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"OUR EXPULSION WAS UNFAIR"

Says Aycliffe Golf Club

Aycliffe Golf Club, who are no longer officially recognised at the Town Council Course, are still smarting over their expulsion which they say is grossly unfair.

They told "Newton News" this week that they had agreed to eight of the nine proposals by the Council to expand the Golf Club membership. However they could not agree to a Town Council representative having the power of veto on their Club's democratic decision-making. "We could not run a Golf Club as puppets of the Town Council" said

Committee Member P. Hay. Aycliffe Golf Club accept the criticism on low membership, which had only five juniors and one lady, but claim this was the Council's fault! Ladies need a measured course with their own tees, acceptable to the National Association. Without this they cannot obtain a handicap. "The Council were asked on several occasions to

make proper provision for ladies and they ignored our requests - consequently the ladies section was disbanded" said Mr. Hay.

"Similarly we informed the Council that £90 a year was too much to attract juniors and this led to a steady decline in numbers. But the Council intend to do something about it now by reducing the fees to £15. If that had been done a few years ago we would have a thriving junior section" he added. Club Secretary H. Dunning is angry and bitterly disappointed with the Town Council, who he says took only 5 minutes to decide to end his Club's 19 year existence.

He accuses Councillors of giving false impressions through the media. "We have always attempted to co-operate with the Council on useage of the course, but we could not allow them to veto club decisions." Said Mr. Dunning.

"The Council has acted hastily on this matter and we expected better treatment after 19 years. I urge them to meet us to discuss the matter with a view to rescinding their decision, and allowing our club to continue" concluded Mr. Dunning.

COUNCIL REPLY TO AYCLIFFE GOLF CLUB

In response to the letter submitted by Aycliffe Golf Club it would appear that their objective is to persist with incorrect facts and this response on behalf of the Council will hopefully lay the matter to rest once and for all. To say that the Aycliffe Golf Club are massaging the truth is perhaps a kindness and you can rest assured that many of their comments are simply inaccurate. The most distressing aspect of their letter is where they accuse my Council of making a decision which took only five minutes, both the Club Officials and I know that this is totally inaccurate and the process of consultation and informal discussions to improve membership of the Golf Course and ultimately the Club started nearly two years ago. Since then there has been continued dialogue on this important subject between both Council Officers and Club Officials. These discussions culminated in a meeting between Councillors and Officers of my Authority together with Club Officials including the Secretary of the Durham County Golf Union who

attended in an advisory capacity. A number of issues were put to the Club and it was only after pressure that they agreed to convene an Extra-Ordinary Annual General Meeting where the requirements of the Council as course owners were made perfectly clear. There then followed a Meeting of the Parks, Cemeteries and Allotments Committee where the issue was discussed for over one hour before a decision was made. Even at this late stage the Golf Club had every opportunity to meet the requirements of the Council which included a substantial reduction in their fees and a request for a Representative of this Authority to attend meetings of the Golf Club on a reciprocal basis the Golf Club having enjoyed representation on my council's parks, Cemeteries and Allotments Committee for a number of years. The word "veto" was never mentioned in any correspondence or in any verbal reports. It was only applicable if and when a new Club was formed, and only then.

Continued on page 2

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ANNUAL SHORT STORY AND POETRY CONTEST FOR N.S.P.C.C.

After the success of 1994, the Northern Region of the NSPCC is again organising a Short Story and Poetry Competition. Entries are welcome on any subject. Entries cost £3 and the Winning Short Story and Poem will each receive 25% of the respective entry fees received for that section. There is a minimum guarantee of £50 for the Winning Short Story and £25 for the Winning Poem. Gareth Edwards, NSPCC Event Organiser, says - "Entries are already coming in for this new event, but there is still plenty of time for more stories and poems. Last year, the event was so popular that the winning entries received over £180 each. Entries do not have to be in until the end of January 1996, so we hope many more budding writers and poets will put pen to paper over Christmas and support this activity to help local children."

For full details and an entry form, send a stamped self-addressed envelope to:
Gareth Edwards, NSPCC Appeals Office,
72 Newcastle Road, Sunderland, SR5 1NW.

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AYCLIFFE'S ITEC MODERN APPRENTICESHIP PROGRAMME AIDS LEAVERS

A collaboration between Newton Aycliffe based Business & IT training provider, ITEC NORTH EAST, regional employers and Durham TEC has led to one of the most successful 'fast track' supervisory and management programmes in recent years. The modern Apprenticeship programme launched in September 1995 is beginning to bear fruit and gain praise from the employers who first took advantage of the scheme.

CALSONIC CLIMATE CONTROL Ltd, based at Shildon, Co. Durham, have contracted to train Modern Apprentice Joanne Mackintosh from Newton Aycliffe and Personnel & Administration Controller MARGARET BROWN believes that the scheme is grooming the managers of tomorrow, who will make a major contribution to developing the North East as a World Class Region into the next century.

The Modern Apprenticeship scheme is aimed mainly at 16-17 year old school leavers who are well motivated and who have the ability to gain high levels of skills and qualifications. Since a high level of commitment is required from the young trainee and from the employer, each Modern Apprenticeship is individually tailored by ITEC North East in conjunction with both parties and a 3 year training plan is developed.

Modern Apprenticeship schemes from ITEC North East are available in Information Technology and Business Administration. Further information can be obtained from Jean Thompson at ITEC North East on 01325 320052. Financial assistance is available to employers taking on Modern Apprentices.

CHRISTMAS AND NEW YEAR A "DOWNER" FOR NEWTONIAN IN BOSNIA

Could you imagine not having a Christmas?

When you take for granted that you'll wake up in your nice cosy warm bed on Christmas morning, go down stairs to unwrap all your presents and then sit down to a nice hot Turkey dinner, it's hard to imagine not having all those things.

There are some people who had no choice but to do without.

Hundreds of our men over in Bosnia are working every day to keep the peace in towns and villages alien to them. No different to working back at home you might think - but there's just one thing. You were at home for Christmas, they weren't. Local lad Mike Carr, 20, from Newton Aycliffe, is one of those men out in Bosnia and who had to miss the season to be jolly. I received a letter from him, and oh how he missed the Christmas festivities.

"Christmas and New Year was a bit of a downer not being at home" he wrote "but I'll make up for it when I get back." The brave engineer explained how the weather is probably the worst aspect of being out there: "The snow has reached up to a foot in places, and the temperature at night is subzero."

Although peace is expected, Mike says that there is still a lot of conflict. He said: "The Serbs, Croats and Muslims continue to fight each other. There's still a lot of ethnic cleansing going on, and gunfire can be heard all over the place. The war has left utter destruction. Sarajevo has probably come off the worst - there's barely a building in sight. "The locals don't really

like us and they don't want us here, but we're doing a good job in keeping the peace." Mike is expected to get leave for two weeks next March. He intends to celebrate somewhat when he arrives, but in the meantime, there are family and friends back home waiting anxiously for their loved ones.

Mike Carr's mother, Glynnis, will be one of many thinking of a relative while our lads are there. But she says it's not just her own son she feels sorry for: "Mike has family and friends here - people who'll be pleased to see him when he gets home. I feel especially sorry for those who don't have what Mike has - people thinking of him. They are the ones who'll find it tougher to cope with - not that any one would find it easy anyway." There's a double sting in the tail of Mike being in Bosnia until March. No leave for another three months means that he'll also miss his 21st birthday in February.

But Mrs. Carr said that they'll make up for it when he eventually comes home: "When he gets home, he'll have loads of presents to open - but that doesn't compensate for the time he'll have missed. It won't be the same for all of us. "We're thinking of having a street party when he gets home, with a big banner and plenty of food and drink - the stuff he used to take for granted."

People should remember that they were lucky to have had a real Christmas - with presents, a Turkey dinner and plenty of celebrating. However, I am sure that there are plenty of people thinking of men like Mike while they're out there. Martin Walker.

Ousted "Golf Club Request Too Little and Too Late" says Clerk

On the contentious issue of the provision of Ladies Tees these were incorporated when the Golf Course was measured for the opening of the nine hole extension. The provision of Ladies Tees is indicated on the score cards and has been available since June 1993. One may ask the question why we have no Lady members bearing in mind that provision for them has been available for well over two years, a matter fully understood by this authority if not the Golf Club.

Despite all the efforts of myself and my Senior Officers the Club failed to recognise the determination of the council to attract more Members. That failure, which was made perfectly clear, on numerous occasions at meetings which I attended was looked upon as some kind of bluff. It is not the fault of my council or its Officers that the Golf club failed to respond and their request now for re-consideration of the matter is simply too little too late.

As has been made perfectly clear a new Golf Club is in the process of being formed which will be an entirely separate body once it has become established with its own membership and within reason will not be in any way subservient to my Council but will compliment what is already a superb facility which continues to improve and which in the final analysis will be a facility for the envy of others and the enjoyment primarily of the residents of Aycliffe. Finally, applications for membership of the new Club are being received on a daily basis which would indicate to me that the decision of the Council was correct and whilst being unacceptable to the Golf Club is one which is being seen by the general public as correct as intimated by their overwhelming support.

John Farquhar
Town Clerk

A1 FM Programme Schedule - 103.2

	6am-10am	10am-1pm	1pm-2pm	2pm-6pm	6pm-7pm	7pm-8pm	9pm-12am	12am-6am
MONDAY	Gary's Wake Up Club Gary Wilkinson	Home from Home John Pierce	THE GOLDEN FREEWAY	Mark Brooks in the Afternoon Mark Brooks	THE FAST LANE	No Limits	Late Night (inc) The Quiet Storm Les Gunn	Overnight Expressway Jukebox
TUESDAY	Gary's Wake Up Club Gary Wilkinson	Home from Home John Pierce		Mark Brooks in the Afternoon Mark Brooks		No Limits	Late Night (inc) The Quiet Storm Les Gunn	Overnight Expressway Jukebox
WEDNESDAY	Gary's Wake Up Club Gary Wilkinson	Home from Home John Pierce		Mark Brooks in the Afternoon Mark Brooks		No Limits	Late Night (inc) The Quiet Storm Les Gunn	Overnight Expressway Jukebox
THURSDAY	Gary's Wake Up Club Gary Wilkinson	Home from Home John Pierce		Mark Brooks in the Afternoon Mark Brooks		No Limits	Late Night (inc) The Quiet Storm Les Gunn	Overnight Expressway Jukebox
FRIDAY	Gary's Wake Up Club Gary Wilkinson	Home from Home John Pierce		Mark Brooks in the Afternoon Mark Brooks		A1 Country Peter John Bergg	Paul Dexter	Overnight Expressway Jukebox
SATURDAY	6am-10am	10am-12pm	12pm-1pm	1pm-2pm	2pm-6pm	6pm-9pm	9pm-12am	12am-7am
	Staurday Wake Up Club Gary Wilkinson	Strawberry Fields Forever John Pierce	Local Chart Steve White	Phone Exchange	A1 Sports First Steve White	House of Dance Les Gunn	Rock Show Robin Ellwood	Overnight Expressway Jukebox
SUNDAY	7am-10am	10am-1pm	1pm-5pm	5pm-8pm	8pm-9pm	9pm-10pm	10pm-12am	12am-6am
	Community Chest/Discussion Gary Burgham	Brooks Sunday Brunch Mark Brooks	Requests and More Mike Patterson	All the way from America Paul Dexter	A1 Arts	Good News Religion	As Time Goes By Peter John Bergg	Overnight Expressway Jukebox

Letter to the Editor
**TRADERS AND
COUNCIL SHOULD
DO SOMETHING
FOR THE TOWN**

Dear Sir,
While Christmas shopping in Aycliffe on the last Saturday before Christmas I was shocked by how easy it was to walk through the town centre.

Where were all the shoppers picking up festive bargains and unusual gifts? Where were all the people of Aycliffe, Heighington and Aycliffe Village two days before Christmas? Maybe in Darlington, Bishop Auckland, Metro Centre or even Catterick Market.

It's a shame, but after all it's their choice. The traders of Aycliffe shouldn't just sit and moan that people don't shop here, they should give something to make the customers come. Look at other towns where Christmas lights are paid for by Traders and fund raising windows are dressed for a competition. It's too late for this year but why don't we think of next year now!

Here are a few suggestions, we could have a Santa's Grotto put up in the town centre and a Christmas market could be held, school or town bands playing and singing carols. Shop Staff could dress up in fancy dress, shops could offer a little nip of wine and mince pies or some other Christmas treats to shoppers.

There could be a window dressing competition, the local Council could give some money for a prize for this. The more I think of it the more enthusiastic one could get. I know some of these things happen now but they are not harnessed together in a special festive event.

There must be others who think something could be done to attract shoppers to our town centre. So come on traders, businesses, Councils and any other interested people, let's pull together and show the big towns what a little town can do. Someone should pick up the challenge and put Aycliffe well and truly on the map.

Maybe our Mayor, Cllr. Jim Rodwell may wish to set the ball rolling with a pledge from the Town Council, after all he has done an excellent job up till now.

Yours, an Aycliffe resident.
(Name & Address supplied)

**PASS YOUR
UNWANTED GIFT
TO OXFAM**



Now that you've eaten your turkey, pulled your Christmas crackers and opened your Christmas parcels, have any of your presents not lived up to your expectations? Do you wonder what you are going to do with yet another lime green headscarf from cousin Fred? Have you run out of

space in your cupboard for hot water bottle covers from Auntie Flo? Has Uncle Albert given you yet another Superman Annual (even though you are now 29)?

Don't be tempted to put your unwanted gifts away at the back of a cupboard or the bottom of a drawer. Instead, make good use of those Christmas present "mistakes" by playing **Pass the Parcel with Oxfam**. It's easy to play - just pass your unwanted Christmas gifts to any Oxfam shop where they will be sold to help fund the charity's relief and development work around the world.

Jilly Goolden, presenter on BBC's Food and Drink Programme and The Great Antiques Hunt, is lending her support to Oxfam's Appeal. "Let's face it, not every present's a winner. Some of the packages we receive at Christmas just fail to hit the spot," says Jilly. "But taste is a very personal thing - that black and yellow striped shirt or that fluffy bunny tea-cosy you don't like is probably what someone somewhere is pining for! Please pass on your unwanted gifts to your local Oxfam shop and help raise money for its vital work with poor people overseas."

A volunteer from one of the many Oxfam shops added, "Christmas is an ideal time to replace old with new, and the parcel you give to Oxfam will be equally welcome if it contains something old you no longer need..".

Gardens Guild

The Garden's Guild has added to its normal line of stock, a large bubble greenhouse insulation and is available for the two Sundays 14th & 21st January 1996 from 10.00am - 12.00 noon, when the sales hut will be open.

Carol Service was a memorable occasion

Dear Sir,
Someone who was privileged to attend the first Civic Carol Service held in St. Andrews Church, Aycliffe Village on the 20th December 1995 may I record my appreciation to all concerned for the organisation of what was a very memorable occasion.



My special thanks go to the Organist Mr. N. Hedworth and the children's choir which was provided by pupils from Stephenson Way Primary School. It was a pleasure to enjoy a traditional carol service in a magnificent old church.

*Eric White
(Freeman of Great
Aycliffe).*

Letter to the Editor
**CAR BOOT SALE
FEES WERE
INCREASED IN
OCTOBER!**

Dear Sir,
We would like to respond in defence of the scurrilous allegations made by D and M Cateugh as we are the promoters of the Sunday Car Boot Fair at the old UMM building, Newton Aycliffe.

It is an outrageous untruth to say that we increased the rent on the last day of the venue and we would like to inform the public that the rent was increased for the winter season in the beginning of October upon which it was raised to £10. This increase was not made without indication as signs were displayed and the change was widely advertised in local newspapers.

It is also not our policy to raise rental amounts without justification as we only increase rents when the property we use has increased our hire charges. Even at the £10 charge we are on average 50% cheaper than other indoor car boot and market fees throughout the country.

We do not take kindly to lies & terms such as being "ripped off" as the only party being "ripped off" was ours as the persons in question did not pay their rent even though they stood to sell for most of the morning from 8.00am until about 11.30am as our second attempt to collect rent was at 11.00am and at our third attempt at 11.30am they had packed up and gone.

All the other stallholders paid their £10 as usual without complaint with the exception of the named two. In light of this we wonder who the "Mr. Greedys" really are?

We do not take advantage of anyone let alone our valued customers, however we must cover our hefty overheads which include increasing rents, staff wages, advertising, electricity, water charges and many other expenses.

In the forthcoming year we will endeavour to pursue Mr and Mrs. Catleugh for the £10 rent by taking legal recovery action for the owed amount that we feel cheated out of.

We are a highly respected company who prides itself on efficiency and fairness receiving very little negative feedback from all our venues. However we are not going to sit back and take abuse from two people who's isolated opinion and dangerous lies could cause damage to our unscathed name.

John Noble

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CHRISTMAS GALA BROUGHT STOCKING FULL OF GOOD RESULTS

Sedgefield 75 swimmers' success continued on 16/17th December at Wear Valley's Christmas Stocking Open Gala.

Kathleen Mohan 14, gained top honours at this Open Meeting gaining 2 gold in 100m Freestyle (1:02.53), 100m Backstroke (1:09.67) and 2 silver medals in 100m Butterfly (1:12.16) and 100m Breaststroke (1:22.56).

Medallists and finalists:

Carol Mohan 10, collected silver medals in 100m Butterfly (1:27.37), 100m Backstroke (1:24.55), bronze in the 100m Freestyle (1:13.09) and was 6th in the 100m Breaststroke (1:37.50).

Jill Hunter 10, collected a bronze in the 100m Butterfly (1:29.32) and was 5th in the 100m Breaststroke (1:36.21).

Christopher Bowden 10, was first reserve in the 100m Butterfly (1:15.40).

Adam Burton 10, collected a bronze medal in the 100m Freestyle (1:15.40).

Ian Storey 10, was 4th in the 100m Freestyle (1:17.00) and 5th in the 100m Backstroke (1:27.57).

Angela Winstanley-Smith was 2nd reserve in the 100m Freestyle (1:19.48).

Zoe Mitchell 10, was 4th in the 100m Breaststroke (1:35.38).

Matthew Bowden 12, was 4th in the 100m Breaststroke (1:21.88) and 6th in the 100m Freestyle (1:05.40).

Mark Surtees 13, was 4th in the 100m Freestyle (1:05.50) and 1st reserve in the 100m Breaststroke (1:24.29).

Ian Cairns 13, was 6th in both the 100m Freestyle (1:05.59) and 100m Breaststroke (1:22.62).

Lyndsey Atkinson 13, was 4th in the 100m Butterfly (1:17.04).

Barrie Walker 15, was 1st reserve in the 100m Butterfly (1:08.50).

Tony Weed was 1st reserve in the mens 50m Backstroke (0:31.77) and 2nd reserve in the 100m Freestyle (0:58.23).

The 9 year old boys Freestyle team of Mark Walton, David Courtly, Timothy Johnson and George Carpenter collected a bronze medal. George, David and Mark were joined by Jimmy Pike in the Medley Team which also collected a bronze medal.

Congratulations to all those swimmers who attended the gala many of whom gained personal best times: Kimberly Vickers, Tarryn Samuel, Michael Turnbull, Scott Watson, Alison Storey, Lyndsey Needham, Mark Richardson, Russell Norman, Stephanie Surtees, Andrew Cairns and Sarah Kelly.

Sedgefield 75 Swimming Club would like to thank the people of Newton Aycliffe for their support and encouragement over the past year, and wish everyone a HAPPY NEW YEAR.

HEART ATTACK DEATHS REDUCED IN S.W. DURHAM

County Durham Health Commission has today announced its response to the Labour Party's report on coronary heart disease.

Mortality figures presented for coronary heart disease show that death rates from the disease have reduced over the past 10 years in South Durham. In the under 65 age group the figure has reduced from 102.47 to 70.53 per 100,000 and in the over 65 year age group it has reduced from 1357.09 to 967.89 per 100,000.

County Durham Health Commission has been working hard to improve the health of the people in the County. Some of the activities specifically targeted at coronary heart disease include: the exercise on prescription scheme, being run in conjunction with local GPs, reduction in the number of people who smoke in local industry via the use of stop smoking tutors, the 'heartbeat award' working with local caterers to promote healthy eating and the development of guidelines to improve the diagnosis and treatment of hyperlipidaemia (high levels of fat in the blood) in conjunction with GPs, cardiologists and chemical pathologists in the South Durham area.

Dr. Russell Gorton, consultant in public health said: "Whilst this is still above the national average we are significantly reducing the number of deaths from the disease. There are many factors which affect our health such as lifestyle, where we live or whether we are employed or not. The Commission is committed to reducing mortality rates even further, and fully expects to meet its Health of the Nation targets".

The Commission hopes that the activities it is currently running help to reduce the number of deaths from coronary heart disease and also educate people on how to prevent the disease and lead a more healthy lifestyle.

2 Possible Car Boot Sites

Car Boot Sale organiser, John Noble, is looking at two new possible sites following refusal of his application to use the former Moores International factory on the Industrial Estate.

10 Needy Families Benefit from Town Concert

The Rotary Club used the proceeds of the Community Christmas Concert to help ten needy families in Newton Aycliffe.

Giant food hampers were delivered on Christmas Eve and received with grateful thanks from families who would have faced a bleak Christmas otherwise.

The Rotary Club thank sponsors and everyone who supported the event in the Leisure Centre on the 17th December.



"I hope everybody who attended the concert and supported the event is pleased that they brought some happiness to ten families in Newton Aycliffe this Christmas," said President John Dormer.

Methodists Hold Special Services

The first National Alpha Weekend takes place on 13th-14th January 1996, involving hundreds of churches and bookshops all over Britain including Neville Parade Methodist Church.

The Alpha course runs over 14 weeks and examines topical questions which affect everyone and to which we all want answers. Topics include: What is the point of life? How do we deal with guilt? What relevance does Jesus Christ have for our lives? Alpha is designed primarily for non-churchgoers, as a practical and dynamic introduction to the Christian faith.

During 1995 over 100,000 people from all backgrounds, ages and religious denominations throughout the U.K. attended an Alpha course. The Alpha course started 15 years ago at Holy Trinity Brompton in London. It has grown in popularity with more than 2000 churches in the U.K. and many overseas now running Alpha courses.

On Sunday 14th January 1996 hundreds of churches will hold special services where guests and visitors can find out more about joining a local Alpha course. Here at Neville Parade Methodist Church, Newton Aycliffe there will be a service at 6.30pm and the next Alpha course begins at 7.00pm on Friday January 19th at 7.00pm where a supper will be provided to begin the evening for which no charge is made - we rely on people giving what they can afford.

Why not make the effort to come - a warm welcome will await you. For further details either call in at the Builders Arms in the Thames Centre or contact the Rev. Kenneth Kilby on Aycliffe 313508. We look forward to meeting you!

Don't throw away your unwanted furniture

HELP A NEEDY FAMILY

Sedgefield District Furniture Scheme

Tel: 311736
24 hr Ansaphone

CLOSING DOWN SALE - CLOSING DOWN SALE - CLOSING DOWN SALE - CLOSING DOWN SALE

Closing Down Sale

THOUSANDS OF BARGAINS - THOUSANDS OF BARGAINS - THOUSANDS OF BARGAINS - THOUSANDS OF BARGAINS

THOUSANDS OF BARGAINS - THOUSANDS OF BARGAINS - THOUSANDS OF BARGAINS - THOUSANDS OF BARGAINS

TOWELS

Bath only to clear
£2.99 each
(striped) **£3.99 each**

EVERYTHING MUST BE CLEARED THOUSANDS OF BARGAINS

FABRICA 9 THAMES CENTRE
TEL: (01325) 300664

LUXURIOUS QUALITY QUILT COVER SETS

made by "Sleepdown"

MUST CLEAR

Singles £9.99
Doubles £12.99
King Size £15.99
(15 designs)

QUILTS

Autumn Dream

13.5 tog (winter weight)
Hollow Fibre - non allergic

Single £13.99 £10.99
Double £17.99 £13.99
King Size £19.99 £17.99

Frilled Quilt Cover Sets

Available in 6 designs inc pillowcases
limited stock available - hurry!!

Single £18.99 £12.99
Double £25.99 £15.99
King Size £29.99 £17.99

PLAIN DYED SHEETS

Single fitted £3.99
Double fitted £5.99

FLANELETTE PLAIN DYED SETS

Singles £12.99
Doubles £15.99
(includes pillowcases, fitted sheet and 1 flat sheet available in 5 different colours)

PILLOWS

2 for £3.99
Best Quality £5.99

Feather by "Fogarty"
Now only £6.99 for 2

Plain Dyed Cover Sets
(selling at crazy prices including pillowcases)

Single £13.99 £7.99
Double £17.99 £12.99
King Size £19.99 £14.99

Chequered Cover Sets
(blue or lemon check)

Single £10.99
Double £14.99

VALANCE SHEETS

Single £7.99
Double £8.99

PILLOW CASES (pairs)

£2.99 a pair
(frilled) **£4.99 a pair**

HUNDREDS OF READY MADE CURTAINS ALL DESIGNS TO CLEAR MANY AT HALF PRICE

CLOSING DOWN SALE - CLOSING DOWN SALE - CLOSING DOWN SALE - CLOSING DOWN SALE

TOP COMEDY STAR MEETS SLIMMING CLUB



Cuddly comic Jimmy Tarbuck got some tips on how to trim inches off his tum, when he met successful local Slimming World Manager Debbie Wilson and Susan Cox. Debbie and Susan said "We haven't won the lottery but our members terrific weight losses give us something to celebrate every week."

Jimmy was amazed at the weight losses at classes held at St. Claires Church, Central Avenue, Newton Aycliffe at 7.30pm on Thursday and Trinity Methodist Church, Rosa Street, Spennymoor at 10.00am, 5.30pm or 7.30pm on Monday especially when he learned just how much the slimmers could eat.

Being able to eat huge quantities of food and even have the odd bacon butty or beer sounds like a winning diet to him said Jimmy.

Slimming World's classes have proved so successful the organisation has recently opened its 5000th class, five years ahead of schedule.

To celebrate the event, Founder and M.D. Margaret Miles-Bramwell and her husband Tony will travel from Aberdeen to Penzance and be joined by members and class leaders as they walk through 110 towns aiming to raise £500,000 for Marie Curie Cancer Care. This figure reflects the 100,000 pounds in weight lost EVERY WEEK by Slimming World members.

If you'd like to supercharge your slimming this New Year, telephone 01325 311127 or just go along and join Slimming World and take part in the Marie Curie/Slimming World Slimathon for a very happy New Year indeed!

The Greenfield Centre based at Greenfield School Telephone (01325) 300378 or 300386

Pre-Enrolment will take place on:
Tuesday-Thursday 9/10/11th January 6.30-8.30pm

TUESDAY: (7-9pm unless stated)

Making the Most of Yourself
Cake Decoration/Sugarcraft
Italian (intermediate)
Painting & Drawing
Woodwork & DIY Skills
Taekwondo (7-8.30pm)
Youth Activities (6.30-8.30pm)
Holiday French (starts 9th Jan) - Music
Using PC's - Word Processing (starts 9th Jan)



WEDNESDAY: (7-9pm unless stated)

Basic Education - Calligraphy
Dressmaking - Floral Art
Music - Pottery & Ceramics
Massage & Aromatherapy
Self Defence for Women
Youth Football Association Training
Italian (beginners) - Using PC's

THURSDAY: (7-9pm unless stated)

Coupage (6-8pm & 8-10pm)
Music (Guitar)
Cake Decoration (Faberje Style)
German (leading to GCSE)
Desk Top Publishing
Holiday Spanish (starts 11th Jan)
Aerobics (6-7pm) - Gymnastics
Word Processing
(starts 11th Jan, 6-8pm & 8-10pm)
First Aid - A First Course in Childminding
Dried Flower and Craftwork - Understanding Reflexology
Gymnastics (5-11 years, 6.00-8.30pm)

Courses run from 7-9.00pm (unless stated otherwise)

FEES

Full Fee - £26.00 (10 week course)
Remitted Fee - £16.00 (10 week course)
Basic Education - Free of Charge
These courses take place throughout the school term and charge various weekly subscriptions

DON'T POUR ENGINE OIL DOWN THE DRAINS says River Authority

The National Rivers Authority is repeating its plea to motorists who change their own engine oil to use oil recycling banks. Used engine oil can cause pollution of rivers and streams if it is poured into drains or disposed of carelessly.

A new report published today (3rd January 1996) from the National Household Hazardous Waste Forum reveals that approximately 20,000 tonnes of used oil is improperly disposed of each year. Only 50 per cent of the used engine oil produced through DIY oil changes reaches oil recycling banks (ORBs) to be recycled.

ORBs are located at civic amenity sites along with bottle banks and other recycling facilities. The NRA has set up **The Oil Bank Line** for people to locate their nearest oil bank by ringing freephone **0800 66 33 66**. This service holds details of 1500 oil banks around the country and callers can identify their nearest ORB by simply quoting their postcode.

The report calls for an increase in the number of locations where people can take their used oil. The NRA supports this by encouraging garages and retail sites to house ORBs on their premises.

Richard Brook, water quality co-ordinator for NRA Northumbria & Yorkshire region, says: "Oil pollution

continues to be the largest single cause of water pollution. In 1994, the NRA nationally dealt with 6,908 oil pollution incidents in rivers and waterways.

"While the most serious incidents were caused by spillages from factories and storage depots, thousands of pollution problems were caused by the improper disposal of small amounts of used oil."

"In the Northumbria & Yorkshire region, we had 705 oil pollution incidents in 1994, which was a 15 per cent rise on 1993. This is a trend we want to reverse and we urge motorists to help by disposing of their used oil in the right place - an oil recycling bank." The NRA's **Oil Care Code** gives simple advice on how to prevent oil pollution:

- When you drain your engine oil - don't oil the drain! Pouring oil down the drain will cause pollution. It is also an offence.
- Take used oil to an oil recycling bank. Telephone **0800 66 33 66** free to find the location of your nearest oil bank.

- Don't mix used oil with other material, such as paint or solvents, as this makes recycling very difficult.

REMEMBER - Even small amounts of oil can cause serious pollution: five litres of oil, the average used in a car engine, can cover a small lake!

EMERGENCY HOSPITAL COVER MAINTAINED

Work has been progressing on the potential for maintaining the presence of doctors in the Accident and Emergency department at Bishop Auckland General Hospital. The work is part of the proposed changes to ensure strong and effective hospital services in South Durham for the future. Tony Jameson commented "There has been excellent co-operation between doctors and other staff at Bishop Auckland General Hospital and Darlington Memorial Hospital on the issue of doctors in the Bishop Auckland Accident and Emergency department. There has been real progress, though there remains some work to be completed on the structure and operation of such arrangements. We are working with Trusts to finish this with the aim of describing what solutions are possible early in the new year."

County Durham Health Commission began public consultation on its proposals for hospital services at Bishop Auckland General Hospital and Darlington Memorial Hospital on 16th November. Consultation will end on 16th February. During the three months the Commission will visit over 20 locations in South Durham to discuss its proposals with local people. Discussions are also taking place with a variety of organisations including Community Health Councils, GPs, the Trusts and District Councils.

Thanks to the Town Council

Dear Sir,
May I take this opportunity as a resident of Newton Aycliffe to thank Mr. S. Howarth, his family and staff for keeping us so well informed of happenings in and around Newton Aycliffe during 1995.

May I also give a special 'Thank You' to the Town Clerk Mr. J.D. Farquhar for all his efforts in 1995 resulting in some wonderful events that have

taken place in Newton Aycliffe and in particular for the excellent Carol Service held in St. Andrews Church.

I would like to think this will be the first of many. Keep up the good work it is much appreciated by the Residents of Newton Aycliffe.
Peace be with you all at Christmas time.

Anon

Slim and Trim with a Weight Watch Plan

With Christmas well and truly over often the only evidence left of all the fun and frolics is piles of wrapping paper, cold turkey and a pair of jeans that are definitely on the tight side!

Now is the time to get into shape. Help is at hand with Weight Watchers and the new and improved easy to follow **Slim & Trim '96** Programme.

With a host of delicious recipes to chose like beef goulash and even treats like Bread and Butter pudding - it has never been easier and tastier to shed those unwanted pounds!

Weight Watchers has devised a list of top ten tips to help you on your way and what's more there is an offer for everyone who joins between 27th December 1995 and 10th February 1996. You will get **Free Registration** (worth £9.00) and then once you have lost your first seven pounds you will get **£1.00 off every single week** (you pay only £2.95) as long as continuous membership is maintained. All you have to do is call 01642 615317 to find out where your nearest Meeting is and celebrate 1996 with a new you!

Local Piano and Singing Results

The following pupils of Terence Lawson, School Aycliffe, have been successful in the recent Associated Board of the Royal Schools of Music Examinations:-

Piano:

Rachel Andrews	Grade 1 (with merit)
Robert Land	Grade 3
Hayley Kennedy	Grade 4
Barry Thompson	Grade 5 (with merit)

Singing:

Elizabeth Hopper	Grade 5
Judith Hopper	Grade 6 (with merit).

LEE GREEN DANCE CENTRE ANNOUNCES IT'S NEW BEGINNERS COURSE IN SOCIAL DANCING

Commencing Monday 8th January 1996
7.30 to 8.30pm

Telephone Bryan or Brenda now to book.

**THE LOCAL SCHOOL WITH A
NATIONAL REPUTATION**

Tel.: 01325 318239



**Lonely, Stressed, Fed Up,
Depressed, Sad or just
need someone to talk to?**

Newton Aycliffe MIND can help you.
**EVERY THURSDAY 2.00-4.00pm
AT THE CUBBY**

All ages welcome - come and have a cuppa,
there's always someone you can talk to.

Further details contact: Rev Colin Jay 320112



Carpets and Blinds

9-13 Greenwell Road, Aycliffe
Telephone: (01325) 311361

JANUARY SALE * JANUARY SALE

80/20 Heavy Domestic Luxury Axminster Carpet
(Choice of designs and colours)
was £27.53 per sq metre - NOW £21.54 per sq metre
(£22.99 per sq yard - £17.99 per sq yard)

80/20 Heavy Domestic Twist Pile Carpet
(Choice of twelve colours)
was £15.55 per sq metre - NOW £10.76 per sq metre
(£12.99 per sq yard - £8.99 per sq yard)

Luxury Pile Bedroom Carpet
(Choice of ten colours)
was £5.97 per sq metre - NOW £3.58 per sq metre
(£4.99 per sq yard - £2.99 per sq yard)

£100 Off all stock or special order 3 piece suites.
(Example: £799, now only £699)

10% OFF ALL BEDS AND HEADBOARDS

Weight Watchers™

You can do it in 1996 and we can help

NEW MEETING FROM 10th JANUARY

NEWTON AYCLIFFE Over 60's Club, Neville Parade - Wednesday 7.00pm
Youth Centre, Central Avenue - Tuesday 9.15am
St. Elizabeths Church Hall, Woodham - Tuesday 6.30pm
Recreation Centre - Thursday 6.00pm

BISHOP AUCKLAND

St. Peter's Church Hall, Princess Street, Thursday 9.45am, 5.30pm & 7.00pm
CROOK Crook Hotel, Hope Street - Wednesday 10.00am & 6.00pm
DARLINGTON - Weight Watchers Centre, 1 Beaumont Street
Saturday 9.00am - Sunday 2.00pm - Monday 9.30am
Tuesday 9.30am, 12 noon, 4.15pm, 5.45pm & 7.00pm
Wednesday 6.00pm & 7.30pm, Thursday 12.30pm - Friday 5.30pm
White Horse Hotel, Harrogate Hill - Monday 6.30pm

NEW MEETING FROM 10th JANUARY

Mowden Park R.F.C., Yiewesley Drive - Wednesday 10.45am & 7.15pm
FERRYHILL Town Hall - Wednesday 9.30am & 6.00pm

NEW MEETING FROM 4th JANUARY

HEIGHINGTON Village Hall, Darlington Road - Thursday 6.30pm
SEDFIELD Ceddesfeld Hall, Rectory Row - Wednesday 5.30 & 6.45pm
SHILDON Methodist Church Hall, Main Street - Monday 6.15pm
SPENNYMOOR Leisure Centre - Monday 9.30am, 5.00pm & 6.15pm
WEST AUCKLAND C.C. Memorial Hall, Darlington Rd - Tuesday 6pm
WILLINGTON Spectrum Leisure Centre - Thursday 5.30pm & 7.00pm
WINGATE Wingate & District C.C., Front Street - Wednesday 7.00pm

**FOR DETAILS OF MEETINGS IN YOUR AREA
TEL: SUSAN OR JOAN ON (01642) 615317**

JOIN NOW!

BEST EVER OFFER!

£1 OFF every single week
as soon as you lose your first 7lbs

Plus

FREE Registration - Save £9

only at

Weight Watchers™

* Not valid for Concessionary Members



BRING THIS COUPON TO YOUR FIRST MEETING
Offer closes 10th February 1996. Gift vouchers available until 20th January 1996, while stocks last. Bring this coupon to your first Meeting and pay only your Meeting fee of £3.95 (Concessionary Members pay £2.95). As soon as you lose your first 7lbs, you pay only £2.95 per Meeting, as long as you maintain continuous Membership (Concessionary Members still pay £2.95). Cannot be used in conjunction with any other offer, for Weight Watchers At Home or for LT/Gold Members. Full terms available in Meetings.

If you can't get to a Meeting, try our Weight Watchers At Home service. Tel: 01628 418500.

Ref: L 14 J 17

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Hair Dressers

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DEVONPORT
formerly of Saks offers

**Personal
Professional
Hairstyling**
(12 years experience)
0378 805706

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Qualified Hairdresser
also

Make-up and Manicure

In the privacy of
your own home

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HAIR DESIGN
professional unisex hair
stylist City and Guilds
qualified, OAP special rates
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Thanks

PARKER Steve and Susan
wish to thank my brothers
and families, and all our
friends and neighbours for
all their kindness and
sympathy, floral tributes,
and cards of condolence,
during our sad time of
grief, also thanks to Rev
Colin Jay for the service at
the crematorium.

MRS COOK I would like
to thank Dr. McKinty and
Dr. Ferguson, also my son
Peter, daughter-in-law Ann
and granddaughter Pamela
for their concern and help
during my stay in hospital.

Also Rosemary, Joan and
Vi, Iris, Mr and Mrs
Vickers, Olive, John (from
Tom's Taxis), Freda, Molly
and Harry and everyone
concerned - Mrs Cook

JOANNE GRAY would like
to thank all her family
and friends for the lovely
cards and presents she
received for her 18th
birthday. It was a day to
remember, a very special
thanks to her Mam and
Dad for putting up with her
for so long!

LES & DEB would like to
thank family and friends
for the lovely cards and
presents received on the
birth of their son Kieran
and brother to Kelly

WALLS - Abie and family
wish to sincerely thank
relatives, friends,
neighbours and colleagues
for their kindness,
sympathy, letters, cards of
condolence and beautiful
floral tributes received
during their recent sad
bereavement. Special
thanks to doctors and staff
at Bewick Crescent
Surgery, district nurses,
Marie Curie nurse, Rev.
Peter Baldwin and the
Darlington Co-operative
Funeral Service

TROUTEN Thank you
Margaret Bewley for the
excellent Christening cake,
also gifts & cards received
love Calum George

Birthday Remembrance

MARGARET WHALEN
6th January. No cards to
send, no presents to give,
just all our love as long as
we live, love and miss you
so much, your loving
daughters Christine,
Susan, Pamela, Sheila, all
grandchildren and great
grandchildren XXX
MARGARET WHALEN
6th January. I miss you
more than anyone knows,
as time goes by the
emptiness grows. The tears
in my eyes I can wipe
away, but the ache in my
heart is here to stay. Your
loving husband Jim, God
bless XXX

Congratulations

HOWARTH & Hutchison
Michelle & Chris
congratulations on your
engagement, love Mam,
Dad and Lee X

HOWARTH & Hutchison
Michelle & Chris
congratulations on your
engagement, love Nan,
Brian, Trina, Alex and
Andrew X

HOWARTH & Hutchison
Michelle & Chris
congratulations on your
engagement, love Nan,
Karen, Bryan and Mark X
BARBER Happy 1st
birthday Joshua, lots of
love Nana & Grandad Cox
BARBER Joshua James,
happy 1st birthday, lots of
love from Mammy and
Daddy XXX

BARBER Joshua James,
Happy birthday Josh, lots
of love from big brothers
Nathan and Christopher
LEE Aiden Thomas happy
1st birthday (30-12-95) to
a very special little boy,
love Mammy & Daddy XX
LEE Aiden, happy 1st
birthday to our precious
grandson, love Nana and
Granda XXX

LEE Aiden, happy 1st
birthday to our very special
grandson, Love Granma
and Granda XXX
ALAN BELL Finally we
are engaged, all my love
forever, Claire

PEARSON & BELL
Claire-Louise and Alan
congratulations on your
engagement, hope you
have many happy years
together all my love Mam
X

PEARSON & BELL - we
are pleased for your
engagement, love you,
sister, Dean and Chelsey X
GUY SUMMERBELL
Congratulations Marie and
Darran on the birth of our
3rd Grandchild, baby
Lauren, love from Mam,
Dad and Family

SAUNDERS, Karen
(KaKa) Happy 40th
birthday love from Kathy,
Martin and family

SAUNDERS, Karen
Happy 40th birthday, love
ya loads, Mam and Dad

SAUNDERS, Karen,
congratulations on your
big "40", love Joan (Alice),
John and Family

SAUNDERS, Karen
Happy 40th birthday (big
sis), love Daphne, Alan
and family

SAUNDERS, Karen
Happy 40th birthday, lots
of love from Billy, Audra
and James

SAUNDERS, Karen
happy birthday, naughty at
forty, love from Gail, Ian,
Joss and Calum.

SAUNDERS, Karen
Congratulations on
reaching 40, Now is the
time to take it steady, put
your feet up and forget
your pennys, your over the
hill, so take your pill, love
Jenny, Bob and family

MARIA MAYOH Happy
birthday on 30th December
from Kathleen & Dale XX
STOCKS Abbey Louise
Page, born on Boxing Day
at Bishop Auckland
General Hospital 7lb 1oz,
daughter to Carol and
David, sister to
Christopher

EMMERSON - SHAW
Congratulations Paul and
Tracey on your
engagement, 1-1-96, love
from Mam, Dad, Flint, and
Zeth Emmerston

SINCLAIR & Laughton
congratulations Laura and
Philip on the birth of
Matthew Robert on 2-1-96,
thank you for our 1st
grandson, lots of love from
Mam and John XX

LEE AIDEN Happy 1st
birthday Aiden, 30-12-95,
lots of love Auntie Sam and
Uncle Ian XX

GORMAN Gavin
Anthony, 7th January, to
the best twin ever,
congratulations your 18th
birthday, have a lovely day,
don't get too drunk, love
Nicola.

NICOLA GORMAN 7th
January, Hip Hip Hooray,
my little sis, Nic, is 18
today love Michael

NICOLA GORMAN 7th
January - the time has
finally come when you
need to start growing up
instead of throwing up,
happy 18th birthday
Nicola, all the best for the
future, love Anne-Marie
and Ann

CATH GORMAN 5th
January, Happy birthday
Mam, love Nicola X

CATH GORMAN Happy
birthday to very special
wife, love Pat X

In Memoriam

BETTY DOBBIN died
9th January - A special
friend who we will never
forget, sadly missed by us
both, Ann and Freda

EDDIE BURRELL -
Treasured memories of our
dear brother, these words
are simple but true, till the
end of our time we will not
forget you. Remembered
always, brother Steve,
sisters Mena, Jenny,
Theresa and Sophia - God
bless XX

JOYCE MORGAN
January 7th, always in our
thoughts, Margaret, Andy,
Kaleigh and Andrew

ELIJAH DAWSON Died
7th January 1993. I think
of you in silence and often
speak your name, I have
happy memories and your
picture in a frame. No
words can heal the
heartache as I shed a silent
tear for a much loved
husband - your loving wife
Jean

ELIJAH DAWSON Died
7th January 1993. Memories
of a lived Dad who is
always with us in our
thoughts, Doreen,
Doris, Peter, Billy, David
and Leigh

ELIJAH DAWSON died
7th January 1993. Loving
memories of a dear
Grandad, lots of love from
your grandchildren and
great grandchildren

Richard F. Brown
Died 5th January, 1994
"The Secret of Success
is Enthusiasm without
it nothing worthwhile
is ever achieved."
Love always, A.

Wanted

**AUCKLAND HOUSE
CLEARANCE**

Pay cash for all types of
antique, old/modern
furniture, china cabinets,
tables, chairs, drawers, gas
cookers, fridges, china
crockery, cutlery,
silverware, clocks and
watches (gold or silver)
costume jewellery, linen,
lace, quilts etc. Single
items welcome, personal
and discreet service.
Tel 01388 608042 anytime

CASH PAID for all
household furniture,
suites, tables, chairs,
robes, cookers, fridges,
houses cleared. Tel
Kingsway Salerooms
01388 661579

HOUSE Clearances, spot
cash paid, single items,
discreet service Tel
310240

THREE piece suites
wanted, good prices paid,
old/broken suites
removed free of charge
Tel 320615 or 0831
866770

Public Notice

Showstoppers Tours:
Sat., 3rd February,
"Phantom of the Opera"
Edinburgh - £39. Sat., 2nd
Mar "Starlight
Express", London - £45.

Sat., 6th April, "Oliver"
London - £49. Sat., 27th
April, "Blood Brothers",
London - £45. Sat., 18th
May, "Les Miserables",
London - £49. A £10
deposit secures places Tel
321567 to book.

LONDON by coach with
1 night 4 star hotel/
continental breakfast,
Saturday 24th February
1996, pick up Byerley
Park, St. Clares, Aycliffe
Village, Heighington,
Darlington £49 Tel 313924
to book

SPRING FLOWERS in
Sugarcraft, a 10 week
course will begin on the
15th January at Woodham
School, 16th January at
Greenfield School. Enrol
on first night at 7pm, or
ring (01388) 774899

**ROLLER SKATING
SHOW** - The Caprice
Roller Skating Club will be
presenting their annual
show, "Around the World
in 80 Days" at Sunnysdale
Leisure Centre, Shildon on
Saturday 13th January at
4pm and Sunday 14th
January at 2pm

JUMBLE SALE Tuesday
9th January in St Clares
Church Hall at 10am,
proceeds for Church
Funds.

INSURANCE Cut price
insurance! All motor,
household, commercial
and personal insurance at
special LOW premiums.
We will search a whole
spectrum of the market to
find the BEST POLICY at
the BEST PREMIUM to
match your needs. Our
FREE hotline is open
9am to 5pm Monday to
Saturday. Try it and see just
how keen our premiums
are. FREEPHONE 0800
374545 and quote
reference P1044.

Important: for a quotation
you must always quote this
reference number - act now
and save £££'s

GOODS VEHICLE OPERATORS LICENCE

Dorothy Bowman trading
as Northfield Haulage of
11 Faber Close, Newton
Aycliffe, Co. Durham DL5
4JF is applying for a
licence to use land adjacent
to 11 Hurworth Road,
Aycliffe Industrial Estate,
Co. Durham as an
operating centre for 7
goods vehicles and 11
trailers. Owners or
occupiers of land
(including buildings) near
the operating centre who
believe that their use or
enjoyment of that land
would be affected, should
make written
representations to the
Traffic Commissioner at
North Eastern Traffic Area,
Hillcrest House, 386
Harehills Lane, Leeds LS9
6NF stating their reasons,
within 21 days of this
notice. Representors must
at the same time send a
copy of their
representations to the
applicant at the address
given at the top of this
notice. A guide to making
representations is available
from the Traffic
Commissioners Office -
3rd January 1996

Lost & Found

LOST between Neville
Parade and Vane Road a
snooker cue on Christmas
eve, small reward offered
Tel 312818

Personal

**Clairvoyant,
Medium
Tarot Cards etc.**

Singles or Parties
Will travel

TEL: 01740 656617

**TAKE YOUR BODY
TO THE MAX ...
MAXINE'S
CALLANETICS**

Wednesday Evenings
6.30pm-7.30pm

Only £1.65

N/A Leisure Centre

CRAFTY CAKES for any
occasion, cakes made and
iced or just iced Tel
316084

KIDNAPPED! One Alice
T-Shirt, last seen on Alice,
could it be the British
Legion, now that Derick
Wilton has got his gnome
Boris back, You've been
rumbled, from a big
chubby fan

IF ANYONE see's Alice,
please return her with T-
Shirt, if seen contact Eddie
311522 - The Navy Club

Pets

**BOARDING KENNELS
and CATTERY**

(established 18 years),
White House Farm, Bolam,
Near Darlington (off A68).
Approximately 3 miles
from Heighington Tel:
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FREE To good homes,
male rabbit, 14 weeks Tel
311342

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HOMELY LODGINGS
available, long and short
term, Bed, Breakfast and
Evening Meal. DSS
welcome 361502

JUBILEE Guest House, 2
Bury Road, unemployed
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ROOMIN private property
to rent in Newton Aycliffe,
Tel 315724 for details

Vehicle Wants and Sales

SCRAP CARS MoT
failures, good prices paid
Tel. 0836 630036

J REG PEUGEOT 205
Style, diesel, excellent
condition, 51000 miles,
sunroof, radio/cassette,
£3,800.00 ONO Tel
(01388) 720329

For Sale

HELITRON canopy
sunbed, 5 tube. 5ft. £50 for
quick sale Tel 307667

BEDROOM furniture for
sale, consisting of teak
continental headboard and
drawers in very good
condition £30 ONO.
Cream dressing table with
mirror in very good
condition £30 ONO Tel
317255 after 6pm

House Exchange

FROM 3 bedroom GCH,
Agnew 2 TO 3 or 4
bedroom house, GCH,
most areas considered Tel
315642

Situations Vacant

PART-TIME
assistant required by
Julie's Cafe, 12 hours p-
week, apply to Julie's Caf
Tel 311717 or 318290

BE THE CREATIVE PERSON YOU ALWAYS WANTED TO BE

**NEW YEAR - NEW
INTERESTS**

Be the creative person you
have always wanted to be!
The Greenfield Centre has a
variety of Arts & Crafts
courses that will help you
discover your creative self.

Courses Available:

TUESDAY

Cake Decoration - Sugar Craft

7 - 9pm

Painting & Drawing

7 - 9pm

Woodwork & DIY Skills &

Projects 7 - 9pm

WEDNESDAY

Calligraphy 7.00 - 9.00pm

Dressmaking 7.00 - 9.00pm

Pottery & Ceramics

7.00 - 9.00pm

Floral Art (Fresh Material)

7.00 - 9.00pm

THURSDAY

Decoupage 6-8pm & 8-10pm

Dried Flowers & Craft Work

7-9pm

Egg Decoration - Faberge

Style 7-9pm

**Also available are Modern
Language Courses**

These courses will enable you
to have a good understanding
of the basic and most important

phrases you will meet as a
tourist. You will be able to
speak the language confidently
to meet the needs of shopping,
travel and accommodation.

Courses Available:

TUESDAY

Holiday French 7 - 9pm

- Starts 9th January 1996

Italian - Intermediate 7 - 9pm

WEDNESDAY

Italian - Beginners 7 - 9pm

THURSDAY

German - Leading to G.C.S.E.

7.00 - 9.00pm

Holiday Spanish 7 - 9pm

- Starts 11th January 1996

Come along and enrol on:

Tuesday 9th January 1996

Wednesday 10th January 1996

Thursday 11th January 1996

FEES

Full Fee £26

Remitted Fee £16.00

Many courses are entirely free
or attract funding to allow us
to support a remitted fee
structure for the unwaged,
recipients of a range of benefits
and those on retirement
pensions.

GREENFIELD CENTRE is
based at **GREENFIELD
COMPREHENSIVE
SCHOOL**, Newton Aycliffe,
where you can be sure of a
warm welcome.

**ADVERTISE SALES & WANTS,
CONGRATULATIONS
MAKE YOUR ANNOUNCEMENTS,
PUBLIC NOTICES, WANTED
IN MEMORIAM NOTICES,
BIRTHS, DEATHS & MARRIAGES etc
IN THE**

NEWTON NEWS

Your Own Local Community Newspaper

**Private Advertisements 8p per word
Commercial Advertisements 14p per word**

(Please use BLOCK CAPITALS)
**(DO NOT FORGET YOUR TELEPHONE
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CLASSIFICATION

Total No. of words x p

TOTAL= £p

Please hand your advertisement with payment to:

NEWTON PRESS

St Cuthberts Way, Aycliffe Ind. Estate

or our agents:

STEVENS NEWSAGENTS

Town Centre or

DON WALKERS BUTCHERS

Simpasturegate

**Sorry, but we CANNOT accept
telephone orders for classified ads**

Thanks from "Scope"

Dear Sir
May I take the opportunity to send Seasons Greetings to all your readers and special thanks to those who have helped Scope (formerly the Spastics Society) with their valuable time or through donations or supporting our shops. There have been many challenges in the year since we changed our name to Scope, we are now reaching out to more people with cerebral palsy, their families and carers than ever before through our services, in the support, information and advice that we offer, and through our network of local groups. Thank you for all you have done for Scope over the past year. In 1996 your help will be more important than ever as we continue to work with increasing numbers of disabled people around the country. Best wishes for the New Year.
Anthony Hewson

PIZZA Line
Tel: 312218
A BETTER PIZZA ALL ROUND

Great Variety from Town's Dancing School



Shots of the McAdam School of Dancing who displayed their talent at a recent Christmas Show held at the Youth Centre.

C.D.D.C. Attracted £1billion Investment and 2,000 New Jobs.

1995 has been a record year for County Durham Development Company (CDDC) as it has helped to attract investment worth nearly £1 billion which will create over 2,000 new jobs in County Durham.

In all, 20 companies have announced expansion or investment programmes during the year. New investors include Neyr Plastiques, Oshino Lamps, Tuscarora and Pinpoint Technologies. Companies that have expanded during 1995 include Fujitsu, Sanyo, Philips and Hutchinson Orange PCS.

Director of marketing Phil Eadon said: "1995 got off to a good start when Durham hosted the World Cross Country Championships. The additional tourism created by the championships brought over £2m to the county.

"The success continued with the above average number of expansion and investment announcements - all of which have been made possible because of the partnership between ourselves and regional agencies including the Northern Development Company, County Durham TEC, English Partnerships and the Government Office North East.

"County Durham has a great deal to offer companies looking to set up or expand. When talking to all the companies involved it is obvious that the quality of the local workforce and the beauty of the area have been paramount in their decision to locate in County Durham.

"We are all looking forward to the New Year and hope that it will be even more successful than 1995. It already has the signs of being just that with the recent announcement of the East Durham Enterprise Zone which has created a great deal of interest in investing in the area."

CDDC has recently been awarded £300,000 from the European Regional Development Fund (ERDF) to support its inward investment and trade development activities over the next three years.

BACK PAIN CLUB NEWS

Sadly our meeting in December was disrupted due to no heating, and those who could not stand the cold had to flee! However I am pleased to report that future meetings will be heated, and people with cold sensitive conditions need not worry. Our next meeting is on Thursday 11th January 1996.

Many of our members have asked what to do at the onset of Back Pain, we want 1996 to be as pain free as possible and would like to share with everyone the latest management technique in dealing with back pain, which is kindly reproduced below with the permission of the National Back Pain Association.

Do's and Don'ts

A sudden acute attack of back pain can strike at any time - but it does help to be prepared. Remember, this advice is for short-term, acute back pain only - **NOT NECESSARILY FOR CHRONIC PAIN**. First and foremost, **DO NOT IGNORE THE PAIN**. It is there for a reason - the body's way of telling you something is wrong, it may sound obvious, but the first step is to stop doing whatever started the pain attack in the first place. For example, if you are gardening and feel a sudden sharp twinge, don't be tempted to do 'just five minutes more' before it gets dark, or before the rain starts. Stop what you are doing and ease yourself gently into a comfortable position.

DO:

-Try lying face down on the floor, hands by your sides, immediately the pain starts. This takes the pressure off the back.

-Go to bed for one or two days and have a complete rest.

-Apply an ice pack (or frozen vegetables from the freezer in an emergency!) If you find it brings relief. Do not apply ice directly to your skin as it may cause a cold burn.

-Try applying gentle warmth, via a warm hot water bottle, if the pain is not helped by an ice pack.

-See your doctor after one or two days if the pain is still bad. Before you see him/her, do make a few notes on how the pain started, how bad it is, what makes it feel worse/better, what does it prevent you from doing etc.

-Take painkillers at regular intervals - **BUT NO MORE THAN THE RECOMMENDED DOSE** - and always read the instructions.

-Use a relaxation tape if you have one, to help calm the mind, ease body tension, and help release endorphins - the body's own analgesic.

-Use this rest period to look at your lifestyle and try to work out ways of avoiding the problem in future. Resolve to improve your posture, and if necessary, to buy a lumbar roll to help you sit properly.

DON'T:

-Be a hero. If it is more comfortable to crawl around on all fours to get to the bathroom than standing up straight then do so.

-Do any bending, lifting, or twisting until the pain has gone for a few days.

-Say no if a partner or friend offers to massage your back. Just ensure they treat you gently and stop them if anything they are doing causes pain.

-Rush back to the activity which caused the pain, even when you feel much better.

For those readers who find that this advice has come to late, all is not lost because by great demand, on 11th January, at 1900 hrs. in St. Elizabeth's Church, Woodham, Keith Tippey Managing Director of Nidd Health Products, Knaresborough will be giving a talk about modern pain relief techniques, and demonstrating the TENS machine. He will also give details of an important, new multi-disciplinary service which will be of interest to care professionals, and pain sufferers alike.

Many of your readers will have experienced the relief that these machines can bring, but are they getting the most out of the machine. If you are curious and want to know more - do come along - admission to the talk is free, refreshments are available and the proceeds from the raffle - which has many valuable prizes will go to the National Back Pain Association.

For further details please contact Brian Wilson on 01325 310637 or Ray Ellar on 311691.

Thank you very much for your support.

Brian Wilson.

BUSY TIME FOR BLUEBELL CLOSE RESIDENTS

Bluebell Close Warden-Controlled residents had a good festive season. On Wednesday 13th December held their Annual Xmas Dinner in the Community Hall present received a gift, Neil Dixon provided entertainment and everyone joined in singing the popular songs. enjoyable evening was had by all. Then on Thursday December a bus load went to the Citizens Theatre Darlington to see the Pantomime Cinderella, and everyone thoroughly enjoyed it. On Saturday 30th December we had our regular Bingo night, and during the evening extended our congratulations to Moria and Tom Smith their 45th wedding anniversary. To conclude the festivities we had a lovely night on New Years Eve. A substantial buffet and drinks were provided. Favourite tapes were played and Sandy Hamill sang songs and played music on keyboard, everyone was up singing and dancing the New Year in, and everyone said they would do it again next year. The tenants wish to thank their Warden, Penny, and husband, Alec, who was there with his camcorder. They also to Ann our deputy Warden. They, with others had plenty of fun into making this evening a huge success. Our thanks to them for the care they show for us throughout the year G.W.

Town Band & Rotary Entertain Residents

A group of musicians from our Town Band joined the members of the Rotary Club visiting six Residential Homes just before Christmas to sing carols.

They were warmly received at each venue, and enjoyed meeting and singing with the residents.

This has become a tradition with Rotary Club members who look forward to entertaining Senior Citizens, many of whom have no family visitors.

Gained a few pounds at Xmas! Then come along to:

FIT'N'UP

Aerobic Classes

Mon 6-7pm Hi/Lo

Wed 8-9pm Hi Energy

at

Woodham Village Comm. Centre

RSA / YMCA Instructor

LOCAL CHEMISTS EMERGENCY OPENING TIMES

Sunday 7th January 1996
12noon-1.00pm - Hancock & Ainsley, Shildon

Sunday 14th January 1996
12noon-1.00pm - Boots, N/Aycliffe

OVERWEIGHT?

We can help you lose up to 2 stone in 10 weeks

Weekly classes every
WEDNESDAY 5.00pm and 7.30pm
at the Agnew Community Centre, Morrison Close
also weekly classes on
MONDAYS 10am, 5.00pm and 7.30pm
at Neville Parade Church Hall

and
THURSDAYS 7.30pm
at the Coffee Lounge, St. Clares New Hall

Enrolment £6.95 - Weekly Fee £2.95

BE SLIMMER IN 1996 LET THIS BE YOUR YEAR

Classes are Fun and Friendly
Our eating plans are all healthy and generous
No need for an appointment
just pop into one of our classes
and receive a warm welcome

-JOINING FEE £9.90 inclusive
or why not save £2.95 and buy 10 week
countdown at £33.50 inclusive

NEVER GO HUNGRY
JUST COME ALONG
ALL WELCOME

For more details Telephone:

Jennie 01325 318072, June 255057,
Brenda 720165 or Debbie 300615

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of white or

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Be safer - 4 times more resistant.
Designed for YOUR protection

All windows include, as standard, high security shoot bolts, reinforcing, to spec, 28mm sealed unit, high security shuffle bead.

(Pilkington K and toughened glass also available)

UNITS 2-4 THE COURTYARD,
YCLIFFE INDUSTRIAL ESTATE
01325 300879

£200 for Children's Society

Year 7 pupils at Woodham Comprehensive celebrated the end to the autumn term by holding a Christingle Carol Service on behalf of the Children's Society. The service was lead by the Rev. Peter Baldwin and included traditional Carols, readings and poems as well as pupils receiving Christingles. Over £200 was raised for the Children's Society from various activities, including a non uniform day and the Christmas Disco. Pupils and staff wish to thank Morrisons Supermarket in Bishop Auckland and J.L. Moores of Darlington for donating the oranges which were a vital part of the Christingles.

The rest of the school donated non perishable foods to make over 40 festive hampers which were distributed by pupils to needy families within the school neighbourhood.