Tuesday, Thursday and Friday from 1.30pm.

01325 314891 or Richard 07931 347414

## Lindisfarne Care Home

Silverdale Place, Newton Aycliffe

## Summer Fair

(Weather Permitting)

**Saturday 10th August**  
**11.00am to 2.00pm**



Tombola - Raffle - Body Shop Stall  
Bric-a-Brac - Cake and Pie Stall  
Refreshments available - Free entry

**\*\* EVERYONE WELCOME \*\***  
**HOPE TO SEE YOU THERE**

## Aycliffe Boxing Club Training Times

### Monday:

6-7pm Juniors  
7-8pm Seniors

### Tuesday:

10-11am Over 50s Exercise/Toning  
6-7pm Juniors  
7-8pm Seniors

### Wednesday:

4.30-5.30pm 6-9 year old beginners  
6-7pm Ladies Boxing  
7-8pm Over 30s Circuit Training

### Thursday:

10-11am Over 50s Exercise/Toning  
6-7pm Juniors  
7-8pm Seniors

### Saturday:

10am-12noon Mixed

**£3.00 per session**

Acorn House, Durham Way North DL5 6HP

**For more info please ring 01325 313855**

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# Calls for Government to Invest in County Durham Hospitals

As NHS trusts are told to scale back requests for capital funding, concerns have been raised about the impact on plans to upgrade two County Durham hospitals.

NHS England and NHS Improvement have instructed trusts across the country to reduce their 2019/20 spending plans after the amount of money requested to fund capital projects nationally exceeded the Department of Health and Social Care's budget.

This includes funding for new buildings, new equipment and IT systems and enhancements to existing facilities.

The spending review has prompted fears for plans to replace the accident and emergency (A&E) unit at University Hospital North Durham (UHND) in Durham City, as well as a proposal to replace Shotley Bridge Hospital near Consett with a new purpose-built facility. The Prime Minister's pledge to invest a further £850 million into 20 hospitals across the country has done little to ease concerns, as neither hospital has been earmarked for funding.

Cllr Lucy Hovvels MBE, Cabinet member for adults and health services at Durham County Council, is calling on the Government to provide County Durham and

Darlington NHS Foundation Trust with the money it needs to deliver these "vital projects."

Earlier this year, the trust set out various options to ensure the future of Shotley Bridge Hospital after securing £17 million to improve the facility. This included plans to relocate some care to the UHND in Durham City, while keeping the majority of services in a new purpose-built facility in north west Durham.

A community engagement exercise took place between March and May to gain residents' views about how care could be provided and a full public consultation is due to take place later this year.

However, potential cuts to capital funding could jeopardise the project.

It is also a major setback for the trust's bid to secure the £23 million needed for a new emergency care centre at UHND. Plans for the facility, which would double A&E capacity, were approved in 2017 and it is hoped NHS Improvement will fund the scheme.

Cllr Hovvels, who is also chair of the Shotley Bridge Hospital Reference Group, said: "These projects are vital for us to continue to meet the health needs of the people of County Durham, which is why it's so

important our local trust gets the money it needs to bring them to fruition.

"A great deal of work has been put into determining the best way to secure the future of Shotley Bridge Hospital. It's an issue that residents feel incredibly strongly about and raise with me time and time again.

"UHND's current A&E, meanwhile, is under ever increasing pressure as admissions continue to rise. The North East deserves the same standard of healthcare as the rest of the country and I am urging the Government to invest in our hospitals and show the people of County Durham that they care."

The information gathered during the Shotley Bridge Hospital engagement exercise is being collated into a report. This will be presented to the council's adult's health and wellbeing overview and scrutiny committee in October and will be followed by a public consultation.

The Shotley Bridge Hospital Reference Group was set up by North Durham Commissioning Group (CCG) and is made up of local councillors, North West Durham MP Laura Pidcock, representatives from the CCG and County Durham and Darlington NHS Foundation Trust and other partners.

# Newton Aycliffe History Lesson

## PART THREE

*Newton News are running a seven week series on the history of Newton Aycliffe. This series was written by County Councillor and local historian John D. Clare and will run from the ice age to present day. If you miss any of the weeks, you can catch up on our website at the end of the run [www.newtonnews.co.uk](http://www.newtonnews.co.uk)*

*This series will compliment the 1950's Beamish exhibition to run in the town centre from 24th July until 14th August and will include various displays of memorabilia.*

There were people living in our area before the Saxons but, to be brutal, if you blinked you would miss the evidence. It's only after about 500ad that we begin to find substantial evidence of the area being extensively settled.

Just the place names tell us a lot about the land that the Saxons found when they invaded the area. In the middle of The Carrs we find 'Bradbury Isle' – a suggestion that maybe the post-glacial lake still survived, at least as a fen. And the name Brafferton – meaning 'broad ford farm' – tells us more about what that area was like when the Saxons arrived. Place names such as Eldon ('hill of elder trees'), Thickley ('clearing in a thick wood') and 'Acle', now Aycliffe (meaning 'clearing in an Oak wood') all suggest the land west of the Skerne was heavily afforested.

The existence of a 'Priest farm' at Preston is intriguing, and most fascinating of all is the place-name 'Walworth'. One of the debates in early Saxon history is whether the Saxons drove out the Ancient Britons (the people they called the 'Welsh') into Wales, as the Chronicles of the time suggest ... or whether like most conquerors they just moved in and took over as rulers of the indigenous population. The existence of a 'Walworth' (meaning the 'Welsh people's house') throws some light on that debate.

There is, of course, a fabulous Saxon Church in Aycliffe Village. It was extensively refurbished in Victorian times, but in Saxon times it would have looked like Escomb Church. There are a number of fragments of cross-shafts, headstones and carvings of Saxon origin, along with the remains of two Saxon crosses. In these days when Christianity was just being established in Britain, the Anglo-Saxon Chronicle records that there were two Church Synods held at a place called Acley in 782 and 789ad, and the suggestion is that these two crosses commemorate those two synods.

If that is true, we can surmise that Saxon Aycliffe was quite a significant place, and – unlike today – the church would have been surrounded by a substantial settlement. There is a story that there is a secret tunnel from the Church to Monks' End, down by the Skerne in the modern village, built so the monks could escape the Vikings. I am sure that story

is a myth, but it reinforces the idea that Aycliffe was once an important Christian venue.

The relic of Saxon times which I find most exciting, however, is a road. If you go to Middridge Village Hall, set off southwards down Walker's Lane and keep walking, you will eventually come out on School Aycliffe Lane. You will just have walked what I am sure was the main Saxon road north – the Saxon A167. The School Aycliffe end of the path is particularly evocative, one of those sunken pathways cut deep by the tramp of thousands of feet, with ancient hedge on either side. It is possible to trace the track also northwards from Middridge, through Kirk Merrington, to where it became the modern A167 after Croxdale.

It wasn't until the Normans that the Carrs had dried out enough to build what we now call the A167 between Aycliffe and Rushyford, and not until 1960s technology that we were able to build the A1M across the Carrs. In Saxon times, therefore, traffic heading north through Darlington and Durham had to take a detour round the marshland, and I am sure they did so via what was still, in a 1634 document, called "the main road to Darlington".

In 937ad, there occurred the Battle of Brunanburh – the battle which established the English nation ... arguably the most important event in the whole of our history. Two Icelandic scholars have recently suggested that the battle took place at Hunwick, and that the English forces marched there from Darlington to fight. If that is the case, then they almost certainly marched up Walker's Lane, before turning east along the Roman road to Bishop Auckland ... so the road in ancient times probably bore the feet that founded England.

I find it thrilling to think of all those Saxon soldiers, traders, carts and animals passing along that road and – when I was out on field trips there with my students – I used to ask the young people to think about those people, and to realise that, just as we were wondering who was walking along that road a thousand years ago, some of those people will have been wondering who might be walking down the road in a thousand years to come. They were, of course, thinking about us, as we were thinking about them, in a moment we were sharing across a millennium.

# PCP THANKS SPORTS ENGLAND/ NATIONAL LOTTERY



Pioneering Care Partnership (PCP) is celebrating after being awarded almost £10,000 to install an outdoor gym in their community garden. Thanks to funding from Sports England Community Asset/National Lottery funding 5 pieces of outdoor equipment have been installed and are ready to use.

PCP's Chief Executive, Carol Gaskarth and Chair, Barry Kneivt gave the equipment a test run Carol said, "We're really pleased to be able to further develop the community garden at the Pioneering Care Centre. The addition of outdoor equipment would not have been possible without funding from Sports England Community Asset/National Lottery. We will be running groups and sessions and will be developing a timetable for general community use. Watch this

space for more information or give us a call."

Barry added, "I would encourage everyone to come and give it a try! Carol and I have had a good workout which has certainly set me up for the day!"

National Lottery players raise £30m every week for good causes, funding arts, heritage, sports, voluntary and charity projects around the UK. For more information on good causes in your area go to [www.lotterygoodcauses.org.uk](http://www.lotterygoodcauses.org.uk) If you would like to find out more please contact us at the Pioneering Care Centre, Carer's Way, Newton Aycliffe, DL5 4SF tel: 01325 321234 email: [enquiries@pcp.uk.net](mailto:enquiries@pcp.uk.net) Follow PCP on Twitter @PioneeringCare and Facebook @PCPandCentre

*Picture: Outdoor gym being used by Carol Gaskarth and Barry Kneivt*

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Post CV to: A-Tech Fabrications Limited, Fulbeck Road, Aycliffe Business Park, Newton Aycliffe, Co Durham DL5 6TX



## Play Café Ready, Set, Go, Programme

Youngsters attending pop-up events at Play Café have been enjoying games and sports skills with David Curry, a Physical Activity Officer, employed by Durham County Council's Culture and Sport Service. David usually works in schools in the east of the county and during the summer holiday, Play Café has been really fortunate to have him work with the children for a few sessions. After 45 minutes of very active play, based on a sports programme developed especially for young children, everyone is ready for their lunch. The Café has been offering our special Meal Deal Lunches, where there is a choice of freshly made sandwiches, crisps, fruit, biscuits and cake which are

collected in a white paper lunch bag.

No one is left out, as before he goes to his next sports session, David collects his Meal Deal too.

A big thank you to David and to Joanne Heron for setting up this joint venture for the families we support, and to The Big Club for hosting the activity.

Play Café receives funding from our seven County Councillors through GAMP, as well as help from TESCO, Newton Aycliffe Rotary Club, County Durham Food Bank and The Big Club. It is a project to offer support to families at risk of hunger during the long school holidays.

Text 07565 134194 or email [aycliffeplaycafe@gmail.com](mailto:aycliffeplaycafe@gmail.com) for more information.



## DARLO F.C. TEAM UP WITH TEESSIDE AIRPORT



Teesside International Airport has teamed up with Darlington Football Club ahead of the new season kicking off this weekend. The airport's logo will be proudly shown on the shirt sleeves of the National League North squad's home and away kits.

The two-year-long agreement comes ahead of Darlington, taking on Farsley Celtic on Saturday. The announcement also comes a week after Tees Valley Mayor Ben Houchen and airport operator Stobart Group brought back the popular Teesside International name.

Tees Valley Mayor Ben Houchen said: "Darlington FC has a rich and storied history and we are proud to be part of that story. We believe this partnership is a win-win for Teesside International Airport and Darlington FC as the football season kicks off. We are also delighted to back another local business – one of my top election pledges." Darlington FC's Commercial Director Craig Morley said: "I am delighted to welcome Teesside International Airport to Darlington Football Club as a main sponsor. I would like to go on record and thank the airport's fantastic staff, and Tees Valley Mayor Ben Houchen as without him 'bringing our airport home', none of this would have been possible.

"Darlington FC will proudly promote the airport on our shirt sleeves both home and away for a minimum of two seasons. Once again backing local businesses are investing in each other, rubber stamping the ethic of keeping business local."

## Youth Justice Service Receives Award for Investing in Children



A service which works with young people and helps prevent them from re-offending has been commended for including children and young people in its decision making.

County Durham Youth Justice Service, formerly County Durham Youth Offending Service, was presented with Investors in Children Status for the work it does to involve young people in decisions that affect them and for its imaginative and inclusive practice.

The Youth Justice Service is a partnership between Durham County Council, Durham Constabulary, probation services and health services.

As well as offering a range of positive interventions such as restorative justice, which sees young people who have offended communicate with their victims to make amends, young people are supported with education, training and employment, health and mental health and with finances, debts and benefits. Young people are also involved in positive leisure activities, often resulting in raising money for charities.

Cllr Olwyn Gunn, Cabinet member for children and young people's services, said: "I'm delighted that the Youth Justice Service has received this award. This brilliant achievement clearly demonstrates the

positive impact that the service has upon the lives of the young people it works with. It is fantastic to see the passion and commitment of everyone involved recognised."

The presentation of the award, at a celebration event in Ferryhill, coincided with celebrations for the second anniversary of the service's Skill Mill project which provides employment in watercourse and horticultural services for young people who have offended.

The programme aims to prevent the cycle of offending behaviour by offering practical real work experience, professional mentoring and nationally recognised qualifications for outdoor work. This helps young people to go on to access employment opportunities.

Recent successes for the Skill Mill team include improvement works at a Peterlee park and on allotment sites as well as step and pathway construction to provide safe access to the River Wear for anglers.

Representatives from the Great North Air Ambulance Service also attended the event, where young people presented a cheque for £500 from their fundraising activities.

Find out more about the Skill Mill project at [www.theskillmill.org](http://www.theskillmill.org)

## AYCLIFFE RADIO

LOCAL RADIO brought to you by LOCAL PEOPLE

### Programme Schedule

IN PARTNERSHIP WITH NEWTON AYCLIFFE TOWN CENTRE MANAGEMENT  
"Aycliffe Town Centre... Shopping for You"



Every Night from 12 Midnight to 3am  
cuddle up and listen to classic "Love Songs"

#### SATURDAY

10-12pm	Saturday Brunch	Sean Lawless
12-2pm	Moderation	Jack & Daz
4-6pm	Northern & Classic Soul (R)	Kevin Sowerby

"The Saturday Night Experience" Sponsored by Bengal Lounge Indian Restaurant

6-8pm	Evening Session	JimJams
8-9pm	Chart & Dance Remixes	Alan Hastie
9-10pm	Retro Tech Trance Mix	02-DJ
10-12am	Street 'n' Drum 'n' Bass	MC Supa

#### SUNDAY

9-10am	Church Service	Xcel Centre
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Crooners Sponsored by MV Mobility

10-11am	Crooners Show	Alan Brown
11-12pm	Reiki Therapy with	Phil Hawkins
12-1.30pm	Sports Round Up (R)	Darren & Lee
2-4pm	Bear Blues Show	Colin McNeillie
4-6pm	Folk/Celtic/Rock Show	Steve & Col
6-7.30pm	MasterPieces	Sean Lawless
10-12am	Paul's Down Time	Paul Kjenstad

#### MONDAY

9-10am	Amy in the Morning	Amy Stevens
10-12am	Golden Years	Paul Baker
12-1pm	A to Z of Pop	Richard Smith
1-3pm	Paul Baker in the Afternoon	Paul Baker
5-6pm	Teenage Tunes	Ellarae Bower

"Through the Decades" Sponsored By Woodham Golf & Country Club

6-7pm	60s Show	Karl Simons
7-8pm	70s Show	Peter Rush
8-9pm	80s Show	CAD
9-10pm	90s Show	Paul Baker
10-11pm	00s Show	Producer Dan
11-12am	Teens Show	Andy Fittes

#### TUESDAY

10-12am	Golden Years	Paul Baker
12-1pm	A to Z of Pop	Richard Smith
1-3pm	Paul Baker in the Afternoon	Paul Baker

Sports Show sponsored by Honest John

6-7.30pm	Sports Round UP	Darren & Lee
7.30-9.30pm	13th August - Les Gibson (Aycliffe Boxing Club)	
	Northern & Classic Soul	Kevin Sowerby

#### WEDNESDAY

10-12am	Golden Years	Paul Baker
12-1pm	A to Z of Pop	Richard Smith
1-3pm	Paul Baker in the Afternoon	Paul Baker

Community Connect sponsored by ROF59

5-6.30pm	Community Connect	Amy & Carrie
6.30-8pm	The Independent Show	Joey Collins
8-10pm	Alternative Aycliffe	Gary & Alby

#### THURSDAY

10-12am	Golden Years	Paul Baker
12-1pm	A to Z of Pop	Richard Smith
1-3pm	Paul Baker in the Afternoon	Paul Baker
6-7.30pm	MasterPieces (R)	Sean Lawless
8-10pm	BeatRoute	Graeme Roote

#### FRIDAY

9-10am	Amy in the Morning	Amy Stevens
10-12am	Golden Years	Paul Baker
12-1pm	A to Z of Pop	Richard Smith
1-3pm	Paul Baker in the Afternoon	Paul Baker
6-8pm	Techno Trance Mix	PVR Studios
8-10pm	Guest Presenter Session	

16th Aug - Nathan Abbott (90s Classix) Guest Chris Flory

Check our website for full schedule  
**[www.ayclifferadio.co.uk](http://www.ayclifferadio.co.uk)**

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Closing date Sunday 18th August 2019

#### NEWTON NEWS

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stu@newtonpress.net**

**YETI OR BETTY?**

Over the last few Sundays a 'Yeti' like creature has been spotted on Aycliffe Business Park, on the land opposite Honest John's Shop. Amazingly this photo was taken last week and hundreds of Yeti spotters have been congregating each Sunday hoping to catch a glimpse of the abominable creature. Then, of course, they cannot resist popping into Honest John's for a bargain, such as actual hair taken from the tree it was last seen in!

**CPI Accelerate Commercialisation  
of Lightweight Products**

CPI is contributing its state-of-the-art facilities and capabilities to a Horizon 2020 project focused on creating an open-innovation test bed for the development and production of lightweight embedded electronics.

The 'LEE-BED' project will run for four years with a consortium funding value of over €10 million. The aim is to de-risk and accelerate the development and manufacture of nanomaterials and lightweight embedded electronics, giving European industry a global competitive advantage as well as creating more jobs in the sector.

Digitisation of the development and manufacturing of functional nanomaterials and printed components is essential to ensure that Europe can compete with markets in the US and Asia. By overcoming challenges such as high costs and limited volume production, the LEE-BED project will provide the infrastructure necessary for the rapid development and pilot production of nanomaterials, inks, adhesives, and composites as well as digitally-enabled pilot production lines.

CPI is one of 17 partners contributing to this EU-funded Horizon 2020 project, with each partner bringing unique skills and capabilities in terms of technology innovation. In particular, CPI's electronics

and formulation capabilities will provide the project with a range of expertise in inks, adhesives and composite formulation, as well as in printable device fabrication, flexible electronics and electronic system design.

The project will enable the enhancement of the formulation, high throughput and electronics integration pilot lines. The new facilities will allow the formulation of nano-enabled inks, composites, adhesives and increase the flexibility of substrate and component integration. CPI's emphasis is on the pilot project phase, with the upgraded facilities enabling an expanded range of applications for end-users of the test bed. This includes embedded electronics in areas such as automotive interior parts, the use of the Internet of Things (IoT) in packaging, and creating functional and fashionable surfaces for applications such as wearables and interior design.

Once the test bed pilot lines have been developed, CPI will play a leading role in the launch of the open-access LEE-BED test bed in 2021, enabling companies to use the new facilities developed as part of the project. The tailored services provided through LEE-BED will enable SMEs, entrepreneurs, start-ups and large enterprises to go from concept to prototype in six months. They will also be supported throughout the supply chain,



with SMEs being provided with funding sources for LEE-BED access.

Neville Slack, LEE-BED Business Development Manager at CPI, said: "The LEE-BED project and the development of the innovation test bed will contribute to the growth of embedded electronics in Europe by de-risking and accelerating the development of sensors and electronic components. It is exciting to be involved in this project and to see the impact that LEE-BED will have on the future of the

electronics industry."

John Cocker, Director of Electronics at CPI, said: "The LEE-BED innovation test bed will have a huge impact on businesses across the nanomaterials, formulation and embedded electronics industries in Europe. The benefits of the cost-effective and accelerated development of sensors and electronic components will have a number of applications in the IoT, wearable electronics, automotive, construction and energy industries."

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**For more information contact Stuart on 01325 300212**



\* Subject to small business relief

**Violin & Piano Concert  
in Bishop Auckland**

Alexandra Lomeiko (violin) and Ana Gogava (piano) will perform together in the fifth and ultimate concert in the 2019 Bishop Auckland Music Society Concert Series on Friday, 6th September at 7.30pm in the Methodist Church. A winner of multiple National awards in her home country of New Zealand, Alexandra Lomeiko moved to London to study at The Purcell School of Music in 2006 and, as a result, had her solo recital debut at Wigmore Hall in October 2009.

Alex is active as a chamber musician, performing regularly with Ensemble Mirage amongst others and enjoys freelancing as a concertmaster, having led orchestras under many distinguished conductors. Together with pianist Ana Gogava, she visits to perform work by Greig, Bartok and Beethoven. A more than fitting finale to the BAMS 2019 concert season! Tickets £13.50 (£15 on the door) available from Brotherton's Music or from Brian Varley (01388) 606075.



**GREAT AYCLIFFE  
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To enter a team please email patricia.boydton@butterwick.org.uk or telephone 01642 628930.

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# ORDINATION TO PRIESTHOOD OF PAUL SPELLMAN



Paul Spellman (front right) from Newton Aycliffe, who went to St. Joseph's Catholic Primary School here in the town and then St. John's in Bishop Auckland, was ordained to the Catholic Priesthood on Saturday 6th July. The ordination took place at St. John the Baptist's Cathedral, Norwich, where Paul was ordained alongside four other men.

Paul has spent the previous four years training at the Pontifical Beda College in Rome, from where he was ordained a Deacon in June last year.

The Diocese of East Anglia had a huge celebration for all those ordained and Paul is looking forward to moving into a parish in Cambridge from the beginning of September.



Some lessons are free, some come at a price and some come with age.

We make a mistake, nobody gets hurt or is none the wiser and we feel we got away with it. But do we come out of the experience any the wiser, or have we simply written it off as an unfortunate accident that could happen to anyone, and give it no more thought? In many ways a lesson is only a lesson when we realise the value of the experience before us and we have the presence of mind to accept it and learn from it. We have learnt the lesson we must then ensure this is reflected in the way we live our life from that point on. A 'mistake' repeated time and time again is no longer a mistake, it's a course of action that we have chosen to make regardless of the consequences to ourselves and those around us. Even the most negative action serves a purpose and the experience or

more importantly the consequences of our actions is transformed into a lesson when we begin to think about what we are doing, why we are doing it and what, if anything, are we getting out of the experience. Ignorance and fear hide a multitude of sins, misconceptions and misguided beliefs about what is possible, appropriate and acceptable, in short the conditioning that we have accepted over time without question. Lessons of any kind challenge what we hold to be true and ask us to open our mind to accept and apply a new and raised level of knowledge and understanding. Lessons learnt provide us with experience, options and new found ability, lessons that go unnoticed or unrecognised will simply be repeated until we do.

# Countdown to Hardwick Live Festival Begins

There's still time to grab tickets to one of the North East's biggest festivals, featuring five stages of music, comedy and a whole host of children's entertainment.

Hardwick Live Festival is just weeks away and preparations are well underway at Hardwick Hall Hotel, at Sedgefield, County Durham, for the site takeover from 17 to 18 August.

And organisers are gearing up to welcome headliners Manic Street Preachers to ramp up the crowds on Saturday, while James will be playing their greatest hits on Sunday.

Fans can enjoy a long list of stars joining them on the main stage across the weekend including The Zutons, Lisa Stansfield, Ziggy Marley, Stiff Little Fingers, Sister Sledge featuring Kathy Sledge and

Billy Bragg. Over on the Discovery Stage, there will be performances from Catherine McGrath, The Craig Charles Funk and Soul Club, The Joy Formidable, Lancashire Hot Pots, Sports Team, Hyde Park Brass Band, Zuzu, Only the Poets, Bloxx and Saint Agnes.

The festival will also welcome world-famous club brands Glitterbox and Retro to the Coachhouse Courtyard for the first time, with a line-up of top DJs including The Shapeshifters, Joey Negro, Paul Taylor and Jeremy Healy.

And another new addition, the BBC Tees Introducing Stage will host ten of the region's rising stars over the two days.

The Dome will return once more with sets from local DJs, featuring headline performances from Denney, Mark Jenkins and Elliot Adamson, along with a comedy line-up earlier in the day.

Families are also catered for, with a whole host of activities in the children's area including circus workshops,

arts and crafts and an inflatable area and roaming entertainers around the site like the Segway Angels and Roarsome the friendly dinosaur.

John Adamson, owner of Hardwick Hall Hotel, believes the event will have something for everyone.

"We have some really exciting plans in the mix for this year's festival and now that the event is only a few weeks away, things are really starting to come together."

"There is a whole range of entertainment for people to make the most of over the weekend and this year is shaping up to be our biggest and best yet."

Tickets for this year's Hardwick Live Festival are currently on sale at £55 for one day or £99 for both days. Concession tickets are available for children and 13-17-year-olds.

Camping and glamping options are available for those who want to immerse themselves in the festival experience.

For more information or to book tickets, visit [www.hardwicklive.co.uk](http://www.hardwicklive.co.uk)

## Environment Awards Exhibition Tour Launched



An exhibition showcasing 30 years of the Environment Awards has started its tour of County Durham.

This year marks the 30th birthday of the County Durham Environment Awards and to celebrate, previous winners and judges joined the Mayor of Bishop Auckland, Cllr Joy Allen, for a preview of the exhibition at Bishop Auckland Town Hall last week.

The awards are organised each year by Durham County Council on behalf of the County Durham Environment Partnership with the aim of celebrating organisations and communities which improve the natural and built environment locally.

The exhibition showcases images and stories from the past 30 years and includes videos of personal thoughts and memories of the awards from some of those involved across the decades.

Steve Bhowmick, environment and design manager at Durham County Council, said: "We wanted to do something special to mark such a wonderful milestone and what better way than to look back over the history of the awards."

"We hope that by touring the county, previous

winners from across County Durham will be able to visit, reminisce and see how the awards evolved across three decades."

The exhibition, can be seen between the following dates at the following places:

- Wednesday, 31 July to Thursday, 29 August – Bishop Auckland Town Hall
- Tuesday, 3 September to Tuesday, 10 September – The Witham, Barnard Castle
- Tuesday, 1 October to Monday, 21 October – Hardwick Hall Visitor Centre

Previous green achievers will join this year's nominees at the awards ceremony at Hardwick Hall Hotel in Sedgefield on Wednesday 23 October. The touring exhibition will be present for ceremony attendees to view.

People are being invited to share their memories of the awards past and present on social media via the hashtag #EnvAwards30.

Ed: I have asked the question of Durham County Council as to why this exhibition will not be brought to Newton Aycliffe, one of the biggest towns in the county and the home of last year's winner. At the time of going to print there was no response.

Newton News are running a series of articles in conjunction with local community organisations, charities and support agencies. The reason for running these articles is to help those residents who may need to make use of the services available.

## Lifeline Community Action

Lifeline Community Action operates from the heart of Newton Aycliffe our primary area of benefit is Newton Aycliffe. We support people when their need is greatest.

We work with a wide variety of people who are all unique and we embrace everyone's individualism and encourage it in those we meet. We understand the difficulties that our communities face, such as losing a job, depression and anxiety, long term unemployment, unmanageable debt, losing a family home and the breakdown of relationships.

**Did You Know that Lifeline Community Action has two Emergency Aid Projects in Newton Aycliffe?**

### Helping Hands

Helping Hands operates out of St Clare's Church on a Monday and Friday between 10am - 2pm. It is our Flagship project set up to help and support people in crisis. The project supports people through the provision of basic and essential household goods and products, anything from washing powder



and cleaning products to bedding. Our dedicated volunteers get these supplies to those who desperately need them.

### Children's Blessings

Children's Blessings project is a successful and well used service currently based at Stainforth Close, Newton Aycliffe which is open Tuesday and Thursday between 10am-2pm. The project delivers support to disadvantaged parents,

babies and children in Newton Aycliffe. The project will provide the essential items needed for a new mum-to-be to take into hospital (if applicable) as well as essential items of clothing and toiletries to ensure that the new baby is given the best possible start in life. With the help from Children's Blessings parents are able to keep baby clean, warm and fed.

If you need help or would like more information about either project, Contact Linzi on 07936 431262 or Email: [linzinicholls.lca@gmail.com](mailto:linzinicholls.lca@gmail.com)

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**OFSTED quote:** "Playday Nursery offers an outstanding provision with high quality teaching provided by highly qualified staff."



## Places Left for Fun Run at Nature Reserve



Places are still left for a fun run round a nature reserve that has been organised by Durham Wildlife Trust for mid-August – with a twist when it comes to the medals they will win.

This year's annual Run Rainton event happens on Saturday August 17 at the Trust's flagship Rainton Meadows Nature Reserve near Houghton le Spring and all those taking part will receive ecologically-friendly wooden medals.

Beginning at 10.30am, the 5k Trail Fun Run will take participants over a challenging circuit of Rainton Meadows Nature Reserve, including Nicholson's Hill.

Advanced entry for the run is available for £10, places must be booked in advance, runners will not be able to join on the day. Ages 6+ are welcome, under 14s must be accompanied by an adult. There will also be stalls including tombola and cake sales, fundraising for the Trust on the day.

The entry fees for Run Rainton go directly to Durham Wildlife Trust, enabling the charity to manage Rainton Meadows Nature Reserve as well as 36 other reserves from the Tees

up to the Tyne.

Membership Development Officer Emily Routledge, herself a keen runner, said: "Run Rainton is always a popular event. Events like these give people an opportunity to get out into the open air and appreciate the spectacular flora and fauna on the reserve, which is particularly impressive at this time of year."

You can find out more about the event, and book a place, [www.durhamwt.com/events](http://www.durhamwt.com/events)

## Coach Trip

New Friends New Places senior group invite you to join them on a coach trip to Whitby on Sunday 25th August leaving Wilkos bus stop at 9.15am and Stephenson Way Cemetery bus stop at 9.30am.

Cost is £5, to book ring Dorothy on 308094 or 07967 901477 after 5pm this Sunday.

Our group also meets every Tuesday from 1.30pm until 4pm at the Navy Club, Burnhill Way, Newton Aycliffe.

## Butterwick Events

### Zombie Run UK

Calling all those who not yet been affected by the zombie virus! We want you to help us save the North East!

On Saturday 28th September 2019 at 11am Zombies are coming to Dirty Dog Airsoft in Shildon to turn those of us who have not yet been affected.

Dirty Dog Airsoft takes us through cabins, woods, over obstacles and much more as the Zombies chase you 5km. Run for your lives, avoid having your 3 life tags taken or there will be serious consequences!

It will cost only £15 to save yourselves from the Zombies! Anyone under 16 is ONLY £10. \*Must be over 12 to participate\*.

Places are limited so be sure to keep your eyes open!

Call Butterwick Hospice on 01388 603003 to book your tickets or for more information, alternatively visit [www.butterwick.org.uk/zombierun](http://www.butterwick.org.uk/zombierun)

### Moonlight Ribbon Walk

Butterwick Hospice invites you to our 2019 Moonlight Ribbon Walk for a second year in a row.

On Saturday 14th September from 7.30pm we will walk and watch as the Blood Moon rises!

After a huge success at Raby Castle last year we are returning for a second year. We are asking everyone to come together to celebrate the life of their loved ones. We are asking all ages and abilities to join us as we trek the fantastic 5k route around the back of Raby Castle.

The walk will begin at 7.30pm, we will walk 5km around the stunning Raby Castle, around the lake and up through the hills. There will be markers around the whole route, a front walker and a back walker. The walk will end as the sun sets and we will return to the beautiful Walled Gardens of Raby Castle

Adult tickets are £13.50,

children under 16 are £8.50 and under 2's come along for free. We have a 'family ticket', which includes two adults and two children's entry's, this ticket will be £40, with a saving of £4. You will receive a medal and a little surprise on the night for your ticket price.

We are asking any participants to just try their best with fundraising and sponsorship, you will receive a pack with a sponsor form when you register, there are also online platforms, Virgin Money Giving and Just Giving, which you will also receive information about in your entry pack.

We are asking our walkers to get dressed up on the night! Dress bright and fun as we celebrate the lives of the ones we love!

You will receive a ribbon in your pack, please write the name of your loved one on this ribbon and wear it as you walk!

We cannot wait to see you all there on the night.

Call Butterwick Hospice on 01388 603003 to book your tickets or for more information, alternatively visit [www.butterwick.org.uk/zombierun](http://www.butterwick.org.uk/zombierun)

### Thank you to

#### John Wade Haulage Ltd

Butterwick Hospice in Bishop Auckland would like to say a massive thank you to John Wade Haulage Ltd for their very kind donation of a skip!

Our gardeners have been extra busy these last few weeks and were struggling to dispose of the waste. (Peter our gardening volunteer, with Chris from John Wade Haulage Ltd).

We called John Wade and a skip was delivered to us free of charge the very next day. Thank you so much! It is greatly appreciated. If you would like to help Butterwick Hospice in anyway please call us on 01388 603003.

## RUNNING CLUB NEWS



Unusually for ARC the focus of racing this week was on the track.

First up was Alan Wilks who took part in the final meeting of the NEMAA league where he competed in the 800m and achieved an O/70 pb of 3.00.04. This meant that overall Alan took first place in the over 70 category in the middle distance league.

Friday evening saw the first Mile Night at Shildon Track organised by Darlington Harriers. A great event which also had a fun run as well as the graded races. We had three members, Ian Baronowski, Sam Baronowski and Jan McLuckie take place in the fun run.

Thereafter three members competed in the graded races. In race D Richard Campbell completed his mile in a PB of 5.22 followed by Andy Talbot in an O/55 pb of 5.43.

In the B race John Surtees won his heat in a time of 4.44 making it a successful night all round for ARC.

The weekend was very quiet on the racing front with only Paul Dalton and Angela Sutherland racing. They both took part in the York 10k. Paul Dalton in 36.44 and Angela in 50.49.

Despite the lack of racing the runners of ARC were still active and doing what

they do best after running – Socialising!!! As it was time for the annual half pint half marathon. This sees the runners starting at a pub just outside of Darlington and making their way back to the Oakleaf Complex by running the distance and stopping in a further 11 pubs in between for a half of whatever they fancy. It is a great social event with some runners taking part in the full distance and some meeting half way.

For anyone interested in joining the club, you can simply turn up at one of our sessions all of which start from the Oakleaf Complex in Newton Aycliffe. Monday night is beginners run at 6.30p.m., Tuesday is endurance/speed session from 7.00 p.m., and Thursday is a track session and this takes place at Shildon Track. Further details can be found on our website or facebook pages or alternatively you can message the club via facebook for more information.



## Try Something New at Greenfield Arts



This season our activities are inspired by 'the extraordinary in the everyday' and include a range of creative courses. Why not explore something new with our exciting new creative opportunities such as print making, cyanotype, jewellery making and mixed media collage as well as popular favourites Yoga and Spanish?

There are a range of workshops and activities for young people with our regular free Art Club during term-time and the chance to express yourself in 'The Big Draw' to be held at Moore Lane Eco Centre, have fun taking part in this National drawing bonanza! This season we are also offering young people the chance to

earn an accredited award through the reputable Arts Award scheme - an exciting new development.

We are thrilled to be hosting an exhibition by renowned local artist, 'Norman Cornish: A Man of Destiny' The exhibition will inform and inspire a number of creative activities including an illustrated talk, opportunities for schools, projects and sketchbook workshops.

You can find out more about our programme at Greenfield Arts. Check out our digital brochure through our website at [www.greenfield-arts.co.uk](http://www.greenfield-arts.co.uk), email [info@greenfield-arts.co.uk](mailto:info@greenfield-arts.co.uk) or call 01325 379048 and talk to our friendly team.

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**... AND ANYTHING ELSE YOU CAN DREAM UP!**

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**Email: [stephen@newtonpress.net](mailto:stephen@newtonpress.net)**  
**[www.newtonpress.net](http://www.newtonpress.net)**



# TRIUMPHANT TRI-CLUB

July has been another busy month for everyone at Aycliffe Tri Club, kicking off the month in style were Danny Shoulder and Graham Atkins who competed in the Castle & Derwent Sprint Triathlon on 7th July. This was a 750m swim in Derwent Reservoir followed by a 20km cycle, a single lap of the reservoir, and a 5km run along the shoreline. Graham finished in 7th place in the veteran age category with a time of 1:23:56 and Danny finished 11th in with a time of 1:27:49. Great racing by our vets!

On the 11th July Danny Shoulder and Brett Lambert represented ATC at the Elvet Striders Willow Miner Trail Race. A 5.4 mile 'undulating' trail run. Out of the 175 runners Danny

came in with a time of 44:38 52nd overall and 27th in his age group, Brett's time was 46:05 which was 63rd overall and 30th in the same age category.

At the Washington Sprint Triathlon on 14th July ATC members Den Dale, Jim Wilson & Mick Casey; this was a 400m Swim, 21km bike and 5.5km run. Mick came 2nd in his age group with a time of 1:24:02, in the same category Jim finished 4th with a time of 1:32:19 and Den completed in 1:34:03 setting a course pb for him. Well done guys. Another running event on 19th July saw Trevor Dixon and Ryan Pearson compete at the Sedgefield Harriers cross country handicaps; a 10km undulating course saw Trevor finish in a time of 38:46 and Ryan in 46:48.

Swimming this time; Peter Jarps competed in the Castle Howard 2.5km Open Water swim event on 21st July, Peter finished in a time of 51:25.

Seven ATC members took on the award winning Triology Super Sprint Triathlon on 25th July. Humid conditions saw Zoe Savage place 9th in the Senior Women Category with a time of 56:26.7. In the V60 category ATC achieved 1st & 2nd! Mick Casey was 1st with a time of 53:24.3 and was closely followed by Jim Wilson in 2nd in 54:23.8. Peter Jarps, taking on his first ever triathlon, finished 16th in the V50 category with a time of 55:20.9. Well done Peter. In the V40 category there were some interesting tactics employed during the swim between Ian Readman and Danny Shoulder ("you're pulling my leg" I hear you say). Ian finished 7th in the category with a time of 45:22.4 (a course pb for him), Danny finished 15th with a time of 48:16.7.

The Senior men saw Tom Graham finish with a time of 51:42.6 coming in 10th position. An awesome achievement by all. A special mention to all of the club marshal crew who volunteered and cheered them all on.

The 28th July was a very busy and emotional day for club members. Zoe Savage completing the Lakeland 50 trail race in treacherous conditions. That's 50 miles and 9,500 feet of climbing in the Lake District, Zoe completed in 16:04:07.

On the same day Andy Greathead competed in the Outlaw full distance triathlon. This was a 2.4 mile swim, a 112 mile bike and 26.2 mile run. Andy started well with a pb in the swim coming in 10 minutes under his predicted time only to be told by a marshal that for safety reasons the bike leg had been cancelled due to torrential rain and flooding on the course. Despite this bad news Andy pulled himself together and completed the marathon. Andy finished the swim / run in a fantastic time of 4:48:24 which was 20th in his age category as well.

Also on the 28th July ATC had 5 club members competing in the Redcar Sprint Triathlon, a 750m sea swim, 20km bike and 5km run. In the V60 category Mick Casey finished 4th in a time of 1:31.34 and Jim Wilson finished 7th in 1:39.43. The V50 category saw Graham Atkins finish 11th with a time of 1:22.01. In the V40 category Danny Shoulder was 21st completing in 1:23.36 and the Senior Male Category saw Chris Burtenshaw finish first for the club in a time of 1:20.12 which was 22nd in the category. Awesome effort by everyone.

Another fantastic month as the club goes from strength to strength. Well done everyone.



**If you're strong, determined & passionate... WE WANT YOU.**

**PLAY RUGBY WITH NEWTON AYCLIFFE**

Pre season training  
Tues & Thur 7pm, Sat 11 am  
Newton Aycliffe Sports Club, Sports Lane

Newton Aycliffe Rugby Club are always looking for new members. Currently recruiting male players 17+ to join our current senior squads.

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Contact our Director of Rugby  
**Peter Ryans: 07796 172599**

@aycliffesrugby

# Hard Battles Give Coates Snetterton Win



## N.A.F.C. REPORT

## Whickham Too Strong for Aycliffe in Season Opener



Newton Aycliffe lost their opening game of the 2019-2020 season, going down 3-0 at home to Whickham at the Beaumont Landscapes Stadium, Moore Lane. The first 20 minutes constituted a cagey start, with both sides looking nervous on their return to league action. Good chances were few and far between until the 37th minute, when Finnegan blasted a free kick straight into the Aycliffe wall from a central position just outside the box. Whickham were having the better of the play, and went ahead on 42 minutes. A cross from Aycliffe's left reached the six yard box and in the scramble that followed, Finnegan poked the ball home.

Aycliffe keeper Adam Pickford made a superb triple save 2 minutes into the second half, to keep out Whickham. Aycliffe came back into it, with Dean Texiton and Shaun Ryder both having good efforts. However, Whickham extended their lead when Thear was left free on the left and he had time and space to rifle it past Pickford for 2-0. Aycliffe pressed as

they tried to get back into the game, with substitute and man-of-the match Johnson Ballan playing well up front; Shaun Ryder hit a strong shot straight at Whickham keeper Bartlett but Whickham came back and scored a third through a penalty by Finnegan to take the three points.

Aycliffe now move on to two games against newly promoted Northallerton Town. The Newtonians visit the Calvert Stadium on Wednesday 7 August for a league game. The two sides then meet again just three days later at the Beaumont Landscapes Stadium in the Extra Preliminary Round of the Emirates FA Cup. The world famous competition has 736 entrants this season with 368 of them starting this weekend.

**Next home game:**  
Saturday 10th August  
(KO 3:00pm)  
Emirates FA Cup Extra Preliminary Round  
**Newton Aycliffe**

**Northallerton Town**  
Admission £6 adults, £4 concessions. (Please note that Season Tickets are not valid for FA Cup games).



Coates qualified his Primex Plastics and RPC bpi PLASgran sponsored car in 3rd and 2nd positions for the weekends two races respectively, narrowly missing out on two front row starts. In fact the front three drivers on the grid were separated by less than three tenths of a second for race one and just half a tenth in race two.

The Yorkshireman made a good start in race one but couldn't make up any places as he entered the first few corners. He took a watching brief in the early stages until an overtake gone wrong between the leading two cars opened the gap for Coates to pounce. Immediately up to 2nd the Harron Homes backed driver set-up the move to take the lead at the turn four hairpin passing team-mate Jamie Bond. Coates looked set to take the win despite constant pressure from Jack Young behind until heavy contact from his chief title rival caused Max to lose the lead. The damage caused a puncture on the final lap which left Polydist UK sponsored Max to manage the final four turns with very limited grip, crossing the line in a cloud of smoke in 6th place.

In the second race the RMB Automotive and Bennett Renault backed car started well hanging onto 2nd position. The leader was given a 10 second penalty

for a jump start thus promoting Max into the lead early in the race. Then contact again from his title rival who forced his way past Coates into the then lead of the race. Coates stayed right with Young to the flag despite battling handling issues caused from the earlier contact.

After the race Coates was awarded the win following a penalty for Young who had been deemed to have gained an unfair advantage in the overtaking move to gain the lead.

Later Coates said, "The race two win has made up for the disappointing finish to race one which got a bit hairy at the end with the puncture. It's shaping up to be a very close battle at the front with a number of drivers able to make an impression on the podium. Thruxton is next and it's a track I had two podiums at last year, it is the fastest track in the country and it's always a challenge." Max and the team have two weeks to prepare for the Thruxton event down in Hampshire on the 17th and 18th August where the Renault UK Clio Cup will be again supporting the British Touring Cars. Max will go into the event as the championship leader, just six points ahead, with race two scheduled to be broadcast live on ITV4 at 13:45 on Sunday 18th.

Photo Jakob Ebrey

## GREAT AYCLIFFE TOWN COUNCIL

*Dates and Times of Statutory Meetings of the Town Council and its Committees*

**Wednesday 4th September 2019 - 7.15pm**  
**Environment & Recreation Meetings**

NOTE:- Further information on Public Participation and Public Questions can be obtained by visiting the Council's Website: [www.great-aycliffe.gov.uk](http://www.great-aycliffe.gov.uk)

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# SUMMER AT WELLBEING FOR LIFE! RED BOX UPDATE

Are you stuck for things to do this summer? If you're interested in learning something new and want to improve your health, happiness and overall quality of life – jump at all the fantastic opportunities Wellbeing for Life are bringing your way! The Wellbeing for Life team want to help you make the most out of every day by exploring and creating activities and opportunities around you. The FREE service has experienced staff and volunteers who will work with you to give any advice and support you need.

Why not come along to the upcoming Family Fun afternoon sessions running for three weeks in Leeholme, Chilton or Middlestone Moor? Or take up something new and find something that interests you on the Wellbeing for Life training calendar! There is something for everyone including the Peterlee Park Fun Days, Pirates in the Park and the Wizard of Oz Wellbeing Walk all through August! In September the Wellbeing for Life team have arranged loads of fun filled and healthy activities for all as the school summer holidays come to an end. Discover a whole new diet plan in the following Eatwise classes; Exercise, Socialise or Drop a Size! Take part in the Happy Wednesday groups or enjoy the Great Annual Savings WBFL Health Check Event! Learn some new skills or spend

the day interacting with family and friends... and all activities are totally free!

As well as a wide range of family events such as fun days and children's activities, Wellbeing for Life provides an incredible range of services that can support you in improving your lifestyle including: active courses, improving mental wellbeing, cancer awareness, drug and alcohol awareness, training and volunteer opportunities and so much more! The team deliver activities, group sessions and courses based around these subjects all around County Durham – so don't miss your chance to get involved! Follow the Wellbeing for Life social media accounts for more calendar updates around upcoming classes, activities or events!

For further information about Wellbeing for Life please contact us at Healthworks, Paradise Lane, Easington Colliery, Peterlee, County Durham, SR8 3EX  
Email: cdda-tr.WBFL@nhs.net  
Website: www.wellbeingforlife.net  
Tel: 08008 766887  
or follow WBFL on  
Twitter: @WBFL\_Durham or Facebook:  
www.facebook.com/CountyDurhamWellbeingForLifeService



This week the Red Box Project collected wonderful donations from the ladies at St. Elizabeth's Church 'Knit and Natter' group (who meet on Monday's 2-4pm); Newton Aycliffe Library and The Thames Diner.

Thank you once again for your kindness and generosity.

With your help we are continuing to support our local girls and young woman and our store cupboard is well stocked. As we move towards the new term we are particularly keen to supply all of our schools with winter tights and this will be our priority in the next few months. The Project relies on your donations and every little helps.

We also welcome Nemesis Cheerleaders and Athena Gymnastics into the Red Box Project. Thanks to the generous donations from local people we are able to expand our service beyond our local schools to help young women all over the town. It just goes to show:

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## "Socialists Created The Town We Live In"

Dear Sir,  
I hope that in the interest of encouraging a balanced debate, you will print my response to Mr Taylor-Sholl's letter from last week, in which he seemed to link the EU and socialism to a range of challenges facing our society. I would like to offer an alternative narrative to his ideas if I may?  
Mr Taylor-Sholl claimed that Europeans don't want socialism, citing tensions in Germany and France to make his point. I'm not sure how many Europeans he surveyed to reach this conclusion? For years, the majority party of Germany has been the Christian Democratic Union, a CENTRE-RIGHT party (not socialist at all). President Macron of France is categorically Centrist (also not socialist), and the protests in Paris have been regarding a whole manner of

issues, most recently climate change.

Mr Taylor-Sholl also somehow linked socialism to an 'erosion of morality', and problems with lack of community, policing and rising crime. Rather than blame socialism or the EU, why not cite the countless years of conservative austerity which has decimated schools, hospitals, social care and other public services, reducing the quality of life for millions of hard-working people? No wonder people seem to care less about their neighbours when they are barely able to supply for their own families. Since the late 70s, free market economy policies initiated by Thatcher and taken on by subsequent governments, have led to one social and public health disaster after another. Not only that, but they have encouraged a 'me first' society whereby individuals are rewarded for looking after their own, whilst having to put up with longer waiting lists, poorer schools and fewer police on the beat. Meanwhile, easily identifiable and vulnerable minority groups (e.g. young people, benefit claimants and immigrants) are wrongly



vilified for the ills in society created by this politics. Mr Taylor-Sholl mentioned crime in London. I grew up in Aycliffe and currently reside in the capital. Every week there are reports from Metropolitan Police saying they are on their knees under this government and that cuts to police numbers are directly linked to the rise in violent crime. People are often quick to admonish London's Muslim Mayor, rather than those responsible for the cuts, who seem to be doing okay for themselves despite austerity (anyone seen George Osborne or David Cameron in a food bank recently?). Finally, I find it hard to see how we can blame socialism for problems in the UK today, given there has not been a hint of socialism in our government for decades. As residents of Aycliffe, we should be proud of our socialist roots. After all, was it not a socialist government who created our NHS and created the very town in which we live? Yours faithfully, D. Turgoose DL5 & SW16

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## Spare a Thought for Small Furies as Temperatures Rise

As the UK prepares itself for even hotter days, vets are reminding owners to protect small furries from soaring temperatures by keeping them away from direct sunlight and with plenty of fresh water. A recent survey undertaken by the British Veterinary Association (BVA) found that there had been an increase in the numbers of companion animal vets treating smaller pets for heat related conditions with just over one in seven (15%) saying that they had treated a rabbit. Rabbits, guinea pigs and other small furries such as

hamsters cannot sweat or pant so it is up to owners to help them regulate their body temperature. Long haired breeds of rabbits and guinea pigs or those which are overweight will also have a tougher time staying cool. BVA advises that hutches, runs or indoor cages should be protected from direct sunlight, kept well ventilated, and if needed, moved to shadier spots as the sun moves during the day. We also recommend double-checking that fresh water is easily accessible and that there is a shaded place for pets to hide. In high temperatures, fly-strike can also be a life-threatening risk for rabbits so a daily inspection around their back end and under their tail is essential. Veterinary advice should be sought immediately if your pet is affected.

**Top tips:**  
• Make sure pets always have adequate fresh water to drink and check for blockages in water feeders.  
• Provide adequate ventilation at all times.  
• Provide shade from the sun, especially during the hottest part of the day.  
• Watch out for early signs of heatstroke, such as heavy panting, restlessness and lack of coordination.  
• Contact a vet immediately if the animal does not respond to efforts to cool it down.  
• If heatstroke or any other heat-related condition is suspected, pets should be taken to a cool, well-ventilated place and given water to drink while seeking immediate advice from their local vet.

## For Sale

**RENT** a washing machine only £4.99 per week, no deposit, fully maintained. Bargain Buys, Shafto Way, 01325 321 678  
"ALL SORTS" Charity Shop next to St. Clare's Church Hall is open 10.00am to 1.00pm every Tuesday, Thursday and Saturday. New stock now in place, a huge selection of items, everything but the kitchen sink! It's worth a call to see what may be the best selection in town. Every penny made will continue to be donated to good causes. The shop is run and funded solely by Godfrey Bennett, who would like to thank all his many supporters.  
**NEW** Double divan quilted Damask mattress. Delivery arranged. Tel 07789 113343  
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## Soduko (Easy, difficulty rating 0.43)

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# MRS GALAXY UK 2019 PROMOTES BODY POSITIVITY

Kayleigh Atkinson, who was recently crowned Mrs Galaxy UK 2019, visited King James I Academy at the end of term to deliver motivational assemblies on body positivity to students in Years 7-10.

Kayleigh decided to enter the UK Galaxy Pageant to show young people that they do not have to conform to media stereotypes to be a success. As a plus-size lady, she defied the pageant stereotype to claim the Mrs Galaxy title and is set to travel to Orlando in August to compete for the title of Mrs Galaxy International.

Invited to King James by Mrs Cross, Director of Learning for Religious Studies and Co-ordinator of PSHE (Personal, Social, Health and Economic) education, Kayleigh delivered body positivity assemblies to students throughout the day. As a fully qualified Paediatric Nurse and Mental Health Nurse, Kayleigh has seen first-hand the negative impact that attempting to conform to an unrealistic body image can have upon young people.

"The increasing pressure from social media and TV to be 'perfect' is affecting both the physical and mental health of our children," she said, "and we have got to do something to stop it. The fact is that this concept of perfection is totally false; young people are pressured into modelling themselves on celebrities whose publicity photographs are manipulated to completely reshape their body, erase blemishes and even create the appearance of muscle tone. It simply isn't real."

Students heard about Kayleigh's personal experience with her weight and the idea that being slim was the key to happiness; however, after dieting to lose over five stones she realised that this was not the case. She talked about how she had spent her life focusing on the image standing before her in the mirror and allowing



that to take over and define her as a person. "After my weight loss I was surprised to find that I still wasn't truly happy," she said. "I realised then that I needed to look beyond my appearance and love myself for being a good person."

Kayleigh now has a much more positive attitude towards herself because she has discovered the things in life that bring her happiness and a sense of personal achievement. Each Sunday, she takes to the streets of Newcastle to deliver food to homeless people and she recently travelled to Morocco to donate clothing, toiletries and games to orphans. Helping young people in her local area feel more positive about their body and recognise their value in the world regardless of how they look is also extremely rewarding.

"I want to show everyone that we are not defined by our outer shell," she said, "but by the good things we do to help others and the part we play in creating a better society. If we can teach our young people to be kind to

themselves and each other, and to seek fulfilment from positive acts, we will have a much happier and healthier generation for the future."

## M.R.I. Scanner Appeal

If you would like to make a donation to our MRI appeal or get involved:

- Visit the 'justgiving' website at [www.justgiving.com/cddft](http://www.justgiving.com/cddft)
- Send a cheque to: Cashiers, Darlington Memorial Hospital, Hollyhurst Road, Darlington, DL3 6HX. Please make cheques payable to: Co Durham & Darlington NHS FT Charity.
- Pick up a donation envelope with more information, from one of our waiting areas or wards.
- Text **SCAN02 £10** to 70070 to donate £10 to CDDFT.
- To discuss fundraising or for more information, ring 01325 743786 or email: [cddft.charity@nhs.net](mailto:cddft.charity@nhs.net)
- Follow us on twitter: [@CDDFTCharity](https://twitter.com/CDDFTCharity)
- Find the charity on Facebook

## READERS' PHOTOGRAPHS



Green fingered June Job of Maling Green has grown this lily from a small pot plant to the beautiful example it is now. Send your photos to [paul@newtonnews.co.uk](mailto:paul@newtonnews.co.uk)

## Congratulations

**Jennifer Howe**  
(nee Degnan)



**Happy 50th Birthday**  
(31st July)  
Love from all the family

**Kadey Leigh**  
"My Little Tinkerbell"

**Happy 3rd Birthday**

As soon as I hear your lovely voice, it makes my heart smile. You're so cleverrr and talented, you would win BGT by a mile. Every moment we spend together is just full of fun, fun, fun, then we sing our quiet song when the day is done.

And when you're tucked up in your bed, you look so gorgeous as I stroke the curls upon your head. And say sweet dreams my little Tinkerbell.  
LYTMMTFUARAEMTT  
Auntie Pam xxx

**Patrick-Joseph Watson**



**Happy 1st Birthday**  
10th August 2018

Hope you have an amazing day. Lots of love from Mummy and Daddy xxx

**Patrick-Joseph Watson**

**Happy 1st Birthday PJ**  
10th August 2018

Lots of love from Nanna, Grandad Sid, Grandad Joe, Michael, Philip and John xxxx

**Patrick-Joseph Watson**

**Happy 1st Birthday**  
10th August 2018

Lots of love from Grandma and Grandpa xxxx

## NEWTON NEWS

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## Obituary

**Christopher Joseph Furey**  
Newton Aycliffe

3rd August at Bethany House; Christopher Joseph, aged 79 years. A good friend to many. Funeral Friday 16th August. Would friends kindly meet for Service in Wear Valley Crematorium, Coundon at 2.30pm. No flowers please.

**Marilyn Llewellyn**

Passed away suddenly on Monday 5th August. Loving Wife of Brian; Daughter of Reginald Williamson. Never to be forgotten.

*Punch has lost his Judy*

**Susan Gourley**  
(Sue - nee Trevor)

Passed away peacefully at home surrounded by her loving family on 3rd August, aged 61 years. Dearly loved Wife of Colin; forever loved Mam of Emma and Shaun; treasured Daughter of Doreen; loving big Sister of Keith and Ann. Would family and friends please meet for a Service at St. Clare's Church, Newton Aycliffe on Thursday, 15th August at 9.45am, followed by a private Cremation Service. Family flowers only please, donations in lieu to Macmillan and Marie Curie.

**Fiona McKenzie Laycock**  
(nee Fraser)

Deep sorrow, sadness and broken hearted grief at the untimely and unexpected death of a treasured Daughter, Sister and Auntie. Tragically taken from her loving family on 30th July 2019. R.I.P. dearest Fiona, 'Beannachd Leat'. Always in our hearts and memories. Dad and family

**Linda Lynn**  
(nee Bousefield)

It is with deepest sadness that we announce the passing of our Mam, aged 97 years. Darling Wife of her belated Husband George; a precious, loving and devoted Mam to her three Daughters, two of whom, Ursula Jean and Miriam, especially cared and loved their Mam through her later years devotedly; Nana to David, Sarah, Lynn, Wendy, Deborah, Ian, Stephen, Andrew and she was also a Great-Nana. Linda was a true friend to ALL the staff in Rose Lodge Care Home, Cobblers Hall, Newton Aycliffe, where Mam was lovingly cared for over thirteen wonderful, happy years. We cannot thank the entire staff of Rose Lodge enough for all the care and loving attention they gave Linda and family right to the end. They were simply the best we could have wished for. Mam had a heart of gold and will be in our hearts forever. Friends please meet (possibly wearing something red) at Wear Valley Crematorium, Coundon, Co. Durham DL14 8NR on Tuesday 13th August at 2.30pm for a celebration of Mam's life. Close family may leave from Daughter Jean's home.

## Birthday Remembrance

**Brian Dunn**  
9th August

Memories of more happier times in my heart will always stay, I'll treasure each and every one, till we meet again someday. Always in my thoughts and loved forever. Your loving Wife Margaret xxxxxxxxxxxxxxxxx

**Brian Dunn**  
9th August

**The Best Little Dad & Grandad in the World!**  
Another year may have gone along, still our memories of you remain ever strong. We could never stop loving and missing you, there's no Dad and Grandpa quite like you. Deeply loved and missed always. Love from all your Bairs and Grandbairs xxxxxxxxxxxxxxxxx

## Coach Trip

A coach trip to Durham Adventure Park is planned for Monday 19th August, cost £5 which includes entrance and coach fare. Partly funded by Livin.

Newton Aycliffe Junior Neighbourhood Watch would like you to join us on this trip, leaving Silverdale Place 9.15am, Horndale 9.30am and Wilkos Town Centre at 9.45am.

Seats must be paid for to secure a place ring 308094 or 07967 901477 after 5pm Sunday.

## Thank You

**THANK YOU** - On Friday 26th July near Moore Lane, I would like to give a thank you to the men who helped my son and his friend.

**newtonnews**  
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**Loraine Sivell**

A loving lady and friend.  
Always in our thoughts.  
Marie El-Hakim and Family.

**Ann Tomlinson**  
Died 13th August 2016

To our beautiful Mam and Nanna. Our hearts have been broken since the day you had to go. And the memories we treasure dearly are in our tears that still flow. Deeply loved and missed. Lyn, Stan, Sharon, Nigel, Tony, Karen, Grandchildren and Great Grandchildren xxxxxxxx



## Aycliffe C.C. CRICKET SCOREBOARD



Newton Aycliffe Cricket Club's 1st team, sponsored by Franks the Flooring Store had a disappointing day when they were comfortably defeated by 67 runs at home to promotion chasing Guisborough 1st XI in the NYSD 2nd division. The visitors were asked to bat first and scored what looked like a below par 132 all out after 49.1 overs. Fast bowler James Layfield-Carroll (sponsored by Signature Tiling) was in terrific form for Aycliffe taking a career best 6 for 37 and he was supported well by Patrick Howe who finished with 3 for 32. In reply, only James Layfield-Carroll (13 runs) and Chris Palmer (10 runs) managed double figures as Aycliffe were skittled for just 65 after 27.2 overs. The 2nds lost for only the third time this season, going down by six wickets away at Guisborough 2nd XI in the NYSD 4th division. After being asked to bat first, Aycliffe scored a respectable 148 for 6 in their allotted 40 overs thanks to captain Joe Haines (sponsored by Pheonix Energy) third half century of the season when he scored 55 from 110 balls. Dan Weldon

also batted well scoring a typically belligerent 32 from just 35 balls and Adam Gittins chipped in with 25 from 58 balls. In reply the homeside eased to a straight forward victory with six wickets and eight overs in hand. The U13's finished their league season in style with an excellent 60 run victory at home to Sedgfield in the NYACC League. Aycliffe were asked to bat first and reached a competitive score of 113 for 3 in their allotted 20 overs. Captain Tom Dearden again led the way for the home side with 30 runs (retired), Adam Shaw kept up his excellent recent form with 28 runs and Harrison Pearson (14 runs) and Dan Heaton (11 not out) batted well at the end of the innings. In reply Sedgfield were dismissed for 52 after 18 overs thanks to some excellent bowling from Aycliffe's Alfie Spensley and Harrison Pearson, who both took three wickets and all rounder Tom Dearden chipped in with two wickets. *Photo: Newton Aycliffe Cricket Club's u13's team after their victory at home to Sedgfield.*

# CROSSFIT ALL OUT STORM GLACIER GAMES

On Saturday 20th July, 6 teams from CrossFit All Out battled it out throughout the day at The Glacier Games. This was a team event, consisting of 4 individuals in each team; 2 males and 2 females. There were 3 divisions, based on the ability of the athletes in each team.

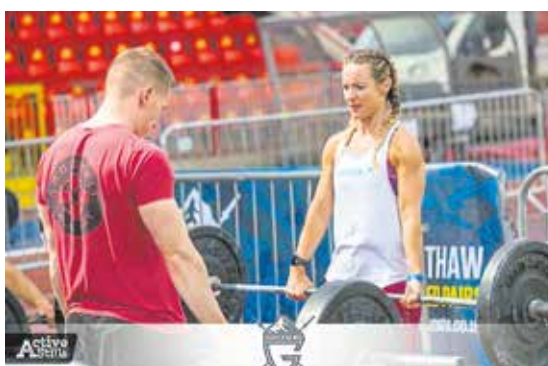
The day started out pleasant with a little sunshine, however the weather soon took a turn for the worst, and the teams found themselves participating in 3 workouts in the pouring rain. The first workout involved finding a one rep maximum weight for 4 deadlifts, 4 hang clusters and 4 overhead lunges. The second workout consisted of sprints, ski and bike erg calories, bar muscle ups, pull ups and rope climbs.

The third involved 2 athletes accumulating calories on the rower, whilst the other 2 athletes worked through 20 syncro deadlifts, a sprint to the wall, 10 burpees over the wall and lunges back to the start (on minute 7 and minute 14 all athletes also had to run 400m).

**RX Category**  
Team The Birds and The Beards – Becky Auton, Chris Knight, Claire Dale, Michael Couch (9th Place) with a best finish of 5th place in WOD 2

**Team Lightweights** – Bex Shaw, Carol Mohan, Matthew Taylor, Tom Morgan (11th Place) with a best finish of 5th in WOD 3A

**Scaled 1 Category**  
Team Mighty Morphin



Flower Arrangers – Adam Innes, Daniel Woolley, Janet Roote, Sophie Moffatt (30th Place) with a best finish of 7th in WOD 3A  
Team Frantastic 4 – Danielle McAlpine, David Little, Donna Dale, Matthew Bayne (44th Place) with a best finish of 29th in WOD 2  
**Scaled 2 Category**  
Team Random – Andrea Lynagh, Dave Cooke, Nicola Jacques, Zack Cooke (10th Place) with a best finish of 5th in WOD 3B  
Team Don't Do Double Unders – Josh Burlison, Marie Levitt, Sophie Bentley, Troy Hemmings (12th Place) with a best place finish of 8th in WOD 1.

Due to unforeseen circumstances, 2 athletes from 2 of the teams had to drop out during the event, however both Frazer Macintosh and Phil McAlpine (members of All Out) who were spectating that day stepped up to the

challenge and took the places of the athletes, so that their teams could carry on competing that day.

Frazer joined team Mighty Morphin Flower Arrangers and Phil joined team Frantastic Four, both wearing borrowed items of kit from the other athletes. They did an excellent job at stepping in for the other All Out members. Head Coach Terry Anderson said, "another great event in Gateshead which members enjoyed as both participants and supporters. The commitment from these athletes to continue competing outside, in heavy rain, is impressive and shows the kind of character that it takes to truly enjoy the sport of CrossFit, no matter what obstacles arise. Credit to those who jumped in last minute to replace members that couldn't compete. We had some fantastic results on the day and are proud of everyone who took part."



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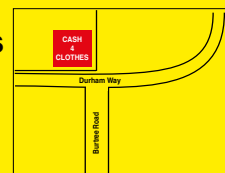
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