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## Crossfit All Out Celebrate Fifth Birthday



On Saturday 19th January local CrossFit gym "CrossFit All Out" celebrated 5 years since opening.

Husband and wife Terry and Vikki Anderson took a leap of faith back in 2014 when they finally opened the doors to their gym on Aycliffe Business Park, after a 2 year struggle to gain planning



permission for change of use of their premises.

Terry, who is also Head Coach at the facility said, "Looking back we can't quite believe we managed to do it, with 2 young children and Vikki still working alongside running the business. I worked over 70 hours per week for the first couple of years and I'm really not sure how we managed to deal with it all to be honest, but we did and with a lot of fantastic support we've now reached 5 years as a successful business with a great team." Vikki added, "Nothing can prepare you for the rollercoaster of having your own business. There is always pro's and con's of

course, but we have so much support and to have over 30 people still with us since 2014, with new members being made to feel just as welcome, we really couldn't ask for more. Members have proven that CrossFit is for everyone as we have people from all walks of life, some who never exercised at all before joining and some who now have the bug for competing across the country. It has literally changed so many people's lives for the better. Members of our weekly CrossFit kids, family and over 50's classes are the icing on the cake. We would like to thank everyone who has supported us during the last 5 years and we hope to continue to grow this unique 'sport of fitness' within our hometown, for everyone to enjoy. We've recently added extra gymnastics, strongman, 'engine' and track sessions for members and are always looking for ways to improve and develop our services." For more information about CrossFit All Out please contact Vikki on 07788 123321 or see the website [www.crossfitallout.co.uk](http://www.crossfitallout.co.uk) or social media pages.

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## Durham City Chinese New Year Celebrations



Durham is preparing to celebrate the entry of the Year of the Pig in true Chinese style.

The Chinese New Year, which falls on Tuesday 5 February, will be celebrated with traditional music, dancing, storytelling, arts and more across Durham City on Saturday 9 February. Entry is free to the event, which has been organised with support from Durham County Council, Durham BID, Durham University, Durham Chinese School and Durham Markets.

Traditional lion dancers will perform in Millennium Place at 12.30pm, when in a ritual said to bring good luck, Councillor John Lethbridge, the Mayor of Durham, will catch a lettuce from the lion. Further lion dance performances will then take place around the city centre throughout the afternoon. Durham Town Hall will host a wide range of activities between 10.30am and 3.30pm, including:

- Chinese-themed performances by pupils from Shincliffe, Langley Moor, Neville's Cross, Bearpark, St Margaret's and Framwellgate Moor schools, who have been supported by University students;
- Traditional Chinese music, songs, dancing, Tai-Chi, fashion show and Chinese-themed jazz dancing by members of the Durham University Chinese Students and Scholars Association (DUCSSA) and pupils and parents from the Durham Chinese School;
- A Chinese tea ceremony, calligraphy, craft activities,

chopstick activities, traditional handicrafts and seal and hairpin making and opportunities to buy New Year novelties;

- Chinese horoscopes led by Durham County Council's International Office.

Clayport Library will host Chinese language taster sessions and storytelling sessions between 11am and 2pm, led by staff and students from the University's School of Modern Languages and Cultures (MLAC).

To complement the city centre celebrations, Durham University's Oriental Museum will also host special activities. On Saturday 9 February, visitors can make Chinese lanterns and paper cuts to decorate the Museum. Then on Tuesday 19 February, the museum will be open until 8pm for a New Year Lantern Festival, with traditional crafts, refreshments and stories and a gallery hunt.

## Film Show

### “MR IMPERIUM”

The “Feel Good Film Show” at St Clare's Church on Tuesday 5th February features the romantic drama “MR IMPERIUM” starring Lana Turner, Ezio Pinza, Cedric Hardwicke and Debbie Reynolds. A singer and a stranger fall in love, have to part, meet up years later, a real mix up between love and duty. Feel good or heart breaker? That would be telling. Everyone is welcome, please come and enjoy.

Tea and coffee are served at 1pm, included in the £2. The film starts at 1.15pm. A variety of chairs are provided for your comfort, and tables so that you can bring a spot of lunch to eat while you enjoy a great film in friendly company. For further details ring Ric Hargreaves 01325 316755.

## Councillors' Surgeries

### Shafto, Central and Neville Ward

Councillors Sarah Iveson and Jim Atkinson will be in attendance at St. Mary's Meeting Room, Burn Lane on Saturday 9th February from 11am - 12 noon.

**Valentine's Day**  
14<sup>th</sup> & 15<sup>th</sup> of February  
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## February Entertainment Guide

- Saturday 2nd** Concert Hall: Soul Addiction supported by Howey's Disco £5  
**Saturday 2nd** Music Lounge: Vocalist “Dexy” - Free entry  
**Sunday 3rd** Music Lounge - Young Vocal Entertainer “Marc Judd” from 3.30pm - Free entry
- Friday 8th** Sheraton Bar: Private Party  
**Saturday 9th** Concert Hall: Mollie's Disco, £2.50 otd  
**Saturday 9th** Music Lounge: Brilliant Vocalist “Mike Ellis” Free entry
- Sunday 10th** Sheraton Bar: Excellent Vocalist “Ricky Dixon” followed by Howey's Karaoke - Free entry  
**Friday 15th** Concert Hall: Prostate Cancer Charity Night £5  
**Saturday 16th** Music Lounge: Brilliant Vocal & Guitar by “Trevor John Merrilees” - Free entry
- Saturday 16th** Concert Hall: Soul Night - £4  
**Sunday 17th** Sheraton Bar: Vocal Entertainer “Ian McDonald” + Howey's Karaoke - Free
- Saturday 23rd** Music Lounge: Brilliant Vocal & Guitar by “Ken Mercer” - Free entry  
**Sunday 24th** Sheraton Bar: Lovely Young Vocalist “Lily” followed by Howey's Karaoke - Free entry

Redeem your February Show of the Month Ticket at the Bar for £2.00 off March Show of the Month

Tickets for forthcoming Events available at the Bar  
Tickets on sale now - Tel 01325 312949 - Credit/Debit Cards

## THE NAVY CLUB



Sunday Nights:  
**SHOWTIME**



Friday Nights:  
**BINGO**



Thursday Nights:  
**QUIZ**



Saturday 16th March 2019  
**70s/80s DISCO**

ROOM FOR HIRE



Show Of  
The Month

SOUL  
ADDICTION

Expect hits from James Brown, Van Morrison, ELO, Jimmy James, Pilot, The Emotions, George Benson, Barry White, Steely Dan, The Commitments

Saturday 2nd February  
+ Starlight disco  
Tickets £5  
Doors Open at 7pm

Redeem your ticket at the Bar and get £2.00 off  
your ticket for the March Show of the Month

## VOLUNTEER DRIVERS NEEDED

If you lose your sight getting around becomes so much more difficult.

Assuming buses can be accessed; managing to stop the correct one is an additional mountain to climb.

Blind Life in Durham arrange a number of activities to keep people with sight loss active, it could be a social meeting or New Age Kurling or any of the other activities we organise. However, for the activities to benefit people, who may otherwise suffer loneliness and depression, they need to be able to reach the venues we use. If you can help by transporting people this would greatly help them and us. You would also be welcome to join in any of the activities and be part of the larger 'Blind Life in Durham family'.

We pay 40 pence per mile to anyone willing to provide this valuable service and provide training for guiding people with sight loss. If you feel able to offer this help please contact us on 01388 763501 or email blindlifeindurham@gmail.com - If you would like more information please view our website www.blindlifeindurham.org.uk or give us a ring.

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### THURSDAY - GRILL NIGHT

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## THE TURBINIA

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### Saturday 2nd February - “F.M.”

Review: “Was this our best pub gig ever? Probably! What can you say about FM? This was rock and metal utopia, a classic journey through the rock ‘n’ roll hall of fame. They did the lot, Kaiser Chiefs, Foo Fighters, Sabbath, AC/DC, Zeppelin and no real cheese, OK, they did Whisky in the Jar; but hey! FM put a great amount of effort into this gig, sometimes mid week gigs just don't seem to have the same oomph.

The atmosphere was great, as was the music, a superb night. What is particularly pleasing is that FM don't always take the easy option, ie instead of sticking to Sweet Child Of Mine, they did Welcome to The Jungle. How long have FM been around now? Many a year and on this performance many a year to come. Thanks lads you were awesome.”

### Saturday 9th February - “Whole Hog”

Musicians having a good time whilst playing always carry the crowd with them.

Every Friday is Open-Mic / Buskers featuring some great local talent, players welcome

For more information on bands go to

[www.turbiniapub.co.uk](http://www.turbiniapub.co.uk) or 313034

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# EXCITING NEW ACTIVITIES AT PCP

Looking for something new to do this year? Look no further than the Pioneering Care Centre and our latest What's on Guide which has a range of new and exciting activities and events. Join us this February to get fit or learn a new skill, by booking your place today!

## Love to Recycle!

In aid of the 'Dive In!' Hydrotherapy Pool campaign; PCP are working with 'Bag2School' – the

largest textile collection company working with schools and charities in the UK. You can donate your good-quality, unwanted clothes and textiles to one of PCP's various dropping points across the North East; which will raise money for the charities Dive In! Campaign, and reduce the environmental impact of clothing. For the 'Love to Recycle' project, the public are able to drop off their



items from 10.00am Monday 11 February until 10.00am Wednesday 14 February 2019:

## Yoga Children

Bring your little ones along to a new Children's Yoga class starting on Saturday 12th January 10:00 - 11:00 for 6 weeks. This class is aimed at children from ages 4-7 years old and is a fun way to build strength in bodies and minds. Through games, songs, rhymes and giggles, stretch your body and learn key skills such as good sitting, cooperating with others, patience and perseverance. Sessions cost £5.00 each.

## Ceramic & Glass Painting

(Half Term Activity) Stuck for something to do as family this half term? On Wednesday 20th February, 9.30 am - 12.00 noon why not try your hand at Ceramic & Glass Painting. Design and create various items for decoration or practical use such as tiles, plates & dishes using paints and pens which can then be fixed in the oven. You could even bring your own item to decorate. FREE for families who are in receipt of means tested benefits, otherwise £7.50.

## ICT Drop In Sessions

Learn the basics of navigating your computer or seek help from our volunteers to master online skills such as job searching, creating a CV, online banking and much more. Every Monday from 13.00 - 15.00 or Wednesday from 13.30 - 15.30.

## Time to Talk Coffee Morning

On Thursday 7th February 10.00 am - 12.00 noon, pop along for a cuppa and a chat with locals with the aim to break the stigma around discussing mental health. Get your problems off your chest and find people to talk to about your worries – we all have them! PCP have a Young Champion from Time to Change attending the coffee morning and Health Advocates will also be available to talk.

## L3 Emergency First Aid Training at Work

This one day course will allow you to understand how to assess a situation and act promptly and safely in an emergency involving an injured patient. Learn how to administer CPR, treat a minor injury and how to manage an unresponsive casualty. Get to know the day-to-day roles of a first aider.

We're holding two all day courses: Monday, 25th February and Monday, 18th March, both 9.00 - 16.30.

This course is free to anyone in receipt of a means tested benefit, if not the cost is £25 per person.

## Batik Art

Join a friendly and experienced arts tutor to learn the basics behind creating your very own beautiful batik art work. Learn how to use fabrics, hot wax, inks and dyes to

create your own inspired designs using this ancient Indonesian art form. Starting Wednesday 27th February for 6 weeks 13:00 - 16:00, each session costs £3.00. You must be aged 19 or above and live in the County Durham area (paying council tax to Durham) in order to attend this course. You will need to bring your NI number and a form of ID with you to the first session.

**L2 Food Safety in Catering** – Monday 4th March 9.00 - 16.30

Learn the importance of food safety and gain knowledge of the procedures involved. Understand how to control food safety risks and gain confidence in delivering good quality food. This course is free to anyone in receipt of a means tested benefit, if not the cost is £25. For further information or to book any of these activities please contact us at the Pioneering Care Centre, Carer's Way, Newton Aycliffe, DL5 4SF tel: 01325 321234 email: enquiries@pcp.uk.net website: www.pcp.uk.net. Or follow PCP on Twitter: @PioneeringCare and Facebook: PCPandCentre

# Achievement Awards for Greenfield Students

Students from Greenfield Community College have celebrated their first term back at school with an awards ceremony, alongside parents and Subject Leader, Mrs Best. The group have been working hard as part of an 'ICAN 2021' initiative, ICAN is an alternative curriculum group, providing a focus on life skills for students as part of their wider education. The celebration was particularly important as the group also gained the Nationally recognised Youth Challenge Qualification.

The nominees for the star award were Ellis Hudspeth, Sophie Williamson and Bradley Lauder, who had excelled throughout the sessions. The deserving winner was Ellis Hudspeth who was presented with an award for his outstanding commitment and hard work. Students also had the opportunity to have a say in the awards as they voted for their peers. The nominations for 'student's student' were Kieran Walton, Ellis Hudspeth, Kallum Bagnall and Bradley Lauder. The group decided that Bradley Lauder was the student that had helped others in the group most and was voted a worthy winner. Well done to all members of the group



including the nominees and winners, "I am very proud of the groups' achievements in such a short time and look forward to sharing many more successes with them" said Mrs Best.

The WECAN Parents' group continue to meet weekly and enjoy a varied programme such as pancake making, cake decorating, bowling, well-being, credit union and staying safe on the internet. WECAN is a friendly group that meets once a week for parents and carers and grandparents of children. If you are interested in joining please contact Nicola Best on 01325 300378 or e-mail nicola.best@greenfieldschool.net We look forward to meeting you.

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# Lumiere 2019 To Have A Lasting Community Impact

Artichoke, producers of Lumiere Durham, have announced that the Garfield Weston Foundation have once again pledged support for the 2019 edition of the light festival. The Foundation's substantial £90,000 grant will go towards the delivery of Artichoke's year-round learning and participation programme within communities in the North East, ensuring Lumiere has a lasting impact beyond the four-day festival experience.

Lumiere, commissioned by Durham County Council, with additional support from Arts Council England, will return from the 14th - 17th November for its tenth anniversary edition.

Exciting new commissions will feature alongside some of the festival's most memorable installations from the past decade.

Beyond the spectacle of the festival is an extensive programme of events, workshops and training experiences, made possible through the generous support of Garfield Weston and other supporters. These initiatives invite community groups and individuals from the region to take part in the creation of artworks, learn new skills and undertake professional development opportunities like traineeships and enhanced volunteering roles.

Philippa Charles, Director, Garfield Weston Foundation, comments: "The Foundation has once again chosen to support Lumiere Durham in recognition of its commitment to providing long term benefits to the North East, through ongoing learning and participation opportunities. The festival itself is an



Community participants installing *Entre les rangs* for Lumiere Durham 2017 © Matthew Andrews



internationally renowned cultural highlight, which has delighted and astounded audiences repeatedly over the last ten years. We're proud to support the festival in its endeavour to further the impact of the festival throughout the local community."

There is still time to join Garfield Weston as a supporter of Lumiere 2019, helping not only to bring the festival to life, but to realise the engagement work in the community. Artichoke are still seeking sponsors for a range of initiatives including the BRILLIANT commissioning scheme and Lumiere conference. Sarah Coop, Development Director at Artichoke said: "We're delighted and grateful that Garfield

Weston has chosen to support Lumiere so generously again. The investment will help fund a programme of community work that we're incredibly proud of, allowing the impact of Lumiere to last well beyond the four days of the festival. The continued support from all our funders, Durham County Council and Arts Council England allows us to deliver a spectacular festival that in 2017 welcomed 240,000 visitors to the city, generating an economic impact of £7.6 million."

In 2017, over 1,000 local people engaged with the Lumiere programme outside of the festival, including 720 school pupils across 24 schools. One of the highlights from 2017's participatory programme was the planting of 15,000 stems of flower-like sculptures for *Entre les rangs*, by artist Rami Bebawi and KANVA. Around 30 disadvantaged community members, including those from two local YMCA groups, a women's refuge group and Syrian refugee families, worked with the production team to help fill the cloisters of Durham Cathedral. The ambition of the project, which was facilitated by Chester-le-Street AAP, was to use art to transcend social boundaries, improving integration and the emotional wellbeing of marginalised individuals. Lumiere Durham 2017 also marked the start of an ongoing programme in collaboration with ten primary schools and Children & the Arts, which continues into 2019. This gives pupils opportunities to take part in educational workshops and help with the creation of artworks.

A highlight of the 2017 schools' programme included a specially arranged tour for 300 children of For the Birds in the Botanic Gardens, allowing them to interact more meaningfully with the artwork. For 2019, Artichoke's schools' outreach will also include the creation of a resource pack for all 228 primary schools in County Durham, giving teachers the tools to deliver lessons in creativity.

In addition to primary age children, older school students are given the opportunity to gain real-life, hands-on experience into the running of the festival. In 2017, 20 students from Durham Sixth Form Centre collaborated with artists Walter & Zoniel on the creation of ANON, helping them to design the artwork, source the materials and provide assistance throughout the duration of the festival. As part of a continued relationship, the same cohort of students had also participated in Precio us, a project by Storybox in 2015.

Other education partners include Durham University and New College Durham. Dawn Fairlamb, Vice Principal – Economic Development and Student Progression of New College Durham, who continues to participate in the learning and participation programme, says: "Not only is Lumiere a wonderful event that is important for the city and the local community, it also helps raise the profile of the arts in the region. Supporting Lumiere gives our students a fantastic opportunity to get involved with the event, learning from a variety of experts in areas such as catering and hospitality, media and event management. Since the last event we have seen an increase in interest and enrolment in our art and design courses, so we are looking forward to seeing how Lumiere Durham 2019 will inspire our students." Cllr Simon Henig, Leader of Durham County Council, said: "Lumiere brings many benefits to Durham and the wider area, from providing a boost to local businesses to raising the profile of our county around the world. However, the learning and participation programme is particularly important as it directly benefits local residents – and not just during the four days of the festival. It enriches the lives of schoolchildren, community groups and individuals from all walks of life all year-round. It's great to hear that the continued support of festival sponsors will enable the programme to continue – especially as we prepare to celebrate Lumiere's 10th anniversary this year."

# Racing Club Awards Night



This weeks report isn't so much of a race report rather a club report. There was unusually no racing this weekend but there were two PB's achieved at Shildon Parkrun. Well done to Richard Holland for PB of 20.22 and John Richardson in 25.18. A further PB was obtained by Carly Gibson at Chester le Street in 27.55. This weeks focus was on the Club's Presentation Night held at the RAFA club in Newton Aycliffe where awards were presented for individual achievements throughout the past year. The awards were as follows:- Club Handicap - this is a 3 mile loop in Newton Aycliffe along the old lines where runners start at different times dependant on their most recent 5k start times. The female winner was Gemma Holland and the male winner Paul Dalton. Next up was the Club Championship. For this there are a selection of races picked by the club and any member who takes part in each particular race can achieve points based on age grading. The female winner of this was Susan Clark

and male winner was Dave Blewitt.

An award was then given for the best newcomer. Winner of this was mark Bainbridge who despite an injury that stopped him running for a good few months, was able to achieve numerous PB's throughout the year.

The next award was most improved. The winner of this was Sam Baronowski who improved greatly through the year progressing to completion of several 10ks and achieving several PB's.

The award for female athlete of the year went to Trish Kay. Trish competed in a lot of races last year and managed to keep very consistent with her times and often placed in the top 3 in her age range.

Male athlete of the year went to Ian Baronowski. Ian again competed in a lot of races and obtained PB's in several distances. His biggest achievement was taking over 16 minutes off his time (from the previous year) for the Dentdale 14 mile race.

The next awards were given out for the Cross Country Athletes of the year. The female winner was Michelle Jane who had a great season in 2017/2018. Michelle won bronze medal overall in her category in the NYSD league.

The male award went to Richard Campbell who participated in almost every race in both the NYSD and Harrier Leagues, often first home for the club in that season.

The final award of the night 'The Rob Nven Award' went to Trevor Needham. There is a wider scope for this award and is usually presented to someone who has made a considerable contribution to the club. Trevor was awarded this because of his significant work behind the scenes as Race Director for our own 10k race. A lot of work is required to keep this successful race growing in strength.

Well done to all our winners and to all our members who continue to make the club the success that it is.

For anyone interested in joining the club, you can simply turn up at one of our sessions all of which start from the Oakleaf Complex in Newton Aycliffe. Monday night is beginners run at 6.30pm, Tuesday is endurance/speed session from 7.00pm, and Thursday is a track session and this takes place at Shildon Track. Further details can be found on our website or facebook pages or alternatively you can message the club via facebook for more information.

## Horndale Community Association TALKS RUBBISH

Do you know what should or shouldn't be recycled from your household waste? Do you wonder what happens to your waste once it has been collected, if so join us at our next meeting where Rob McKay from Durham County Council waste management team will be our guest speaker Rob will talk about different aspects of waste management and answer your questions and queries. Our next meeting is this Wednesday starting at 6pm with refreshments at 5.45 at Greenfield Arts Centre. Local Councillors and hopefully representatives from Livin and your local Police will be in attendance to answer queries or ideas residents have. The councillors normally report on issues affecting Newton Aycliffe. Our meetings are open to everyone and are very relaxed and welcoming. Philip Clark Chair



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## PCP's Hydrotherapy Pool Hero's Complete Wellbeing for All Walk!



On Saturday 26th January an amazing group of individuals volunteered their time to raise awareness and fundraise for the 'Dive In', Hydrotherapy refurbishment campaign. Walking up to 4 miles, along a route through part of the Aycliffe Way the group, which included a number of 4 legged friends, raised £236.59!

Simon Peacock, an ambassador for the 'Dive In' campaign opened the event by explaining the benefits he has experienced from using the pool to rehabilitate from a recent stroke. Simon said "the pool has helped me massively, it enables me to complete physical therapy, supporting me to regain mobility and strength in my arm and leg. I was always a keen swimmer and being able to use the pool really helps me with my recovery. I can't fully swim yet, but I'm getting there and my confidence is coming back. The staff are really supportive and attending has helped both me and my family. The pool is an amazing resource."

PCP's Hydrotherapy Pool is now a 20 year old pool and unfortunately breaks down on a regular basis. The current pool supports more than 7000 people a year with recovery, pain relief and rehabilitation, without the need for a Doctors referral to the pool to help. Saturday's

event is the first of many planned this year which are designed to encourage people to take part and by doing so improve their own wellbeing, health and fitness.

Barry Kneviatt, PCP board of Trustees Chair said, "Thank you everyone for taking part. Our campaign which aims to raise £410,000 is now just over half way, your help today will support those families across the north east like Simon's that rely on this resource for recovery, rehabilitation and pain management. Your donations will support PCP to help more individuals

by, increasing the size of the pool, improving lifting and hoist equipment and allow us to provide better equipped changing rooms. We are incredibly grateful for your support."

If you are interested in organising your own fundraising event and would like a fundraising pack, please contact us at the Pioneering Care Centre, Carer's Way, Newton Aycliffe, DL5 4SF tel: 01325 321234 email: [enquiries@pcp.uk.net](mailto:enquiries@pcp.uk.net) website: [www.pcp.uk.net](http://www.pcp.uk.net). Or follow PCP on Twitter: @PioneeringCare and Facebook: @PCPandCentre

## Celebrating the Women Who Shaped History

Woman's Hour presenter Jenni Murray will shine a light on great women who have shaped history when she visits the North East next month.

The BBC Radio Four presenter is set to inform and inspire audiences at the Gala Theatre in Durham on Monday, 11 February.

Based around her book of the same name, A History of the World in 21 Women celebrates women from all over the globe, rescuing some from obscurity and taking a fresh look at familiar figures.



The brand new show follows Jenni's sell-out talk A History of Britain in 21 Women, which the Gala Theatre hosted in 2017 as part of the Durham Book Festival.

Artists, politicians, activists, reporters and heads of state, past and present, are all featured in this entertaining and insightful talk – from Marie Curie and Frida Kahlo, to Empress Cixi of China.

By discussing the struggles and achievements of women whose stories are so often censored and forgotten, Jenni will quash philosopher Thomas Carlyle's infamous declaration that "the history of the world is but the biography of great men."

Robin Byers, Gala Theatre manager, said: "Who better to celebrate women who have shaped the world we live in than Jenni Murray?"

"For more than three decades she has interviewed inspirational women from all backgrounds and reported on the issues that matter to them. A History of the World in 21 Women is a chance to find out about unsung heroines and gain a fresh perspective on those we think we know."

The talk begins at 7.30pm and tickets cost £18. To book, call 03000 266 600 or visit [www.galadurham.co.uk](http://www.galadurham.co.uk)

## County Invited to Host Major New Cycle Race

Councillors will be asked to back plans for a major cycling event with the potential to boost County Durham's economy by millions of pounds next week.

Durham County Council has been invited to co-host a mass-participation closed-road cycling event this September.

If approved, Vélo North would coincide with the 2019 Year of Culture campaign and has the potential to attract up to 15,000 participants and more than 40,000 visitors to the county.

An estimated 80 per cent of attendees would be from outside of the area and many are expected to stay overnight, leading to increased visitor spend. Similar events elsewhere in the country have boosted the local economy by as much as £2.7 million.

The council's cabinet will be asked to approve a budget of £250,000 for the project and to allocate the staff needed when it meets at County Hall on Wednesday, 6 February.

At the heart of the event would be a 100-mile route that will take thousands of riders on a spectacular journey through the North Pennines countryside on closed roads – the only event of its kind in the North of England.

There would also be a shorter, 50-mile route and a diverse programme of community events and activities aimed at encouraging people to take up the sport.

The exact route of the ride is still being finalised but organisers hope to showcase the diverse landscapes the county has to offer. It will either start, finish or pass through Durham City and Bishop Auckland.

Cllr Ossie Johnson, Cabinet member for culture, leisure and rural issues, said: "This event is an opportunity to show off our beautiful county to a new audience. It would also significantly boost our economy and inspire people to lead a more active and healthy lifestyle."

"This is just the kind of event we should deliver in County Durham, especially in a year when we are celebrating culture and sport and the many benefits they bring."

Approved by Cabinet last month, 2019 Year of Culture is a campaign to showcase the enriching programme of arts and sporting activities taking place this year.

To find out more about the campaign, visit [www.durham.gov.uk/durham19](http://www.durham.gov.uk/durham19)

## Girl Guides Ready For a Busy Year



Following success from the Great Aycliffe and Middridge Partnership Project Callout, Girlguiding Newton Aycliffe were delighted to obtain £11,000 in funding. On receiving the funding, units across Newton Aycliffe have been busy planning activities for the coming months.

There are currently 125 registered girls and 22 leaders across Rainbows, Brownies, Guides and Rangers, in the Newton Aycliffe division.

Groups have already been able to enjoy activities booked using funding. This month 10 Brownies and 2 Rainbows attended "Shake, Shake, Wiggle, Wiggle", a dance workshop at Waddow in Lancashire. Led by professional dance

instructors, the girls explored Scottish Dancing, Garage Dancing and Cheerleading, making up their own moves and chants. After a short performance from the girls all were awarded their Dance Badge. Also this month 95 girls and leaders attended the Odeon Cinema, Darlington for a special Guides only showing of the new Mary Poppins film, this is part of a national initiative promoting family values as well as resilience. The trip was a huge success and enjoyed by all who attended.

Activities will continue in the coming months and groups can look forward to the following: In March the Guides will be taking part in a midnight hike and camp on the Raby

Estate.

In May, Brownies will be attending a camp in Thirsk involving water safety and team activities such as raft building as well as camp challenges.

In September older Guides will be in South Shields for "Snow and Surf" taking part in skiing, ice skating and wind surfing as well as organising their own camps. If anyone would like to offer their time as a regular or occasional helper please register at: <https://www.girlguiding.org.uk/get-involved/>

If you have a child interested in joining, please register them at: <https://www.girlguiding.org.uk/information-for-parents/register-your-daughter-> and someone will be in touch.

## The Phoenix Club FEBRUARY ENTERTAINMENT

Friday 1<sup>st</sup> - 80s disco with **ABSOLUTE ENTERTAINMENT** free entry.

Saturday 2<sup>nd</sup> - Solo artist **KATHERINE STONE** and solo artist **SHAUN PERRY** £3 at the door.

Sunday 3<sup>rd</sup> - Afternoon **STAN** Karaoke / Disco and solo artist **MISS JONES**. For the evening, solo artist **ANDY JAMES**. £1 all day.

Friday 8<sup>th</sup> - **DJ TONY** Karaoke / Disco. FREE entry.

Saturday 9<sup>th</sup> - Fabulous **SAMANTHA MAC** with her debut **SHANIA TWAIN TRIBUTE** and solo act **SHAUN KEELAN**. Tickets are £5 members and £6 for guests and are selling fast.

Sunday 10<sup>th</sup> **DISCO DAVE KARAOKE** / disco in the afternoon free entry. In the evening solo artist **ALAN WATSON** £1 entry.

Friday 15<sup>th</sup> - **BURNBABY** Karaoke / Disco. FREE entry.

Sat 16<sup>th</sup> - Solo artist **HOWIE B** and solo artist **KAREN KENNEDY** £3 entry.

Sunday 17<sup>th</sup> - afternoon **DISCO DAVE** Karaoke / Disco. FREE entry. Night time solo artist **SHIRLEY MAC** £1 entry.

Friday 22<sup>nd</sup> - Joanne foster is holding a charity night in aid of **MENCAP**. Performances by **JOHN MELVIN DISCO** and **CASSANDRA BOWTELL** and a raffle. Tickets are £5 from the bar. In memory of **ANTHEA**

Saturday 23<sup>rd</sup> - Solo artist **LAURA CAIRNS** & Madness ska review **THE SKA MAN**. £4 at the door.

Sunday 24<sup>th</sup> - We have **GARY** Karaoke / Disco. FREE entry. For the evening solo artist **ANGIE** .£1entry.

Tickets are on sale for fantastic **BETCH BY GOLLY WOW** - Saturday 2nd March £6 ticket.

## Line Dancing Every Thursday

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**OFSTED quote:** "Playday Nursery offers an outstanding provision with high quality teaching provided by highly qualified staff."



## Woodham Academy's Lets Get Cooking Club



Woodham Academy's Lets Get Cooking Club invited their friends, family, Governors and teachers to enjoy a 3 course meal. The pupils prepared, cooked and served dishes such as tomato and basil soup with homemade bread, chicken paupiette and crème brulee followed by hand crafted chocolates.

The evening was very successful and enjoyed by all. Linda Vipond, Woodham Academy's chef, said "I am extremely proud of all club members, they have demonstrated that they can work together as a team

using good communication skills. The food and service was of a high standard and most of all everyone enjoyed the evening.

The aim of the club is to join a national network, teaching new cooking skills to children and their families. The club runs on a Wednesday 3.15pm to 5.00pm and is keen to involve the local community and family members in their activities. We will be preparing and cooking lots of healthy yet tasty dishes that everyone can take home and enjoy with their families.

## Councillors Notice of Motion: Abolition of Councillors Allowance

*That this Council rather than considering any Increase in the Councillors Allowance for 2019/20, does hereby abolish the Councillors Allowance altogether.*

*Thus saving £39,900 per year from the Council's Revenue Budget, and furthermore the savings of this figure for 2019/2020 already included in that Precept and future years be reduced from the Council's Precept at the next available opportunity . . . (2020/2021 Precept) as it is too late to reduce it for this year's 2019/2020 Precept the Precept 2020/2021 will be reduced by 2x £39,900 = £78,800).*

*Proposed by Cllr Arun M Chandran, Seconded by Cllr Ken Robson.*

Great Aycliffe Town Councillors Arun Chandran and Ken Robson will be proposing at the next Policy and Resources Committee that Councillors Allowances (currently standing at £1,060 per Councillor), should be abolished altogether.

Councillor Chandran said "when I previously served on the Council in 1983 at the age of 25, up to 1996, I was unpaid and served as Deputy Leader; I was Chairman of various Committees and very active in my attendance and activities as a Councillor. We did it to serve our community and the only reward you sought

was re-election. There was never any shortage of good quality candidates for Full Elections or By-elections. The Council introduced allowances in 2003. I stood and was elected in 2013. I have always been unhappy at the fact that Town (Parish Councillors) get an allowance."

"Now that the Council is to consider the County Independent Remuneration Panel's recommendation to increase Parish Councillors Allowances, I think a reappraisal is required. Because the Town Council meets on an evening, and doesn't interfere with work commitments, we tend to get good quality people coming forward to stand for the Council. Whereas County Councillors have tended to be retired, redundant or unemployed."

"Some have argued that Councillors can be out of pocket, but some Councillors get lifts to meetings with colleagues so it costs them nothing. Those that drive have only a few miles each way and the cost is negligible."

"Others have argued about the cost of phone calls, but every Councillor had phones before they were elected and most phone lines have unlimited local calls free or for only £5 a month, emails cost nothing!

"Some Councillors come to rely on the allowance as extra income, but by having an allowance it can effectively subsidise the cost of Council Tax and shelter them from decisions they make on Council Tax when the rest of the community don't have that allowance."

"The recommendation by the Panel, of a 25% increase for Councillors, is well above the rate of inflation, and certainly more than most residents get in pay rises. At a time when Council Tax is going up, any rise in Councillors Allowances cannot be morally justified."

"Indeed, I would like to see Councillors Allowances abolished."

"Abolishing the Councillors Allowance would save

£39,900 per year on Revenue spending and would enable us to cut the precept by that amount thus reducing the burden on Council Tax payers. I think we should also reduce the number of Councillors".

### FACTS

#### Members' Allowance Scheme History:

Scheme agreed at a special meeting of the Policy and Resources committee on 9th December 2003;

Effective date of allowances to start 1st April 2004;

Parish Basic Allowance £1,000, ref the SBC Independent Remuneration Panel;

26th January 2005 Policy and Resources:

Further report on IRP recommendations to increase Parish Basic Allowance by 2.95% with effect from 1st April 2005 and again by 2.95% from April 2006.

Parish Basic Allowance increase agreed.

From April 2006 the Parish Basic Allowance was £1,059.87p (£1,060). Reviewed again in 2008 in a report from officers as new Durham IRP would not meet. Increase not agreed.

Review of the General Members' Allowance Scheme 2010:

Basic Allowance Scheme not increased as Council was waiting for IRP to meet. It did not meet, therefore no increase in the Basic Allowance Scheme.

CDALC meeting held on 22nd November 2018:

The CDALC report recommended changes to Parish Council Basic Allowances and Other Allowances. This followed a meeting of the IRP to review Parish Council allowances. Recommendation for GATC £1,330 Basic Parish Allowance per councillor.

At a larger Local Councils Forum (of the County Durham Association of Local Councils - CDALC) at Horden on 22nd November 2018 it was reported:

This would equate to a 25% rise in Councillors Allowances on Great Aycliffe Town Council which is currently £1060 per year.

## FREE SPRING FAIR!

Want something to do with the little ones over the cold season? On Sunday 24th March Butterwick Hospice in Bishop Auckland are holding their very own Spring Fair from 11am - 1pm.

Bring the kids! There will be face painting, a mini Easter egg hunt (getting them ready to a chocolatey month ahead), have a go on our Easter and Spring tombola and even the chance to enjoy some delicious cakes!

Adults! Enjoy a lovely family day, or a day alone day out at our Spring Fair, browse the lovely stalls, enjoy a delicious soup, bun and hot drink for only £2!! Feel free to have a chat with us at Butterwick Hospice about what we do throughout the year. We can't wait to see you all there.

Follow our event page on Facebook to keep up to date with what will be happening on the day!

## 'Travel in Stitch' to Greenfield Arts



Greenfield Arts are delighted to announce their latest exhibition 'Travels in Stitch'. The exhibition is a collection of work by the Durham City Branch of the Embroiderers Guild who have taken inspiration for their work from the places they have visited around the world. The exhibition will run from Thursday 7th February 2019 to Wednesday 27th February 2019 and there will be a special preview evening on Wednesday 6th February from 18:00 - 20:00 which is also open to the public. This wonderful exhibition will be on display in The Greenfield Gallery from 10:00 - 21:00 Monday to Thursday (except bank holidays) and 10:00 - 16:00 each Friday. Why not come along to appreciate the skill and vibrancy that features

strongly in this collection of work and enjoy the journey. Greenfield Arts are also offering an opportunity to get creative in textiles through a new jewellery making studio session. Join Lindsay Peter to learn new skills in the art of 'soutache,' using textile cords and embroidering beads to create unique pieces of jewellery. Imagine creating and making your own pendant or earrings to take home! This one-off session will be held on Thursday 21st February from 10:30 - 14:30 and costs just £50 to include all materials. If you would like to know a bit more about the forthcoming gallery programme or the courses and activities available at Greenfield Arts please check out the website [www.greenfield-arts.co.uk](http://www.greenfield-arts.co.uk) call 01325 379048 or email [info@greenfield-arts.co.uk](mailto:info@greenfield-arts.co.uk)

# DIVE in

Hydrotherapy Pool Refurbishment

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TO IMPROVE PEOPLE'S LIVES

Families in your local community rely on our Hydrotherapy Pool for recovery and rehabilitation from serious illness and for pain management.

People like Mandy, pictured here, use the Hydrotherapy Pool to relieve pain and to regain their independence.

WE NEED YOUR HELP

We need your help to completely redevelop our 20 year old Hydrotherapy Pool, which is in desperate need of refurbishment or the Pool will have to close.

The pool is available to everyone without the need for a GP referral, with your support we can keep providing this vitally important therapeutic service.

Your donation will help us to:

- Double the size of the original pool
- Provide improved lifting and hoist equipment
- Provide larger and better equipped changing rooms.

Visit [www.diveinPCP.co.uk](http://www.diveinPCP.co.uk) to find out how you can help

Pioneering Care Centre, Newton Aycliffe, DL5 4SF Tel: 01325 321234

## RNA THANKS

On Saturday 12th of January The Royal Navy Association had a collection in the Tesco store in Newton Aycliffe.

With the generosity of people we raised over £429. Our thanks to all and to the manager and staff for their help. We met a number of ex-Navy and some showed interest in joining the RNA. We have a meeting in the Navy Club, Newton Aycliffe on Tuesday 5th February at 7.30pm. The branch may have to close if we don't get new members.

If this happens the standard may be laid up and won't be around if it's ever needed in the future.

Liz Lewarne  
01388 810197

## Furniture Factory Outlet

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Strictly no agencies

## FUNDING OF UP TO £20,000 AVAILABLE TO LOCAL CHARITIES

Applications open for good causes to benefit

Local charities and good causes are being encouraged to apply for funding of over £3million that has been raised by the players of People's Postcode Lottery.

Applications are open from 6 February until 20 February, where a whole host of good causes from social enterprises to voluntary groups and registered charities are eligible to apply for grants of between £500 and £20,000.

The financial support is available through three different trusts that are all funded entirely by players of People's Postcode Lottery with the sole purpose of supporting people and their communities across Great Britain. Each trust supports projects focussed on specific themes:

- People's Postcode Trust looks to fund projects that are aimed at promoting human rights, combatting discrimination and the prevention of poverty
- Postcode Community Trust supports initiatives working to improve the health and wellbeing of communities, including arts and physical recreation projects, as well as those with a focus on reducing isolation
- Postcode Local Trust want to hear from groups working on flood prevention measures and those looking to implement renewable energy strategies. They also want your application if you're dedicated to improving outdoor space, whether that's a play park, a skate park or even something else!

Sports groups for military veterans, counselling support services for young carers and accessible play parks are just a few examples of the over 1,600 projects that were successful in their application and received funding in 2018. Local good causes are advised to take advantage of this fantastic opportunity by reading the short funding guides available and applying to the trust that best fits the aims of their project.

Laura Chow, head of charities at People's Postcode Lottery, said, "It's not just players who win with People's Postcode Lottery - over £3 million in grants will have a tremendous impact on the work that grass-roots community groups are doing all over Great Britain. With three trusts to apply to, a huge array of projects can benefit and I would urge all groups to take a look at the funding guides, see where their project best fits and apply."

A minimum of 32% from every People's Postcode Lottery ticket goes directly to good causes. To date, players of People's Postcode Lottery have raised over £382 million for more than 5,500 good causes across Great Britain and internationally.

For more information, to view the funding guides and to apply please visit the trusts' websites directly:

www.postcodetrust.org.uk

www.postcodecommunitytrust.org.uk

www.postcodecommunitytrust.org.uk

# Fortnite Fans Invited To Showcase Skills

Fans of one of the world's most popular online games can put their skills to the test for a chance to win big in a unique competition in the North East in March.

Fortnite has become a global phenomenon, with millions of players taking part in the Battle Royale game every month.

And now fans can test their skills - and win a possible £25,000 - when a major event rolls into Newcastle this spring.

EStars featuring Fortnite is bringing a real-life Fortnite Battleground to Newcastle's St James' Park from 1 to 3 March, where gamers can compete against other players to win cash prizes.

And the nine players with the highest scores across the three days will win a spot at the final at Stamford Bridge, London on 31 March, where they will battle against players from around the country to try and scoop the grand prize of £25,000.

Entrants will enter the competition arena through a specially created Battle Bus, before testing their skills against other fans of the game in a pre-booked one hour slot.

Winners of each individual session will win a cash prize, with spot prizes and Fortnite goodies on offer throughout the events, along with seeing favourite characters brought to life and the opportunity to try out classic dance moves in a Fortnite battle.

The Newcastle event is one of a number taking place around the UK, before the grand final in London in March.

Maeve Finnegan, of EStars, believes that North East gamers won't want to miss the opportunity to take part. "This is a must for fans of Fortnite," said Maeve.

"It's an opportunity for people to compete against each other in a really exciting space where we've brought the game to life.

"We hope gamers of all skill levels will be encouraged to grab a ticket and come along, because it's set to be a fantastic event with some great prizes to be won."

Tickets for the event are £25 each which can be booked online for specific slots at [www.estars.pro](http://www.estars.pro)

Session winners will receive £25 and the best scores over the day will win a first prize of £250, with cash prizes for

second and third places.

The event is open to players aged 12 and over, but those under-16 must attend with

an accompanying adult, who can attend free of charge. For more information, or to book, visit: [www.estars.pro](http://www.estars.pro)

## OPEN LETTER TO PHIL WILSON

Dear Phil

Thank you for your invitation in the Newton News to share my views, as your constituent, on the way forward with Brexit.

In my opinion, the process has been fraught with problems from the start due to the Prime Minister's weak position stemming from (a) parliament being dominated by pro-remainers seeking to obstruct the process at every stage, (b) not having an overall majority, (c) having a leader of the opposition putting party politics before the interests of the country.

Like it or not, David Cameron was elected on a promise to deliver a once and for all referendum on membership of the EU, and he kept his promise.

Like it or not, the country voted in favour of leaving the EU.

It was clearly articulated that this would take the UK out of the control of EU courts and EU regulations, and that freedom of movement to/from the UK would be taken into the control of the UK, and that we would stop paying into the EU pot of funds. It was envisaged that we would aim to secure arrangements for mutual agreements on security, defence, trade etc which were of mutual interest.

The EU was never in favour of the UK leaving it's control. The figures can be worked out in different ways, but what is indisputable is that we are one of the biggest contributors, and a big net contributor, essentially subsidising other countries and paying for the central bureaucracy in Brussels and elsewhere in locations entirely outside of the UK. The EU has understandably done all it can to thwart Brexit or, failing that, have the UK leave in name only.

The government has taken too soft a line with the EU, but it has had to do so because of the factors I outlined earlier, most notably unhelpful interference from parliament totally undermining its negotiating strength. I regret that Mrs May was over complacent, fought such a poor election campaign and failed to reach the overall majority the country desperately needed for a strong Brexit process.

Where are we now?

- Legislation in place for the UK to leave the EU in circa 50 days. Either we extend article 50 or we leave on WTO trading terms.

- If we extend article 50, we prolong the uncertainty,

which is bad for the economy and bad for business, and it fails to deliver the Brexit voted for by the people and pledged to be delivered by both major parties, most notably the government.

- The EU will not budge significantly from its position unless it has to.

- A General Election would delay the process unacceptably, and, if it won, a Labour government would almost certainly aim for a Brexit in name only, which would ride roughshod over the referendum result, or it could well seek to thwart Brexit altogether with another referendum, quite probably forced to do so by liberal partners in a likely hung parliament.

- A second referendum would make a mockery of the first one and seriously undermine the integrity of politics in the UK.

As I see it, we should be telling the EU we're leaving under Article 50, as it stands. If they want a deal, we listen. If not, we leave on WTO terms, and we prepare for a no deal Brexit. There is no good reason the UK cannot thrive outside the EU. There will be teething troubles and we may be worse off financially, but we are a rich country in world terms, and we still will be after a no deal Brexit. A deal would be preferable, but better to leave without one than to remain. It's not just about economics.

The main problem with a no deal Brexit is pro remain politicians telling everyone how disastrous it will be outside the EU, and markets depend heavily on confidence. They also depend on certainty and stability, and what we really need now is certainty, so that we can move towards stability.

Corbyn's infantile insistence on not talking to the PM unless she rules out a no deal Brexit is an absolute disgrace and totally at odds with the best interests of the UK, in my view.

Meanwhile, the PM's 'deal' does appear to me to be worth persevering with to pick out the unacceptable parts, and going back to the EU for amendments, on the basis that if they don't move, it's a no deal Brexit in March. There needs to be fair compromise, and politicians such as yourself need to stand up and be counted, even if it means going against the official party line.

Those are my thoughts. I hope they help!

Regards  
John Snowball

## AYCLIFFE RADIO

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### Programme Schedule

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Every Night from 12 Midnight to 3am  
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#### SATURDAY

|  |                             |               |
|--|-----------------------------|---------------|
| 9-10am                                 | Kitchen Floor Fillers       |               |
| 10-12pm                                | Saturday Brunch             | Sean Lawless  |
| 12-2pm                                 | Weekly Edition              | Paul Baker    |
| 2-4pm                                  | School Disco                |               |
| 4-6pm                                  | Northern & Classic Soul (R) | Kevin Sowerby |
| <b>"THE SATURDAY NIGHT EXPERIENCE"</b> |                             |               |
| 6-8pm                                  | Evening Session             | JimJams       |
| 8-9pm                                  | Chart & Dance Remixes       | Alan Hastie   |
| 9-10pm                                 | Retro Tech House Mix        | OZDJ          |
| 10-12am                                | Street 'n' Drum 'n' Bass    | MC Supa       |

#### SUNDAY

|           |   |                 |
|-----------|---|-----------------|
| 10-11am   | Church Service  | Xcel Centre     |
| 11-12pm   | Conversations with Mary & John O'Sullivan (1st & 3rd Sunday - Mystery Year 2nd & 4th) |                 |
| 12-1:30pm | Sports Round Up (R)   | Darren & Lee    |
| 2-4pm     | Bear Blues Show   | Colin McNeillie |
| 4-6pm     | Folk/Celtic/Rock Show   | Steve & Col     |
| 6-7:30pm  | POLITICAL   | John D. Clare   |
| 3rd Feb:  | Laura Daly, Kathy Beetham, Mike Dixon   |                 |
| 8-10pm    | The Live Rock Show  | "CAD"           |
| 10-12am   | Paul's Down Time  | Paul Kjenstad   |

#### MONDAY

|                              |                   |                 |
|------------------------------|-------------------|-----------------|
| 11-1pm                       | Lunch Break with  | Paul Baker      |
| 1-3pm                        | Afternoon Delight |                 |
| 3-5pm                        | Driving Home with | Paul Baker      |
| <b>"Through the Decades"</b> |                   |                 |
| 6-7pm                        | 60s Show          | Karl Simons     |
| 7-8pm                        | 70s Show          | Peter Rush      |
| 8-9pm                        | 80s Show          | Paul Gittins    |
| 9-10pm                       | 90s Show          | Paul Baker      |
| 10-11pm                      | 00s Show          | Producer Dan    |
| 11-12am                      | Teens Show        | Steven Harrison |

#### TUESDAY

|   |  |               |
|---|--|---------------|
| 11-1pm                                      | Lunch Break with                         | Paul Baker    |
| 1-3pm                                       | Afternoon Delight                        |               |
| 3-5pm                                       | Driving Home with                        | Paul Baker    |
| <b>Sports Show sponsored by Honest John</b> |  |               |
| 6-7:30pm                                    | Sports Round UP                          | Darren & Lee  |
| 5th Feb -                                   | Jack Parker & Becky Allen (MMA Fighters) |               |
| 7:30-9:30pm                                 | Northern & Classic Soul                  | Kevin Sowerby |
| 9:30-12am                                   | Motown Classics                          |               |

#### WEDNESDAY

|  |                      |             |
|--|----------------------|-------------|
| 11-1pm   | Lunch Break with     | Paul Baker  |
| 1-3pm  | Afternoon Delight    |             |
| 3-5pm  | Driving Home with    | Paul Baker  |
| <b>Community Connect &amp; Rewind sponsored by ROF59</b> |                      |             |
| 5-6:30pm   | Community Connect    | Amy & Phil  |
| 6:30-8pm   | Rewind               | Amy & Phil  |
| 8-10pm   | Alternative Aycliffe | Gary & Alby |

#### THURSDAY

|          |                   |               |
|----------|-------------------|---------------|
| 11-1pm   | Lunch Break with  | Paul Baker    |
| 1-3pm    | Afternoon Delight |               |
| 3-5pm    | Driving Home with | Paul Baker    |
| 6-7:30pm | POLITICAL (R)     | John D. Clare |
| 8-10pm   | "Beat" Roote      | Graeme Roote  |
| 10-12am  | UK Number 1's     |               |

#### FRIDAY

|         |                                     |             |
|---------|-------------------------------------|-------------|
| 11-1pm  | Lunch Break with                    | Paul Baker  |
| 1-3pm   | Afternoon Delight                   |             |
| 3-5pm   | Driving Home with                   | Paul Baker  |
| 6-8pm   | Tech-House Mix                      | PVR Studios |
| 8-10pm  | Guest Presenter Session             |             |
| 8th Feb | Andy Little (From CentralFM, Spain) |             |
| 10-12am | Alternative Aycliffe (R)            | Gary & Alby |

Watch out for new presenters starting soon

Check our website for full schedule

**www.ayclifferadio.co.uk**

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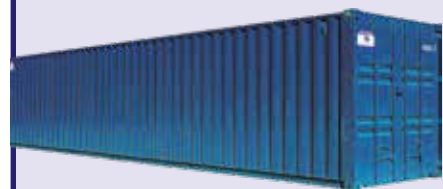
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## Family Entertainment Night

Neville Community Centre are hosting a Family Entertainment Night with Professor Nincompoo on Saturday 23rd February from 6pm to 10pm. Bring your own food and drinks. There will be snacks, tuck shop and soft drinks available to buy on the night. Tickets are Adult £2, Child £1 and are on sale at Neville Community Centre every Wednesday from 7pm to 8pm and every Friday from 10am to 12 noon.

## New College Durham Sixth Form Open Day

On Saturday 9 February, the Sixth Form Centre at New College Durham is opening its doors to students who are interested in studying A-Levels at the College. The Open Day, which takes place in the main building at the Framwellgate Moor Campus from 10.00am until 12 noon, is a fantastic opportunity for prospective students to explore the College's range of A-Level subjects, meet staff and students and take part in exciting demonstrations and interactive activities. During the event, students can discuss the details of each subject with

lecturers, enjoy a tour of the Sixth Form Centre and the College and chat with current students. Parents are also welcome to attend to find out about the distinctive package of support offered to A-Level students. Jane Ives, Head of Sixth Form at New College Durham, said: "Open Days are always an exciting event for us, giving people interested in studying A-Levels the chance to come along and find out more about the Sixth Form Centre and what we do. We look forward to getting to know new students and parents and answering any



questions they have on the day". The Sixth Form Centre is one of the largest in

County Durham and has a reputation for success; this summer A-Level students achieved a fantastic 100% pass rate in 19 subjects (Summer 2018 results). The centre's students regularly progress to Russell Group universities including Durham, Newcastle and York. To pre-register for the Open Day visit [www.newcollegedurham.ac.uk](http://www.newcollegedurham.ac.uk)

## Woodham Art Exhibition

January has been a busy month for the Art Department at Woodham Academy. Art teachers from across County Durham have once again come together in the main hall at Woodham to discuss the work in the AQA exhibition which tours the length and breadth of the country setting the standard for the assessment of work at both GCSE and A-level. Over 100 teachers attended the event, including 6 trainees from Durham SCITT, who are hoping to qualify to teach the subject this summer. This event is perfect timing for students and teachers alike as students start to produce work for their final exam projects this year. With questions ranging from "Natural forms" to "My surroundings" students are already working hard to ensure they secure the best grades possible this summer. Woodham looks forward to welcoming you to their art exhibition in the summer term which is scheduled



for 4pm-6pm on 26th June this year, where you can appreciate the outstanding talent of some of Woodham's most recent young artists.

## Police Launch Operation Sentinel

A major new initiative has been launched to target serious and organised crime across the region – and bring offenders to justice. Operation Sentinel this week saw Durham Constabulary, Northumbria Police and Cleveland Police join forces in a defiant stand against a whole range of offences – from drug dealing and burglary, to cyber-crime and fraud. As well as targeting offenders who look to profit from the misery of their victims, the operation will also work towards preventing this type of activity from taking place. The three forces will be working in unison alongside NERSOU, the North East Regional Specialist Operations Unit, to utilise their skills and expertise. Officers will be seizing goods, carrying out warrants and targeting offenders as

part of Sentinel's ongoing crack-down against serious and organised crime. And to show they mean business, a seized Ford Ranger has been badged up under the Sentinel banner to show that the forces will take a hard-lined approach in the fight against suspected serious and organised crime activity. Durham Constabulary Assistant Chief Constable Dave Orford said: "It is our duty to protect people from the devastating consequences serious and organised crime can have on lives. "Organised criminal gangs don't see borders and often travel across the region to commit crime and wreak havoc. "The launch of Operation Sentinel is a way for all three forces to further come together in a new show of defiance against serious and

organised crime, bringing together our expertise, technology and skills to disrupt these criminal gangs. We must stay one step ahead and Operation Sentinel helps us to send a very clear and powerful message to those who think they can get away with targeting the communities that we serve – we will track you down, take your assets from you and put you behind bars. "As well as pursuing offenders, Sentinel is also about ensuring we do everything we can to prevent people becoming victims in the first place. This includes putting activity in place to disrupt organised crime and also through education." Nationally, organised crime is seen as one of the greatest threats to communities because of the harmful effect it can have on everyone. Organised crime is

anything which is planned, coordinated and conducted by people working together for financial gain. As part of the launch of Sentinel, we will be coordinating activity across the region. Stay tuned for updates.



Assistant Chief Constable Dave Orford from Durham Constabulary and Northumbria Police's Temporary Assistant Chief Constable David Felton at the launch of Operation Sentinel

## Technology Firm Invests in Growth and Expansion

A Yarm-based technology firm is investing £250,000 in the strategic long-term growth of the company, including a complete rebrand and the acquisition of its partner brands. Yarm Computers Ltd, which has been running for 30 years, has acquired several of its partner companies to provide a more dynamic and efficient service to its clients, including; YC Business Solutions and their CCTV & Door Entry Department, Synergy Telecoms and DotUK Software Development. Lucid Technology Solutions, as it is now known, will continue to operate with the same professional team and provide services including; IT support, software development, telecoms, CCTV, access control, and security solutions to business and individual clients across the UK and Ireland. Dean Clarke, Managing Director, said: "The investment into the rebrand and merger of the businesses will allow us to provide clients with a high quality, efficient and cost-effective service while building and safeguarding the future of Lucid Technology Solutions and our colleagues. "We have worked closely with the companies we have acquired for many years, so this was the next logical step for the business and our collective team. "We are looking forward to growing the business to business operations especially, as well as continuing to provide an excellent service to our individual customers. Paul Alsop, Technology Director, said: "Our mission is to enable our clients' businesses to thrive and grow with best use of technology. Our expert team are now on hand to assist

with a range of support and wider projects. "We are also updating our own systems to ensure the smooth running of the business and the best service for our individual customers. We have introduced an electronic system which will allow customers to book appointments for repairs, and telephone appointments will also be available." As part of the growth process, Lucid have decided to expand, opening offices in various areas. Their latest office opening is in Newton Aycliffe Business Park, Blue Bridge Centre. Dean Clarke, Managing Director, said "Opening an office in Newton Aycliffe is a great opportunity for our company. Aycliffe's Business Park seems to have a great community and the businesses are supportive of one another's goals. We are excited to become part of this business community and be able to provide IT Support to another local area."

## RESIDENTS MEETING

The Williamfield Residents Association will meet on Wednesday 13th February, 2.00pm at the Western Area Community Centre, Silverdale Place. Ivin and Councillors have been invited to attend.



# AYCLIFFE RADIO

Blue Bridge Centre, St. Cuthberts Way, Newton Aycliffe DL5 6DS

IN PARTNERSHIP WITH NEWTON AYCLIFFE TOWN CENTRE MANAGEMENT

"Aycliffe Town Centre... Shopping for You"



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### How to Get Involved:

**TUNE IN** - Tune in to our Presenter's shows and support your local radio station.

**VOLUNTEER** - Help out at the station by becoming a presenter or event volunteer.

**SPONSOR** - Sponsor a show, presenter or the station for a nominal fee.

**ORGANISATIONS** - You are invited to come along and record a 5 minute info slot about your club.

**ADVERTISE** - Could your business benefit from advertising on Aycliffe Radio?

**LOCAL BAND/CHOIR** - Send us a pre-recorded session of your set or invite us along to record for you.

**SCHOOLS** - We can attend and record your Concerts, Performances, Presentations to be played on air.

**PUBS/CLUBS** - Send us your upcoming events and our presenters will promote them during their shows (and via our website).

**EVENTS** - If you are organising an event, why not let us help you promote it?

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## Former Pub Brought Back to Life

A once thriving village pub has been brought back to life with an innovative letting development devised by a property entrepreneur.

Investor and businessman Duncan Belton has returned to his roots after acquiring a three-year lease to let 10 self-contained apartments which were built in the former North Briton in Aycliffe Village. The famous pub on the A167 closed nearly five years ago and was snapped up by local businessman John Wade.

After a lengthy planning and building process, the pub building was converted into 10 flats made up of four one-bed, one 2-bed and five studio apartments.

Now Teesside-based property portfolio owner Belton, who was brought up in Aycliffe and drank in the North Briton pub in his younger days, is successfully marketing the fully-serviced apartments on short-term agreements for local businesses and contract workers.

North Briton Court now provides cost-effective, short-term solutions for either business clients or contractors looking for handy, local accommodation. And seven of the 10 apartments have already been let on long-term agreements with local employers.

Duncan said: "The beauty of the apartments is they provide almost a temporary home, for people who are staying over a number of days or weeks. They all have living rooms, fitted bathrooms and kitchens and come with all the space and luxury of a home, but without the cost of staying in hotels for a set period of time."

North Briton Court is ideal for business guests, contract workers or friends/family visiting the area for work or special occasions, with rooms available from as little as £40 a night.

North Briton Court adds to Belton's impressive portfolio, which includes 70 properties in the County Durham and Teesside areas.

Any firms or individuals

interested in letting any of the apartments at North Briton Court can contact

Duncan Belton on 01642 880030 or email duncan@nestegghomes.co.uk

## NEWTON AYCLIFFE BEGINNERS LAUNCH



We have very exciting news - on 18th February we are launching a Beginners Group in Newton Aycliffe! Let me introduce you to Jules who will be your Aycliffe Leader: "Hi! I'm Jules! I joined a Sisters Beginner Group a couple of years ago then went on to assist with the group as I absolutely loved helping the ladies feel at ease and confident! I loved it so much I decided to take the Run Leader course and went on to lead groups myself. I then decided due to childcare etc that I needed to take time out but I missed the Sisters Groups so much."

"I remember how rewarding it was to inspire a group to run and I felt very proud that I could help ladies accomplish such a big goal that so many think they'll never be able to do. The best bit was the fun we always had along the way and it's for this reason I've now decided to rejoin the Sisters as a Leader in Aycliffe."

"Why did I want to lead for Sisters when I could have set up on my own? The Sisters programme is unique, we have amazing resources, support groups and loads of benefits that I want my group to be part of - I also love the community feel being part of Sisters creates! So, I'm back and can't wait to launch my first official Sisters Beginners session in February. See you there!"

Here is the link to the Aycliffe Beginners group, please share and help spread the word <https://www.facebook.com/events/1752343818203904>



A quiet time for things to do next weekend, but a DCC Council meeting, four vital DCC consultations (which please respond to), a chance to shine at Lumière, good business news, and a fantastic Open Day at Newton Aycliffe Youth & Community Centre. More information on my blog at: <http://bit.ly/CNB95>

And don't forget to join me on Aycliffe Radio, 6-7.30pm, Sunday 3rd February, as we consider Gender-Based Violence and other topical political issues: [bit.ly/ARLIVE](http://bit.ly/ARLIVE)

### COUNCIL AND COMMUNITY NEWS

- DCC Council meeting, Wednesday 23 January.
- Key DCC consultations – on the County Durham Plan Per-submission Draft, and on the new Housing and Homelessness policies.
- DCC Review of historic parks, gardens and designed landscapes.
- DCC Interfaith group meeting, Wednesday 23 January – our vision for County Durham's future.
- A competition has been advertised to design an art

## Check on Vulnerable Neighbours & Relatives During Cold Season

Following the cold festive period, households in County Durham are being reminded to regularly visit vulnerable relatives, neighbours and friends to check they are keeping warm and well.

The warning comes after 360 excess winter deaths were recorded in County Durham during 2016/17\* with an even higher number expected for last winter once the full figures are released.

Those living in rural parts of the county are more likely to struggle to keep warm during the winter season because their houses tend to be older and less well insulated, making them harder to heat effectively.

Over 30% of people living in these areas are over 65 and are often at greater risk of developing health problems, such as respiratory conditions, which are made worse by cold temperatures. In response OFTEC, which represents the oil heating industry, is encouraging people to regularly check on older relatives and friends to ensure they are taking care of themselves over the colder months.

OFTEC has shared five top tips on things to look out for which could potentially save a life, as part of a free 'Keeping warm this winter' guide.

1) Ensure main rooms are heated to at least 21C with other commonly used rooms kept at least 18C

2) Make sure the heating comes on at the correct time and radiators are turned off in unused rooms. You may also want to adjust the

heating timers to match the weather conditions

3) Check that nothing is blocking radiators as this reduces effectiveness

4) If you use heating oil make sure there is plenty of oil in the tank. If it needs topping up, use a firm which is a member of the Federation of Petroleum Suppliers

5) Check the boiler has recently been serviced by an OFTEC (for oil or solid fuel) or GasSafe (for mains gas) registered technician who has checked it is working correctly and efficiently. If it does breakdown over winter, visit [www.oftec.org](http://www.oftec.org).

uk to find the nearest local registered technician

Malcolm Farrow from OFTEC, commented: "This time of year can be a real struggle for many people across County Durham, especially following the expensive festive period. As a result, some households resort to turning down their heating in an effort to save money.

"However, this puts people at greater risk of developing health complications, especially if they are older and more vulnerable. This is reflected in the large number of excess winter deaths seen

in the county over recent years.

"With a high number of older and vulnerable people living in rural areas, it is more important than ever that we look out for our relatives, friends and neighbours to check they are keeping warm and their heating system is working correctly. This could be a regular visit or phone call to make sure they are OK."

More information and advice can be found at [www.oftec.org](http://www.oftec.org) and the 'Keeping warm this winter' guide can be downloaded at <http://bit.ly/KeepingWarmThisWinter>.

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## Burns Night Comes to Aycliffe Care Home



Rose Lodge Care Home brought a taste of Scotland to Newton Aycliffe as the care home opened its doors for a Burns Night coffee morning for residents, families and guests from the local community.

Catrina Dulston of the Newton Aycliffe Pipe Band visited the home in traditional Highland dress to play bagpipes and one kind guest performed the traditional 'Rabbie' Burns poem 'Address to a Haggis' to open proceedings before attendees enjoyed sampling traditional haggis, neeps and tatties and a selection of Scottish-themed treats and refreshments.

Every year the life and work of poet Robert Burns

is celebrated around the globe on the Bards birthday, January 25th.

Nicola Wheatley, Home Manager at Rose Lodge, said: "We've had a brilliant time at our Burns Night coffee morning. This is now our third year hosting the event and it seems to get more popular each year. It was lovely to see residents, families and friends from the local area enjoying themselves together and getting into the spirit of the occasion."

Rose Lodge Care Home, operated by care home provider Countrywide Care Homes, is an award winning care home which provides residential care and dementia care for 54 residents.

## Humankind Launch Sparkle

Humankind is running a Winter Sparkles campaign aimed at helping people who use our services, as well as the wider public, through the dark months of winter.

Research has highlighted the particular problems associated with depression following Christmas, especially in groups who have substance misuse issues. To help our service users beat the winter blues, a campaign promoting #sparklethroughwinter has been launched by Humankind.

A selection of posters have been developed and circulated across their services so people can easily see and understand these messages. They use strong imagery to enhance the messages on how to help make winter 'sparkle', with themes ranging from leisure, health and friendship.

Alongside the posters, staff and service users are being encouraged to share their own ideas on how to Sparkle through Winter on Humankind's Instagram account as well as on Facebook and Twitter using the hashtag #sparklethroughwinter.

## Greenfield Teacher to Run London Marathon

in aid of local Neonatal Charity

A doting dad is taking on the iconic London Marathon to raise funds for Newcastle-based charity, The Tiny Lives Trust.

Martin Butterworth will be tackling the notorious 26.2-mile race on Sunday 28th April 2019, to raise funds for Tiny Lives, after his daughter Esther Rose was born 3 months prematurely.

The North Yorkshire born dad - who is a Subject Lead PE Teacher at Greenfield Community College in Newton Aycliffe - was inspired to complete the Marathon after seeing the struggles that Esther Rose went through when she arrived in the world too early, at Newcastle's RVI hospital. Esther Rose received life-saving care on the hospital's Neonatal Unit, which is supported by Tiny Lives.

Martin said: "The London Marathon has always been an ambition of mine. I entered the ballot back in April of last year and little did I know the significance of what was about to follow. The arrival of Esther Rose in September and being successful in the ballot in October - which I think was fate - has only encouraged me to fulfil this challenge so I can give something back to all

those who provided such amazing care and support over this tough time."

Martin and his wife Ellie also have another daughter, Evelyn, and had to juggle their lives considerably to fit around Esther Rose's dramatic arrival; a struggle that parents often face when they are admitted to the Neonatal Unit.

The Tiny Lives Trust aims to help make the Neonatal journey as comfortable as possible for both babies and parents at the RVI. The charity offers emotional support and financial assistance to parents, as well as supporting the Neonatal Unit with equipment, developmental aids and funds for staff training. They also fund several staff posts on the Unit, including a Neonatal Physiotherapist and a Psychologist, to support parental mental health.

Martin added: "Tiny Lives, alongside the Neonatal Unit at the RVI in Newcastle, offered outstanding care to our little newborn. I believe this fantastic care and support is the fundamental reason for Esther Rose having such an amazing start to life. It allowed her to go from strength-to-strength at the beginning of her journey."



The whole family (l-r, Evelyn, Martin, Ellie, Esther Rose)

Louise Carroll, Community and Events Fundraiser at The Tiny Lives Trust, said: "We can't thank Martin enough for bravely taking on the huge challenge of the London Marathon to raise funds for Tiny Lives! We couldn't do what we do without our amazing fundraisers,

many of whom are parents and former residents of the Neonatal Unit, just like Martin."

As well as Tiny Lives, Martin is also raising funds for The Sick Children's Trust and BLISS. Martin has set up a Virgin Giving page for those who wish to offer donations.

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## Newtonian Excelling in World of Cycling Time Trials



2018 was a successful year for Adam both on and off the bike. Targeting several National TT's and a season goal of becoming the National Junior Champion of Champions in his final year as a Junior rider. Adam now racing for Team Bottrill/Vanguard owned and managed by the renowned Matt Bottrill started the season with a few early wins including three wins in the Junior Knights Classic Series rounds and taking the overall series win combined with the overall team prize for Team Bottrill/Vanguard. Following up with wins in the Junior Durham and Northumberland 10 mile and 25 mile championships and retaining the regional Junior BAR (Best All Rounder). Into June and taking 2nd place in the Junior Circuit race saw Adam progress towards his season objective. A family holiday to Canada took his bike across the

Atlantic to allow him to continue training for the National events later in the year.

Moving into the second half of the season Adam had a hard few weeks of training in preparation for the National events. In addition, receiving his A level results and securing an Apprenticeship at Jaguar Land-Rover in Coventry which meant a move away from home and a change in his training regime.

September saw Adam take second place in the National 10 mile champs with a time of 19:42, an average of 30.45mph. Also setting a new 30 mile Junior national record with a time of 1h 1m 23s.

The focus was now on the final race of the season the Closed-Circuit championship in October which Adam finished second in 2017.

With a time of 24:10 for the 12 mile course and taking first place Junior and securing the 2018 Junior Champion of Champions and finishing 5th in the overall 2018 Time Trial rankings across all age groups.

Presented with the season's trophies and his Champion of Champions gold cap at the annual CTT dinner in January Adam thanked his coach, team mates and parents for all their support and commitment during 2018 and has already started training for his step up into the senior ranks in 2019.

## Spectrum RSC - Kindness Counts Medals

Well done to 13 Spectrum roller skaters who took part in The Great British Children's Challenge - Kindness Counts and were awarded their medals this weekend.

The skaters aged 5-13 based at Spectrum Roller Skating Club who train at Shildon Sunnydale Leisure Centre in Shildon recorded their acts of kindness over the festive period and submitted them to the online challenge for children.

Liam Stevens, Erin Marambe, Ella Newson, Amber Wearmouth, Anna Marambe, Iris Comerford, Jazzmyn Loring, Kam Comerford, Matthew Bowden, Maddison Longstaff-Jones, Katie Bowden, Niamh Dawson and Aysha Toms in the run up to Christmas took part in several activities and donated coats, clothes and toys to charity, made cups of tea, helped with housework, cleaned up litter, cleaned cars, donated tins to a local food bank, gave foot massages, made cakes and biscuits, helped with fundraising, looked after siblings, gave hugs and helped friends, looked after pets, helped with food shopping, took plates away and washed up, decorated and hid rocks with kind messages, helped put



## N.A.F.C. REPORT

Saturday 26th January  
Ebac Northern League Division One  
West Auckland 0 v Newton Aycliffe 1



Aycliffe's new manager Colin Stromsoy saw his side take it's first win in 7 league outings at West Auckland on Saturday. Skipper Dan Mitton returned from injury to put in a Man of the Match performance in the centre of defence while Josh Home-Jackson scored the only goal of the game.

There were two new signings in the team, midfielder Gerard Richardson who signed from Ashington & left back Scott Howes returning for his second spell at the club. The first 20 minutes of the match saw few chances for either side. On 23 minutes Aycliffe came close when an Ethan Wood free kick found Marc Costello but his header was off target. A few minutes later West had a chance but Alex Francis' shot was saved by Adam Pickford diving to his left. Ali Alshabeeb had a shot for Aycliffe from 30yds on 35 minutes but it was easily saved by West keeper Shane

Bland.

As halftime approached West had the best chance of the half but Amar Purewal's header was off target. HT 0-0.

Aycliffe started the second half well with Kurt Matthews working well to feed Richardson but the angle was too tight for an effective shot. West also had chances & Pickford had to pull off a good save.

The breakthrough came on 69 minutes when Home-Jackson reacted quickly & his shot looped over Bland into the net. West piled on the pressure for the last twenty minutes but the Aycliffe defence, led by Mitton, held firm for a much needed victory. FT 0-1. The win lifts Aycliffe to 12th in the league. They now have a break with their next match being at home to Sunderland RCA on Saturday 9 February. Photos: New Manager Colin Stromsoy and goalscorer Josh Home-Jackson.



up Christmas decorations, handed out Christmas cards, prepared and cooked family meals, helped other skaters change wheels, supported charities, sang carols and gave presents to the residents of Shildon as part of Shildon Alive's Mini Santa's. "The children are learning how small acts of kindness have a rippled effect and

the importance of being kind within a team. I am so proud of the skaters and families who support them at Spectrum Roller Skating Club and all they have achieved during this project. The skaters have improved their own well being and confidence as well as helping others" said coach, Tracy Stevens.

## FREE WATER POLO SESSIONS



Sedgefield Water Polo Club travelled with a young and fairly inexperienced team to Lancaster in December to participate in the annual development tournament. Well done to the born-2006 and younger team who came away in 6th place. Everyone thoroughly enjoyed themselves and had lots of fun. Some of these players had never competed in polo before.

A more experienced team travelled to Manchester in January for the winter festival where 36 teams – consisting of 468 youngsters – competed. The

team worked really hard and lost only one match meaning they came away in fifth place.

### FREE SESSIONS

Sedgefield Water Polo Club are pleased to introduce levels 8, 9 and 10 in water polo by way of offering FREE sessions for 8 weeks, which is open to anyone wanting to come and try this fun and exciting sport, with the added benefit of being able to achieve a certificate and badge for passing the various stages. Simply email sedgefieldwp@hotmail.com or contact 07579 030598 for further information.

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# TOURIST GUIDE COURSE LAUNCHES

Budding tourist guides are being sought to help show off North East England region to visitors from the UK and all over the world. A new and updated Tourist Guide training programme starting in 2019, and lasting for one year will help applicants to qualify for the highly prestigious "Blue Badge", as awarded by the Institute of Tourist Guiding. For a tourist guide, earning a Blue Badge is like a chef receiving a Michelin Star. This course hopes to boost numbers of self-employed guides in the region to compliment the growth of tourism across the North East. There hasn't been a training course in the North East for around 10 years so for many this is their first

chance to get involved. The training programme will teach candidates to deliver interesting, factual and enjoyable guided tours on foot and by coach, so that visitors can fully appreciate and enjoy the region's fascinating cities, towns and villages, buildings, history, characters, economy and countryside. "Leisure and business tourism is an increasingly important part of the North East economy" said Course Director David Waite. "Visitors' expectations are high and to ensure the highest possible standards we are applying for accreditation by the Institute of Tourist Guiding. Once accredited,

the programme will meet stringent criteria that can provide professionally trained Tourist Guides who can offer high quality tours. We believe this will encourage more people to visit our fascinating region and to enjoy it to the full." What makes a good guide? A guide needs a good, clear speaking voice and smart appearance. They must be knowledgeable about the North East and able to convey that knowledge in an engaging, entertaining manner. They need to be a 'people' person and they also require patience and stamina to cope with long days. They

should be well-organised, punctual, and familiar with research techniques on the internet. The training programme can teach people many of the facts and figures needed to do the job and help with the development of 'tourcraft,' but each guide brings their own personality to the job. Training also includes the business side of tourist guide work and marketing. Applicants can be from any background, although those with a special interest in the North East of England region and fluency in languages are being especially sought.

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WE ARE NOT CONNECTED TO ANY OTHER COMPUTER BUSINESS IN N/AYCLIFFE

## Party Plan

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## Public Notice

**DONATIONS** of Bric-a-Brac and other good condition items for Newton Aycliffe good causes. Honest John 01325 316630

**RON ROSE ART CLUB** Meet Friday afternoon 1-3pm at the RAFA Club, Barrington Road

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Have you ever wondered if you've got what it takes to disappear and go on the run, testing your wits to evade capture from some of the best hunters on the planet? We're looking for aspiring 'fugitives' of all ages, men and women, to take part and do whatever it takes to disappear in 21st century Britain. Perhaps you fancy your chances by going it alone, or maybe you'd like to escape with your family, friends or colleagues.

A prize of £100,000 will be shared equally between the fugitives who successfully evade capture.

To apply, please go to: [www.huntedapplications.com](http://www.huntedapplications.com)

Closing date: Monday 11th February

You must be 18+ in order to apply to take part in the series.



You trust Amazon, but the Universe must provide proof of postage and tracking details. You order something from Amazon and then simply trust your order will be delivered. You have little or no idea of the complexities involved but you don't worry about the details, you just put your order in and then wait for the delivery safe in the knowledge it will arrive in due course. You don't worry which depot it's coming from, which shelf it

was on or the name of the forklift driver who loaded the lorry. When placing the order you didn't ask for the name of the delivery driver or ask for a description just to make sure the right driver brought the correct item to the door. You put your order in and then got on with life. Yet when we meditate and communicate with the Universe we become a control freak who needs to be provided with every finite detail. We want security details, proof of identity and written guarantees. We want the in's and outs, the who, why what where and when. We would never dream of demanding Amazon prove they are up to the job, yet where the universe is concerned we appear to lose all sense of perspective and demand constant reassurance. Maybe if the universe offered recorded delivery with proof of postage and tracking details of our latest spiritual shopping list, maybe we would relax a bit more and just wait for our prayers to be answered. Little Buddha

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# TAKE A CHANCE ON DRAMA



Chance Drama are currently on the look out for youngsters who have an interest in performing arts.

With show rehearsals beginning very soon, it's perfect timing to start. We are a Youth Theatre group, who rehearse and perform in Mainsforth Community Centre.

We charge £2 per session, and hold sessions on Sunday afternoons - Which is split into Juniors and Seniors. It is perfect for children to make friends, with similar interests in acting, dance and singing.

For information regarding joining, drop us a Facebook message or email us on: [chancedramaferryhill@gmail.com](mailto:chancedramaferryhill@gmail.com)

# Tips To Keep Your Quad Safe From Thieves



A NEW police pilot scheme is being launched in Bishop Auckland to give crime prevention advice to buyers of quad bikes.

Durham Constabulary has teamed up with Lloyd Ltd, an agricultural and construction machinery company at St Helen Auckland, to offer useful tips to customers.

Crime prevention officer Derek Sirett, of Durham Constabulary, said: "We have designed a leaflet to provide extra information to quad bike owners which Lloyds will distribute in their sales pack with any quads and ride-on mowers sold.

"The leaflet details information and advice on tracking devices, ground anchors, a permanent marking scheme, CCTV, lighting and other tips to help protect valuables.

"Agricultural equipment such as quads are an essential piece of kit for most farmers and are valuable assets which are expensive to replace. We hope this guidance provided at the point of sale of goods will help combat theft. We want to encourage owners to take extra steps to ensure

their vehicles are safe and secure."

Alistair Whitby, the dealer principal at Lloyds, which is the first seller on board, said: "We are delighted to support the local police in their pilot scheme which offers handy advice to our customers."

Durham Constabulary will roll out the scheme to other sellers across County Durham and Darlington.

## Family Junior Disco Night

**Western Area and Junior Neighbourhood Watch are holding a Family Junior Disco on Saturday 9th February at the Scouts Hall, Bluebell Way (behind the Navy Club) from 1.00pm until 5.00pm, admission for everyone £1, babies free.**  
**Bring your own food. KDO Disco will be entertaining us and they also have a free Candy Floss machine!**  
**Ring 308094 07967 901477 for details.**

## For Sale

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**"ALL SORTS"** Charity Shop next to St. Clare's Church Hall is open 10.00am to 1.00pm every Tuesday, Thursday and Saturday. Every penny made will continue to be donated to good causes. The shop is run and funded solely by Godfrey Bennett, who would like to thank all his many supporters. Coming soon - massive price reductions to make way for new stock.

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# New Bus Timetables

Dear Sir

As of Sunday 17th February 2019, there will be new bus timetables, plus some rerouting. Those going to the New College Durham or early to the University Hospital Durham (early morning's), please note: the 3 buses will drop to 2 buses. The times will be the 7.28am and 7.43am from Newton Aycliffe getting into Framwellgate Moor at 8.29am and 8.44am respectively.

Coming back in the afternoon there will be NO number 7 from Framwellgate Moor, you will have to get a different bus and change at Durham bus station.

There are changes to 8, X21 timetables.

The 5A will mostly run on evenings after 6.00pm and will be revised to the number 5 service. New timetable 5/5A.

Online timetables are now available, see Arriva website and cover page of County Durham bus website.

Printed copies should be available at the Library soon. Yours Sincerely, A Helping Hand.









# Juniors Football Report

The football season continued for the Aycliffe Juniors teams with plenty of teams in action and some great results.

The development players enjoyed a friendly with the Under 6's playing against the newer Under 7 players to give them some match experience. This was enjoyed by all with some great skills on show.

The Under 7's White completed their Russell Foster winter mini league with a good 9-2 win against neighbours Shildon. The

players have developed throughout this part of their season and showed some great skills in the fixture. The scorers this week were man of the match Jack R (5), Jack C (3) and Joel with one. The Under 7's Juniors played away at Darlington FC Quakers they started well and were 2-0 up. Darlington though grew in to the game and at one point were 5-3 ahead before Aycliffe dug deep to come from behind and win 8-6. The goals were scored by Daniel (4), man of the match Jonah (3) and

Alfie. In the development game Aycliffe won 7-5 with Marley (2), Kai (2), Jonah, Alfie and Jack C on target.

The Under 10's Claret played 21st All Stars at home. They started well but were unable to capitalise and it was the All Stars who took a 1-0 lead with a scrappy goal. It looked as though the game would end with that score but a last minute equaliser from man of the match Kai made the score 1-1 giving Aycliffe a share of the points

The Under 12's played Greatham at home, it was a blustery first half and Jake gave Aycliffe the lead with a great long shot. That lead was doubled when Zak showed great skill to release Jake to score again. Greatham had the benefit of the wind in the second half but great saves from Noah and defending from Lewis, and man of the match Cody, limited the visitors to one goal and secured a 2-1 Aycliffe win. This result made it an impressive seven games unbeaten for the team.

The Under 13's Russell Foster League team faced Jarrow United at Woodham. A closely fought game ended with defeat by the odd goal in five. Kamil and Charlie were on target for the Aycliffe team.

The Under 13's TJFA league team played against league leaders Marton Whites who included a couple of recently signed ex Aycliffe players. The Aycliffe team battled well to keep the game goalless at half time. At the start of the second half a couple of chances were missed but then Marton finished strongly to secure a 3-0 win.

The Under 14's saw their seven game unbeaten streak come to an end with a 9-3 loss at home to second placed Leven. It was a hard game in tough windy conditions and the man of the match was Lewis Hardy.

## Squash Promotion

To promote and develop squash in and around the town, Aycliffe Squash Club in partnership with the Oak Leaf Sports Complex will be delivering drop in sessions for anyone aged over 16 on Saturdays from 4pm to 5.30pm, from 9th February to 30th March (except for 23rd February and 16th March). They will be led by experienced club players, and will cater for beginners, improvers and club players, offering advice, assessment, guidance and practice. There will be a nominal charge of £2 towards the cost of the courts.

If you are interested in getting into squash, or are already playing but want to improve, please do come along. If you require further information, call the Oak Leaf on 01325 300600 or visit aycliffesquash.co.uk



# Youthy Football Round Up



U14 NAYFC Girls

## U15 Newton Aycliffe Hawks 3 Hartlepool Saxons 2

Today the boys hosted a Saxons team who had beaten us previously this season. Conditions made it tough to play our passing game, so we knew today would be a grind. The boys struggled to get to grip with the game for the majority of it today, but we always look dangerous when we attack. We took the lead when Declan turned home from a corner at the back stick. We were soon 2 up when Jack was fouled in the area and he dusted himself off to slot the ball home. Saxons first half were just knocking long balls forward for their striker to chase, we defended well for the majority of the half but one mistake cost us a goal, 2-1. We responded well and were soon 3-1 up when Robbie's cross was nodded home by a defender. HT 3-1. 2nd half we were playing into the wind and struggled to get a grip of things, our decision making wasn't very good today. Thankfully we defended well as a team, especially Dylan who was having another blinding performance at CB. Charlie in goal was alert to long balls, through balls and his handling was exemplary. We created some clear goal scoring chances but failed to put the game to bed. We were made to sweat as Saxons scored a 2nd but the boys found a way to see the game out. MOTM Dylan for another commanding display at the heart of our defence.

## U11 Newton Aycliffe Falcons 7 Bishop Auckland 4

We started the 1st half confident making some good runs and passing the ball well. We got the 1st goal which put the lads on a high. We were firing shots from the edge of box, hitting the post then the cross bar, winning scrambles in the box and had most of the possession. We scored another 4 in the 1st half and Bishop scored 1. 2nd half our lads thought they had it in the bag and pushing forward they all wanted a bit of the action, failing to come back and help the defence. Having too many up front meant Bishop beat our defence and scored 3 in the 2nd half.

After directing our midfield to come back and help, the game settled down again and we got a further 2 goals. FT 7-4 to Aycliffe. Learning lessons every week, but overall some good football played. Well done lads.

## League Shield Round One U14 Aycliffe Girls away to Deerness

Cold windy hill in Sacriston for today's game, but every girl was up for the game. A tight first 10 minutes in which Deerness had the best chance, but Faith came out to their striker who slotted wide of the post. This gave the girls the jolt they needed and on from there we were in control. Hattie opened the scoring first, followed by 2 goals on her debut from

Ruby and one from Alex taking the score at HT 0-4. Hattie opened the scoring in the second half and was then moved to be the midfield provider having a part in every goal that then came from Jess, Macey, Olivia and a further 2 for Alex. The power play rule was then used, where our opposition brought on another player, but the girls were too strong today. Onwards to Round Two against Easington Colliery in a few weeks time.



# Darlo F.C.

Darlington Football Club's half term football camp is already 50 per cent sold out. The camp, which is being organised over the February half term between Monday 18th and Friday 22nd February, is aimed at 5 to 12 year olds, and they will be given the opportunity to advance their football and social skills in a child-friendly environment in the Dolphin Centre.

The cost is £12 per day between 10am and 4pm, and the children will be looked after by qualified coaches who are DBS checked. There's a £4 discount for siblings.

Details are available from Liam Coates on 07903 614570 or on email at footballinthecommunity@darlingtonfc.org.

The club's academy is also holding a talent ID day on Tuesday 19th February, which is aimed at youngsters who are wondering what to do with their careers after their GCSEs later this year.

The academy offers a two year BTEC Level 3 Sport qualification, and the ID day offers training by qualified coaches, chats with manager Tommy Wright and assistant manager Alan White, and a game in the afternoon. There will also be details of what the course offers, and the chance to chat with some of the students.

The academy has already produced some good players, but the course is aimed at anyone who wants to use the qualification as a basis for progressing into any sort of role in sport.

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