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Friday 7th September 2018 First Published in 1948 and still FREE

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Foodbank Celebrates Sixth Year at St. Clare's



Foodbank celebrates its 6th year at St. Clare's Church - so what better time to for Parish Youth to pay them a visit. #proudasapunch Parish Youth took time out of their holiday's to volunteer at the Foodbank. Helping to collect donated food, check it in, weigh it out and pack bags - they really are amazing young people. They learnt about stock rotation and took time to listen to how other agencies can help those who rely on this valuable community organisation. Unbelievably we discovered that today was also the Foodbank at St. Clare's 6th Birthday and it was great that Peter from Durham Christian Partnership came along to say hello to the young people. Great work kids. With recent changes of staffing for the Foodbank it is asking for any who would like to volunteer for this community work to come forward and you will be made most welcome. It is always great to grow a team where everyone has a part to play. So why not drop in on a Wednesday or Friday just

before opening at 1.30pm or closing at 3.30pm and meet co-ordinator Catherine and the team. PLEASE NOTE THESE

ARE THE CORRECT TIMES AND CONTACTS FOR THE FOODBANK - not those stated in last week's issue.



MERCHANT NAVY DAY 2018



The Deputy Mayor of Great Aycliffe, Councillor Mrs. Mary Dalton, attended the War Memorial outside St. Clare's Church on Monday 3rd September to raise the Red Ensign flag on behalf of the Town to mark Merchant Navy Day. With local Councillors and veteran Merchant Navy personnel alongside, the Deputy Mayor read out a message on behalf of HRH The Earl of Wessex, President of Seafarers UK and Rev. Elizabeth Bland followed with a blessing which was very moving and poignant for those who attended. The Red Ensign flag is the official flag of the British Merchant Navy and those men and women on whom we depend to keep our island nation supplied with food, fuel and other imports.

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THE TURBINIA

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The Very Best of Rock - NO Cover Charge (unless stated)

Saturday 8th September - "Fire Lady Luck"

Something different from this amazing band this time, as well as their usual mixed covers, they will be doing a 'Green Day Tribute Set'

Lewis Naylor - Lead Vocals - Guitar / Alex Dixon - Guitar - Backing Vocals / Josh Fodden - Bass - Backing Vocals / Alex Naylor - Drums.

Quote - "Alternative-rock band Fire Lady Luck are, without a shadow of a doubt, one of the most talented bands in the North East, and Nothing To Prove just establishes that fact even more. Ever since they appeared on our radar a couple of months back, this has been the album we've been itching to listen to" - Bottleneck Reviews

Previous gigs, include O2 Academy, Newcastle, - main stage at Willowman 2017, and one of the best acts at Ronnington Festival

Covering tracks by - Clash - Foo Fighters - Kinks - Beatles - Who - Rolling Stones - Green Day - Eagles - Blink 182 - RHCP - Johnny Cash & many more.

Saturday 15th September - "Fossil"

For more information on bands go to
www.turbinia.co.uk or 01325 312312

Muddy Mayhem on Way to Selling Out



Time is running out to secure your spot at the North East's most exhilarating obstacle course.

On Sunday 30 September Muddy Mayhem, organised by Durham County Council, is back at Hardwick Park for its fifth year.

The challenging 10k race is now sold out and the 5k is not far behind with only afternoon slots available. Anyone who wishes to join in the fun is encouraged to book up quickly to avoid disappointment.

Ross Carrick, senior parks and countryside ranger, was part of the team that designed and built the course. He said: "The course is built by a team of skilled rangers and volunteers and takes around six weeks to build. It is a massive team effort and takes a lot of hard work, time and dedication by everyone involved, but the results speak for themselves." Competitors climb and jump their way around the 5km circuit that features elements of horse trials, motocross, rock climbing, military obstacle courses and adventure playgrounds and incorporates over 40 man-made and natural obstacles. Ross added: "We have come on leaps and bounds from the days of using a few cargo nets, pallets and tyres. We now have structures such as the monkey bars, wall walk, mangle, and bell ringer. These are complex, large scale obstacles that need to be well designed, well built and most importantly safe for everyone involved in the event."

"The course also needs to be well tested, which always encourages a bit of friendly competition and is good for a few laughs, which is exactly what you'll have if you take part in the event. Remember, this is no walk in the park." Everyone from professionals to amateurs is welcome to take part as long as they're aged 16 or over and have a reasonable level of fitness. However, nobody gets left behind as race marshals will be available to give a helping hand to anyone struggling with an obstacle.

The event is scheduled to begin at 10am with the runners setting off in waves every twenty minutes until 2pm.

Registration for the 5k course costs £43 and closes on Wednesday 19 September.

For more information or to sign up, visit www.durham.gov.uk/muddymayhem or e-mail muddymayhemquiries@durham.gov.uk

Ferryhill Remember The Fallen



Endeavour Woodcrafts, Ferryhill, a day service for disabled adults, have been involved in a project making wooden Tommy soldiers and hand painted wooden poppies. The Tommys and poppies have been appearing all over the village and are a way of us all remembering the ones we have lost. Tommys are available to buy priced at £4 and poppies £2.50 with 50p of each sale going direct to The Royal British Legion Poppy Appeal. Anyone wishing to purchase should call 01740 657676 to place their order. Photo of one of the Service Users promoting their hard work.

Community Connect on Aycliffe Radio



Community Connect on Aycliffe Radio are helping people in Newton Aycliffe find their voice. Presenters Phill Hawkins and Amy Kirsty Harrison are establishing a reputation as a team who aren't afraid to tackle important issues such as mental health, drug use and misuse, poverty and homelessness. The programme in its fifth week has already established a strong following with listeners tuning in on a Wednesday evening from 6.30 till 8.00pm, catching previous shows on Mix Cloud, and joining the Community Connect Face Book page.

The show was designed specifically to encourage local residents and businesses to get in touch and have their say on local issues, what's happening in the community and just as importantly what's not happening, when maybe it should be. No topic is too small or insignificant and if it's important to you then we want to hear from you.

The show is an easy mix of good music to satisfy most tastes, lively discussions and interesting guests in the studio. If you want to request a dedication for a special person or occasion, share your thoughts with us, or simply to say Hi, it couldn't be simpler.

You can contact Phill and Amy at www.ayclifferadio.co.uk text: 07512 253333

Email: phil@ayclifferadio.co.uk or amy@ayclifferadio.co.uk

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Nursing Home's Harvest Scarecrow

As some readers know, the Pastoral Team of The Parish of Great Aycliffe visit all the nursing homes on the town quarterly for a short service of hymns and prayers. We also offer communion for those who wish it. This year as part of our harvest services we have asked all the homes if they would like to make a scarecrow. This could be a traditional one or something entirely different. The choice is entirely theirs.

The pastoral team will be visiting all our homes from September 17th until October 1st. Service begins at 11.00am and all are invited to join us. Maybe you have a relative or friend you visit, why not make this day your visiting day and join in the fun.

The Newton News have kindly offered to go into the homes and take photographs of all the "Scarecrows" these will be shown in the newspaper and we would like all readers to vote for their favourite one. All homes named here have

their service on the date shown. It would be lovely to see some of our readers there to join in with us and make all residents know they are thought of.

Thank you
 Pam Lovelass APA

Monday September 17th
 Rose Lodge
 (Cobbler's Hall)
 Wednesday September 19th
 Aycliffe Home
 (Horndale Area)
 Friday September 21st
 Woodham Grange
 (down Burn Lane right through metal gates)
 Monday September 24th
 Bethany Home and Day Centre (in day centre opp home)
 Wednesday September 26th
 St. Clare's Court
 (Town centre)
 Friday September 28th
 Defoe Court
 (Hardinge Road area)
 Monday October 1st
 Lindisfarne
 (Silverdale area)
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- Send a cheque to: Cashiers, Darlington Memorial Hospital, Hollyhurst Road, Darlington, DL3 6HX. Please make cheques payable to: Co Durham & Darlington NHS FT Charity.
- Pick up a donation envelope

with more information, from one of our waiting areas or wards.

- Text **SCAN02 £10** to 70070 to donate £10 to CDDFT.
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Running In Memory of Wife



Heartbroken husband takes on Great North Run in memory of wife who died with Alzheimer's aged 62. A former club runner is taking on the Simplyhealth Great North Run for the first time in more than 20 years to raise money for dementia research in memory of his wife who died with Alzheimer's disease aged 62.

John Elliott, a former member of Darlington Harriers, last ran the Great North Run in 1996, but will be tackling the half marathon again on Sunday to raise money for Alzheimer's Research UK. The 64-year-old, who has run the 13.1-mile race six times, chose to support the UK's leading dementia research charity because his wife, Christine, died last year with Alzheimer's disease having been diagnosed in 2011 aged 56. She was also a member of Darlington Harriers and ran the Great North Run twice. John, from Newton Aycliffe, said: "Alzheimer's is such a cruel disease. It was really tough and as the carer you see the full brunt of it. "It never really occurred to me that someone could get Alzheimer's disease at such a young age. When she started having memory problems I did start to worry that it might be Alzheimer's, but I was still staggered when she was diagnosed.

"She was okay for a long time, but from mid-2016 she deteriorated very quickly and it got to the point where I had to look after her all the time, helping her dress and eat.

"If I ever raised money for or donated to charity in the past it would always be cancer related. But now I want to support dementia research. I believe funding for dementia research is inadequate, so I want to do all I can to help. I want to support research so that future generations won't have the same fate as my wife."

John, a retired bank manager who now works part-time as an environmental warden for Heighington Parish Council, has been running four times a week in preparation for the race and hopes to complete it in around two hours.

The father-of-one said: "I do the occasional 10km race, but this year is the first opportunity I've had to do a longer race and I thought it's got to be the Great



North Run.

"My best time for the Great North Run was one hour 14 minutes and I did the London Marathon in two hours 50 minutes. I don't expect to match past glories, but I will get round even if I have to crawl the last few miles.

"I'm really looking forward to the race. There's a small group of us, including some who are coming over from Florida, who will all be 65 around the race day. It's a bit of a last swan song for us!"

John has so far raised over £700 and his former employer Barclays will match fund donations up to £750. To sponsor John go to www.justgiving.com/fundraising/JohnElliott64 John is one of 305 runners taking on the world's largest half marathon for Alzheimer's Research UK – a record for the charity. Julia Sobik, Senior Sporting Events Manager at Alzheimer's Research UK, said: "There are 850,000 people with dementia in the UK and John's story shows the devastating effect dementia can have on a family.

"The vital funds he and the hundreds of people taking on the Great North Run for us raise will power world-class dementia research projects and help bring an end to the fear, harm and heartbreak of dementia.

THE ANGELS HAVE LANDED

I just want to tell you all that the angels have landed. I spent a fantastic few hours with the other 19 angels within the shadow of the True Angel of the North at Gateshead. Receiving the



award was I think one of the proudest moments of my life. There were 320 nominations from across the whole of the North East and 20 of us were chosen for our dedication to our communities and the continuous work that we do. This was to commemorate the 20 years that the "Angel of the North" has been erected.
Regards
Dorothy Bowman.

ACORN Residents' Association

Our regular meetings are back on after the summer break during which many of us enjoyed our trips out and Fun on the Green Day. More trips and events are being planned and will be announced at this month's meeting on Thursday 13th September 2018. We meet at the Phoenix Club (upstairs) at 6pm. Little Acorns meet at 5.30pm. The youngsters can have the opportunity to put their ideas forward. Come along for a chat, tea and coffee and join in our friendly group.

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Ruby's Hair Cut for Little Princess Trust

Ruby Hindmarch had 15 inches of her hair cut off for charity on Friday 31st August by Mel Wilson of Melly's Cuts. Ruby is 10 years old and attends Sugar Hill School. Her mum, Kelly, told her about little girls who have lost their hair and Ruby decided she wanted to help.

"I have always been very lucky to have long hair that I love. When I saw that some other little girls don't have any hair because they are poorly it made me feel very sad. My mummy told



too. Thank you to everyone who has donated, and to Mel of Melly's Cuts who cut my hair for free," said Ruby. So far she has raised £285 for Little Princess Trust who provide real hair wigs, free of charge, to children & young adults that have lost their own hair through cancer treatment and other illnesses. Please visit them at www.littleprincesses.org.uk to find out more.

Fun Day at Bethany House

Fun Day at Bethany House, Woodham. Saturday 8th September. Loads of free things to do. For more details please ring 300 950.

me about the Little Princess Trust and I decided that I wanted other little girls to feel as beautiful as I do with my long hair. Along with my hair I am also going to donate the money so they can fund making the wigs

LEADING TEES LAW FIRM TARGETS FURTHER GROWTH WITH NEWTON AYCLIFFE EXPANSION

One of Teesside's leading law firms is targeting further growth after opening an office on County Durham's biggest business park. Stockton-based Endeavour Partnership has expanded to Aycliffe Business Park and wants to bridge what it says is an obvious gap between Leeds and Newcastle for "city-level" legal services. The firm was launched in 1999 by four partners who saw the need for a law firm to provide purely commercial legal services. It has built up a strong reputation over the past 20 years for providing high-quality advice on a range of business law matters including mergers and acquisitions, intellectual property, employment and pensions, business immigration, commercial property and corporate recovery from its headquarters at Teesdale.

Endeavour Partnership was again recognised as one of the North East's top corporate and commercial practices in the prestigious Legal 500 and Chambers guides with every department highly ranked this year. To build on its impressive growth over the last two years, Endeavour Partnership has now identified Aycliffe Business Park as a key growth area. Co-founder and managing partner Paul Bury said: "We already work with a number of key clients in Newton Aycliffe, and we want to expand on that. "We're also very committed to the business park and its community. We're keen to get involved in local initiatives and we've already agreed to sponsor the business park's Make Your Mark awards for a third year running. "We know there's very much a community feel to Aycliffe, but we also know there are a lot of firms who don't know about the level of services we provide. "You don't need to go to Leeds or Newcastle to access so-called city-level legal services. We have a team of highly-experienced corporate lawyers who can cover every aspect of business law."



Endeavour Partnership operations director Sharon Hutchinson (left) with the firm's co-founder and managing partner Paul Bury and Xcel Centre director Kerina Clark at Endeavour's new office on Aycliffe Business Park.

Endeavour's Aycliffe office, within the Xcel Centre at the heart of Aycliffe Business Park, is being headed up by lifelong Aycliffe resident Sharon Hutchinson, who knows the area well and is also managing director and chair of the Darlington Business Club. "I've lived in Newton Aycliffe all my life, so to see this excitement and optimism around the business park is fantastic," added Sharon. "There's so much good stuff going on in the area and we feel we have a contribution to make to that. "Having spent time with local businesses, it has become obvious that we have a lot to offer them. They know they need more than a general practice but they think that type of legal service is only available in the city. "What we're now saying to businesses in Aycliffe and surrounding areas is that the support they need is closer than they think."

Endeavour has taken up an office within the Xcel Centre, and managing director Kerina Clark – who's also chair of Aycliffe Business Park Community – said: "We're delighted to welcome Endeavour Partnership to Aycliffe.

"The firm has been a big supporter of the Make Your Mark awards for three years now and we know it wants to play a big part in our community. "But it's also another quality addition to the growing top-level professional services we already have here and something which I'm sure will complement our existing tenants."

Endeavour Partnership is the go-to legal practice for a range of issues in sectors ranging from construction, healthcare, hospitality and leisure to agriculture, education, retail, IT and start-ups. Endeavour Partnership already currently works

Thank You

John's Aycliffe Community Kitty would like to thank Humankind, formerly DISC, for giving us premises over the last 3 years free of any charge whatsoever. The first time we have encountered generosity of this kind since Tuesday market days when Town Centre Manager Bryan Haldane allowed me to have a free Town Centre storage space and market traders kindly gave me an area of approximately 50ft for the rent of a 10ft area, brilliant! Without all of this I would never have got started and we are coming up to year 12 in October! There is one very important man in all of this, the founder of Newton Press, Mr Syd Howarth, MBE. For almost 30 years Syd has supported and encouraged me in whatever I've had going on charity wise and I feel honoured to call him a friend. I only hope he calls me one! Thank you Syd. John xx

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RAID AT St. T's SUPERSTORE



MASKED thieves have broken into the compound of a popular charity store and stole key parts from one of its vehicles which is used to collect vital donations.

CCTV equipment protecting St T's, the charity superstore of St Teresa's Hospice in Darlington, caught the callous raiders on film.

They forced open the window of a Mercedes van, before releasing the bonnet and dismantling the whole front end, complete with headlights, bumper and grille, putting it off the road.

The vehicle is essential for collecting new stock from kind-hearted donors which fill the retail space of the superstore, on Darlington's McMullen Road, and the hospice's other stores across South Durham and North Yorkshire.

Money raised by the network of stores is absolutely essential to the work of St Teresa's Hospice, which provides crucial services around the clock to patients and their families.

Head of retail Marjorie McIntyre said: "It beggars belief that there are villains within our community prepared to prey on a charity which works tirelessly to help people at their most vulnerable time.

"We have increased security at the compound once again and would ask anyone who notices anything suspicious around our site to contact the police immediately.

"We will not be cowed by this sort of behaviour because we experience the very best of human nature on a daily basis with some wonderfully generous donations and through the work of our amazing volunteers and staff."

Offshore Company Receives ISO 45001 Accreditation



Tekmar Energy (Tekmar®) a market leading technology provider of protection systems for subsea cable, umbilical and flexible pipes and offshore engineering services, are pleased to announce the successful transition to ISO 45001:2018. ISO 45001:2018 is an International Standard that specifies requirements for an occupational health and safety (OH&S) management system, to enable organisations to proactively improve its OH&S performance in preventing injury and ill-health.

The team received the news from DNV GL that Tekmar are the first company in the North East of England to achieve the certification, but also the first offshore & manufacturing company in the UK to be recommended for ISO 45001:2018, which is

a huge credit to the team. HSQE manager Rob McGill said, "It has been a busy and exciting year at Tekmar and the results are visible. We are so proud of this recognition. Achieving this milestone gives our customers confidence that we are committed to the continual improvement in Health and Safety and that Tekmar are leading the way in the industry."

Russell Edmondson, Managing Director of Tekmar Energy said, "Key to our core values are safety and people. From the great work of all of the team it is a great credit to achieve this prestigious certification. We will continue to invest in the future in our aim to become the global partner of choice for subsea protection systems in the offshore energy industry."

Drivers Could Have Licence Revoked If They Fail Road Side Eye Test

It has recently been announced that several police forces across the UK have launched a crackdown on drivers with poor vision. Amanda Stretton, motoring editor at Confused.com says: "Our sight is our most important sense when it comes to driving, so it's understandable why police are making sure people have clear vision while they're behind the wheel. It's likely most motorists would even support this crackdown, given that our research shows over half (55%) think regular eye tests should be a legal requirement if you hold a driving licence.

"Drivers who are unsure if they can read a number plate from 20 metres should book in their annual check-up. Drivers with poor eyesight can have their insurance policy voided if their insurer is unaware of any conditions and also have their licence revoked immediately.

"In fact there are a number of medical conditions – including poor vision – which require drivers to notify the DVLA, so to give drivers clarity on this issue we've pulled a list of these conditions and the reasons why they have restrictions into a helpful guide."

Helping Children to Maintain Healthy Weight

There is still time for members of the public to share their views on the factors that influence a child's weight in a countywide consultation.

Residents have until Friday 14 September to comment on the Supporting Children to Achieve and Maintain a Healthy Weight consultation as part of a joint review by Durham County Council and NHS partners.

The consultation, which began in July, is an opportunity for people to tell us what factors they think help children to maintain a healthy weight and ensure overweight youngsters and their families have the support they need.

Rates of overweight and obese children in the county remain significantly worse than those for England as a whole, with 24.1 per cent of four to five-year-olds falling into these categories in 2016/17. This is higher than the average for England, 22.6 per cent, and equates to about 1,400 children or 46 classrooms.

Among ten to 11-year-olds, 37.7 per cent were overweight or obese, compared to the England average of 34.2 per cent. This means around 2,000 children aged ten to 11 or 67 classrooms across the county are overweight or obese.

Cllr Lucy Hovvels MBE, Cabinet member for adult and health services, said: "Helping our children to achieve and maintain a healthy weight is a key priority in

County Durham. Children are becoming overweight and obese at younger ages and are staying so for longer. This is concerning as it could continue into adulthood, causing more health problems and impacting on their quality of life."

The online consultation is available at www.durham.gov.uk/consultations

Comments can also be emailed to PublicHealth@durham.gov.uk or sent by post to Public Health, Adult and Health Services, Durham County Council, County Hall, Durham, DH1 5UJ. A summary of the results of the consultation will be available by the end of the year.

DO YOU NEED A POP UP BANNER TO PROMOTE YOUR CLUB OR ORGANISATION?

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*These offers are limited and subject to the lender's approval and may be restricted to reservations made by a certain date. Offer is subject to Miller Homes' standard terms and conditions and cannot be used in conjunction with any other incentive or offer nor exchanged for cash. Miller Homes reserves the right to withdraw the offer at any time. £99 fee applicable to new reservations only. ^Help to Buy is available on properties up to a maximum value of £600,000 in England. If you qualify for Help to Buy assistance and you raise a mortgage for at least 75% of the purchase price of your new home from a lender, you can borrow up to the remaining 20% of the purchase price by taking out a loan secured over your new home from the Government's Homes England public body over a period of 25 years. A 5% deposit is required by the lender. More may be required depending upon circumstances and your lender's criteria. Help to Buy is subject to eligibility and terms and conditions. The property purchased must be your only residence. Help to Buy is not available to assist buy-to-let investors or those who will own any property other than their Help to Buy property after completing their purchase. You cannot rent out your existing home and buy a second home through Help to Buy. Prices and availability correct at the time of print. Artist's impression for illustration purposes.


Charities Benefit From Young Entertainers

Three well known Cancer Charities are shortly to benefit from our three local Youth Theatre Groups entertainment. The Tearaways, CATS and TYKES are joining forces in a two hour show at the Civic Hall, Shildon on Friday 14th and Saturday 15th September at 7.30pm on both evenings.

A spokesperson said "One of the young people asked if the groups could support two young peoples cancer organisations. Others wanted an adult one. So we all decided to support all three. They are The Teenage Cancer Trust, Breast Cancer Care and Children With Cancer.

I think it is great, young people giving up two evenings of their time to entertain and support other youngsters that are not so lucky as to be able to dance and sing as them. I do hope you reading this article believe it too? If so why not come along with your family and friends and support not only the three charities but the young people too. There's a lot of music, dancing and some laughter too in store for you. Plus a Raffle and Tombola". Tickets are priced at just £4 and can be purchased at the theatre door on both evenings. For more information please ring 07747 826 324.





24 HOUR Blow OUT

SAT 15TH—SUN 16TH SEPT 2018
12PM—12PM
@ LOX OF LOVE, DL5 6ZF

All day and all night the team at Lox of Love will be blowdrying for charity.

Bookings available or take a chance and turn up on the day.

Bookable slots priced at £20 - £25 (optional treatment available) and payable in advance.

Or just come down & show your support. even pick up some tips for your own styling regime!

Live DJ—Drinks and nibbles—Raffle prizes

IN MEMORY OF OUR BRAVE & BEAUTIFUL ANNA SWABEY
RAISING MUCH NEEDED FUNDS FOR
BRAIN TUMOUR RESEARCH CAMPAIGN

LOX OF LOVE **BTRC**

3 PEAKS CHALLENGE FOR CHARITY



Sophie Marie Brown is a 24 year old finalist in Miss Great Britain and will compete against 52 other ladies for the crown on 13th and 14th September. Over the last few months she has been volunteering and taking on challenges in order to raise money and help others. Back in May she climbed Snowdon for JPC Community Farm. Since then she has volunteered time to Darlington Care Home for their summer fair and donated her gown to them in order for them to raise money to help their elderly residents have more fun days out. Recently she has taken part in the 24 hour national 3 Peaks Challenge, Ben Nevis in Scotland, Scafell Pike in England and Snowdon in Wales and hosted a live music and quiz night at The Hammer and Pincers Tipi. It was an amazing night with the quiz hosted by Aycliffe Radio's Colin and amazing talented performers (Christina Simone, Olivia Irvin, Becky Sawyer and Corey Spence). There were some amazing prizes which were won and overall it was a great night with all proceeds raised going to Global's Make Some Noise which is a charity for children with illnesses and disabilities and The Solan Connor Fawcett Family Cancer Trust which is a local Spennymoor charity that supports those with cancer and their families. Sophie said, "The three peaks has been one of the hardest challenges I have



ever done. I am not going to lie it's a pretty gruelling experience! Unfortunately I didn't have weather on my side making it even more difficult, at some points I couldn't even see where I was going. As I was doing the challenge I went through a mixture of emotions due to the changes in weather but knowing that this is for two amazing charities kept me going. It was extremely difficult especially having to travel within the 24 hours as well. In total I have raised £2000 for two amazing charities.

The challenge was extremely tough. You have to climb up and down all 3 including driving to each of them within the 24 hours. It was a gruelling experience I even slept in the car at Snowdon for a few hours to make sure I would be awake as soon as the sunrise came in order to finish my final climb of Snowdon before half 8 which was the 24 hour cut off. Including the climb I have also recently hosted a charity, quiz and live music night where people had an amazing time and the talent there was insane. I couldn't be more grateful for the support I had on the night and this event helped me reach the higher fundraising amount.

I am a big believer of helping others. I believe you only have one shot at life so why not be kind, push yourself as much as you can and help those who need it. The Miss Great Britain rehearsals and final will take place 13th/14th September and I am so excited, it is so good to be involved in such a system that is not focused on looks, it is all about being you and working hard for what you believe in and are passionate about. Miss Great Britain is an amazing platform and I would love to use that platform to grow my charity work and work even harder. Mental health awareness is also very close to my heart, I suffered as a teenager and believe more awareness needs to be brought into schools. I would love to use my position and my story to make a difference and inspire others to get the help they need and to not hide away like I did".

Film Show

"MONA LISA SMILE"
The "FEEL GOOD FILM SHOW" at St Clare's Church on Tuesday 11th September features the drama "MONA LISA SMILE" starring Julia Roberts.

In 1953 recently graduated Katherine Watson takes a post at a prestigious all-girl college to teach the history of art. She has new ideas of what and how to teach which don't fit with the conservative, outdated values of the school. Tea, coffee & juice are served at 1pm, included in the £2, children £1.

The film starts at 1.15pm. Please note that children must be accompanied, and the film has a "PG" rating, containing some strong language. A variety of chairs are provided for your comfort, and tables, so that you can bring a spot of lunch to eat while you enjoy a great film in friendly company. For further details ring Ric Hargreaves 01325 316755.

Try Out Your Local Leisure Centre For Free



Leisure centres in County Durham are offering people the chance to try their facilities for free.

Whether you're a swimmer, fitness enthusiast or complete newbie, new customers who visit Durham County Council leisure centres, from Monday 3 September to Sunday 16 September, can pick up a free seven day pass.

The free pass entitles the new customers to try out centres' full leisure facilities, whether that be a gym, swimming pool or fitness classes.

Anyone attending a gym will be offered a free one to one appointment, to discuss their fitness goals and be shown how to use the equipment. If you have any questions there will be leisure centre staff available at all times to lend a hand or offer help and advice.

Andy Brown, the council's principal physical activity manager, said: "This free

pass gives new customers, who may be a little apprehensive about joining a gym, a chance to try out the leisure centres and realise it's not as scary as they think. It's a great way to get started on your fitness journey."

The free pass also includes access to the aqua fitness classes which run at some sites, including the popular aqua jump and aqua cycle. To avoid disappointment booking for the classes is advisable.

To collect the free pass customers can visit their local leisure centre anytime throughout the fortnight.

The offer is available at the following leisure centres:

- Chester-le-Street
- Riverside Complex
- Abbey Leisure Centre
- Freeman's Quay
- Meadowfield
- Spennymoor
- Woodhouse Close
- Shildon-Sunnydale
- Newton Aycliffe
- Teesdale Leisure Centre



HAVE YOU GOT NEWS FOR US?

We are always interested in local news stories. We like to feature good news and interesting items on achievements & community service

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or syd@newtonnews.co.uk

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Aycliffe's Big Brass Bash



The re-scheduled Big Brass Bash event took place Sunday evening in the Town Park. Great music, fabulous energy, huge crowds - an amazing success. Thanks all, especially to Mike Dixon for the pictures.



Be the reason... their lives improve

Come along to one of our events to find out more about fostering with Durham County Council

Monday 10 September

County Hall, Durham, DH1 5UQ

any time between 4.30pm and 6.30pm

Saturday 22 September

County Hall, Durham, DH1 5UQ

any time between 10.00am and 1.30pm

Thursday 27 September

Durham Town Hall, DH1 3NJ

any time between 11.00am and 1.00pm

Tuesday 9 October

County Hall, Durham, DH1 5UQ

any time between 4.30pm and 6.30pm

Foster with us

03000 269 400

durham.gov.uk/fostering

DurhamFosterAdopt



Support National Air Ambulance Week



Air Ambulance charities across the country are once again coming together to celebrate National Air Ambulance Week (#NAAW2018) which takes place between 10th - 16th September 2018.

The UK's air ambulance charities are funded by the generosity of the public and treat over 25,000 patients throughout the year. Operational every single day, these 21 charities operate 39 aircraft and are deployed to treat the most critically ill or seriously injured patients in their time of need.

Across the UK, an air ambulance is deployed every 10 minutes; essentially bringing the hospital to the patient, no matter their location. Many carry and administer blood products which drastically improve the chances of a patient getting to hospital alive, whilst they also undertake a number of critical inter-hospital transfers every year.

With many of the charities investing funds to expand their operations, increasing their operating hours to provide night HEMS (Helicopter Emergency Medical Service) missions, upgrading to larger

aircrafts, enhancing their medical capability and investing in the advanced education and training of their paramedics and doctors, there is no better time to show your support.

Paula Martin, Chair of the Association of Air Ambulances said:

"Across every region in the UK, air ambulances deliver a truly wonderful service. I am extremely proud to be part of this community and witness first-hand the work that all our HEMS teams undertake every day. National Air Ambulance Week is the ideal time to support your local air ambulance. Many of the charities hold fundraising events or use the week to highlight and promote the work they do in the community. To find the air ambulance charity which operates in your area or for more information on the Association of Air Ambulances, please visit: www.aaaa.org.uk"

NAAW is an initiative created by the Association of Air Ambulances (AAA) and celebrates the work of local air ambulance charities, giving them a national voice and an opportunity to promote the work they do at a local level.



COUNTY NEWSBITS

Compiled by
County Councillor John Clare

Just two Council meetings, but lots of interesting reading in the latest e-magazines, and your opinions sought by a number of consultations ... plus an amazing range of things to do. More info on my blog at: <http://bit.ly/CNB51>

COUNCIL AND COMMUNITY

- DCC Scrutiny meeting on the Council's Draft Strategic Cycling and Walking Policy (including good news for Newton Aycliffe), 3 September.
- Middridge Parish Council meeting, 3 September.
- Aycliffe ASB Group meeting, 30 August.
- Durham County News is published.
- HealthWatch County Durham News Update (including consultations on dementia services, transitioning to adult services, rheumatology services and young people's mental health plan).
- Latest County Durham and

Darlington NHS Foundation Trust 'Your Trust' magazine.

- Your chance to guide GAMP funding.
- The Local Government Association is seeking views for its 'Green Paper' on Adult Social Care.
- Applications open for the 2019/20 School Year.
- Do you want to be a Special?

THINGS TO DO

- Are you aware of the huge range of amazing County Durham 'Heritage Open Days' offers?
- Beamish Agricultural Show, 10am-5pm, 13-16 September (entrance charge).
- Bat Walk, Low Barns Nature Reserve, 7-9pm, Thursday 13 September, booking essential.
- Crazy Canopic Jars (5-11s), Durham Oriental Museum, 1-3pm, Saturday 15 September.
- S&DR anniversary celebrations, Head of Steam, Darlington, 10am-4pm, Sunday 30 September.

AYCLIFFE RADIO

Programme Schedule

IN PARTNERSHIP WITH NEWTON AYCLIFFE TOWN CENTRE MANAGEMENT
"Aycliffe Town Centre... Shopping for You"



**Every Night from 12 Midnight to 3am
cuddle up and listen to classic "Love Songs"**

MONDAY

9-12noon	Amy in the Morning	Amy Harrison
2-6pm	Afternoon Aycliffe	Paul Baker
"Through the Decades"		
6-7pm	60s Show	Karl Simons
7-8pm	70s Show	Peter Rush
8-9pm	80s Show	Paul Gittins
9-10pm	90s Show	Paul Baker
10-11pm	00s Show	Producer Dan
11-12am	Teens Show	Owen Dickinson

TUESDAY

2-6pm	Afternoon Aycliffe	Paul Baker
Sports Show sponsored by Honest John		
6-7.30pm	Sports Round Up	Darren & Lee
11th Sept	Lewis Harrop (MMA)	
18th Sept	Brittany Carruthers (Athena Sports)	
25th Sept	Berni Borsberry (NA Youth FC)	

7.30-9.30pm	Northern & Classic Soul	Kevin Sowerby
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WEDNESDAY

1-5pm	Afternoon Aycliffe	Paul Baker
5-6.30pm	Tea Time Out	Amy Harrison
6.30-8pm	Community Connect	Phil Hawkins
8-10pm	Alternative Aycliffe	Gary & Alby
10-12am	Garage/Indie Show (Repeat)	MC Supa

THURSDAY

2-6pm	Afternoon Aycliffe	Paul Baker
6-7pm	Mystery Year	Paul Baker
7-8pm	"Throwback Thursday"	The Doctor
8-10pm	"Beat"Roote	Graeme Roote
10-12am	Rock Session	Craig "CAD"

FRIDAY

9-12noon	Amy in the Morning	Amy Harrison
2-6pm	Afternoon Aycliffe	Paul Baker
6-8pm	Tech-House Mix	PVR Studios
8-10pm	Guest Presenter Session	
7th Sept	Nathan Abbott	90s Classix
14th Sept	Andy Little	80s Session
21st Sept	Nathan Abbott	90s Classix
10-12am	Alternative Aycliffe (Repeat)	Gary & Alby

SATURDAY

8-11am	Kitchen Floor Fillers	
11am-1pm	Kent Collective	Daz Kent
1-2pm	Ska Session	
2-4pm	School Disco	
4-6pm	Northern & Classic Soul (R)	Kevin Sowerby

"THE SATURDAY NIGHT EXPERIENCE"

6-7pm	Evening Session	JimJams
7-8pm	PH7 MixTape	Paul Hardy
8-9pm	Chart & Dance Remixes	Alan Hastie
9-10pm	Retro Tech House Mix	OZ-DJ
10-12am	Street 'n' Drum 'n' Bass	MC Supa

SUNDAY

12-2pm	Sports Round Up (R)	Darren & Lee
2-4pm	Bear Blues Show	Colin McNeillie
4-6pm	Folk/Celtic/Rock Show	Steve & Col
6-7pm	Church Service	Xcel Centre
7-8pm	Owen's Politics Show	Owen Dickinson

Check our website for full schedule

www.ayclifferadio.co.uk

PROMOTE YOUR ORGANISATION - ARRANGE AN INTERVIEW

Contact John Atkinson - john@ayclifferadio.co.uk

Newton Broadcasting Limited (t/a Aycliffe Radio) is a Private Company Limited by Guarantee, registered on 19th February 2018 in England and Wales
Registration number 1121835. Registered office: Aycliffe Radio, c/o Blue Bridge Centre, St. Cuthberts Way, Newton Aycliffe, Co. Durham DL5 6DS.
Aycliffe Radio is CIC Registered (No. 11455404)



Scheduled shows can be changed/cancelled at any time.



WORLD CHALLENGE 2018 MOROCCO EXPEDITION



Students from Greenfield Community College have once again taken part in the World Challenge Expedition. Eight students travelled alongside Mr Butterworth and Mr Robson to Morocco in North Africa as part of the expedition. They had previously raised the

£1,500 for their place during the previous year and a half, taking part in events including sponsored abseils, bake sales, bag packs, tea parties and quizzes, to name a few.

The expedition proved to be a once in a lifetime experience for all who were involved

and certainly lived up to and beyond expectations. It was split into three stages; a trek across the slopes of the High Atlas Mountains, a project phase where they renovated part of a primary school and a rest and relaxation period in Marrakech. The title 'World Challenge' couldn't be more appropriate as it most definitely proved one of the toughest challenges of their lives to date. Early starts such as 06:30 wake up calls and the extreme heat during the day, with a peak of 42 degrees celsius, proved very energy-sapping for the challengers whilst trekking over 20km during the two days. Furthermore, a high proportion of this distance was travelling up steep inclines making it much harder and time consuming. This culminated in climbing to a peak height of just over 3000m.

The first phase of the expedition saw the group facilitate their own individual and team skills to help renovate a primary school on the periphery of Ouarazazate, a town made famous for its film studios. It was a race against the clock to complete within the time restraints they were given. Particular attention was paid to managing a budget, making their own choices of what they could and couldn't afford for the local community. The students were also responsible for organising specific skills of people into certain areas, ultimately creating a more purposeful learning environment that will be truly special for the young students upon their return to school.

During the week all the students developed invaluable life skills that will help them develop into mature young adults and this expedition seemed the perfect way for the Year 11 group to round off their time at Greenfield Community College. Each student was given the freedom and guidance to assume the roles needed on an expedition (leader, budget holder, etc) and whilst assuming these roles they learnt more about their own strengths and weaknesses within teams.

The challengers certainly took ownership for their own expedition and whilst staff were there at every step to advise and support, they showed superb self-reliance and responsibility for themselves and their team. The life skills learnt on expedition will prove very helpful in future life and for college or job interviews.

Many special memories were shared during the visit that will last a lifetime. For instance, it's not every day you camp in the mountains at a height of over 3000m, experience 42 degrees celsius heat, play games of football against young Moroccans, watch England's World Cup Quarter final with a local Berber family, visit the Ouarazazate Atlas Film Studios who've hosted major scenes from blockbusters including Gladiator, Kingdom of Heaven, Game of Thrones and The Mummy, haggle with Marrakech stall owners to get the cheapest price possible, eat an evening meal in the hustle and bustle of Marrakech square with thousands of people surrounding you, see animals such as a cobra, camel, mule and monkey, and of course not forgetting the fantastic treks through the High Atlas Mountains and the feeling obtained knowing that you have played your part in making a special learning environment that will help develop and educate young Moroccan students. This brief account can only highlight a few stories with many more in the memory of those challengers who can share experiences and tales of their time in Morocco for years to come.

The challengers did their school, their families and most importantly themselves proud during this visit to Morocco. Well done to all challengers. The school is coordinating another World Challenge expedition to Morocco in the summer of 2020 for the pupils currently going into Year 9 and 10. More details and an assembly will follow during the first few weeks back where you can register an interest with Mr Robson who is taking over from Mr Butterworth as School Expedition Leader. A big thank you to Mr Butterworth for all his hard work on this event, both he and Mr Robson have recently received special commendations for their brilliant achievements in relation to the World Challenge expedition. Their outstanding efforts to support the students have been highly praised by the World Challenge Organisation, well done to all involved.



APPLICATIONS OPEN FOR 2019/20 SCHOOL YEAR

Parents whose children are due to start primary or secondary school next year can start applying for a place from next week.

Durham County Council will be accepting applications for the 2019/20 school year from Wednesday, 12 September. Ian Shanks, pupil placement and education safeguarding manager, said: "We encourage parents to apply in good time to reduce the number of late applications and help parents get their preferred school."

If your child was born between 1 September 2014 and 31 August 2015 parents need to complete an application form stating which primary school they would like their child to attend.

Families will still need to apply even if they have an older child attending the same school. They must also complete an application form for older children



wishing to attend a junior school from September 2019.

The deadline for applications for primary and junior schools is midnight on Tuesday, 15 January 2019.

If your child was born between 1 September 2007 and 31 August 2008 parents need to complete an application form stating which secondary school they would like their child to attend.

The deadline for secondary school applications is midnight on Wednesday 31 October 2018.

Application forms are available at www.durham.gov.uk/schooladmissions, where parents will also find essential advice to help with their application.

Paper applications are also available on request by contacting Durham County Council's school admissions team on 03000 265 896.

Marie Curie

2-5pm Saturday 20th October

SPARKLING AFTERNOON TEA

Including a glass of fizz, finger sandwiches and sweet treats!

Plus an interactive Temple Spa demonstration

And a range of hand picked stalls from handmade gifts to well known brands

Tickets are £20 and must be purchased in advanced.

Dolphin Centre, Central Hall
Contact Rachel - 07948 169260 or darlingtonfundraisinggroup.mariecurie@hotmail.co.uk

FAMILY FUNDRAISER

SUNDAY 29. OCTOBER 2018 - 12PM TILL 4PM

THE FUNDRAISER WILL BE HELD AT

PLANET LESURE - NEWTON AYLCLIFFE - DL5 6BF

FREE ADMISSION - FUNDS RAISED WILL GO TO

St Teresa's Hospice

Reg Charity No. 518394

PLUS MANY MORE FUN THINGS ON THE DAY!

TABLE SELLERS

POLICE

TOMBOLA

CHILDREN'S ENTERTAINMENT

MEMORY TREE

GUESS THE BEAR'S NAME

RAFFLE

100 Years Remembrance

Sunday 11th November 2018
St. Clare's Church War Memorial



Newton News has started an appeal for poppies to adorn the railings outside St. Clare's Church War Memorial for the 100th Year Remembrance of Armistice Day. We are appealing for local residents to make or purchase woollen poppies and fix to the railings ready for Sunday 11th November Remembrance Day Parade.

To see the railings covered in red poppies would be a great accolade to the fallen who will be remembered on this special 100th anniversary. Poppies can be purchased from Crafters Companion, or you can knit your own from the instructions opposite.

There is a group at St. Mary's who meet on a Wednesday 1-3pm (Knit and Natter Group). This group are actively knitting woollen poppies. Anyone is welcome to attend and join in or drop off balls of wool. Contact Margaret Lee on 01325 316963. Crafters Companion also hold a Wednesday knitting group 2-4pm.

An appeal is now published for donations of red wool to help with the construction of the poppies at the Knit and Natter Groups. Red wool and black buttons are requested and can be left at St. Mary's on a Wednesday between 1-3pm, Newton Press offices or Crafters Companion.

KNITTED POPPY PATTERN

(Large Poppy) - 3.5/3.75mm (UK 9), DK Yarn, Black Button
Cast on 120 stitches.
Rows 1 to 4 Knit.
Row 5 Knit 3 stitches together across the row - 40 stitches.
Row 6 to 9 Knit.
Row 10 Knit 2 stitches together across the row - 20 stitches.
Row 11 to 14 Knit.
Row 15 Knit 2 stitches together across the row - 10 stitches.
Break off yarn with long tail and thread back through remaining stitches and pull tight.
Join edges with mattress stitch.
Use a black button to sew to centre of the poppy.

CARE COMPANY LAUNCHES NUTRITION CAMPAIGN IN DURHAM



Photo (l-r): Home Instead launches Stay Nourished Campaign - Sue Asken, Annette Connor, Vicky Metcalfe, Claire Tope, Trudi Jameson

A home care company in Durham has launched a new campaign around eating as we get older, with statistics showing that 50 per cent of over 75s eat less food than they used to.

An independent survey by Home Instead Senior Care also revealed that almost one-in-five over 75s haven't eaten a meal with anyone for three months or longer, saying they have less desire to eat or don't feel hungry when they are eating alone. Additionally, one fifth of over 75s (20%) are struggling to cook their own food and over a third (34%) admit regularly skipping meals (at least once a week), with nearly one-in ten doing so on a daily basis.

In light of this research, Home Instead's 'Stay Nourished' campaign will help educate the local community about the importance of nutrition, how to spot malnutrition and dispel misconceptions around diet and appetite for our older generations. This knowledge will hopefully give families the confidence to talk openly to their elderly relatives about food and nutrition.

Trudi Jameson, owner of Home Instead Durham has provided its caregivers with tools, nutrition guides, and useful advice to help support their older clients to eat healthily, stay nourished and avoid illness through

poor nutrition.

Trudi, who now wants to share this with her local community, said, "We want to bring back the love of food for older people here in Durham. At Home Instead, we ensure our clients eat well, but not all older people have this support and families can often struggle to encourage elderly relatives to eat healthy meals regularly.

"As people age they experience changes to their sense of smell, taste and vision, this combined with health issues and often living alone can all impact on their desire to eat. "Good nutrition is essential to help older people live well and the guidance we will be providing as part of the Stay Nourished campaign looks at all aspects of healthy eating, malnutrition, food hygiene, food preparation and cooking methods. We are committed to helping older people to eat well, drink well and age well."

Home Instead Senior Care is keen to deliver community workshops to local businesses, groups and organisations and is encouraging people to get in touch to book a free session. For more information about Home Instead Senior Care or to find out more about the Stay Nourished campaign, please call 0191 374 4041 or visit <https://www.homeinstead.co.uk/durham>.

FRESH AIR, FRIENDSHIP AND FERTILISER



What a lovely day, 25 plot holders turned up to have great chat and fun at Middridge Village Allotments on Sunday 2nd September. The weather held out for us and the BBQ was mighty.

WINNER OF BEST GARDEN 2018
Alan & Debbie Smith Plot 13&14

RUNNERS UP
Paul Bailey plot 18 & Alan Brydon Plots 7&8
Bill & Marion Clelland Plot 9

HIGHLY COMMENDED
George Cherrie plot 47 & Bill & Marion Clelland Plot 9.

BEST NEWCOMERS
Becky & Mark Dobson Plot 28.

BEST SCARECROW
Mary Jeffery with Botox Betty Plot 3

Congratulations to all the winners and thank you to all who took part. On the day - winner of the quiz was Paul Dicker and his wife Helen and winner of 'guess the size of the marrow' was Kerry. THANK YOU for the donation of wine from Sue and Paula and to Liz who organised the Quiz. To Chris who donated the Marrow & to Joan Gray, chairperson for Woodham Community Hall, for judging the scarecrow competition. The allotments are a wonderful place to be



coming together with lots of things in common, the enjoyment and wonderment of nature, the love of fresh air and friendship and most of all healthy living. There is nothing nicer than producing a plate full of food which you have grown yourself, picking the freshest salad and fruit and sharing it with your friends and family.

If you would like to work an allotment please contact Kathy Booth on 01325 319638 for further information.

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OVER 65's 'FALLING ON YOUR FEET' DANCE CLASSES

If you're over 65 and would like to be more active, exercise safely and enjoy dance 'Falling on Your Feet' by Helix Arts is probably ideal for you.

This FREE, 20 session course, begins on Tuesday 25th September and runs every Tuesday and Thursday for 10 weeks at the Pioneering Care Centre from 10.00am until 11.30am. The course will help improve strength, balance and flexibility, whilst having fun and making new friends! The National Institute for Health and Care Excellence (NICE) estimates that 1 in 3 people over 65 will suffer a fall every year and for over 80's 1 in 2 people will fall. If you've had a fall it can knock your confidence, 'Falling on Your Feet' can help improve general stability, enable people to regain confidence and prevent further falls. If you would like to book a place, or for more information, please contact the Pioneering Care Centre tel: 01325 321234 email: enquiries@pcp.uk.net website: www.pcp.uk.net.



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Neville Community Centre Neville Parade
5.30pm & 7.30pm with Annette - Tel: 07974 696241

TUESDAYS

R.A.F.A. Club Barrington Road
3.30pm, 5.30pm & 7.30pm with Nic - Tel: 07791 909376

WEDNESDAYS

Navy Club Bluebell Way
9.30am with Nic - Tel: 07791 909376

5pm & 7pm with Christine - Tel: 07970 666291

Eden Arms Hotel Rushyford
3.30pm, 5.30pm & 7.30pm with Joni - Tel: 07716 484472

THURSDAYS

R.A.F.A. Club Barrington Road
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SATURDAYS

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From Hooves To Paws & Claws



Jill Williamson, former Executive Director of Sedgefield Racecourse has handed in the reins after 11 years in her role to lead the way into a new and exciting pet care business. Having dealt with animal care within the role as Executive Director the decision to create a new concept of pet sitting and pet care within the Town of Sedgefield was an opportunity too much to resist. When a rental property became available with purpose built buildings and acres of land Jill and husband Jeff applied for the tenancy and were delighted to be offered the contract by John Wade, John Wade Group and allowed the opportunity to create a Countryside Retreat for

Dogs and Cats. There is current demand for local play parks specifically for dogs, where they can exercise, socialise and enjoy one-to-one care in an environment without other distractions. The play, cuddle and chill sessions we are offering will hopefully ensure more dogs can enjoy their time away from home. As more and more pet owners become under pressure to work longer in months especially leading up to Christmas it can be distressing to both pet and owner, hopefully with our numerous unrestrictive services we can relieve some of this pressure by caring for the pet in need. Doggy Day Care sessions home and away for an hour or a day are now fully

available. The company is also working closely with Animal Welfare Licensing to adhere to all conditions to enable the refurbishment to comply and surpass current licensing standards.

Jill Williamson commented 'I am delighted to be able to become a full time pet carer which has been my dream since owning my first pet at the age of 1! I am really looking forward to getting to know their individual characteristics and their needs to enable them to enjoy quality time away from their family'.

'I would also like to thank Jeff Williamson, Director of WPS Ltd for sponsoring the facility and working every evening refurbishing the facility'.

Superb Service at The Village Pharmacy

Dear Sir,

I am writing to raise awareness concerning the superb service offered by The Village Pharmacy run by Mr Alisdair McConnell. Alisdair and his team of dedicated staff always go the extra mile to provide a personal and efficient service. I have a profoundly disabled child on many different preparations of medication including specially ordered syrups and different nebulised medication. She often needs urgent antibiotics and the staff go way beyond the call of duty in even delivering items on their way home.

The regular delivery staff are so polite and friendly and having this service is a Godsend as it is hard for me to collect medication.

Alongside the staff at the Jubilee Medical Group most especially Vikkie, the pharmacy has ensured speedy delivery of urgent medication for my child.

I feel very grateful to such a dedicated team and would like to thank them publicly.

In this day and age where there is often poor customer service the Pharmacy team restore your faith in the kindness and goodness of people.

Aliya Abbasi

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MEN'S CREE TRANSFORM SPACE FOR STUDENTS

Our fabulous Cree Men at Greenfield Arts have once again weaved their magic to transform a special space for learning at Greenfield Community College. The group have pooled their skills and talents to improve the space used by small groups of students and learning support staff from the SEND team. The results are amazing!

Led by Richard Agar the men have helped design and create an area which includes bench seating

and imaginative tables and chairs made from recycled materials from the school skip! It even has a roof light tunnel bringing light to what has become an inspirational space.

The students themselves have also had an input, led by artist Vicky Holborough they have designed artwork and beautifully decorated friendship stones to help create a comfortable and caring environment for young people to thrive. Staff were amazed at the transformation that

had taken place over the summer, "there are no words to describe the difference this will make" said Mrs Etherington.

This is just one of the many projects the Cree Men have been involved in, making improvements for young people and the wider community whilst developing their own well-being. If you would like to know more about the Cree group why not contact our friendly team on 01325 379048 or visit our website www.greenfield-arts.co.uk



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RUNNING CLUB NEWS



Baydale Beck



Newham Grange

After what was a relatively quiet week last week the runners of ARC were back out in force this past week. The racing began midweek on Wednesday 22nd August with two trail races taking place.

The first was at Baydale Beck, Darlington and was part of the Darlington Trail Series that a number of our members have taken part in. Results for this race were: Dez Fielden 19.16, Mark Wade, 19.27, Richard Holland 20.40, Michelle Jane 22.00, Trevor Needham 22.57, Michelle Zamir 23.07, Rob Nicholson 24.46, Lindsey Brown 27.43, David Stothard 27.53, Gemma Holland 28.04, and Sam Elwell 33.17.

The other race was part of the Tees Trail Series over at Newham Grange and the runners here were Alan Wilks 22.01, Peter Smith 22.05, Cyd Denise 24.07, Trish Kay 24.28, John Burnside 24.52, Jane Burnside 29.34, Angela Sutheran 34.06 and Ray Todd 34.55.

As always a number of members took part in the local Parkruns where Ian Baronowski achieved yet another PB at Sedgfield in 25.26.

On Sunday it was another good turn out from the club for the Trail Race at Auckland Castle. This race is in its 4th year now and takes part in the grounds of Auckland Castle.

The results for this race were, Richard Holland 38.36, Dave Blewitt 42.35, Michelle Zamir 43.40, Andrew Lumley 46.20, John Heywood 46.20, Rob Nicholson 49.34, Ian Baronowski 52.58, John Richardson 57.38 Wendy Bake 59.48 and Sam



Auckland Castle

Baronowski 61.11. Finally, while on holiday, Mark Wade took part in the Ellesmere 10k which he

completed in 40.14. Well done everybody in what was another great week of racing for ARC.

Drug-Related Deaths Needs to Stop

The rise in drug-related deaths needs to stop, and the Government can do something about it says Ron Hogg.

The Government needs to reform drugs policy as deaths from substance misuse continue to rise, says Police, Crime and Victims' Commissioner Ron Hogg. Speaking in advance of International Overdose Awareness Day, Ron pointed to an increase in deaths due to drug misuse: the highest mortality rate was seen in the North East, with 83.2 deaths per 1 million population, a 7.5% increase from 2016, compared to 42.7 deaths per million population in England.

Ron added "This is the human cost of a drug policy that isn't working. Drug users should be able to seek medical treatment without fear of being criminalised.

I continue to call on the Government to carry out a fundamental review of the current UK drug policy, as it urgently needs to do more to save lives and reduce drug related-harm." "We need more investment in services to support people to recover from drug addiction. Cutting funding for treatment services creates a false economy, because the cost of people remaining addicted to drugs will fall elsewhere on public services. I am therefore deeply concerned that the Government intends to cut funding for Public Health, with over £8m due to be removed from budgets in my area by 2020". Last year Ron published a detailed manifesto, Towards a Safer Drugs Policy, which includes six key proposals for drug policy reform aimed at reducing the harm and deaths caused by drugs.

Aycliffe Sports Club Take Bragging Rights In Tight Derby

Newton Aycliffe Sports Club were up against local rival Gretna Green this week in what turned out to be a very close affair. The Gretna surprised the Sports Club with an early goal on 5 minutes, with Kyle Cook chipping over Craig Hannant to make it one nil to the hosts. It was all level on 12 minutes however after Anthony Campbell's cross into the box found Kieran Jordan to tap in the equaliser.

The Sports Club got to grips with the game and played some neat football but without threatening the home side too much in the final third. The best efforts fell to Darren Bosomworth, firstly he couldn't take advantage of a one on one with the keeper and his second blazing effort was well saved by the Gretna Keeper.

Sports Club started the second half strongly. Jimmy Cameron was the first to test the Gretna's resolve, shooting just wide of the post shortly after the break. Slowly but surely the Gretna got back into the game and started to force the Sports Club back into their own half as they looked to take the lead again. It took until the 75th minute for the away team to take the lead, Callum Farley's low cross finding Keiran Jordan again to get his and the Sports Clubs second.

The Gretna continued to push on looking for



an equaliser but with unfortunately went high 2 great chances which and wide.

With chances not being taken, the Gretna were made to pay when Callum Farley's shot crept past the home teams keeper to make it 3-1.

The Gretna refused to give up in the final few minutes and got their second goal from a corner on 88 minutes.

Newton Aycliffe Sports Club managed to hold on for all 3 points, but the Gretna made them work very hard for them.

Next week, The Sports Club are away to Spennymoor Ash Tree hoping to make it 3 wins in a row and push on before hosting Wear United from Sunderland in the County Cup at Moore Lane.

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EXTRA PRESSURE ON NHS IF CIVIL LIABILITY BILL GOES AHEAD

The NHS will be left to pick up the tab for people with catastrophic injuries if Government plans to cut injury compensation go ahead.

The warning comes from lawyers ahead of a debate on the Civil Liability Bill

in the House of Commons tomorrow (4 September).

"The Bill seeks to change how compensation is calculated for people with life-changing injuries, such as brain or spinal damage. The upshot is that people will almost certainly receive less compensation and will have to make risky investments with it to try to make it stretch for the rest of their lives. There is every likelihood that the funding will run out, leaving people to rely on the NHS for their care," said Brett Dixon, president of the not-for-profit Association of Personal Injury lawyers (APIL) which represents injured people and their families.

"Many of those who support this legislation believe it will reduce the NHS's own compensation bill. But the cost falls back on the NHS anyway when people run out of the compensation which is supposed to pay for their care. The big difference is that if the Civil Liability Bill goes ahead, the NHS will not only have to pay for its own negligence but for everyone else's as well. That includes employers who cause serious injuries at work, or negligent drivers who cause life-changing injuries to other motorists. It's absolutely right that the NHS should pay for its own negligence, but not for everyone else's as well."

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There's Still No Orchestra In The World Quite Like It

Orchestra of the Age of Enlightenment presents Der Rosenkavalier
Monday 10 September 7.30pm - Darlington Hippodrome

More than three decades ago, a group of London musicians took a good look at that curious institution we call the Orchestra, and decided to start again from scratch. They began by throwing out the rulebook. Put a single conductor in

charge? No way. Specialise in repertoire of a particular era? Too restricting. Perfect a work and then move on? Too lazy. The Orchestra of the Age of Enlightenment was born. Since then, the OAE has shocked, changed and mesmerised the music world. Residencies at the Southbank Centre and Glyndebourne haven't numbed its experimentalist bent. Record deals haven't ironed out its quirks. Period-specific instruments have become just one element of its quest for authenticity. Today the OAE is cherished more than ever. It still pushes for change, and still stands for excellence, diversity and exploration. There's still no orchestra in the world quite like it.

On Monday, the Orchestra of the Age of Enlightenment goes to the cinema with a recreation of a remarkable cinema event that first took place in 1926.

Enjoy the big screen adaptation of Richard Strauss' great comic opera DER ROSENKAVALIER, accompanied by a live orchestra playing the music Strauss himself wrote to accompany the film.

Once thought lost, the silent film captures the subtleties of the opera's comedy

of manners. Playing on instruments from the time the music was written, this is the orchestra's first visit to Darlington with a production that has toured as far as Shanghai and Vienna.

FREE Curtain Raiser - 6.30pm

At 6.30pm there is a FREE curtain raiser showcasing the results of a creative project with young people. In July 2018, Darlington's Wyvern Academy took part in a creative project led by the Orchestra of the Age of Enlightenment with the support of Durham Music Service, in which young musicians composed a live musical soundtrack for a short film, through a series of workshops with renowned music leader James Redwood, several OAE players and a trainee music leader.

The created soundtrack has been orchestrated so that additional members of the OAE can join the young musicians for a pre-concert performance of the new music together with the projected film, prior to the performance and screening of Der Rosenkavalier.

The audience for Der Rosenkavalier is invited to arrive early for this free but ticketed event celebrating the contemporary film music work of local young people.

Your Chance To 'Be Creative' At Free Taster Day

A free hands-on taster day will give people the chance to discover new creative skills.

As part of the Be Creative sessions held weekly at Bishop Auckland Town Hall, including workshops on ceramics, textiles and printmaking, the venue is hosting a free taster day for the public.

The taster day, Tuesday 25 September, will be split into two sessions. The first workshop will introduce visitors to Batik bunting, an ancient Indonesian art of fabric printing, and starts at 10.30am. This will

be followed by a ceramics workshop at 1.30pm.

Janet Strong, Bishop Auckland Town Hall operations officer, said: "The taster workshops are a great chance for people to get together and get back in touch with their creative side. We have some really fun activities, such as our ceramic workshop where people can learn a range of techniques. They will even work alongside a friendly and experienced tutor."

The day is open to adults of all abilities, with no experience required.

The taster days are free, but places must be booked in advance.

Weekly sessions thereafter are £2 per person.

Call 03000 269 524 to book your place or visit www.bishopaucklandtownhall.org.uk for more information on taster days and regular weekly Be Creative sessions.

7 Year Old Runs for PTSD



A young boy is raising money for charity in an effort to thank the organisation which helped his mother.

Finley Cornfield, 7, is tackling the Mini Great North Run in aid of Police Treatment Centres to show his appreciation for the support they gave his mother, a serving police officer, after she was diagnosed with post-traumatic stress disorder (PTSD).

PC Tracy Cornfield, of Durham Constabulary, said: "I have been a response officer for 14 years and have attended many horrific incidents. There was a fatal house fire, a man who shot himself, hangings, really horrible events. It developed on a night when I found it difficult to sleep and would have flashbacks of what I witnessed."

"I visited the centre last year after being diagnosed with PTSD and took part in their wellbeing programme."

"The staff at the centre are amazing, non-judgemental and extremely hard working. They provide support with physiotherapy, counselling and the wellbeing programme is fantastic."

Police Treatment Centres is a registered charity which provides treatment, support and recuperation for injured and ill police officers and retired officers. Almost 4,000 serving and retired officers attend one of the

two treatment centres each year at either St Andrews, in Harrogate, North Yorkshire, or Castlebrae in Auchterarder, Perthshire.

Finley said: "I know that the place makes my mammy happy and so I wanted to raise money for them."

In a bid to help others, PC Cornfield is now studying mental health and is a Durham Constabulary 'Wellbeing and Blue Light Champion', which means she volunteers to raise awareness of mental health and helps break down stigma in the workplace. She is also a force ambassador for the Police Treatment Centres. She said: "I am definitely more aware of mental health now. PTSD can happen to anyone and when you're not expecting it."

"The run is our little way of saying thank you. I'm very proud of Finley."

Deputy Chief Constable Jo Farrell said: "Police officers are more often than not the first responders at the scene of a serious incident. They see and hear things that other members of the public simply wouldn't during their whole lives."

"The welfare of all of our officers is paramount and we are committed to providing help and support to our staff so they are able to continue their critical work."

To support Finley in his run, please donate here justgiving.com/fundraising/finley-cornfield

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How Would You Spend Funding In Your Area?

Members of the public are being asked to influence how funding is spent in their community in a new consultation.

County Durham's 14 Area Action Partnerships (AAPs) regularly ask local residents to help them set their priorities for the coming years, so that they can focus their actions and spending on the issues that really matter to local people.

The AAPs, which were set up to give people in County Durham a greater choice and say in local affairs, want to hear from people who live, work, volunteer or have an interest in a particular area. Their views will then help to direct the AAPs' work for up to two years.

Andrew Megginson, Durham County Council's principal area action partnership co-ordinator, said: "Our AAPs work in partnership to ensure that the services of a range of agencies - including ourselves, police, fire, health, and voluntary organisations - are directed to meet the needs of local communities but we

need residents to help us identify where the money and resources should be spent first. The responses will also provide us with the opportunity to apply to outside funding bodies to bring more money into the county."

The last survey, in 2016, received almost 8,000 responses from across the county, including the views of over 3,000 secondary school pupils. Following this, AAPs allocated over £2.7 million and helped bring over £2.4 million of matched investment into the county, allowing 825 local projects to be delivered.

Residents have until Friday 30 November to choose their top three themes from a list of ten, including young people, older people, health and wellbeing, community safety and the environment. People can find out more and have their say online at www.durham.gov.uk/ consultation by emailing threetownsaap@durham.gov.uk, telephoning 03000 267 539 or writing to Civic Centre, Crook, County Durham, DL15 9ES.

HONEST JOHN'S NEW SHOP IS NOW OPEN!

Honest John opened his new shop on Wednesday 5th September at 10am. The new Shop is located at Unit 29, Durham Way South, DL5 6ZF. It is very large and very spacious, different and interesting. Customers and donors, old and new, are very welcome.

Only one person offered me a new home for the charity and that was George from The Agnew Centre but unfortunately it was too small, so thank you again for trying to help me out.

I must thank all of those residents who offered to help me move from DISC and transport in their vehicles:

Ray Mackinley (NASSL) Bert and Paul, John and Paul (More-Time) Les Travers, Karin, and Paul Howarth (Newton News) 3M's for supplying me with loads of free boxes, Maureen and Valerie and everyone who brought newspapers and packaging etc.

Finally, on moving day, Acorn Removals who did a fantastic job for me, truly professional. So, if anyone is thinking about any kind of removals I certainly do recommend Tony at Acorn Removals and for odd jobs, Dave The Handyman, both of Newton Aycliffe.



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Thank You

Julie & Eddy Adam



Julie and Eddy Adam would like to thank all their family and friends for the kind words, cards and generous gifts and for making our wedding day very special.

GEOFF AND MARIE would like to say a huge thank you to all our family and friends for coming to our 25th Anniversary party and making it a day to remember. Extra special thanks to Becky and Kirsty for all their hard work and the slide show and music. We love you all xxx

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NEWTON NEWS

Obituary

BYRO

Newton Aycliffe

August 30th, suddenly. John (Biz) aged 56 years, much loved son of Elaine, dearly loved Stepson, Brother, Uncle and Nephew. Partner and friend to Brenda, a devoted Grandfather. Good 'mate' to many. (You know who you are). Funeral Thursday September 13th. Would friends kindly meet for Service in Wear Valley Crematorium at 2.30pm. Floral tributes, if so desired, will be accepted by Whitehouse Funeral Service, Surtees House, Hilton Road, Newton Aycliffe, DL5 6EN. Tel: 01325 318600.

In Memoriam

Jeannette Thompson



Died 11/9/17

Love and miss you always my lovely.
Alan

JEAN WILSON. My Mam, so many words spoken that shouldn't have been. Then when we were on track so much was left unsaid when you were cruelly taken by Alzheimer's and you didn't even know me. Miss you Mam. Love, Daughter Pamela xx

Acknowledgement

THANK YOU to all the people who sent condolences on the death of Mrs Margaret Brown of Yoden Court on 18th August 2018, aged 81. Arthur and family

Wanted

WANTED Mobility scooter, wheelchair, rollator. Tel 07401 133459

Lost & Found

FOUND A rather lovely necklace, Please ring Gail on 07855 177164 to describe the necklace.

Public Notice

DONATIONS of Bric-a-Brac and other good condition items for Newton Aycliffe good causes. Honest John 01325 316630

Births

WEST Lizzie - Daniel



Congratulations on the birth of your beautiful Son 'Rupert Tobias'

We know this year has been hard, losing Finlay, but hopefully his little brother will help heal your broken hearts.

Rupert is the double of his big brother who we all miss so much.
Mum and Dad xxx

Birthday Remembrance

LEE SMITH

7th September



Sweetheart, another birthday without you. Party with the angels Lee and show them how it's done. We love you with all our hearts and still miss you dreadfully.
Mam and Dad

FRANCES WOODHEAD

- 9th September. Birthday wishes we send today, to a star in the sky, not far away. Engraved in gold on a cloud above, just for you Mum with all our love. Mandy & John xxxxx

FRANCES WOODHEAD - 9th September. Today is your birthday, in heaven above. My blessings I send, on the wings of a dove. Not just for today, but everyday hereof. I think of you always, with all my love. Peter xxx

FRANCES WOODHEAD - 9th September. As I opened my eyes this morning, I looked to the heavens above. I whispered 'Happy Birthday Mum', and I sent you all my love. Gary xxxxx

DAVID ATKINS (Acky). 12th September. David, Son, always love and miss you on your special day. Harry. Happy Birthday Daddy, Jonathan Kraig
DAVID ATKINS 12th September. It's with a lump in my throat and tears in my eyes, I cannot believe I am marking the first birthday since my younger brother gained his angels wings. We will raise a glass to you, marking your first birthday remembrance. Love and miss you loads. Paul, Sharon, Brogan, Brianna and Jade

DARREN ABLEWHITE
14th September. Always in our thoughts. Geoff and Marie x

Congratulations

Holly



Happy Birthday Princess Holly

Lots you to the moon and back
Love, Mum & Dad xxx

Rebecca Lindley



11th September 2018
Congratulations on your 21st Birthday
Love from
all the family xx

DEAR JANET Thanks for the last forty years, forever yours. Barrie

MRI SCANNER APPEAL

If you would like to make a donation to our MRI appeal or get involved:

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SPREADING THE HEALTHWATCH WORD



Every new recipient of a care package in County Durham who has a learning disability or difficulty will now receive a specially designed Healthwatch postcard with their care documentation. This will ensure they know we are here to help should they need any advice about their health and social care services. The postcard was created with the invaluable help of Paul James from the Partnership and Engagement Team at Durham County Council and staff and service users at the Options Project in Newton Aycliffe (above), which provides support to local disabled adults.

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NATIONAL TITLES & VESTS TO LOCAL SPRINTER



16 year old local sprinter Rachel Bennett has enjoyed another successful year of competition. Rachel started her indoor season back in January at Sheffield's E.I.S indoor arena where despite the tough winter weather hampering her training, she started as favourite in the Northern athletic championships u17w 200m final. Rachel did indeed cross the line over 0.5s ahead of her nearest competitor only for the title to be ripped from her grasp as she was disqualified for a lane infringement on the tight indoor oval track. Nevertheless Rachel put the disappointment behind her by travelling up to Glasgow for the Scottish National u17 indoor champs where she again competed over 200m. Rachel had learned her lesson and comprehensively took the title home to Newton Aycliffe after 3 tough rounds in one day. Rachel went on to contest the North East combined counties u17w's 60m champs in mid February where she would come up against the Scottish national 60m champion.

Rachel came through in fine style powering her way to the title in 7.85s. A tough winter of competition would come full circle at the end of February when Rachel returned to Sheffield to contest England athletics u17 National indoor championships. The U.K.'S best age group sprinters had all entered and with heats, semi's and the final all scheduled for one day it was a tough end to a long indoor campaign. Overcoming her fatigue Rachel did magnificent, qualifying for the final.

A tough task was made no easier for the tall, rangey athlete, having been drawn in the tight lane 2 for the final. Nevertheless Rachel gave a combative performance to remain in medal contention until the very end finishing just out of the medals in the unlucky 4th position. Injuries in April disrupted Rachel's outdoor prep and conditioning leaving her to forgo her favoured 200m for the shorter 100m distance over the early summer months. She returned to competition in mid May and added the North East county's u17w 100m title to her collection, recording 12.32s into a headwind. Rachel would next step up an age group to contest the Northern u20w's 100m at Manchester's sports city in June. Still not 16 years old and still undertaking her G.C.S.E exams, Rachel's performance exceeded her years as she won the silver medal in 12.28s (-2.2 wind speed, an excellent time into a strong headwind). This run earned her an England vest in July's Welsh u20 international. The next weekend was the Northern schools championships where selection for the English

comps left in her season. The NA u17 champs at Liverpool's Wavertree stadium took place in gale force headwinds. A rusty performance in the heats and a strong challenge from the national u17 combined events silver medallist meant Rachel was short of confidence heading into the final but gave a much improved run to narrowly miss taking home the gold medal.

Her final meet of the season meant a trip to Bedford for the England athletics u17 National championships but 1st Rachel had the important task of collecting her GCSE results. She proved it's not only athletics that she excels in by gaining all 7-9 grades ensuring a happy athlete made the journey to Bedford. As usual for this meet the U.K.'s best age group sprinters had again all entered and 3 rounds in one day would be required to crown a champion.

Ranked 14th going into the race Rachel once again showed her resilience to outperform her ranking to qualify 4th fastest for the final in a pb of 12.09s. In the final Rachel came through strongly to contest a photo finish for the minor medals; however she was destined to again place 4th, just 2/100ths from the bronze and 6/100ths from the silver.

Any genuine sponsors interested in supporting Rachel with training and competition costs for the upcoming year can get in touch via her coach who will give any further info that may be required, Email darrenhurst71@btinternet.com.



Newton Aycliffe Youth Under 8 Eagles



Back row: Zach, Evan, Charlie, Dylan, Riley and Carter
 Front row: Jayden, Krystian, James and Brandon.
 Daniel was absent.

Newton Aycliffe Youth Under 8 Eagles played their last friendly game against Northallerton as they prepare for the start of the new season in the TJFA Durham green division. The boys did really well and are hoping to carry it on into the season. We wish them all luck.

CRICKET SCOREBOARD

Newton Aycliffe Cricket Club's 1st team, sponsored by Franks the Flooring Store, saw their slim hopes of promotion fade away, when they lost by seven wickets away at Barnard Castle 2nd XI in the NYSD 2nd division. Electing to bat first, Aycliffe were bowled out for a disappointing 115 after 46.2 overs. Darryn Bancroft (sponsored by Utility Warehouse) top scored with 31 and other contributions came from Adam Gittins (26 runs) and captain Luke Telford (16 runs). In reply Barnard Castle eased to a comfortable victory after 28.3 overs and the loss of five wickets with James Layfield-Carroll the main wicket taker with 3 for 27, Luke Telford and Jack

Slatcher both chipped in with a wicket apiece. The win for Barnard Castle sees them jump above Aycliffe into 3rd place in the table with just one game left to play this season.

Aycliffe's second team were blown away by newly promoted Billingham Synthonia 2nd team when they lost at home by nine wickets in the NYSD 4th division. The hosts were asked to bat first and were skittled for just 28, their lowest ever score in their short NYSD history, from 19.2 overs with Dave Wright top scoring with 14 runs. In reply Billingham hurried to victory in only 4.2 overs despite Dan Weldon taking the only wicket to fall.

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