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## DOCTORS' URGENT CARE PROPOSALS CONDEMNED BY S.D.C. LEADER

A Council Leader has called for a halt to all proposed changes in a District's Health Service until the Government and the Health Commission have produced properly co-ordinated proposals for all aspects of health care in the District.

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Sedgefield District Councillor Brian Stephens, reacting to plans published by the County Durham Health Commission, today condemned the decision to establish an urgent care centre at Bishop Auckland General Hospital as being made without consultation an likely to strike more fear into the hearts of the sick and elderly in our community.

"People are already faced with changes to accident and emergency arrangements at Bishop Auckland Hospital, news of bed shortages an now the front line GP service is to be reduced," he said. "I suppose that the next think we will hear is that the new Urgent Care Centre and the Accident and Emergency Unit will be merged!"

He condemned the arrangements as showing a lack of co-ordination within the market-led and fragmented health service. "At the end of the day, he said, the only people who suffer are the patients. With increased emphasis on care in the community, patients being discharged from hospital earlier, home care under pressure, it is no wonder that the people of the District are becoming mortally afraid of being ill."

Councillor Stephens went on to say, "I can understand GPs wishing to reduce the amount of night work they have to do, but the Health Commission and the Government must realise that if care in the community is to work effectively home treatment is vital. With earlier discharges from hospital, more convalescing at home and the present disenchantment with the hospital service it is not surprising that out of hours call outs for GPs have increased.

The next think we will hear is that the ambulance service is under pressure and cannot cope with the number of calls for patients needing to be taken to the Urgent Care Centre!"

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# AYCLIFFE - SPENNYMOOR HISTORICAL CONNECTION

In the year 1183, the Bishop of Durham assessed holdings of the See of St. Cuthbert, which were situated between the Rivers Tweed and Tees.

Whitworth, near Spennymoor was included and the name of its feudal tenant, Thomas de Acle, and brief details of its land workers, were recorded in the "Baldon Buke".

The Acles were probably opportunist French who settled at Aycliffe a few years after the Norman Conquest.

Some became Lords of Woodham and others Lords of Whitworth, but they continued to be known as Acle or Wodum, and a popular forename was Thomas.

The stone effigy in Aycliffe church may be an Acle. In the 12th Century a Thomas de Aclai was fined ten marks for marrying his daughter, "out of the vill" which deprived his Lord of merchet.

In this instance the Lord would have been the Prior of Durham. About this time a Tomas de Acle witnessed a charter concerning Great Haswell, and an Alice Acle, who had a seal and called herself Alice of Wodum, was described as being the daughter of Thomas de Acle.

We will never know whether or not they were related to Madonius de Acle who styled himself Madonius of Sculacle, or to Walter de Acle, who had a seal and styled himself Walter, son of John, brother of Nicholas.

It is impossible to say positively that the Acles or de Acles were members of the family in which we are interested.

In those early days, before fixed surnames had come into use, more than one family in a district or parish would sometimes be known by the same name place.

Further, to have the prefix "De" before the name did not necessarily mean that the bearer was the landowner. Sometimes it would only mean that he was an inhabitant, and generally that he occupied a fairly good position.

An old list of Knight's fees, which has been considered to be a reliable record of the 12th

Century tenants of the See of St. Cuthbert, indicated that a Thomas Wodum held his Woodham land by a Knight's fee tenure.

He was probably an Acle who adopted the Wodum name, and he would have been a tenant of the Prior of Durham who had land at Aycliffe and Woodham for the maintenance of the Convent of Durham.

But how did the Acles get Whitworth, which was the Bishop Durham's land, and was "seven crow miles away"? There may be a clue...

In 1140, the Bishop died and there was no elected successor. A priest called William Cumin, with encouragement, claimed the See of Durham. He was unpopular with the Prior and the monks, so before he was enthroned they elected William de Sancta Barbara. Barbara attempted to claim his throne, which caused a great deal of bother and there was civil war in the Bishopric.

Eventually Cumin's men fortified the Church at Kirk Merrington and prepared to do battle with Barbara's men. Cumin was beaten and Barbara became Bishop of Durham.

During the troubles Bishop Barbara was aided by the Prior of Durham. The Wodums, or Acles were the Prior's military tenants. If they were at the fight at Kirk Merrington, a grant by the Bishop, of land at Whitworth, would have been a fitting reward for their loyalty.

The Acles were the Lords of Whitworth for two centuries and they kept Woodham. Whitworth had four square miles of land and Woodham had two thousand acres which stretched north from Woodham Village to Rushyford, and east to west from Bradbury to Cobblers Hall.

They may have had land on the west side of Aycliffe Village where, until recently, there was an old farmstead also called Whitworth.

Sir Thomas de Whitworth, was a Knight of Edward 1st. He fought at the Battle of Lewes in 1264 and appeared before

the King at a Parliament at Westminster, on behalf of the Commons, who were in dispute with Anthony Beck, Bishop of Durham.

He agreed not to dispose of his Woodham land without the permission of the Prior, and in 1307, after paying a fine of £40, received a pardon for marrying Cassandra, the widow of Philip de Breton.

In 1315 he broke doors and windows at Thymelby Manor in Yorkshire and abducted Cassandra and Juliana, the daughters and co-heirs of John of Eaglescliffe.

In addition to being a witness to numerous documents, Sir Thomas was an executor of the Will of Lord John Fitzmarmaduke of Horden who died at Perth in Scotland. It had been his Lordship's wish to be buried in the Yard at Durham Cathedral. His body could not be taken there, so it was boiled in a large cauldron until the flesh could be separated from the bones and prepared for interment.

A co-executor and Sir Thomas objected, but the dead man's son agreed and there was a legal wrangle. After a few years had passed and the bones had gathered dust, the dispute was settled at York, and the bones were buried at Durham.

The co-executor was Henry FitzHugh, the Lord of Ravensworth, near Richmond. There must have been a special friendship between Sir Thomas and Lord Henry, for their names are together in the long list of Barons, Lords and Knights who signed the "Request for Forgiveness" at Westminster in 1314, for the beheading of Piers de Gaveston, a friend of Edward the Second.

The old Knight was probably in his eighties when he died around 1320, and he may be in the small churchyard at Whitworth.

The two effigies outside the Church are believed to be members of the Humez family who were at Brancepeth in the 12th Century, but whenever I see them, I wonder if they could be Sir Thomas and Cassandra.

The last Lord of Whitworth was John who married Alice

by  
Local Historian  
Brian Gargate

Carrow of Seaton Carew. They left Whitworth in the latter part of the 14th Century, perhaps because the Black Death had killed their land workers. It then became part of the vast Neville estate.

In 1405, John left his land at Woodham on trust for Alice and his two daughters, Joanne and Elizabeth. There is no evidence of any sons.

Joanne married a John Hoton and seems to be hopelessly lost. A Legard pedigree from Yorkshire, shows that a Robert Legard of Alnaby, which was near Kingston-upon-Hull, married an Elizabeth Whitworth, and that she was "daughter and heyr of John Whytworth of Rychemond and Wodham".

It seems likely that the Whitworths knew Richmond and that John and Alice settled there.

Richmond Castle was held by the Dukes of Richmond and Brittany. Were the Acles of Breton extraction who had lived in North Yorkshire before settling at Aycliffe?

If they were, it could be a reason why Sir Thomas de Whitworth was a friend of the Lord of Ravensworth and why he married Cassandra, the widow of Philip le Breton. More significantly, it could explain why John Whitworth was described as being "of Rychemond".

*My interest in Whitworth began four years ago when an advertisement invited people to be involved in activities there. After searching for the history of the Manor in the Hall library, the net was cast farther and wider, and into it came Acles, Wodums, Whitworths, Nevilles, Watsons, Baxters and Shafots.*

*Like "fleas who had lesser fleas upon their backs to bite them", those names revealed others and all have contributed to the story of a wonderful place.*

*Whitworth is up for sale and awaits a new owner. Mr. Derek Parnaby has been a worthy successor to all the remarkable people who have lived at Whitworth Hall. Let us hope another succeeds him.*

Brian Gargate

## Call a Halt to Building says Countryside Group

*'We need to call a halt to a lot of development encroaching into the countryside, and if development is required then build it on derelict land of which there is plenty.'*

*'More native trees, for they enhance the landscape.'*

*'Road building should be severely curtailed and more effort put into freight being moved around by rail.'*

'These three visions give just a taste of what we have found that the people of Durham want for their countryside in the future. That future is everyone's business, which is why CPRE asked local people what they think is important about the countryside, from the small to the spectacular.'

This was the message of Jonathan Dimbleby, President of CPRE, launching today (Wednesday) the Millennium visions for the Countryside. He continued:

'We wanted to share local ideas about how the countryside should develop in future. The results of this nation-wide consultation, CPRE's Millennium Vision, will help guide CPRE's work as we continue to fight for the English countryside.'

Over 2,000 responses have been received to CPRE's call for personal visions of the countryside, 25 of these from County Durham dwellers. These have been analysed and the results of the survey will help shape CPRE's work over coming years.

Jonathan concluded: 'I have been bowled over by the heartfelt response to our Millennium Visions initiative. It is inspiring both that people feel so passionately and the English countryside, and that their visions for the future are a vindication of CPRE's work and policies.'

People's ideas for the Durham countryside of the Millennium are still being sought, and should be sent to: CPRE Northern Office, 52 The Close, Quayside, Newcastle-upon-Tyne NE1 3RF

# FIRST MEDICAL TRADE FAIR IN DURHAM

The first ever trade fair aimed at transferring technology from the NHS to medical device manufacturers from around the world will be held in Durham on May 31st.

Clinical scientists and engineers who work in health care create innovative solutions to local problems of diagnosis and treatment of disease.

Many of these solutions have wider applications but, until now, no national forum has existed for demonstrating them to companies interested in exploiting their commercial potential. Equally, there has been no national forum for manufactures to form links with health care industry innovators for development of new products. The Medical Devices Technology Transfer Fair will create both forums.

The fair will feature:

- An exhibition of medical innovations
- Demonstrations of completed products to be offered for licence
- Technology transfer advice from the British Technology Group and the Regional Technology Centre (North)
- A technology transfer seminar for exhibitors

The Institution of Physics and Engineering in Medicine and Biology (IPEMB), with the support of County Durham Development Company and in collaboration with the Northern Regional Medical Physics Department and Regional Technology Centre (North) will stage the Fair at County Hall, Durham.

Phil Eadon, director of marketing at CDDC said: "County Durham is proud to be hosting such a significant and prestigious world class event."

"We expect to attract high calibre manufacturers of medical devices from around the world, thus giving us an opportunity to promote the benefits of a County Durham location for their sales and production facilities. This could be the first step on the road to establishing County Durham as a centre for medical device manufacturing which will boost the local economy and provide additional business to the County's sub-contractor base."

Professor Keith Boddy, head of the Northern Regional Medical Physics Department, said: "With over 100 new products on show we confidently expect to attract a large interest from manufacturers. I am absolutely delighted by this initiative, particularly as it is taking place in the Northern Region."

## JOIN MARK BROOKS FOR SUNDAY BRUNCH, 10am - 1pm

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## Top Boy Swimmer

Craig Thomson of Sedgfield 75 Swimming Club, won the overall top boy award 15/16 years at the Gateshead Open Gala on 20/21st January. He collected two gold medals, one forth and one twelfth position.

He first struck gold in the 100 metres Freestyle with a time of 0:57.57, adding a second in the 100 metre Butterfly in 1:03.24.

Craig was 4th in the 100 metre Backstroke in a time of 1:07.98 and 12th in the adult 200 metre Freestyle in 2:09.74.

Natalie Thompson aged 10 years collected a bronze medal in the 50 metre Butterfly in a time of 0:43.14.

Also reaching the finals for Sedgfield 75 were Kathleen Mohan, Tony Weed, and Iain Cairns.

Coach John Moore congratulated all of those who took part in the event including Kimberly Vickers, Lindsey Needham, Beverley Vickers, Scott Watson,

Chris Daly, Mark Surtees, Matthew Bowden, George Carpenter and Jimmy Pike.

Stating that after only three weeks training since the Christmas break he was delighted with the results, and personal best times achieved by the swimmers.

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## PAST MAYOR RESIGNS



Ex Mayor, Councillor Arun Chandran resigned as a member of Great Aycliffe Town Council this week, after many years of excellent service. On behalf of the community he served so well we extend best wishes for his future and thank him for the public service he willingly gave.

## Letter to the Editor

### WHY SPOIL IT FOR THOUSANDS WHO WANT CAR BOOT SALES?

Dear Editor

In reply to the 2 letters from D. Catleugh and A. Wilson, I would like to say how can they criticise Mr. Noble, he is trying to provide our town with a Car Boot Sale, which it has been proved the vast majority of Newton Aycliffe want, by the amount of people who turned up in all weathers to support it.

If Mr. and Mrs. Catleugh and D. Wilson don't want to visit the Car Boot Sale, or participate, they aren't forced to, but why spoil it for the thousands who do? They say Mr. Noble is out for all he can make, well aren't all business people? Then Mr. and Mrs. Catleugh have the nerve to admit they disappeared without paying their £10!! It seems they are the ones out to make all they can! My family and I were regular attendees at the Boot Sale, often selling things ourselves. We were very happy to pay our £10 and we made a few pounds, (Yes, so did Mr. Noble), and we had many a good morning,

met lots of nice people all enjoying a morning out with their families.

It's a disgrace that the people of Newton Aycliffe have been denied another amenity.

The same happened to the Equestrian Centre. A few small minded individuals spoiled it for the majority. What type of town do these people want? Perhaps they should all go and live in a cemetery, where nothing much happens!

The Newton Aycliffe logo is an Acorn (where ideas grow) it should be altered to (where ideas are squashed). For the size and population of Newton Aycliffe, let's face it, there's not a lot to offer is there?

Irene Taylor  
37 Emerson Way

## GOLF CLUB UP BY 50%

Town Council Officer Andrew Bailey reports a 50% increase already in Golf membership at the Aycliffe Course.

In the few weeks since the dismissal of the previous club, membership for 61 full members, 28 juniors, 21 seniors and 6 ladies has been registered.

"This is just the start and we expect many more will enrol as we approach the new season" said Andrew.

## "Selfish Giant" on Tour

The cast of "The Selfish Giant" which was performed at St. Clare's Church last November are travelling down to Oxford to perform at the invitation of the musical's composer, Mr. Andrew Smith, on 10th-11th February.

There are a few spare seats on the coach and anyone with relatives or friends in the Oxford area who would like a weekend away is welcome to travel with them, leaving Newton Aycliffe at 8am on Saturday 10th February and returning at approx. 6pm on Sunday 11th February. Return fare £20.00. For full details, please contact Rev. Colin Jay on 320112.

## TOWN COUNCIL PLEDGE £40,000 FOR SCHOOL/COMMUNITY PROJECT

• Great Aycliffe Town Council intends to vote £40,000 to support a bid for lottery money.

• The Greenfield Centre - a shared use education centre in Newton Aycliffe - hopes to secure funding for a £2 million community development on the Greenfield School Site.

• This development will include:

a floodlit all-weather pitch; a sports hall and changing rooms; an arts centre with display room, and theatre and dance facilities; a fully equipped community resources centre; integrated childcare facilities.

• The development is being made in partnership with Bishop Auckland College, who will run courses from the Greenfield Centre.

• The proposal has the full support of Durham County Council, who have helped substantially with the bid.

• All the facilities are community facilities available for the public, but during the day, they will enhance the facilities of Greenfield School.

• Mike Thornton, Chairman of the Shared Use Steering Committee, said: "This is a very exciting development, which will make us one of the largest centres for adult education in County Durham."

• As part of their bid, the Centre had to raise 'matched funding'. The Council's £40,000 was a substantial donation towards this sum.

• Headmaster David Tate said: "This money will take us almost to our target. We are very grateful and we believe that we have every chance of success with our bid."

• The motion was warmly supported by both Labour and opposition councillors - only one Councillor voted against the motion, as no-one had given him any financial details before the meeting.

• Bob Fleming, the Leader of Great Aycliffe Town Council, said: "This was a once-only chance to bring £2 million for community development into Newton Aycliffe. The money was available, and we were very happy to be able to help in this substantial way."

## School Band to Present Musical Evening

The next event to be held at St. Clare's will be a "Musical Evening", which is very kindly being performed by the Greenfield School Band. The Band will be playing a variety of well-known popular music, under the direction of Mr. Peter Simpson, and there will also be some solo items. A retiring collection will be taken for the Parish Devolvement Fund, and light refreshments will be available in the church hall afterwards.

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SHILDON, 63 Church Street - 01388 777000  
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## COME ON DOWN TO THE B&G CARPETS SALE

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THUR-FRI 9am-6pm.



# Letter to the Editor

## "I VOTED AGAINST £40,000 FOR GREENFIELD" admits Councillor

Dear Sir,

reference Newspaper report, 20/1/96: Lottery Cash bid, Greenfield Comprehensive School Aycliffe. Town Council promised £40,000 help and partnership. I voted against G.A.T.C. Labour's proposed funding and partnership because: Established council practice required financial details accounts, with applications for funding. And, their examination and debate prior to decisions being made. That was not done. Councillors need to consider all pros, cons, in the public interest, before financial decisions are made. In the absence of financial reports, recommendations to consider, I voted against. A special meeting, with time, full information given, could have considered the application in-depth, which it merited. After numerous meetings, Durham County Council recommended approval of bid preparations, seeking outline planning, approved the project in principle. Subject to detailed reports for further consideration by that council. At another meeting I noted of another party. Any released monies to have clear returns and benefits for resources given. A need to be more convinced of community benefits from the project for release of resources. I pointed out an urgent need to consult with the Planning Authority then, and would have appreciated more specific, validated information on a Social Survey quoted. As to future benefits to the community, unless a pricing policy for use of facilities is aimed at those who need it most, might we see what happens elsewhere? Beyond the means of those most in need? School-Hire charges can be prohibitive, as I know from personal experience in Aycliffe. After presentation, a prepared Town Council Labour Group motion was read, entering into a partnership, promising £40,000 and voted through with scant debate. I recorded the only vote against. Compared to the seven years residents have asked for a path into Woodham Comprehensive for pupil access, over a few yards of land, such rapid, generously promised contributions from their rates will no doubt be applauded for it's even-handedness. Don Fraser. (Woodham & Aycliffe North Ward.)

# Annual Concert Brings Top Choir to Town

The Choir at Neville Parade Methodist Church, Newton Aycliffe, are very pleased to announce that the guest choir at their annual choir celebration is to be THE ANNFIELD PLAIN GLEEMEN MALE VOICE CHOIR. The "Gleemen" started their existence in 1903 as the "Kyo Warblers", by the end of 1906 they had become a full male voice choir under the musical direction of Chris Mordue, and changed their name to the Annfield Plain Gleemen. They adopted an official badge with the motto "Vita Sine Concordia Est" - "Life without harmony is death". In competition circles they have gained first prizes at Stockton, Ryton, Consett, Tynedale, Bedlington, Hull, Middlesbrough and Blackpool as well as acquitting themselves well at the Llangollen Eisteddfod against international opposition. Since its inception the choir has performed in many hundreds of concerts and have earned themselves a reputation far beyond their own locality. Having been in demand to sing in such places as North Yorkshire, Nottinghamshire, Northumberland and many venues in County Durham, one of which was attended by HRH Prince Andrew. They have also visited Germany where they were well received and invited to return there as soon as possible. Their celebrity concerts are very popular in the Stanley area and they have been instrumental in bringing guests of international repute into the area; such names as Max Jaffa, Own Branningan, John Lawrenson, Isobel Baille, Joan Hammond, Maryetta Midgley and Peter Morrison, to name but a few. So, it is with great pride that the Methodist Choir welcome the Gleemen to Newton Aycliffe. Their concert is at Neville Parade on Saturday 3rd February and starts at 7pm. The cost is £2. This annual guest choir concert is always a sell out so if you are interested it is advisable to have a ticket, otherwise you might not get in. Tickets are available from Choir members or ring 312091 to book. On Sunday 4th February the Choir continue their celebration with Church Services at 10.30am and 6.30pm. These are to be led by Mr. John Littlefair with a theme PRAISE IN SONG and you are all invited. We hope to see you either at the Concert or at a Sunday Service or both!

## Join the local History Society

Are you interested in tracing your ancestors? Or have you already done so and found you can't get any further or would like to share your experience with us - maybe you are keen on local history - whatever the reason, why not come to our merry group. Meetings are on the last Wednesday in the month at 7.30pm in the Church of Latter Day Saints, Shafto Way, Newton Aycliffe. We would love to meet you, we have a very interesting programme lined up for '96. For further information about the Newton Aycliffe Family and Local History Society please ring: Eric Musgrave (Chairman) on 01325 315538.

# ORGANISED WALKS FOR FEBRUARY AND MARCH

If you enjoy the countryside, there's a series of walks and talks in February and March which might fit the bill. Every Sunday there will be an organised walk in Sedgefield District. The walks will be in different areas and vary in length from 4 miles to 8 miles. The first walk is on Sunday 4th February and its a winter walk along the valley of the River Gaunless, starting outside the Elm Road Club at 2.00pm. Medieval churches and abandoned villages are the theme of the walk on Sunday 11th February which starts at St. Albans Church, Trimdon Grange at 10.00am. Its a 6 mile circular walk, taking in Kelloe Bank and Garmondsway deserted village. On Sunday 18th February there's a walk from Ferryhill to Durham along the Monks Way, and on 25th February, there's a 5 mile walk from Bluebell Wood, Newton Aycliffe through woodlands to Windlestone Park. Walks in March set out from Sedgefield, Bishop Middleham, Spennymoor and New Coundon. There are also illustrated talks on more adventurous expeditions in the Alps, Himalayas and Appalachian Mountains. The first of these, 'Hiking the Appalachian Trail' by Philip Scriver is at 7.30pm on Thursday, 8th February at Ferryhill Leisure Centre. This will be repeated on Thursday, 29th February at Shildon Civic Hall, when Graham Clingan will also give a talk on Walking in the Swiss Alps. Again, it starts at 7.30pm. Ian Henry will give the last talk in the series, '20 Minutes to Kala Pattar - A Trek in the Himalayas', in the Memorial Room at Spennymoor Town Hall on Thursday, 28th March at 7.30pm. For more information on any of the walks and talks, please contact Graham Clingan at Sedgefield District Council on 01388 816166.

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## JUNIOR GOLF MEMBERSHIP ENCOURAGED

Junior membership is just one of the categories of membership that will be on offer when the new Oak Leaf Golf Club is formed.

As the Course, which is operated by Great Aycliffe Town Council is municipal, junior membership is being actively encouraged with greatly reduced charges that incorporate both the Season Ticket and Club Fees, representing excellent value for money.

Junior coaching is already available through the Council's Sports Development work in conjunction with the Golf Foundation during school holidays and weekends. Junior Golf Club membership is the next step for budding champions and will provide a sporting and social interest that can last a life time.

Junior Fees are as follows:

Under 16	£20.00
16-18 in full time education	£20.00
16-18	£35.00
18-21 in full time education	£35.00
18-21	£50.00

Further details can be obtained by contacting the Golf Professional on (01325) 310820 or by contacting the Town Council Offices on (01325) 300700.

## GREAT LAKES SUPPORT TOWN'S HEALTH CENTRE



Newton Aycliffe Health Centre recently received from Great Lakes Chemical (Europe) Ltd., a donation of a set of digital scales. The donation has literally halved the problems that the Health Visitors face given the fact that they had just one set of scales between twelve of them to service the whole of Newton Aycliffe and surrounding villages, and therefore were desperately needed. Pictured are the Health Visitors, Mrs. Doreen Rogerson of Great Lakes and a baby and his mum who were visiting the Health Centre at the time of the presentation

## AYCLIFFE ATHLETICS

On Sunday at Darlington in the North Yorkshire and South Durham Cross Country race in very muddy conditions over 5 1/2 miles, Joe McCready was first to finish for Aycliffe in 30 minutes in 14th position followed by Steve Wright 15th, Pete Milburn 32m, Colin Gibson 32m, 30s, Ian Young 33m, Dave Middleton 34m, John Burnside 36m, Rob Nicholson 38m and Dave Thompson.

In the Ladies race over 2 1/2 miles Sue Milburn finished 23rd and Sue Thirlbeck 40th.

In the Junior race S. Moody finished 16th.

## Redworth Meeting

Redworth Village Committee members are called to a meeting on Thursday 8th February at 7.30pm.

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## COLLEGE SENDS LECTURERS OUT!

Bishop Auckland College is bringing education into the workplace having formed a partnership with Sedgefield District Council to teach trainees at the Green Lane offices.

Two College lecturers are teaching GCSE subjects to 21 trainees two hours a week ready for exams next summer.

Our photo shows the SDC Chairman Barbara Graham with the lecturers and trainees.



## Better Care Facilities Sought

The following Early Day Motion was put to the House of Commons and refers to providing special facilities for Mentally Handicapped people.  
"That this House urges

Her Majesty's Government to respond positively to the case for residential and village communities for people with mental handicap argued in the pamphlet, "Made to Care", by the Baroness Cox and the Lord Pearson of Rannoch; and believes that local health and social service authorities should act to create such special provision, including conversion of some existing mental handicap hospitals, in response to family wishes, which have been revealed by a survey conducted recently by the National Society for Mentally Handicapped People in Residential Care as being the favoured option".

RESCARE - The National Society for Mentally Handicapped People in Residential Care - believes in a variety of accommodation and services for people with a mental handicap. We support Community Care where this is appropriate but we also support Village Communities where these are more suitable. Above all, we believe that parents and families should be able to choose what is best for their relatives.

Unfortunately, this choice is often being denied to them.

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## Huntsmen Face Hot Favourites

Huntsman 3  
Quaker Sports 3

HUNTSMAN slumped in performance last week, as Quaker Sports returned to Darlington with a well deserved point, writes Martin Walker.

With only five league games remaining for Huntsman, their ambition to climb up to an elite spot is slowly but surely diminishing. New striker Wayne Marram grabbed two goals after missing a hat-full of first half chances, and Juninho look-a-like Chris Walker scored one in a game which saw several players miss many opportunities to put their team firmly in the driving seat. Instead, a back seat for both teams proved to be the outcome.

Gareth Elvidge won the minger-of-the-match award, and Paul Kelly won the man-of-the-match award.

The possibility of an assistant Managing post has surrounded midfielder Antony Travis this week, after he applied for the lucrative position a couple of weeks ago.

But gaffer Hodgson has angrily turned down the application, saying: "As long as I am Director at the Huntsman Football Club, there will be one man in charge, and that will be me. There will NOT be any Assistant Manager while I'm the boss."

Travis however clearly expressed an interest in the job. He said: "I think Stuart needs a right-hand man to confer with. Somebody he can trust, someone to talk to some one he can turn to in an hour of need."

"I have offered my services in a Managerial position, but it appears my services are not wanted." This week produces an arduous League Cup fixture for Huntsman, as they travel to Croft W.M.C.

There is but one team who are going to win the Darlington & District Sunday Morning League, and they are Croft. They're two points clear at the top of the table, with two games in hand and they've won every game played up to now - making them hot favourites to win the League title and both cups.

The game will be a mere formality, with Croft expected to thrash...and thrash thoroughly.

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ck garden and front. **TO**  
r 4 bedroom, old part of  
wn, must have large  
den Tel 317695

## Brides/Weddings

**RIDES TO BE** Come  
d have your dresses,  
d dresses, bouquets etc  
designed and made for  
a - Tel 314146

## Congratulations

**CHERRIE**  
**Happy 30th**  
**LYNN**



Love from all your  
family XXX

**CHERRIE** Happy 30th  
birthday Lynn, from the  
family XXX

**SEAN HARKER**  
Congratulations and best  
wishes on your 21st  
birthday, Melvin, Hilary  
and Liz  
**SEAN HARKER**  
Congratulations on your  
21st birthday, lots of love  
from Mam  
**SEAN HARKER** Happy  
21st birthday, love and best  
wishes from Krystal  
**SEAN HARKER** Best  
wishes on your 21st  
birthday from Gran and  
Granda

**SABRINA BRETT**  
Happy 8th birthday, lots of  
love and kisses from  
Karen, Russell & Danielle

**DANIELLE MERCER**  
22-1-96, to our special  
little daughter, who is 2  
today, happy birthday, love  
and kisses from Mummy  
and Daddy  
**DANIELLE MERCER**  
To our beautiful  
granddaughter Danielle  
who is 2 today 22-1-96,  
our little ray of sunshine,  
happy birthday darling,  
love from Nanna and  
Grandad  
**DANIELLE MERCER**  
22-1-96, Hip hip hooray  
our niece, Danielle is 2  
today, we love you lots,  
happy birthday from Uncle  
Tony and Auntie Amanda  
**DANIELLE MERCER**  
22-1-96, happy birthday to  
my great granddaughter,  
Danielle, love and kisses  
from Nanna Rose

**TRACEY & TONY**  
Congratulations on the  
birth of your beautiful  
baby boy, 16-1-96, health,  
love and happiness always  
love Mam and Dad XXX  
**TRACEY & TONY**  
Congratulations on the  
birth of your bouncing  
baby boy, 16-1-96, love  
Mark and Beverley  
**TRACEY & TONY**  
Thank you Mammy and  
Daddy for my baby  
brother, love, hug and  
kisses Kendra  
**TRACEY, TONY**  
and Kendra congratulations on  
the birth of your lovely  
baby boy, born 16-1-96,  
lots of love from Julie and  
Vaughn  
**AUNTIE TRACEY** and  
Uncle Tony and kendra  
congratulations on the  
birth of my baby cousin,  
love from Daniel Mark. PS  
well done Auntie Tittie

**DAVE MUDD** Happy half  
a century - Sally  
**DAVE MUDD** Happy  
50th birthday, "have a good  
un", you old git!, love  
Lorraine, Davy and Faye  
**DAVE MUDD** Happy  
50th birthday, love from  
John, Barbara, Jenna and  
Tanith XXX  
**DAVE MUDD** Happy  
50th birthday, love Cynthia  
XXX

**BANNISTER** Carol and  
Lee are proud to announce  
the safe arrival of their son  
Ryan on 19-1-96,  
welcomed brother for  
Stephen, thanks to all  
family and friends and staff  
at BAGH - thanks Pat  
**BANNISTER**  
Congratulations Carol and  
Lee on the birth of your son  
Ryan Benjamin, 19-1-96,  
welcome brother for  
Stephen, all our love, God  
bless Mam and Dad  
**BANNISTER** Thank you  
Carol and Lee for our  
lovely new grandson Ryan,  
love and best wishes from  
mam and dad  
**BANNISTER** Thank you  
Mam and Dad for my baby  
brother Ryan, love from  
Stephen

**KARINA PALMER** Love  
and best wishes on your  
16th birthday, from Mam,  
Craig and Jason  
**KARINA PALMER**  
Happy 16th birthday love  
from Gran and Grandad  
**MITCHELL** Samantha  
Louise, congratulations on  
your 18th birthday, 26th  
January. It won't be such  
fun now it's all legal (ha  
ha), loads of love Mam,  
Tony, Jenna and Jade XXX

## Thanks

**MANY THANKS** to all  
my friends for cards,  
prayers and sympathy  
when I most needed it, God  
bless from Sheila Twohig  
**DUTCH** Stephen and  
Amanda would like to  
thank both our families for  
their kind wishes and gifts  
on our wedding day, 16-1-  
96, a big thank you to all  
our friends who were able  
to join us in our  
celebrations and thanks to  
the staff of the George  
Hotel and Greenfield  
Nursing home for their  
gifts and best wishes.  
**NICHOL - BROWN**  
Margaret and family would  
like to thank all their  
relatives, friends,  
neighbours, Dr Saunders,  
Sister Marshall and Rev  
Peter Baldwin for their  
messages of sympathy and  
support during their recent  
bereavement. A very  
special thank you to  
members of Aycliffe Golf  
Club, Val and Harry  
Nichols, Roy Million,  
Billy Phinley, Norman  
Robinson, Carol, Alan and  
Keeley Brown who's  
support over the last  
months meant so much to  
Bob and Margaret.

**NEWTON AYCLIFFE**  
**MIND** - On behalf of our  
group I would like to say  
a very special thank you to  
Mary Walton in her  
capacity as secretary to  
**MIND**. Mary has  
performed her duties with  
total commitment,  
dedication and excellence,  
without any financial or  
other kind of gain to  
herself. Much of the  
finance came into our  
charity thanks to Mary's  
unselfish efforts. We will  
miss your services, but we  
wish you well in whatever  
you do - C Lee, Treasurer.  
**THANK YOU** all for the  
lovely cards and gifts  
received, I hope you all had  
a good night, Sorry about  
the singing, love and Bon  
Voyage to you all - Janet  
**HARRY BOURNE** and  
family wish to thank all  
doctors at Bewick Crescent  
Surgery for their care and  
attention during my wife's  
illness, also many thanks to  
family and friends for  
cards and floral tributes  
during our very sad loss.  
Also many thanks to the  
Co-op for the excellent  
service received

## Public Notice

**Showstoppers Tours:**  
Sat., 3rd February,  
"Phantom of the Opera"  
Edinburgh - £39. Sat., 2nd  
Mar "Starlight  
Express", London - £45.  
Sat., 6th April, "Oliver"  
London - £49. Sat., 27th  
April, "Blood Brothers",  
London - £45. Sat., 18th  
May, "Les Miserables",  
London - £49. A £10  
deposit secures places Tel  
321567 to book.  
**HOME-MADE** Cake stall  
and Coffee Morning in St.  
Clare's Church Hall every  
Saturday from 10am to 12  
noon, only 50p for a cup  
of tea or coffee and a  
home-made scone.  
Everyone welcome.  
Proceeds for Parish  
Development Fund.  
**PRIVATE** train to  
Edinburgh, Darlington  
8am, return 1730, £23,  
return, normal fare £34,  
children £20 To book tel  
313924 after 4pm  
weekdays, anytime  
Saturday and Sunday

**GET FIT in 1996**  
at "FIT 'n' UP"  
**Aerobic Classes**  
Mon 6-7pm Hi/lo  
Wed 8-9pm HiNRG  
at Woodham Village  
Community Centre  
**Contact Andrea on**  
**0374 797999**  
RSA/YMCA instructor

## GOODS VEHICLE OPERATORS LICENCE

Packaging Industries Ltd  
of Beaumont Way, Aycliffe  
Industrial Estate, Newton  
Aycliffe, Co. Durham DL5  
6SN is applying to change  
an existing licence as  
follows: To keep an extra  
2 vehicles at the operating  
centre at Unit 12/G/655  
Beaumont Way, Aycliffe  
Industrial Estate, Newton  
Aycliffe, Co. Durham.  
Owners and occupiers of  
land (including buildings)  
in the vicinity of the  
operating centre who  
believe that their use of  
enjoyment of that land will  
be prejudicially affected,  
may make written  
representations to the  
Licensing Authority at  
north Eastern Traffic Area,  
Hillcrest House, 386  
Harehills Lane, Leeds LS9  
6NF within 21 days  
following publication of  
this notice. They must at  
the same time send a copy  
of their representations to  
the applicant at the address  
given at the top of this  
notice - 27-1-96.  
**YOU CAN** have  
**C H E A P E R**  
**INSURANCE!** Freephone  
0800 374545 and quote  
reference PI044 for a CUT  
**PRICE** quotation.  
Business hours 9am to  
5pm, Monday to Saturday.  
Try it and see just how  
keen our premiums are!

## Situations Vacant

**CLEANER** required for  
house in Redworth area,  
hours 9.30-2.30, Tuesdays  
(flexible) Duties include  
cleaning windows,  
housework and ironing,  
reliable non smoker need  
only apply, preferably with  
no family ties, please write  
to Box No SV2, c/o  
Newton Press, St Cuthberts  
Way, Newton Aycliffe  
**PART-TIME** cafe  
assistant required by  
Julie's Cafe, 12 hours per  
week, apply to Julie's Cafe,  
St Cuthberts Way Tel  
311737 or 318290 - no  
time wasters.

## Health / Beauty

**ATHENA**  
**Beauty Studio**  
The Leisure Centre,  
Newton Aycliffe  
**Telephone: 300500**  
Facials, Massage,  
Waxing, Manicures,  
Pedicures, Electrolysis,  
Red Vein Removal,  
Lash Tints - Brow Shape

**STAR**  
**NAILS**  
The latest technology in  
nail extensions, direct  
from the USA, have  
natural looking long nails  
**SPECIAL OFFER £15.00**  
Free consultation  
on all treatments  
Gift vouchers available  
For further  
details or appointments  
Tel 300500 or book  
through reception  
**ALL NEW CLIENTS**  
**FIRST TREATMENT**  
**ONLY 1/2 PRICE**  
except on special offers

**ALOE VERA JUICE** for  
irritable bowel etc, also  
creams for skin/muscle  
problems, free local  
delivery Tel 310758

**REFLEXOLOGY**  
Natural Therapy  
Stress, Migraine  
Back/Neck problems etc.  
Qualified Therapist  
7 Years Experience  
Leaflet on Request  
Reflexology evenings  
Tel 01325 310758  
Carole Hind MBRA

## Accommodation

**HOMELY LODGINGS**  
available, long and short  
term, Bed, Breakfast and  
Evening Meal. DSS  
welcome 361502  
**JUBILEE** Guest House, 2  
Bury Road, unemployed  
welcome Tel 319850  
**FOR RENT** 3 bedroom  
with garage, Langdale  
Place, bond required, DSS  
welcome Tel 310491

## Pets

**BOARDING KENNELS**  
and **CATTERY**  
(established 18 years),  
White House Farm, Bolam,  
Near Darlington (off A68).  
Approximately 3 miles  
from Heighington Tel:  
01388 832635

## PET FOOD

Whatever your pet,  
whatever you feed,  
we'll try to cater,  
for their every need,  
we'll also deliver,  
right to your door,  
give us a ring,  
that's what we're  
here for.

**FORUM FEEDS**  
(Pet Shop) **FERRYHILL**  
Tel 01740 656557  
(evening deliveries available)

**DOG TRAINING**  
Pet and puppy classes  
with limited numbers  
are held in West  
Auckland and Durham  
contact  
Paul Greener  
(Home Office Accredited Instructor)  
Tel 01325 462533

## Holidays

**To let - Holiday**  
**Apartment**  
at Costa Blanca 2 bedroom,  
sleeps 6, £150.00 per week  
Flights available weekly  
from Teesside or Newcastle  
Tel 01325 317746  
available most dates

To advertise in this space  
call Paul Howarth at  
**NEWTON PRESS**  
Telephone 300212

## In Memory

**A YEAR** has passed, but  
you'll always stay as dear  
to us, as yesterday, love  
you forever. Mam, Edie,  
Ronnie, Dorothy, Alan,  
Samantha, Gerard, Noel  
and families  
**SMITH** In loving memory  
of dearly loved Husband,  
Dad and Grandad Leslie.  
Although we're not  
together we will never be  
part, your love, your smile,  
your kindness are always  
in our hearts. Love always  
Jean and family,  
goodnight, God bless,  
Grandad, Sarah, Jemma,  
Lucy, Scott and Niall  
**OLIVE GREEN** Died  
23rd January 1985, loved  
and thought of every day,  
deep in our hearts you will  
always stay, husband Tom,  
son Michael and Sandra,  
grandsons Paul and  
Andrew

**FOSTER** Precious  
memories of our two dear  
granddaughters, Lisa aged  
six years and Michelle  
Dawn aged 22 years and  
loving Mam of Nathan.  
Through smiles, laughter  
and tears, we miss you  
dearly, Nan and Grandad  
Duff  
**JEEVES** In loving  
memory of my dear wife  
Shirl, who passed away  
24th January 1987. You  
were too young to die, we  
didn't have the time to say  
goodbye, but one day soon  
we will be together, and  
this time it will be forever.  
Forever missed by loving  
husband Ken

**CARNAFFIN**, Norman  
30th January 1987,  
treasured memories of a  
dear Dad, in our hearts you  
will always stay, loved and  
remembered every day,  
Norman and Margaret  
**CARNAFFIN**, Norman  
30th January 1987., In  
loving memory of a dear  
Dad and grandad, time  
passes, memories stay,  
fondly remembered every  
day, George and Cindy,  
grandchildren David and  
Michael  
**CARNAFFIN**, Norman  
30th January 1987,  
remembering you is easy,  
we do it every day, it's the  
heartache of losing you  
that never goes away.  
Loved and missed always  
Grace Ann and Bob  
**CARNAFFIN**, Norman  
30th January 1987 In a  
special corner of our hearts  
you will always stay, sadly  
missed by grandchildren  
Alan, John, Tracy, Neil and  
Bobby

**BOURNE, SYLVIA** Died  
6-1-96, deeply loved wife  
of Harry, dearly loved  
Mam of Angela, much  
loved nana of Rachael,  
funeral took place at  
Newton Aycliffe  
Cemetery, Friday 12-1-96,  
sadly missed, Harry,  
Angela and Rachael -  
Gentle Jesus up above,  
please give my Nana all my  
love Rachael XXXXX

## Vehicle Wants and Sales

**SCRAP CARS** MoT  
failures, good prices paid  
Tel. 0836 630036  
**NISSAN SUNNY** van,  
1989, taxed until April  
1996, MoT until May 1996,  
£500 Tel 310655

## Lost & Found

**FOUND** in Newton  
Aycliffe Town Centre on  
Saturday 20th January, a  
pair of gents spectacles in  
a blue case Tel 318740

## Wanted

**AUCKLAND HOUSE**  
**CLEARANCE**  
Pay cash for antiques and  
old fashioned furniture, eg:  
china cabinets, tables, sets  
of chairs, hall stands,  
bureaux, bookcases,  
sideboards, chests of  
drawers, bedrooms  
furniture, mirrors, clocks,  
old watches, costume  
jewellery, chine,  
silverware, cutlery,  
crockery, jugs, bowls,  
vases, figurines, animals,  
linens etc. Anything old  
and interesting. Personal  
and discreet service  
Tel 01388 608042 anytime

**BEST CASH** prices for  
furniture, 3 piece suites,  
china, cabinets, tables,  
drawers, china, linen,  
clocks etc., full or part  
houses cleared Tel 01325  
314885

**HOUSE** Clearances, spot  
cash paid, single items,  
discreet service Tel  
310240

**CASH PAID** for all  
household furniture,  
suites, tables, chairs,  
robes, cookers, fridges,  
houses cleared. Tel  
Kingsway Salerooms  
01388 661579

**WANTED** carpet for cash  
or disposal Tel 01388  
777993 or 0831 866770  
**THREE** piece suites  
wanted, good prices paid,  
old/broken suites  
removed free of charge,  
Tel 320615 or 0831  
866770

## For Sale

**GOOD QUALITY**  
Potatoes 55 pounds for £6  
free delivery in Newton  
Aycliffe area Tel: 316208  
**HELITRON** canopy  
sunbed, 5 tube, 5ft, £30 for  
quick sale Tel 307667  
**NEW 3ft** Single beds from  
£59, double beds £95,  
carpets £24, 3 piece suites  
£440, Bargain Buys  
321678  
**BABYS COT** in yellow,  
good condition, can deliver  
£12 ONO Tel 316013  
**6ft BEDROOM** fitment,  
reduced to £199, new 3  
piece suites from £440  
Bargain Buys 321678  
**CARAVAN** gas cooker/  
oven, excellent condition  
£50 Tel 311108  
**1 PAIR** of thermal lined  
pink curtains, unwanted  
present, size 64" x 72" £40  
ONO. Single bed,  
excellent condition £30  
ONO. Teak set of 5  
drawers £15 ONO. AIWA  
super bass walkman as new  
£20 ONO Tel 316838  
**PARKINSON** Cowan gas  
cooker, 4 months old,  
insurance cover until  
October 1998, oven never  
been used £200 Tel 310055  
**GENTS** Raleigh racer, 5  
speed £12 Tel 310963

**Barbara & Dave Goad**  
invite you to celebrate  
their 1st Anniversary at  
**The Nags Head**  
Sedgefield  
and the arrival of their  
**NEW HEAD CHEF**

**SPECIALS TILL**  
**END OF FEB 96**  
**Sunday 12-2pm**  
& 7-9.30pm  
2 Courses only £4.95

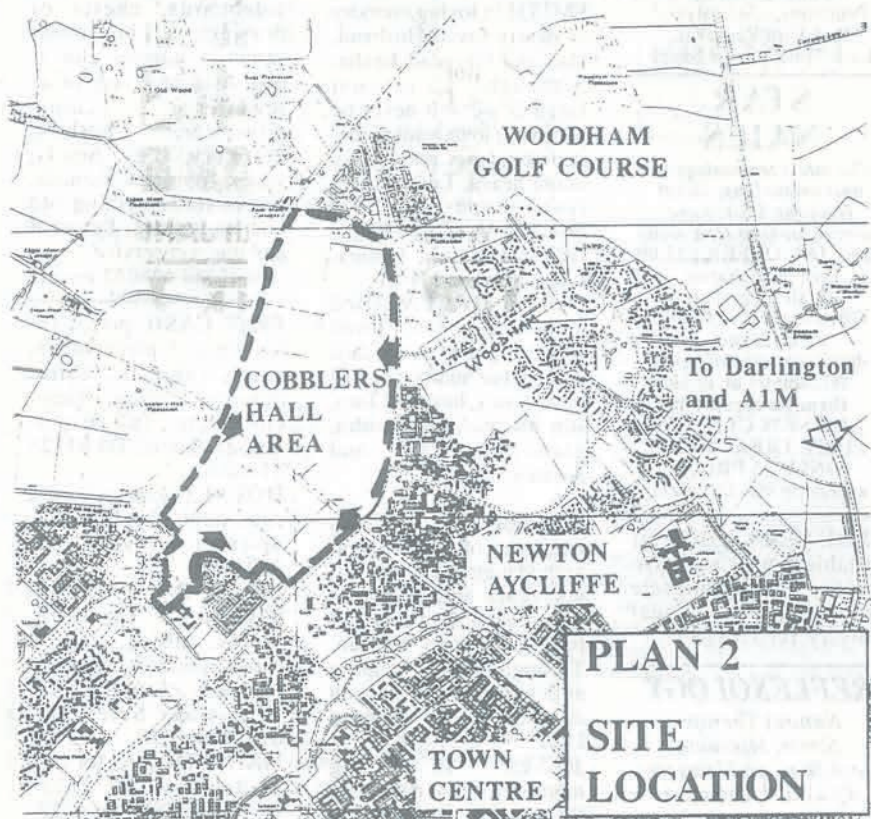
**Tuesday 7-9.30pm**  
**SPECIALS BOARD**  
2 meals for the price of 1

**Thursday 7-9.30pm**  
FREE 1/2 litre of wine  
with table orders over £10

**BAR SNACKS** and  
A la carte also available in  
our comfortable restaurant  
Tel: 01740 620023



# PLANS FOR NEW VILLAGE REVISED



Cobblers Hall, the next area to be developed in Newton Aycliffe, is undergoing a revision of the layout, to re-allocate open space in this new village. Site investigations have revealed an area of unstable land on which it would be difficult to build, so this is to be changed to open space. The site allows for a Village Centre with shops, Church, Community Hall and Doctor's Surgery. A Carers Centre and Special Needs housing are also under consideration on a plot near to the Village Centre. No indication, yet, on when the development of Cobblers Hall will begin, but consultation with all interested parties is underway. When complete it is estimated the new village will be equal in size to neighbouring Woodham. Some will welcome this expansion which is an indication of the popularity and attractiveness of Newton Aycliffe. But others will point again to the poor access the C35 gives to the northern area, pleading for improvement before the influx.

## COUNTY COUNCIL SUPPORT PICTURE LOAN SCHEME

Hospitals, Clinics and Homes in County Durham are to get a bright, new look with help from a novel choose your own picture loan scheme. Patients and staff of Community Health Care: North Durham NHS Trust are to visit a special showing of about 100 works at Durham Art Gallery to choose paintings for their own wards and departments in the north of the county. The new initiative in Visual Arts Year 1996 is to be launched at the Ackley Heads gallery on Monday, January 22nd by the Trust's chief executive, Simon Priestley.

The loan scheme, which is supported by Durham County Council's Arts, Libraries and Museums Department and framing company Larson Juhl, has been made possible through the generosity of professional artists from the region who are lending their work - free of charge - for a year.

Gwyneth Lamb, the Trust's arts service co-ordinator, said the range of paintings was enormous - from small pastel landscapes to six foot square abstracts. "We have been overwhelmed by the artists' willingness to help

us. So far we have been offered nearly 100 works with a total value of over £25,000 and more keep coming," she said. "There will be something to suit every situation, to bring colour and interest and to stimulate conversation or even controversy."

The benefit and value to patients of art and beautiful objects was recognised by Crimean War nursing heroine Florence Nightingale who wrote in 1888 that 'variety of form and brilliancy of colour in the objects presented to patients are actual means of recovery'.

## COMMUNITY CENTRE ASKS FOR SUGGESTIONS

### WOODHAM VILLAGE COMMUNITY ASSOCIATION 10th ANNIVERSARY

With our Membership now at 600 plus, the Management Committee would be interested to hear from all locals (members and non-members) about the kind of events they would like to see happening at the Centre. Perhaps you would like to see a Ladies Netball Team or Five-a-Side Football or a Basketball Team, or maybe you would just like to be able to hire the Hall, hourly, to play Badminton or Table Tennis. Maybe you would like to see more events for young children, like a children's dance and exercise class; the possibilities are endless. We are, of course, limited to how many new ventures we can facilitate, but where there is enough interest shown, we will try our best. Maybe your existing club/society/association is looking for a new meeting place for 1996. Please complete the form below and return it to us, as soon as possible. Please remember: We will never know exactly what YOU want, unless you write and tell us!

Name.....

Address.....

Your Proposal:.....

Please return to: The Secretary, Woodham Village Community Centre, St. Elizabeth's Close, Woodham Village, Co. Durham. DL5 4UE.

## Free "Look After Yourself" Course Begins

A Look After Yourself course is being run in the Woodham Community Centre by Health Visitors Kirsten Monkman, Angela Bryant and Fiona Weeks.

This course aims at fermenting healthy lifestyles and includes a combination, each week, of exercise, health topics and relaxation.

The course is free and open to all and will run for the next seven weeks on Mondays, between 1pm and 3pm.

It is advisable to wear comfortable clothing.

If you would like more information please contact Kirsten, Angela or Fiona at Newton Aycliffe Health Centre, tel.: 314381

## LEGION TEAM PILE ON THE PRESSURE

### Royal British Legion 8 Tap 'n' Spile 0

Another thunderous performance from the Legion as they piled on the pressure on the rather mediocre Tap 'n' Spile at Moore Lane, Newton Aycliffe, writes Lee Forster.

With a difficult cup match approaching against in form Fox and Hounds, this match was seen as ideal preparation for the squad, as the Legion used all Three of their super subs against a side that never really stretched the Legion's defence or capabilities.

The first half saw the Legion begin with stylish football, almost leading to a kickoff goal with the right side pairing of Andy Clay and Chris Johnson running rings round the opposing Left Back.

It was this kind of pressure and the lack of shape from Tap 'n' Spile that produced the opening goal. Paul Topping caught the defence sleeping with a delightful ball through to Trevor Bygate, who seized the opportunity and struck home to add to his tally of two in two games. Add this with goals from Mark

Shield and Robin Kell, the Legion went into Half-Time three goals up.

The only criticism of the team was that they were failing to grab the majority of the chances given to them.

With Micheal Swankie, Frankie Wilson and Simon Cairns on the bench, one felt that the Legion had to raise the tempo of the match to win convincingly.

Kell and Paul Robinson duly responded with two "classic" Legion goals. The latter came from a Clay corner, the ball floated in at an inviting height for "Robbo" who responded with a bullet header leaving the 'keeper with no chance.

From then on the flood gates were opened as the whole Legion team ravaged a team who rarely got the chance to endeavour into the Legion goalmouth without getting a nose bleed.

Manager George Topping saw the latter stages of the second half as a chance to field subs Wilson, Cairns and Swankie. The change

proved successful as Swankie increased the day's tally with another of his famous strikes.

Veteran Kell capped a tireless performance by charging onto a through ball, producing a clinical finish and completing his hat-trick. Sub Cairns finished the scoring with a fine solo effort.

**Photocopying is only 10p for an A4 Sheet less for larger quantities at NEWTON PRESS STATIONERY SHOP**

## HEALTH COMMISSION COMMENCE ANTI SMOKING SCHEME AT EASINGTON

County Durham Health Commission has introduced a revolutionary scheme to encourage Easington smokers to give up smoking.

Using Nicotine Replacement Therapy, the £28,000 scheme run in conjunction with Easington Health Promotion, aims to help around 125 patients give up the habit. Lower income population areas such as Easington have a high incidence of smokers, and the scheme hopes to educate them to the dangers of the habit as well as give up smoking.

Gerald Tompkins, the Commission's Acting Locality Director for Easington, said: "Giving up smoking is never easy. The commission's role is about both buying health care and promoting good health and we therefore hope that this additional support will help some people quit the habit."

The scheme involves participating with local GPs who will review patients to see if they are suitable for the scheme. Potential patients must be on a low income, live in the Easington district and be over 18. The scheme also involves the setting up of a counselling and referral system.

Nicotine skin patches are being used for the scheme, the main advantages being that they are convenient to use and have few side effects.

The scheme will involve around five GP practices in the Easington area. GPs and nurses involved in the scheme will receive additional training in counselling and support skills to ensure that the patients are fully supported in their attempts to give up smoking.

Dr. Kapoor, a GP from Deneside Medical Practice in Seaham involved in the scheme said: "Patches are a valuable tool for giving up smoking. They help the patient overcome the most common nicotine withdrawal symptoms and, in the long term, increase the patient's chances of stopping altogether."

"In adopting this scheme, we not only hope to improve the health of the patients involved but also encourage others to make positive choices about improving both their immediate and long term health prospects."

It is hoped that the scheme will reflect the Imperial Cancer Research Fund's Group findings which showed that at the end of three months 19% of patients who were using patches have successfully given up smoking.



**Lonely, Stressed, Fed Up, Depressed, Sad or just need someone to talk to?**

Newton Aycliffe MIND can help you.  
**EVERY THURSDAY 2.00-4.00pm AT THE CUBBY**

All ages welcome - come and have a cuppa, there's always someone you can talk to.

Further details contact: Rev Colin Jay 320112

## LOCAL CHEMISTS EMERGENCY OPENING TIMES

**Sunday, 28th January, 1996**  
12noon-1.00pm - M&M Chemists, Shildon

**Sunday 4th February, 1996**  
12noon-1.00pm - Chiltons Chemist, Shildon

## B & M WINDOWS LTD.

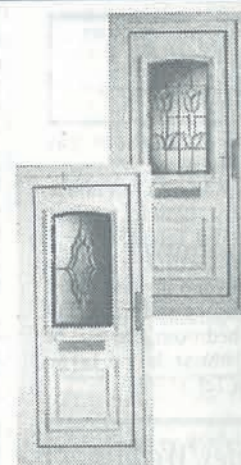
Manufactured to any size in a choice of white or woodgrain. We make all our own conservatories, built to our very high standard



**Be safer - 4 times more resistant. Designed for YOUR protection**

All windows include, as standard, high security shoot bolts, reinforcing, to spec, 28mm sealed unit, high security shuffle bead.

(Pilkington K and toughened glass also available)



**UNITS 2-4 THE COURTYARD, AYCLIFFE INDUSTRIAL ESTATE**

**01325 300879**